

Upcoming Events

Meets

- July 12-14 – Junior Olympics @ Moraga
- July 17-21 – Sectionals @ Santa Clarita
- July 19-21 – RESL @ San Pablo
- July 26-28 – Ukiah Dolphins @ Ukiah
- July 31-August 4 – Far Westerns @ San Jose
- July 31-August 4 – Western Zone Senior Champs @ Clovis

Other Events

- June 30-July 4 – Fireworks Booth
- July 16-July 25 – Spirit Week
- July 25 – Piranha Picture Day

Piranha Swimming July Newsletter

Fireworks Booth

After a few scary booth stalkers were run out of town by the Rohnert Park police, we were able to successfully set up and run our annual fireworks sales booth.

Many thanks to all the parents who came and volunteered their time, and to those who set up and held a lemonade and cookie sale.

The weather was very good and brought out many people to our booth. Pre-sale fireworks vouchers were a great help to bring more people to our booth.

We ran out of many popular items quickly and sold the big \$600.00 box on the first day! In the end, we look to bring in about the same as last year, or hopefully even more!

-Head Coach Annette Waner



Vallejo Dual Meet

On Thursday, June 27th, Vallejo Aquatics and Piranha swimming organized a small dual meet as another chance qualifier for those who want to pick up new time standards. On this incredibly hot and traffic-ridden day, we had many best times, but for some, new time standards eluded us. Nonetheless, Piranhas did great at this meet. The meet ended early though because of time constraints though. Because of this, the fly events and 200 yard time trial events were canceled. After the meet, Vallejo graciously hosted a huge and delicious dinner for all swimmers, parents, coaches, and volunteers at the meet. Thank you Vallejo!



Vallejo getting ready and setting up the meet



The Piranhas talking to Annette

July Birthdays

Dominic Restivo

• July 1

Andrew Wang

• July 3

Michael Duffy

• July 22

Samuel Koldis

• July 24

Hailey Woodcox

• July 24



Recent Meet Results

New Time Standards – Summer Sanders

Bridgette Eager (Age 14)

- 100M Breast – 1:26.73 (JO)
- 200M Breast – 3:05.29 (JO)

Trystan Brown (Age 16)

- 200M Back – 1:12.60 (PRT)

Aric Lang (Age 16)

- 200M IM – 2:22.77 (FW)
- 400M IM – 5:05.52 (FW)

David Luo (Age 15)

- 100M Back – 1:15.07 (A)
- 100M Fly – 1:05.95 (JO)
- 200M IM – 2:28.78 (JO)

Kenneth Shinn (Age 14)

- 100M Back – 1:10.22 (FW)
- 200M IM – 2:25.02 (PRT)
- 400M IM – 5:11.11 (PRT)

Andrew Wang (Age 16)

- 100M Breast – 1:12.55 (FW)



New Time Standards – Napa

Katie Honey (Age 9)

- 50M Breast – 47.04 (JO)
- 100M Fly – 1:45.91 (A)

Hailey Woodcox (Age 9)

- 50M Back – 44.15 (A)
- 50M Breast – 49.44 (A)
- 100M Breast – 1:53.41 (A)



New Time Standards – Westside

Lexy Lewis (Age 8)

- 100M Free – 1:35.49 (A)
- 50M Back – 52.73 (A)

Katie Honey (Age 9)

- 100M Free – 1:17.98 (JO)

Cayla Whetstone (Age 11)

- 100 Breast – 1:27.19 (PRT)

Douglas Dang (Age 14)

- 800M Free – 10:58.90 (A)
- 400M IM – 5:51.13 (A)

Ian McKenzie (Age 14)

- 200M Free – 2:28.13 (A)
- 400M Free – 5:12.57 (A)
- 100M Fly – 1:09.81 (JO)
- 200M IM – 2:46.33 (A)

Kenneth Shinn (Age 14)

- 100M Fly – 1:09.19 (JO)

Aric Lang (Age 16)

- 100M Breast – 1:17.65 (JO)



GO PIRANHAS!!!



The Piranhas resting between their events



New Time Standards – Vallejo

Melissa Adams (Age 12)

- 50Y Back – 36.79 (A)

Ian McKenzie (Age 14)

- 100Y Back – 1:14.12 (B)

Aric Lang (Age 16)

- 100Y Free – 51.28 (FW)

David Luo (Age 15)

- 100Y Free – 52.15 (JO)

Dustin Dang (Age 13)

- 200Y Breast – 2:39.92 (A)