



Dear Thunder Families,

We wanted to provide further updates as decisions regarding the COVID-19 virus unfold rapidly. Please see important information below based on the guidance of our local officials and the USA Swimming governing body:

**SWIM PRACTICES AND LESSONS:**

As most of you know, Santa Cruz's County Health Officer has issued a shelter-in-place until midnight on April 7th and most county schools are closed through April 10th. However, Governor Newsom believes most schools will likely remain closed for the remainder of the school year. He has also issued a statewide order for people to stay at home except for essential activities.

As of March 18th, the CDC and the White House are urging a nationwide halt on gatherings of more than 10 people for the next 8 weeks. USA Swimming further added this should include training and practices, but this will continuously be reassessed.

Simpkins has closed the pool until April 6th at which time they will re-evaluate.

As we are following the guidelines set by the county and for the safety and well being of our members and staff, we will be closing all lessons and practices through April 30, 2020. We will keep you updated as more information becomes available.

**SWIM MEETS:**

USA Swimming is mandating the cancellation of all its sanctioned events across the U.S. through April 30, 2020. This will be continuously reassessed based on health and governmental authorities' information.

**HOW TO KEEP ACTIVE:**

Coaches have sent workouts to consider while our athletes are out of the water during this period. We encourage you to keep moving. There are also plenty of virtual dryland classes available online for free.

**MONTHLY DUES:**

Monthly dues for the month of April will be suspended. However, if you would like to continue to support our team during these challenging times, we would greatly appreciate your support as bills continue to come in for payment. Please contact Tracie Lemmon at [stclemmon@yahoo.com](mailto:stclemmon@yahoo.com) if you would like to opt-in your April dues or donate any amount you are comfortable with.

**COACH ASSISTANCE:**

Since the team will be shutting down during the month of April and possibly longer, our coaches will not get paid. If you would like to provide financial assistance to your coaches during this time of interrupted pay (i.e. groceries, utilities, phone expenses, etc.) please reach out to your respective coach directly. Their contact information is listed below. We greatly appreciate your consideration if you are able.

- Jim Triplett - [willitriple@aol.com](mailto:willitriple@aol.com)

- Brandon Shilling - shilling.brandon@yahoo.com
- Hailie Struckmeyer - hstruckmeyer@sccs.net
- Matt Crawford - mattcrawford370@gmail.com
- Darlene Friedley - darconrad@yahoo.com

This situation is very fluid. We encourage you to visit our website often for the most up-to-date news and information at [www.aptoscabrilloswimclub.com](http://www.aptoscabrilloswimclub.com).

We wish you and your family good health as we all navigate these difficult circumstances with everyone's safety and well-being our top priority. We look forward to seeing you on a pool deck soon.

In good health,  
Coaches Jim, Brandon, Hailie, Matt, and Darlene