

Men's LCM 400m Free Top 10

400m Free	Year	Time
Bryan Hughes	2012	404.11
Forrest White	2016	405.51
Frank Horpel	2011	406.78
Teagan Cheney	2016	406.80
Adel Heddadji	2019	409.91
Zach Hartman	2019	411.47
Brett Usinger	2011	411.83
Quentin Cooper	2010	413.02
Garrick Coloma	2018	415.82
Armando Vegas	2018	416.63