



# Tigersharks Training Schedule

## ALL Squads

### OCTOBER 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1-Oct	2-Oct
	<b>Bronze:</b> 6:15-7:15pm <b>Gold:</b> 5:30-7:00pm <b>SR I &amp; II:</b> 3:00-4:30pm	<b>Silver:</b> 6:00-7:15pm <b>Gold:</b> 5:30-7:00pm <b>SR I &amp; II:</b> 3:00-4:30pm <b>SR I wts:</b> 2:15-3pm	<b>Bronze:</b> 6:15-7:15pm <b>Gold:</b> 5:30-7:00pm <b>SR I &amp; II:</b> 3:00-4:30pm	<b>Silver:</b> 6:00-7:15pm <b>Gold:</b> 5:30-7:00pm <b>SR I &amp; II:</b> 3:00-4:30pm <b>SR I wts:</b> 2:15-3pm	<b>Bronze:</b> 4:45-6:00pm <b>Silver:</b> 4:45-6:00pm <b>Gold:</b> 4:45-6:00pm <b>SR I &amp; II:</b> 5:30-7:00AM	<b>Silver:</b> 7:00-8:00am <b>Gold:</b> 7:00-9:00am <b>SR I &amp; II:</b> 7:00-9:00am <b>SR I wts:</b> 9:00-9:45am
3-Oct	4-Oct	5-Oct	6-Oct	7-Oct	8-Oct	9-Oct
	<b>Bronze:</b> 6:15-7:15pm <b>Gold:</b> 5:30-7:00pm <b>SR I &amp; II:</b> 3:00-4:30pm	<b>Silver:</b> 6:00-7:15pm <b>Gold:</b> 5:30-7:00pm <b>SR I &amp; II:</b> 3:00-4:30pm <b>SR I wts:</b> 2:15-3pm	<b>Bronze:</b> 6:15-7:15pm <b>Gold:</b> 5:30-7:00pm <b>SR I &amp; II:</b> 3:00-4:30pm	<b>Silver:</b> 6:00-7:15pm <b>Gold:</b> 5:30-7:00pm <b>SR I &amp; II:</b> 3:00-4:30pm <b>SR I wts:</b> 2:15-3pm	<b>Bronze:</b> 4:45-6:00pm <b>Silver:</b> 4:45-6:00pm <b>Gold:</b> 4:45-6:00pm <b>SR I &amp; II:</b> 5:30-7:00AM	<b>Silver:</b> 7:00-8:00am <b>Gold:</b> 7:00-9:00am <b>SR I &amp; II:</b> 7:00-9:00am <b>SR I wts:</b> 9:00-9:45am
10-Oct	11-Oct	12-Oct	13-Oct	14-Oct	15-Oct	16-Oct
	<b>Bronze:</b> 6:15-7:15pm <b>Gold:</b> 5:30-7:00pm <b>SR I &amp; II:</b> 3:00-4:30pm	<b>Silver:</b> 6:00-7:15pm <b>Gold:</b> 5:30-7:00pm <b>SR I &amp; II:</b> 3:00-4:30pm <b>SR I wts:</b> 2:15-3pm	<b>Bronze:</b> 6:15-7:15pm <b>Gold:</b> 5:30-7:00pm <b>SR I &amp; II:</b> 3:00-4:30pm	<b>Silver:</b> 6:00-7:15pm <b>Gold:</b> 5:30-7:00pm <b>SR I &amp; II:</b> 3:00-4:30pm <b>SR I wts:</b> 2:15-3pm	<b>Bronze:</b> 4:45-6:00pm <b>Silver:</b> 4:45-6:00pm <b>Gold:</b> 4:45-6:00pm <b>SR I &amp; II:</b> 5:30-7:00AM	<b>Silver:</b> 7:00-8:00am <b>Gold:</b> 7:00-9:00am <b>SR I &amp; II:</b> 7:00-9:00am <b>SR I wts:</b> 9:00-9:45am
17-Oct	18-Oct	19-Oct	20-Oct	21-Oct	22-Oct	23-Oct
	<b>Bronze:</b> 6:15-7:15pm <b>Gold:</b> 5:30-7:00pm <b>SR I &amp; II:</b> 3:00-4:30pm	<b>Silver:</b> 6:00-7:15pm <b>Gold:</b> 5:30-7:00pm <b>SR I &amp; II:</b> 3:00-4:30pm <b>SR I wts:</b> 2:15-3pm	<b>Bronze:</b> 6:15-7:15pm <b>Gold:</b> 5:30-7:00pm <b>SR I &amp; II:</b> 3:00-4:30pm	<b>Silver:</b> 6:00-7:15pm <b>Gold:</b> 5:30-7:00pm <b>SR I &amp; II:</b> 3:00-4:30pm <b>SR I wts:</b> 2:15-3pm	<b>King of the Hill Swim Meet</b>  <b>NO TRAINING</b>	<b>King of the Hill Swim Meet</b>  <b>NO TRAINING</b>
24-Oct	25-Oct	26-Oct	27-Oct	28-Oct	29-Oct	30-Oct
<b>King of the Hill Swim Meet</b>	<b>Bronze:</b> 6:15-7:15pm <b>Gold:</b> 5:30-7:00pm <b>SR I &amp; II:</b> 3:00-4:30pm	<b>Silver:</b> 6:00-7:15pm <b>Gold:</b> 5:30-7:00pm <b>SR I &amp; II:</b> 3:00-4:30pm <b>SR I wts:</b> 2:15-3pm	<b>Bronze:</b> 6:15-7:15pm <b>Gold:</b> 5:30-7:00pm <b>SR I &amp; II:</b> 3:00-4:30pm	<b>Silver:</b> 6:00-7:15pm <b>Gold:</b> 5:30-7:00pm <b>SR I &amp; II:</b> 3:00-4:30pm <b>SR I wts:</b> 2:15-3pm	<b>Bronze:</b> 7:00-8:00am <b>Silver:</b> 7:00-8:00am <b>Gold:</b> 7:00-9:00am <b>SR I &amp; II:</b> 7:00-9:00am  <b>NEVADA DAY</b>	<b>Silver:</b> 7:00-8:00am <b>Gold:</b> 6:30-8:00am <b>SR I &amp; II:</b> 6:30-8:00am  <b>PARADE DAY</b>