



Tigersharks Training Schedule

General Schedule

ALL Squads

August 29 - November 19, 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28-Aug	29-Aug	30-Aug	31-Aug	1-Sep	2-Sep	3-Sep
	Silver: 5:00-6:00pm Gold: 5:30-7:00pm SR I & II: 3:00-4:30pm	Bronze: 5:30-6:30pm Gold: 5:30-7:00pm SR I & II: 3:00-4:30pm SR I wts: 2:15-2:45pm	Silver: 5:00-6:00pm Gold: 5:30-7:00pm SR I & II: 3:00-4:30pm	Bronze: 5:30-6:30pm Gold: 5:30-7:00pm SR I & II: 3:00-4:30pm	Bronze: 5:00-6:00pm Silver: 5:30-7:00pm Gold: 5:30-7:00pm SR I & II: 5:30-7:00am	Silver: 7:00-8:30am Gold: 7:00-8:30am SR I & II: 7:00-8:30am SR I wts: 8:30-9:30am