



**The Heartbreaker**  
**Hosted by CRCY Barracudas**  
**February 2, 2020**  
**Held under the sanction of USA Swimming: Pending**

**Facility:**

The meet will be held at the Centralia Recreational Complex, 115 E. Second St., Centralia, IL 62801, (618) 532-3214. The facility features a six-lane, 25-yard pool with non-turbulent lane lines. A full six lane Colorado Timing System with starting blocks will be utilized.

Spectator seating will be provided on both the pool deck and pool balcony. No flash photography may be used prior to and during the start of each race. No food or drink will be allowed in the pool area or in the team areas. *No coolers may be brought into the team area; however, coolers may be brought into the concessions area.*

**Rules:**

The meet shall be governed by the 2018 USA Swimming Rules as dictated by "Rules that Govern YMCA Swimming". "Per Ozark LSC policy, Cell Phones and Video Recording Devices are prohibited in all locker rooms." Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. We may utilize fly over starts, depending on the timeline.

**Eligibility:**

This will be a closed YMCA meet. The swimmer's age as of February 2, 2020 will determine their age for the entire meet. YMCA rules shall govern "swimming up" in the relays.

**Awards:**

Top 6 finishes in all individual events will receive ribbons. Relays will be awarded ribbons 1<sup>st</sup> through 3<sup>rd</sup> place. No team score will be kept. There will be no individual high point awards.

**Limits:**

Athletes are limited to 5 individual events and 2 relay events. Deck entries will be accepted if the heat is not filled and ONLY as NEW ADDITIONS; CHANGES WILL NOT BE ACCEPTED. Entry fee for deck entries are \$10.00 per event. CRCY retains the right to deck enter any of its swimmers at any time. DECK ENTRIES WILL BE CLOSED 30 MINUTES PRIOR TO THE START OF THE SESSION.

**Mixed Free Relays:**

Events # 71 to #75 will be gender Mixed Freestyle Relays. A gender mixed relay is considered as 2 male swimmers and 2 female swimmers ONLY. No other mix will be allowed.

**Fees:**

Entry fees are \$20.00 per swimmer. Checks should be made out to "Centralia Recreation Complex". Fees are due prior to the start of the meet in order to participate.

**Mail to:**

CRCY Barracudas Swim Team  
Centralia Recreation Complex  
115 East Second St.  
Centralia, IL. 62801

**Entries:**

Entries MUST ARRIVE BY MONDAY JANUARY 27, 2020 AT 5:00 PM. CRCY only accepts email entries. All entries MUST be submitted in Team Manager format as email attachments sent to Mike Pappas at [crcyswim@gmail.com](mailto:crcyswim@gmail.com).

Receipt of all entries will be confirmed by reply email. If you do not receive confirmation within 24 hours of your electronic submission, email Mike Pappas at [crcyswim@gmail.com](mailto:crcyswim@gmail.com).

**Warm-ups:**

Swimmers without a coach must report to the meet referee prior to warming up. The meet referee will provide safety rules and assign a warm-up lane to the swimmer.

**Bullpen/Crash Area:**

The Crash Area will be located in the gym. The Bullpen will be located on the pool deck. No food or beverages are allowed in the gym or on pool deck. Fitness areas are off limits to all swimmers.

**Meet Results:**

The results will be emailed to entered teams.

**Travel Directions:**

The Centralia Recreation Complex is located in Centralia, Illinois. From St. Louis area, take I-64 east to exit 61 (US 51). Turn left onto US 51 North. Follow US 51 eight miles into Centralia. After crossing the tracks, continue straight until you reach the 2<sup>nd</sup> traffic light. At the light, turn left and continue two blocks. The Centralia Recreation Complex will be on your left. Please allow ample time when going through Centralia as railroad crossing generally lasts 10 minutes or longer. The train crossings from US 51 has no bypass.

**\*\*\*\*\*NOTICE\*\*\*\*\***

**RT 161 West from Shattuc Road coming into Centralia is CLOSED. Please do not utilize RT 161 as there is no way around the closure. Best travel route is Interstate 64 (directions above).**

## Order of Events

Warmups: 7:30 am

Meet Starts: 8:30 am

Girls Event #

Event

Boys Event #

### Medley Relays

1	8 & Under 100 Medley Relay	2
3	9 - 10 200 Medley Relay	4
5	11 – 12 200 Medley Relay	6
7	13 – 14 200 Medley Relay	8
9	15 - 21 200 Medley Relay	10

### Individual Medley

11	8 & Under 100 IM	12
13	9 – 10 100 IM	14
15	11 – 12 200 IM	16
17	13 – 14 200 IM	18
19	15 – 21 200 IM	20

### Freestyle

21	8 & Under 25 Freestyle	22
23	9 - 10 50 Freestyle	24
25	11 - 12 50 Freestyle	26
27	13 - 14 50 Freestyle	28
29	15 - 21 50 Freestyle	30

### Backstroke

31	8 & Under 25 Backstroke	32
33	9 – 10 50 Backstroke	34
35	11 -12 50 Backstroke	36
37	13 – 14 100 Backstroke	38
39	15 – 21 100 Backstroke	40

### **Butterfly**

41	8 & Under 25 Butterfly	42
43	9 – 10 50 Butterfly	44
45	11 – 12 50 Butterfly	46
47	13 – 14 100 Butterfly	48
49	15 – 21 100 Butterfly	50

### **Freestyle**

51	8 & Under 50 Freestyle	52
53	9 – 10 100 Freestyle	54
55	11 – 12 100 Freestyle	56
57	13 – 14 100 Freestyle	58
59	15- 21 100 Freestyle	60

### **Breaststroke**

61	8 & Under 25 Breaststroke	62
63	9- 10 50 Breaststroke	64
65	11 – 12 50 Breaststroke	66
67	13- 14 100 Breaststroke	68
69	15 – 21 100 Breaststroke	70

### **Mixed Freestyle Relay**

71	8 & Under 100 Freestyle Relay
72	9 – 10 200 Freestyle Relay
73	11 – 12 200 Freestyle Relay
74	13 – 14 200 Freestyle Relay
75	15 -21 200 Freestyle Relay

### **15 Minute Break**

#### **Freestyle**

76	13 – 14 1000 Freestyle	77
78	15 – 21 1000 Freestyle	79