



Newsletter

June 8, 2013

Piranha Swimming Newsletter

Upcoming Events

Meets

- June 8-9 – Piranha Progressive @ H-pool
- June 14-16 – Summer Sanders @ Roseville
- June 15-16 – Napa
- June 28-30 – Westside @ Petaluma
- July 12-14 – Junior Olympics @TBD
- July 17-21 – Sectionals @ Santa Clarita
- July 19-21 – RESLs @ Napa
- July 31-August 4 – Far Westerns @ San Jose

Other Events

- June 30-July 4 – Fireworks Booth

With no update to Piranha Swimming news for numerous months and the departure of the previous author, I have taken the responsibility of creating the newsletter over my shoulders. I am pleased to introduce Piranha Swimming's new newsletter!

Here, you can find any helpful news or information that is happening on and regarding the Piranha Swim Team. I will highlight current events on the newsletter so everyone can be informed.

I want this newsletter to be a resource for any and all Piranhas, Hopefully this will be a success and more issues can be created!

With that being said, it would be great if I could receive some submissions! Anything swimming related or just anything the kids want to put. From kid submissions to what's interesting on deck, I'll take it! Thanks for reading, and I hope you enjoy.

See you on deck!

-David Luo

Summer Schedule

Swim Schedule

Preteam.....6:30-7:15 pm
 Group 1.....6:30-7:15 pm
 Group 2.....5:30-6:30 pm
 Group 3.....6:30-7:45 pm
 Group 4.....6:30-8:00 pm
 Pre-Senior/Senior...TBD

Land Training

Group 1.....Wed. – 5:30
 Group 2.....Mon/Wed – 4:30
 Group 3.....Tues/Thurs – 5:30
 Group 4.....M/W/F – 5:30
 Pre-Senior/Senior...Tues/Thurs – 6:30
 Sat – 10:00 when
 no meets

Napa Valley Swim Camp



On the weekend of June 1 and June 2, a few of the senior Piranha Swimmers participated in a summer camp at the Napa Valley College Pool with their swim team. The seniors drove to Napa in the morning to start their workout at 8 AM. After enjoying a nice lunch at Black Bear Diner, the swimmers prepared for another practice in the afternoon. With their stomachs full, they finished the second of three practices. The Napa swimmers were very welcoming and hospitable and allowed the Piranhas to stay overnight at their houses. Waking up again in the morning for the workout at 7, the swimmers prepared for the last practice with their new friends. After the last swim session of the camp, the Piranhas and Napa Swimmers ate one last brunch together brought by the wonderful volunteers. Thank you to Napa for hosting this and everyone for helping to make this a success!

The Piranhas and Napa swimmers enjoying a delicious after- practice breakfast.

*Thank
you*



Lake Berryessa Open Water Swim



On Saturday June 1, three daring Piranhas plunged into the depths of Lake Berryessa for an open water swim. This event has been hosted by Davis Aquatics Masters since 1981, when it first started as a gathering for a lake swim. Now, it has been drawing in hundreds of swimmers from around the area including sixteen year old Aric Lang, eight year old Lexy Lewis, and nine year old Hailey Woodcox. Aric participated in the 2 mile and came in third overall, with the two younger girls swimming 500s. Hailey was in seventh place and Lexy was right behind her, receiving eighth. Congratulations to these Piranhas!

The Piranhas at the Lake Berryessa Open Water Swim

Fireworks Booth

The Piranha Fireworks booth is just around the corner! Volunteers working in the booth must be 18 years and older. A shift consists of any time slot working inside the booth. It will be open from Sunday June 30th to Thursday July 4th. Hours of operation are 9 am to 9 pm. With set up starting at 8 am every day and clean-up going from 9 pm until 10 pm. The Piranha booth is located in the Wal-Mart parking lot directly across from Wal-Mart entrance: 4625 Redwood Drive Rohnert Park. This is our biggest fundraiser of the year. It is the fundraiser where we can literally get "the biggest bang for our buck!"

We will be pre-selling fireworks vouchers for \$10. They come in a book of 10. If you would like to participate in this please sign up on this site and we will contact you and get you a book of vouchers! There will be a reward for swimmers who sell the most vouchers!

Keep in mind, this fundraiser helps us to pay for the use of the pool facility, which is a huge expense for the team! The more successful this fundraiser is, the less fundraising we have to do throughout the year, which means less volunteering and less individual fundraising dollars we have to try and get! So let's all work together and make this a HUGE success!

Remember, each family is responsible for a minimum of two 2 hour shifts. These family commitment hours are separate from the regular family commitment hours you have already completed this season. Shifts will be available on a first come, first served basis. If you have a tight schedule, you will want to reserve your time slot early so that you get a time slot that is convenient for you. A shift consists of any time slot working inside the booth.

Graduating Seniors

Congratulations to Stephanie Aguilar for reaching this milestone of her life! We are proud of you for graduating. Thank you for being such an inspiration on the Piranhas.



Name: Stephanie Aguilar Group: Pre-Senior Age: 18

Year started with Piranhas: 2005 Favorite Stroke: Butterfly

High School: Rancho Cotate High School

Memorable moment on Piranhas: A memorable moment was my first meet ever, which was in Reno.

Message to younger swimmers: follow your dreams even if everyone around you says you can't do it. prove them wrong

Plan to swim in college/university: I'm not going to college because I'm going into the Army, but if I get the chance to later on, I will.

Career goal: My career goal is to be a nurse or even a doctor in the U.S. Army to save many lives and make a change in the world.



Remember to purchase firework vouchers and sign up for working the booth!



Recent Meet Results

New Time Standards – Carson City

Katie Honey (Age 9)

- 100M Free – 1:19.94 (A)
- 50M Breast – 48.85 (A)
- 100M Breast – 1:46.25 (A)
- 200M IM – 3:30.88 (A)

Cayla Whetstone (Age 11)

- 100M Free – 1:12.60 (PRT)
- 50M Fly – 47.76 (FW)
- 200M IM – 2:59.11 (PRT)

Jeffrey DeVries (Age 14)

- 1500M Free – 21:24.53 (A)
- 200M Breast – 3:39.15 (B)
- 100M Fly – 1:23.02 (B)
- 200M IM – 2:54.81 (B)

New Time Standards – Piranha Progressive

Lexy Lewis (Age 8)

- 50Y Fly – 49.66 (A)

Belle Schifrin (Age 8)

- 25Y Fly – 23.14 (B)

Jordyn Beach (Age 10)

- 100Y Free – 1:21.77 (B)

Katie Honey (Age 9)

- 100Y Back – 1:29.47 (A)

Miron English (Age 10)

- 50Y Back – 41.91 (A)
- 50Y Breast – 47.08 (A)
- 100Y IM – 1:28.63 (A)

Kazimir Schifrin (Age 10)

- 100Y Breast – 1:51.64 (B)

Melissa Adams (Age 12)

- 100Y Fly – 1:18.30 (A)

Pinkeo Janetvilay-Phongsavath (Age 11)

- 100Y IM – 1:24.10 (B)

Brigette Eager (Age 14)

- 50Y Free – 29.28 (A)
- 100Y Breast – 1:15.28 (JO)

Ian McKenzie (Age 14)

- 200Y Fly – 2:16.61 (FW)

June Birthdays

Cayla Whetstone

- June 2

Kenneth Shinn

- June 5

Vanessa Cabrera

- June 8

Zach Akers-Smith

- June 22

Jordyn Beach

- June 22

Colin Woodward

- June 29

