



Tigersharks Training Schedule

Scroll Through For Your Squad

ALL Squads

NOVEMBER 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1-Nov	2-Nov Bronze: 6:30-7:30pm Gold: 6:15-7:45pm SR: 3:00-4:30pm	3-Nov Silver: 6:30-7:45pm Gold: 6:15-7:45pm SR: 3:00-4:30pm	4-Nov Bronze: 6:30-7:30pm Gold: 6:15-7:45pm SR: 3:00-4:30pm	5-Nov Silver: 6:30-7:45pm Gold: 6:15-7:45pm SR: 3:00-4:30pm	6-Nov Bronze: 5:15-6:30pm Silver: 5:15-6:30pm Gold: 5:00-6:30pm SR: 3:00-4:30pm	7-Nov Bronze: 7:45-9:00am Silver: 7:45-9:00am Gold: 7:15-8:45am SR: 6:45-8:45am SR I wts: 8:45-9:45am
8-Nov	9-Nov Bronze: 6:30-7:30pm Gold: 6:15-7:45pm SR: 3:00-4:30pm	10-Nov Silver: 6:30-7:45pm Gold: 6:15-7:45pm SR: 3:00-4:30pm	11-Nov Bronze: 8:00-9:00am Gold: 7:30-9:00am SR: 7:30-9:00am SR I wts: 9:00-10:00am VETERANS DAY	12-Nov Silver: 6:30-7:45pm Gold: 6:15-7:45pm SR: 3:00-4:30pm	13-Nov Bronze: 5:15-6:30pm Silver: 5:15-6:30pm Gold: 5:00-6:30pm SR: 3:00-4:30pm	14-Nov Bronze: 7:45-9:00am Silver: 7:45-9:00am Gold: 7:15-8:45am SR: 6:45-8:45am SR I: NO WTS
15-Nov	16-Nov Bronze: 6:30-7:30pm Gold: 6:15-7:45pm SR: 3:00-4:30pm	17-Nov Silver: 6:30-7:45pm Gold: 6:15-7:45pm SR: 3:00-4:30pm	18-Nov Bronze: 6:30-7:30pm Gold: 6:15-7:45pm SR: 3:00-4:30pm	19-Nov Silver: 6:30-7:45pm Gold: 6:15-7:45pm SR: 3:00-4:30pm	20-Nov Bronze: 5:15-6:30pm Silver: 5:15-6:30pm Gold: 5:00-6:30pm SR: 3:00-4:30pm	21-Nov Bronze: 7:45-9:00am Silver: 7:45-9:00am Gold: 7:15-8:45am SR: 6:45-8:45am SR I wts: 8:45-9:45am
22-Nov	23-Nov Bronze: 6:30-7:30pm Gold: 6:15-7:45pm SR: 3:00-4:30pm	24-Nov Silver: 6:30-7:45pm Gold: 6:15-7:45pm SR: 3:00-4:30pm	25-Nov Bronze: 6:30-7:30pm Gold: 6:15-7:45pm SR: 3:00-4:30pm	26-Nov Bronze: 8:00-9:00am Silver: 8:00-9:00am Gold: 7:30-9:00am SR: 7:00-9:00am THANKSGIVING DAY	27-Nov Bronze: 8:00-9:00am Silver: 8:00-9:00am Gold: 7:30-9:00am SR: 7:00-9:00am SR I wts: 9:00-10:00am	28-Nov NO TRAINING
29-Nov	30-Nov Bronze: 6:30-7:30pm Gold: 6:15-7:45pm SR: 3:00-4:30pm					



Tigersharks Training Schedule

BRONZE Squad

NOVEMBER 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1-Nov	2-Nov Bronze: 6:30-7:30pm	3-Nov	4-Nov Bronze: 6:30-7:30pm	5-Nov	6-Nov Bronze: 5:15-6:30pm	7-Nov Bronze: 7:45-9:00am
8-Nov	9-Nov Bronze: 6:30-7:30pm	10-Nov	11-Nov Bronze: 8:00-9:00am VETERANS DAY	12-Nov	13-Nov Bronze: 5:15-6:30pm	14-Nov Bronze: 7:45-9:00am
15-Nov	16-Nov Bronze: 6:30-7:30pm	17-Nov	18-Nov Bronze: 6:30-7:30pm	19-Nov	20-Nov Bronze: 5:15-6:30pm	21-Nov Bronze: 7:45-9:00am
22-Nov	23-Nov Bronze: 6:30-7:30pm	24-Nov	25-Nov Bronze: 6:30-7:30pm	26-Nov Bronze: 8:00-9:00am THANKSGIVING DAY	27-Nov Bronze: 8:00-9:00am	28-Nov NO TRAINING
29-Nov	30-Nov Bronze: 6:30-7:30pm					



Tigersharks Training Schedule

SILVER Squad

NOVEMBER 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1-Nov	2-Nov	3-Nov Silver: 6:30-7:45pm	4-Nov	5-Nov Silver: 6:30-7:45pm	6-Nov Silver: 5:15-6:30pm	7-Nov Silver: 7:45-9:00am
8-Nov	9-Nov	10-Nov Silver: 6:30-7:45pm	11-Nov VETERANS DAY	12-Nov Silver: 6:30-7:45pm	13-Nov Silver: 5:15-6:30pm	14-Nov Silver: 7:45-9:00am
15-Nov	16-Nov	17-Nov Silver: 6:30-7:45pm	18-Nov	19-Nov Silver: 6:30-7:45pm	20-Nov Silver: 5:15-6:30pm	21-Nov Silver: 7:45-9:00am
22-Nov	23-Nov	24-Nov Silver: 6:30-7:45pm	25-Nov	26-Nov Silver: 8:00-9:00am THANKSGIVING DAY	27-Nov Silver: 8:00-9:00am	28-Nov NO TRAINING
29-Nov	30-Nov					



Tigersharks Training Schedule

GOLD Squad

NOVEMBER 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1-Nov	2-Nov Gold: 6:15-7:45pm	3-Nov Gold: 6:15-7:45pm	4-Nov Gold: 6:15-7:45pm	5-Nov Gold: 6:15-7:45pm	6-Nov Gold: 5:00-6:30pm	7-Nov Gold: 7:15-8:45am
8-Nov	9-Nov Gold: 6:15-7:45pm	10-Nov Gold: 6:15-7:45pm	11-Nov Gold: 7:30-9:00am VETERANS DAY	12-Nov Gold: 6:15-7:45pm	13-Nov Gold: 5:00-6:30pm	14-Nov Gold: 7:15-8:45am
15-Nov	16-Nov Gold: 6:15-7:45pm	17-Nov Gold: 6:15-7:45pm	18-Nov Gold: 6:15-7:45pm	19-Nov Gold: 6:15-7:45pm	20-Nov Gold: 5:00-6:30pm	21-Nov Gold: 7:15-8:45am
22-Nov	23-Nov Gold: 6:15-7:45pm	24-Nov Gold: 6:15-7:45pm	25-Nov Gold: 6:15-7:45pm	26-Nov Gold: 7:30-9:00am THANKSGIVING DAY	27-Nov Gold: 7:30-9:00am	28-Nov NO TRAINING
29-Nov	30-Nov Gold: 6:15-7:45pm					



Tigersharks Training Schedule

SENIOR Squad

NOVEMBER 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1-Nov SR I wts: 2x per week 2:00-3:00pm M or TU and W or TH	2-Nov SR: 3:00-4:30pm SR I wts: 2x per week	3-Nov SR: 3:00-4:30pm	4-Nov SR: 3:00-4:30pm	5-Nov SR: 3:00-4:30pm	6-Nov SR: 3:00-4:30pm	7-Nov SR: 6:45-8:45am SR I wts: 8:45-9:45am
8-Nov	9-Nov SR: 3:00-4:30pm	10-Nov SR: 3:00-4:30pm	11-Nov SR: 7:30-9:00am SR I wts: 9:00-10:00am VETERANS DAY	12-Nov SR: 3:00-4:30pm	13-Nov SR: 3:00-4:30pm	14-Nov SR: 6:45-8:45am SR I: NO WTS
15-Nov	16-Nov SR: 3:00-4:30pm	17-Nov SR: 3:00-4:30pm	18-Nov SR: 3:00-4:30pm	19-Nov SR: 3:00-4:30pm	20-Nov SR: 3:00-4:30pm	21-Nov SR: 6:45-8:45am SR I wts: 8:45-9:45am
22-Nov	23-Nov SR: 3:00-4:30pm	24-Nov SR: 3:00-4:30pm	25-Nov SR: 3:00-4:30pm	26-Nov SR: 7:00-9:00am THANKSGIVING DAY	27-Nov SR: 7:00-9:00am SR I wts: 9:00-10:00am	28-Nov NO TRAINING
29-Nov	30-Nov SR: 3:00-4:30pm					



Tigersharks Training Schedule

MASTERS Squad

NOVEMBER 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1-Nov	2-Nov	3-Nov	4-Nov 5:45-7am	5-Nov	6-Nov 5:45-7am	7-Nov 6:00-7:30am
8-Nov	9-Nov	10-Nov	11-Nov 6:30-8:00am VETERANS DAY	12-Nov	13-Nov 5:45-7am	14-Nov 6:00-7:30am
15-Nov	16-Nov	17-Nov	18-Nov 5:45-7am	19-Nov	20-Nov 5:45-7am	21-Nov 6:00-7:30am
22-Nov	23-Nov	24-Nov	25-Nov 5:45-7am	26-Nov 7:00-9:00am THANKSGIVING DAY	27-Nov 6:00-7:30am	28-Nov NO TRAINING
29-Nov	30-Nov	25-Feb	26-Feb 5:45-7am	27-Feb	28-Feb 5:45-7am	29-Feb 6:00-7:30am