

12 & UNDER WARM-UP East Pool								
FRIDAY, SATURDAY & SUNDAY								
	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6	Ln 7	Ln 8
Session 1	CSC	CSC	CSC	CSC	CSC	CSC	CSC	CSC
Session 2	EKC	EKC	EKC	BWST	MEXY	MMAC/OTS	AAAA	CSC
Session 3	PKWY	PKWY	RFSC	RFSC	SPA/UN	SCCY	TCAY	WST

	Friday	Sat & Sun
Session 1	4:15-4:35P	7:50-8:10A
Session 2	4:35-4:55P	8:10-8:30A
Session 3	4:55-5:15P	8:30-8:50A

13 & Over Warm-up West Pool

1st 55 min
Last 20 Min

Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6	Ln 7	Ln 8
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Pace

Dive

Open

Dive

Pace

Dive Well
Open