

RSCA FALL PRACTICE SCHEDULE Starting Mid-October

ROCKWOOD SOUTH @rsc_south

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BRONZE	EUREKA	EUREKA	EUREKA	SUMMIT	SUMMIT	SUMMIT
	7:15-8:30 pm	6:00-7:15 pm	6:15-7:30 pm	5:30-6:45 pm	5:30-6:45 pm	10:00-11:15 am
SILVER	SUMMIT	EUREKA	MARQUETTE w/North	SUMMIT	SUMMIT	SUMMIT w/North
	5:30-7:00 pm	7:00-8:30 PM	5:30-7:00 pm	6:45-8:15 pm	6:45-8:15 pm	11:15am-12:45 pm
AGD	SUMMIT	EUREKA	MARQUETTE w/North	SUMMIT	OFF	SUMMIT
	7:00-8:30 pm	7:30-9:00 PM	7:00-8:30 pm	5:30-7:00 pm		11:15am-12:45 pm

ROCKWOOD NORTH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BRONZE	EUREKA	CRESTVIEW	EUREKA	CRESTVIEW	CRESTVIEW	EUREKA
	7:15-8:30 pm	4:45-6:00 pm	6:15-7:30 pm	4:45-6:00 pm	4:45-6:00 pm	11:00 am-12:15 pm
SILVER	LAFAYETTE	LAFAYETTE	MARQUETTE w/South	SUMMIT	LAFAYETTE	SUMMIT w/South
@RSCASilverNorth	7:00-8:30 pm	7:00-8:30 pm	5:30-7:00pm	6:45-8:15 pm	5:00-6:30 pm	11:15 am-12:45 pm
AGD	SUMMIT	LAFAYETTE	MARQUETTE w/South	SUMMIT	OFF	LAFAYETTE
@RSCA_AGD	7:00-8:30 pm	5:30-7:00 pm	7:00-8:30 pm	5:30-7:00 pm		10:00-11:30 am

GOLD @RSCAGold

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	MARQUETTE	MARQUETTE	SUMMIT	MARQUETTE	MARQUETTE	MARQUETTE
	5:30-7:15 PM	7:15-9:00 pm	5:30-7:15 pm	7:15-9:00 pm	5:30-7:15 pm	10:30 am-12:15 pm

SENIOR @RSCASeniorSPN

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	MARQUETTE	MARQUETTE	SUMMIT	MARQUETTE	MARQUETTE	MARQUETTE
	7:00-9:00 pm	5:30-7:30 pm	7:00-9:00 pm	5:30-7:30 pm	5:30-7:30 pm	10:30-12:30 pm

NATL PREP @NPUpdates

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	EUREKA	SUMMIT	LAFAYETTE	LAFAYETTE	SUMMIT	SUMMIT
	5:30-7:30 pm	5:30-7:30 pm	5:15-7:15 pm	6:45-8:45 pm	5:30-7:00 pm	7:00-9:00 pm

NATIONAL @mlrsc

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LAFAYETTE	LAFAYETTE	LAFAYETTE	LAFAYETTE	LAFAYETTE	OFF	MARQUETTE
8:00-10:00 am	5:15-7:15 pm	5:15-7:15 pm	5:15-7:15 pm	5:15-7:15 pm		6:30-8:30 am

Please follow twitter for your group for practice changes/updates.