



# Tigersharks Training Schedule

*Scroll Through For Your Squad*

## ALL Squads

**JUNE 2021**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>30-May</b>	<b>31-May</b>	<b>1-Jun</b>	<b>2-Jun</b>	<b>3-Jun</b>	<b>4-Jun</b>	<b>5-Jun</b>
Intermountain Classic Swim Meet	Intermountain Classic Swim Meet  No Training	NO TRAINING All Squads	Bronze: 6:30-7:30pm  Gold: 6:15-7:45pm SR I & II: 3:00-4:30pm	Silver: 6:30-7:45pm Gold: 6:15-7:45pm SR I & II: 3:00-4:30pm	Bronze: 5:15-6:30pm Silver: 5:15-6:30pm Gold: 5:00-6:30pm SR I & II: 3:00-4:30pm	Bronze: 7:30-8:30am Silver: 7:30-8:30am Gold: 7:00-8:30am SR I & II: 7:00-8:30am
<b>6-Jun</b>	<b>7-Jun</b>	<b>8-Jun</b>	<b>9-Jun</b>	<b>10-Jun</b>	<b>11-Jun</b>	<b>12-Jun</b>
	Bronze: 6:15-7:15pm Silver: 8:15-9:30am Gold: 7:00-8:30am SR I & II: 7:00-8:30am SR I: 2:30-4:30pm	Bronze: 6:15-7:15pm Silver: 8:15-9:30am Gold: 7:00-8:30am SR I & II: 5:30-7:00am	Bronze: 6:15-7:15pm Silver: 8:15-9:30am Gold: 7:00-8:30am SR I & II: 7:00-8:30am SR I: 8:30-9:30am wts	Bronze: 6:15-7:15pm Silver: 8:15-9:30am Gold: 7:00-8:30am SR I & II: 5:30-7:00am	Gold: 7:00-8:30am SR I & II: 7:00-8:30am	Gold: 7:00-9:00am SR I & II: 7:00-9:00am SR I: 9:00-9:45am wts
<b>13-Jun</b>	<b>14-Jun</b>	<b>15-Jun</b>	<b>16-Jun</b>	<b>17-Jun</b>	<b>18-Jun</b>	<b>19-Jun</b>
	Bronze: 6:15-7:15pm Silver: 8:15-9:30am Gold: 7:00-8:30am SR I & II: 7:00-8:30am SR I: 2:30-4:30pm	Bronze: 6:15-7:15pm Silver: 8:15-9:30am Gold: 7:00-8:30am SR I & II: 5:30-7:00am	Bronze: 6:15-7:15pm Silver: 8:15-9:30am Gold: 7:00-8:30am SR I & II: 7:00-8:30am SR I: 8:30-9:30am wts	Bronze: 6:15-7:15pm Silver: 8:15-9:30am Gold: 7:00-8:30am SR I & II: 5:30-7:00am	RENO GAMBLE SWIM MEET  No Training	RENO GAMBLE SWIM MEET  No Training
<b>20-Jun</b>	<b>21-Jun</b>	<b>22-Jun</b>	<b>23-Jun</b>	<b>24-Jun</b>	<b>25-Jun</b>	<b>26-Jun</b>
RENO GAMBLE SWIM MEET	Bronze: 6:15-7:15pm Silver: 8:15-9:30am Gold: 7:00-8:30am SR I & II: 7:00-8:30am SR I: 2:30-4:30pm	Bronze: 6:15-7:15pm Silver: 8:15-9:30am Gold: 7:00-8:30am SR I & II: 5:30-7:00am	Bronze: 6:15-7:15pm Silver: 8:15-9:30am Gold: 7:00-8:30am SR I & II: 7:00-8:30am SR I: 8:30-9:30am wts	Bronze: Twilight Meet Silver: 8:15-9:30am Gold: 7:00-8:30am SR I & II: 5:30-7:00am	Gold: 7:00-8:30am SR I & II: 7:00-8:30am	Gold: 7:00-9:00am SR I & II: 7:00-9:00am SR I: 9:00-9:45am wts
<b>27-Jun</b>	<b>28-Jun</b>	<b>29-Jun</b>	<b>30-Jun</b>	<b>1-Jul</b>	<b>2-Jul</b>	<b>3-Jul</b>
	Bronze: 6:15-7:15pm Silver: 8:15-9:30am Gold: 7:00-8:30am SR I & II: 7:00-8:30am SR I: 2:30-4:30pm	Bronze: 6:15-7:15pm Silver: 8:15-9:30am Gold: 7:00-8:30am SR I & II: 5:30-7:00am	Bronze: 6:15-7:15pm Silver: 8:15-9:30am Gold: 7:00-8:30am SR I & II: 7:00-8:30am SR I: 8:30-9:30am wts	Bronze: 6:15-7:15pm Silver: 8:15-9:30am Gold: 7:00-8:30am SR I & II: 5:30-7:00am	Gold: 7:00-8:30am SR I & II: 7:00-8:30am	GOLD & SENIOR Marlette Lake Hike 7:00am to 1pm-ish



# Tigersharks Training Schedule

## BRONZE SQUAD

**JUNE 2021**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30-May	31-May	1-Jun	2-Jun	3-Jun	4-Jun	5-Jun
Intermountain Classic Swim Meet	Intermountain Classic Swim Meet  No Training	NO TRAINING All Squads	Bronze: 6:30-7:30pm		Bronze: 5:15-6:30pm	Bronze: 7:30-8:30am
6-Jun	7-Jun	8-Jun	9-Jun	10-Jun	11-Jun	12-Jun
	Bronze: 6:15-7:15pm	Bronze: 6:15-7:15pm	Bronze: 6:15-7:15pm	Bronze: 6:15-7:15pm		
13-Jun	14-Jun	15-Jun	16-Jun	17-Jun	18-Jun	19-Jun
	Bronze: 6:15-7:15pm	Bronze: 6:15-7:15pm	Bronze: 6:15-7:15pm	Bronze: 6:15-7:15pm	RENO GAMBLE SWIM MEET	RENO GAMBLE SWIM MEET
20-Jun	21-Jun	22-Jun	23-Jun	24-Jun	25-Jun	26-Jun
RENO GAMBLE SWIM MEET	Bronze: 6:15-7:15pm	Bronze: 6:15-7:15pm	Bronze: 6:15-7:15pm	TWILIGHT MEET 4:00-7:00pm		
27-Jun	28-Jun	29-Jun	30-Jun	1-Jul	2-Jul	3-Jul
	Bronze: 6:15-7:15pm	Bronze: 6:15-7:15pm	Bronze: 6:15-7:15pm	Bronze: 6:15-7:15pm		



# Tigersharks Training Schedule

## SILVER SQUAD

**JUNE 2021**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30-May	31-May	1-Jun	2-Jun	3-Jun	4-Jun	5-Jun
Intermountain Classic Swim Meet	Intermountain Classic Swim Meet  No Training	NO TRAINING All Squads		Silver: 6:30-7:45pm	Silver: 5:15-6:30pm	Silver: 7:30-8:30am
6-Jun	7-Jun	8-Jun	9-Jun	10-Jun	11-Jun	12-Jun
	Silver: 8:15-9:30am	Silver: 8:15-9:30am	Silver: 8:15-9:30am	Silver: 8:15-9:30am		
13-Jun	14-Jun	15-Jun	16-Jun	17-Jun	18-Jun	19-Jun
	Silver: 8:15-9:30am	Silver: 8:15-9:30am	Silver: 8:15-9:30am	Silver: 8:15-9:30am	RENO GAMBLE SWIM MEET	RENO GAMBLE SWIM MEET
20-Jun	21-Jun	22-Jun	23-Jun	24-Jun	25-Jun	26-Jun
RENO GAMBLE SWIM MEET	Silver: 8:15-9:30am	Silver: 8:15-9:30am	Silver: 8:15-9:30am	Silver: 8:15-9:30am		
27-Jun	28-Jun	29-Jun	30-Jun	1-Jul	2-Jul	3-Jul
	Silver: 8:15-9:30am	Silver: 8:15-9:30am	Silver: 8:15-9:30am	Silver: 8:15-9:30am		



# Tigersharks Training Schedule

## GOLD SQUAD

### JUNE 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30-May	31-May	1-Jun	2-Jun	3-Jun	4-Jun	5-Jun
Intermountain Classic Swim Meet	Intermountain Classic Swim Meet  No Training	NO TRAINING All Squads	Gold: 6:15-7:45pm	Gold: 6:15-7:45pm	Gold: 5:00-6:30pm	Gold: 7:00-8:30am
6-Jun	7-Jun	8-Jun	9-Jun	10-Jun	11-Jun	12-Jun
	Gold: 7:00-8:30am	Gold: 7:00-8:30am	Gold: 7:00-8:30am	Gold: 7:00-8:30am	Gold: 7:00-8:30am	Gold: 7:00-9:00am
13-Jun	14-Jun	15-Jun	16-Jun	17-Jun	18-Jun	19-Jun
	Gold: 7:00-8:30am	Gold: 7:00-8:30am	Gold: 7:00-8:30am	Gold: 7:00-8:30am	RENO GAMBLE SWIM MEET  No Training	RENO GAMBLE SWIM MEET  No Training
20-Jun	21-Jun	22-Jun	23-Jun	24-Jun	25-Jun	26-Jun
RENO GAMBLE SWIM MEET	Gold: 7:00-8:30am	Gold: 7:00-8:30am	Gold: 7:00-8:30am	Gold: 7:00-8:30am	Gold: 7:00-8:30am	Gold: 7:00-9:00am
27-Jun	28-Jun	29-Jun	30-Jun	1-Jul	2-Jul	3-Jul
	Gold: 7:00-8:30am	Gold: 7:00-8:30am	Gold: 7:00-8:30am	Gold: 7:00-8:30am	Gold: 7:00-8:30am	GOLD & SENIOR Marlette Lake Hike 7:00am to 1pm-ish



# Tigersharks Training Schedule

## SENIOR SQUAD

**JUNE 2021**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30-May	31-May	1-Jun	2-Jun	3-Jun	4-Jun	5-Jun
Intermountain Classic Swim Meet	Intermountain Classic Swim Meet  No Training	NO TRAINING All Squads	SR I & II: 3:00-4:30pm	SR I & II: 3:00-4:30pm	SR I & II: 3:00-4:30pm	SR I & II: 7:00-8:30am
6-Jun	7-Jun	8-Jun	9-Jun	10-Jun	11-Jun	12-Jun
	SR I & II: 7:00-8:30am SR I: 2:30-4:30pm	SR I & II: 5:30-7:00am	SR I & II: 7:00-8:30am SR I: 8:30-9:30am wts	SR I & II: 5:30-7:00am	SR I & II: 7:00-8:30am	SR I & II: 7:00-9:00am SR I: 9:00-9:45am wts
13-Jun	14-Jun	15-Jun	16-Jun	17-Jun	18-Jun	19-Jun
	SR I & II: 7:00-8:30am SR I: 2:30-4:30pm	SR I & II: 5:30-7:00am	SR I & II: 7:00-8:30am SR I: 8:30-9:30am wts	SR I & II: 5:30-7:00am	RENO GAMBLE SWIM MEET  No Training	RENO GAMBLE SWIM MEET  No Training
20-Jun	21-Jun	22-Jun	23-Jun	24-Jun	25-Jun	26-Jun
RENO GAMBLE SWIM MEET	SR I & II: 7:00-8:30am SR I: 2:30-4:30pm	SR I & II: 5:30-7:00am	SR I & II: 7:00-8:30am SR I: 8:30-9:30am wts	SR I & II: 5:30-7:00am	SR I & II: 7:00-8:30am	SR I & II: 7:00-9:00am SR I: 9:00-9:45am wts
27-Jun	28-Jun	29-Jun	30-Jun	1-Jul	2-Jul	3-Jul
	SR I & II: 7:00-8:30am SR I: 2:30-4:30pm	SR I & II: 5:30-7:00am	SR I & II: 7:00-8:30am SR I: 8:30-9:30am wts	SR I & II: 5:30-7:00am	SR I & II: 7:00-8:30am	GOLD & SENIOR Marlette Lake Hike 7:00am to 1pm-ish



# Tigersharks Training Schedule

## MASTERS Squad

**JUNE 2021**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1-Jun	2-Jun	3-Jun	4-Jun 5:45-7am	5-Jun 6-7:30am
6-Jun	7-Jun	8-Jun	9-Jun 5:45-7am	10-Jun	11-Jun 5:45-7am	12-Jun 6-7:30am
13-Jun	14-Jun	15-Jun	16-Jun 5:45-7am	17-Jun	18-Jun 5:45-7am	19-Jun 6-7:30am
20-Jun	21-Jun	22-Jun	23-Jun 5:45-7am	24-Jun	25-Jun 5:45-7am	26-Jun 6-7:30am
27-Jun	28-Jun	29-Jun	30-Jun 5:45-7am	1-Jul	2-Jul 5:45-7am	3-Jul Marlette Lake Hike 7am-1pm-ish