

### Men's LCM 400m IM Top 10

400m IM	Year	Time
Bryan Hughes	2012	437.37
Andy Wooldridge	2008	443.92
Jaewoo Kim	2019	444.09
Allen Dempster	2019	444.66
Austin Poon	2021	449.27
Brett Usinger	2012	449.79
Roland Lee	2011	450.29
Armando Vegas	2018	450.47
Warren Hsaio	2019	457.06
Frank Horpel	2011	457.77