

Hey PASA,

My name's Kolby Pham and I graduated high school in 2019 while swimming with DKS for almost 8 years. I'm finishing up my freshman year at the University of Texas at Dallas. I'm headed towards a fast-track Master's in neuroscience/cognitive science while also on the pre-med track. Just for fun, I'm shooting for a minor in Asian Studies just because I'm studying Japanese.

I started swimming for what's now the Los Gatos Polar Bears when I was 6. I never spent more than a couple seasons on a swim team 'till I came to PASA-DKS when I was 10. Ever since then, it's just been an awesome journey of making friends, embracing the suck, and most importantly, hips and core. Swimming taught me so much about hard work, work-life balance, being a good teammate, respect, and taking care of myself. Chris, Ryan, Bruce, Paul, and Dana are all amazing coaches and mentors who've all fostered my growth as a person and my love for the sport.

I now swim for my university's swim club and I'm also the club's practice manager. My school mascot is a comet, so our motto is also "*WHOOSH*", JUST LIKE PASA! It's been super fun to keep training in the pool with new faces while also writing workouts and talking about technique. There's only a handful of club swimmers in this club including myself, but we plan on breaking a lot of the old records in the coming years. I set new breaststroke records for our club, but I'm still trying to lose some fat and get back in shape!



It sucks that COVID-19 interrupted everybody's flow, but I hope we're all doing our best to continue chasing our goals. I go for runs, hit up a nearby playground to do pull-ups and stuff, and I get some fun cardio from longboard dancing. I'm getting my EMT license really soon, so I better not see anyone with corona symptoms on my ambulance runs! Stay safe!