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| **Sunday** | **Monday** | **Tuesday** | Wednesday | **Thursday** | **Friday** | **Saturday** |
|  |  |  |  | 30  Cap order form due  http://www.clipartbest.com/cliparts/pc5/oxA/pc5oxABcB.jpeg | 1 **Meet Entries due for**  Home meet 11/7  JAXY Pentathlon 11/13  OZ A USA 11/19-21  Dec USA 12/3-5  Tshirt Order Forms Due | 2 Audrey Noland  Image result for birthday clip art free  Jr/Gold Practice 7-8:45am |
| 3 | 4 | 5  Scarlett Sternke  Image result for birthday clip art free | 6 | 7 | 8 Springfield meet—regular practice  **Meet Entries due for**  Away JCAY meet 10/23 | 9 Springfield meet |
| 10 Springfield meet  Everleigh Spake  Image result for birthday clip art free | 11  Jack Briscoe  Image result for birthday clip art free | 12 | 13 | 14 Jack Murphy Atticus Sternke  HS Meet  Adjusted Practice  4:30-5:20 B1 & 2  4:50-6 Silver  4:50-6:30 Gold  4:50-6:45 JR | 15  Reminder Oct Swim Fees Due  Laura Webb  Image result for birthday clip art free | 16  Jr/Gold Practice 7-8:45am |
| 17  Zoe Winsel  Larsson Colley  Image result for birthday clip art free | 18 | 19 | 20 | 21 HS Meet  Picture Day  4:30 – Individuals  5:00 Line up for Team, finish Ind. | 22 | 23  Jeff City Away Meet  Warm ups 10  Meet starts at 10:30 |
| 24 | 25  Coach Sarah  Image result for birthday clip art free | 26 | 27 | 28 HS Meet  Adjusted Practice  4:30-5:20 B1 & 2  4:50-6 Silver  4:50-6:30 Gold  4:50-6:45 JR | 29  Jessa Todd  Image result for birthday clip art free | 30  Jr/Gold Practice 7-8:45am |
| 31 Sarah Curry  Image result for birthday clip art free  http://images.clipartpanda.com/cute-halloween-clipart-Halloween-Pumpkin-Clip-art-Photo.jpg | Upcoming events:  HOME 11/7  JAXY 11/13 A Champs 11/19-21 | RecPlex 12/3-4  MEXY PENT 12/18 |  |  |  |  |

**Bronze 1:** M W 4:45-5:30; T H 5-5:45 F – No practice; (Arrive with suit on and be ready 5 minutes prior to start for stretching on deck); **Bronze 2:** M W 5:30-6:30; T TH 4:00-5; F 5:15-6:15; Dryland M, W 4:30-5:15 **Silver:** M W 5:00-6; T TH 5:45-6:45; F 5-6:15; Dryland T TH 5-5:30; **Gold:** M W 3:30-4:45; T TH F 3:30-5; Dryland T, TH 5:15-5:45; **Junior:** M W 3:30-5; T TH 4:45-6:30; F 3:30-5:15 Dryland T TH 3:45-4:30