



Tigersharks Training Schedule

MASTERS Squad

MARCH 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1-Mar	2-Mar 5:45-7am 5:30-6:30pm	3-Mar	4-Mar 5:45-7am	5-Mar	6-Mar 5:45-7am	7-Mar 6:30-8:30am HIGH SCHOOL: 9am
8-Mar	9-Mar 5:45-7am 5:30-6:30pm	10-Mar	11-Mar 5:45-7am	12-Mar	13-Mar 5:45-7am	14-Mar 6:30-8:30am
15-Mar	16-Mar 5:45-7am 5:30-6:30pm	17-Mar	18-Mar 5:45-7am	19-Mar	20-Mar 5:45-7am	21-Mar 5:30-7am
22-Mar	23-Mar 5:45-7am 5:30-6:30pm	24-Mar	25-Mar 5:45-7am	26-Mar	27-Mar 5:45-7am	28-Mar 6:30-8:30am HIGH SCHOOL: 9am
29-Mar	30-Mar 5:45-7am 5:30-6:30pm	31-Mar				