PennDel Championship – Adams Division MEET ANNOUNCEMENT

About the Championship

Date: February 4 & 5 2023 Location: Kennett Area YMCA Entry Deadline: 1:00 PM on January 23, 2023 Hosted by: Kennett & Jennersville Area YMCAs Meet Director: Ken Burk

Web Site: www.teamunify.com/makay

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ABOUT THE CHAMPIONSHIP

This meet is a closed, inter-association championship YMCA meet. This meet and all participants will adhere to the Rules that Govern YMCA Competitive Sports and the Swimming Addendum to the Rules that Govern YMCA Competitive Sports. USA Swimming technical rules will be followed. The meet is approved by the USA-S Middle Atlantic Swimming.

USA-S/MA Approval number MA 2323 AP.

In granting this approval it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.

Information on the requirements for an approved meet can be found in Article 202.4 of the USA Swimming Rulebook.

ADJUSTMENTS TO THE MEET ANNOUCEMENT: The Championship Meet Committee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet or due to unforeseen issues of weather or facility problems. Changes will be communicated as far in advance as possible. None of the required elements for a YMCA Meet and USA-S Approved meet can be changed.

MEET TIMELINE: Warm-up and start times for all sessions are **subject to change** depending on the size of the meet

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	Session 1	Session 2	Session 3
Age Groups	8 – U & 9-10G	13-14 & 15-21	9-10B & 11-12
Warm-up Start	7:15am	12:30pm	7:15am
Coaches Meeting	7:20am	12:35pm	7:20am
Officials Meeting	7:35am	12:50pm	7:35am
Timers Meeting	7:50am	1:05pm	7:50am
Start of Session	8:15am	1:45pm	8:15am
End of Session	11:30am	6:30pm	12:00pm

INCLEMENT WEATHER/CANCELATION: In the event of inclement weather that results in the cancelation of the championship, the championship will be rescheduled for February 11-12, 2023 at the Kennett Area YMCA.

LOCATION AND FACILITY

Location: Kennett Area YMCA, 101 Race St., Kennett Square, PA 19348 Emergency

Phone Number: 610-444-9622



The Kennett Area YMCA is configured as an 8 lane, 25 yard course. Water depth at start is 8 feet and at turn end is 4 feet. Colorado electronic timing system will be used. The competition course has been certified in accordance with 104.2.2C (4)

All Sessions:

Seating for spectators will be in the mezzanine above the pool. We also ask that parents bring chairs to sit in the gym between events.

Seating for swimmers will be in the gymnasium in close proximity to the pool.

The ready bench area will also be in the gym.

Free WiFi will be available at the meet and the password will be posted throughout the facility during the meet.

WEB SITE

Meet Information can be found at: <u>Penn-Del YMCA Swim League Home (teamunify.com)</u>

Online Meet Results & Heat Sheets: Meet Mobile may be

available

CONTACT INFORMATION

Meet Director: Ken Burk email: <u>moosekb@yahoo.com</u>

Entry Chairperson: Carl Sandoe email: <u>carl.sandoe@gmail.com</u>

Referee: Mark Fisher email: fisher.mark1226@gmail.com

Administrative Official: Nicole Ciarrocchi email: Nicole.ciarrocchi@gmail.com

ELIGIBILITY

ATHLETE

YMCA Membership: An athlete must be a YMCA member in good standing who holds an annual, full privilege membership at the YMCA he/she represents for a period of at least 30 days prior to the first day of the meet.

Swimmers who wish to change their membership from one YMCA to another may do so through Transfer by Consent. An athlete may transfer from one YMCA team to another YMCA team and be eligible to compete for his/her new YMCA team immediately upon the written consent of the YMCA that he/she previously represented.



For further detail, reference: <u>SWIMMING ADDENDUM TO THE RULES THAT</u> <u>GOVERN YMCA COMPETITIVE SPORTS</u>

<u>Amateur Status</u>: An athlete may not have represented a college, university or other post-high school institution in any competition and may not have accepted pay or compensation for competing as a swimmer.

<u>Unattached Athletes</u>: There is no unattached status in YMCA Swimming.

Age: An athlete must not older than twenty-one (21) years of age on the first day Meet.

PennDel Meet Participation: In order to be eligible to compete, each athlete must be currently listed on a roster of a Penn-Del League member in the Division being contested, and absent an express waiver by the Penn-Del League Board, must have competed as an official or exhibition swimmer in at least two (2) Penn-Del League dual meets in the current season.

Athletes with a Disability: Swimmers with a disability are welcome to enter this meet. The coach or team entry person must enter a comment on the entry to alert the Entry Chairperson. The coach must also alert the meet director and the meet referee prior to the competition as to the need for any special accommodations.

COACH

Teams without A Coach at the Meet: All athletes and teams must have at least one certified and credentialed YMCA coach designated as being responsible for their supervision during competition. When a YMCA team will not have a coach present, that YMCA may authorize an eligible coach from another YMCA attending the meet to be responsible for their athletes at the meet. The Meet Director and Meet Referee must be notified of this situation.

TEAM

Teams: All teams participating must be members in good standing of the Penn-Del Swim League and assigned to the Division being contested. Teams/Associations with outstanding debts will not be allowed to compete until all debts to the League are paid.

Insurance: Each team that participates in the meet must have a current and correct Certificate of Liability Insurance, in effect through the last day of the meet.



ENTRY INFORMATION

ENTRY LIMITS: Swimmer may enter up to four (4) events, of which no more than three (3) may be individual events. Deck entries are not permitted.

Teams will be allowed to enter an unlimited number of relays in the relay events. Relay teams must each have a different letter designator assigned by the entering Team.

Swimmers will compete in age groups based on their age as of December 1, 2022 as rostered for the dual meet season. Swimmers must compete in their own age group, except for the Open 500 Freestyle and the Open Age Group Relays.

QUALIFICATION PERIOD: The qualification period is September 1,2022 through the entry deadline.

USA-S IDs: Only USA-S registered athletes should have an ID number in the Meet Entry File. For TeamUnify users, the Meet Director will need to delete the IDs. Please provide the Meet Director a list of swimmers not USA-S registered.

TIME STANDARDS: There are no Time Standards for this championship.

TIMES: No Times (NT) are allowed if the swimmer does not have an official time for the event. Submit entry times in actual time. Entered times must be the swimmer's BEST time achieved during the qualifying period.

ENTRY FEES: Swimmer surcharge: \$5. Swimmer individual event: \$5.00; Relay Event: \$15. There are no fees for coaches attending with their team.

ENTRY DEADLINE: 1:00 PM January 22, 2023

ENTRY PROCEDURE: Entries must be submitted through Swim Cloud. Entries are to be submitted in a Hy-Tek or TeamUnify meet entry format. Initial entries are due Sunday at 1PM two weeks prior to the start date of the meet. Updates will be permitted up to the Sunday 1PM prior to the start of the meet. Confirmation of entries will be only be provided via an Online Entry report generated when entries are submitted through Swim Cloud.

The web site address of the Online Meet Entry system will be available on the Swim Cloud web site at

https://www.swimcloud.com/country/usa/club/lsc/MA/league/pdsl/

All questions regarding entries should be directed to the entries chair person.



PAYMENT: Entry fees are due at or prior to the date of the Championship. Check should be made payable to: Kennett Area YMCA and mailed to:

Kennett Area YMCA Attn: Kelly Burk 101 Race Street Kennett Square, PA 19348

YMCA of Greater Brandywine Teams please journal to 01-03-81-7420

VOLUNTEERS/OFFICIALS/TIMERS

OFFICIALS AND TIMERS: Each team in the division must provide, at the least, three (3) timers and one (1) certified official for each session of the championship meet. Additional volunteers are welcome and encouraged. **Meet Volunteers are encouraged to sign up prior to the entry deadline.**

SIGN-UP PROCEDURE: Online sign-up at: <u>https://www.signupgenius.com/go/904054baeae2ba31-adams#/</u>

ATTIRE: Officials should wear white Oxford or polo shirt and navy long pants, shorts, skorts, skirts, or capris and display their current certification patch.

CHECK-IN PROCEDURE

COACHES MEETING/SCRATCH MEETING: There will be a coaches and Scratch meeting at the beginning of each session. Specific meeting times will posted on the PennDel web site at https://www.teamunify.com/team/penndelymca/page/home. At least one coach from each team must attend this meeting.

OFFICIALS AND TIMERS MEETING: There will be an officials Meeting followed by a volunteer timers meeting prior to each session. Specific meeting times will be posted on the PennDel web site at <u>https://www.teamunify.com/team/penndelymca/page/home</u>

CHAMPIONSHIP PROCEDURES AND OPERATIONS

CHAMPIONSHIP COMMITTEE: The Committee will consist of the Meet Director, PennDel Meet Referee, PennDel Administrative Referee. The Championship Committee will have the final authority on all procedural matters at the Championship.

RULES: The meet will run under YMCA Rules that Govern Competitive Sports, Swimming Addendum to the YMCA Rules that Govern Competitive Sports, PennDel League Rules (SECTION 3 - CHAMPIONSHIPS AND CHAMPIONSHIP ADMINISTRATION). and USA-S Technical Rules.



MEET FORMAT: The meet will be swum using a Timed Finals format. Swimmer's age will be determined as of December 1, 2022.

EVENT SEEDING: All Events will be seeded slowest to fastest prior to the day of the meet. The Meet Referee/Administrative Official reserve the right to combine heats and events at the completion of the scratch meeting.

SCRATCH PROCEDURES: An athlete can only be scratched from the meet at the coach/scratch meeting. After the coach/scratch meeting, an athlete is considered entered into the event.

DECLARED FALSE START: An athlete may withdraw from a heat by electing to take a declared false start. Such declaration must be made known to the Deck Referee before the heat or swim off is announced. A declared false start counts as an event swum for the athlete and will be counted in the maximum number of events allowed for each athlete.

NO SHOW: An athlete who is seeded in an event and fails to compete (i.e., a "no show") will be allowed to swim in further individual or relay events with no penalty. A no-show will be counted in the maximum number of events allowed for each athlete.

WARM-UP SAFETY PROCEDURES: Teams will be assigned lanes for warm-ups. The warm-up assignments and schedule will be available on the PennDel Web site at <u>https://www.teamunify.com/team/penndelymca/page/home</u>.

During designated warm up sessions, athletes may only enter the competition pools from the starting end. Athletes are expected to use a three-point entry in which they sit on the side of the pool then slide into the pool gently, with one hand on the wall. The exception is during specific warm up periods when sprint lanes are designated for practicing racing starts.

Coaches are responsible for the safety of their athletes and are expected to monitor them at all times during warm up sessions.

READY BENCH: There will be a ready bench for all sessions. However, swimmers are still responsible to be at the blocks for the start of their race.

RELAY DECLARATION: Changes in the Medley Relay swimmers or order of the swimmers must be made at the coaches/scratch meeting or at a time designated by the Meet Referee. Changes in a Free Relay swimmers or order of swimmers must be made prior to end of the Breaststroke events. Last minute changes to the order of swimmers should be given to the head lane timer prior to the start of the heat.



STARTS: 'Fly-over' starts will be used at this meet. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun.

SWIM-OFFS: There will be no Swim-offs in the event of a tie for any places

SWIMS (USA-S): This meet has been approved by USA Swimming. Therefore, all individual times will be automatically submitted for entry into SWIMS.

RESULTS: Any results displayed on the scoreboard are unofficial until final results are published. Results will be posted in the snack bar across from the Mezzanine and in the Kennett Area YMCA lobby.

CONDUCT AND RESTRICTIONS: The Meet Referee reserves the right to dismiss any swimmer, coach and/or spectator from the competition due to inappropriate conduct. The following Conduct Rules shall apply:

- Parents are responsible for the conduct of their children. Children are not allowed to roam the facility unattended.
- Glass, Food, and Chairs are not permitted on deck.
- Individuals are responsible for the security of their personal belongings and are encouraged not to bring valuables to the meet venue and not to leave items unattended.
- Swimmers are not permitted in the spectator stands.
- Shaving is not permitted in any areas of the facility.
- Swimmers are requested to wear sandals and towel off before traveling the corridors.
- No Flash Photography at the start of competition races.
- No personal chairs are allowed in the spectator area.
- No smoking, drugs, or alcohol are permitted in the YMCA facility.
- The Meet Director has the discretion to remove any person whose conduct is inconsistent with the core values of the YMCA.
- **DECK PRIVLEDGES:** ONLY currently credentialed coaches, athletes and essential meet personal will be permitted on deck.
- **MEET/DECK REFEREE:** The meet/deck referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to him/her. The meet/deck referee has final judgement for any issues that arise that day during the course of the meet.
- **MEET MARSHALLS:** Meet Marshalls have full authority through the Meet Referee & Safety Director for safety and good order throughout the venue at all times. Swimmers, coaches and spectators may be removed from the deck/venue for noncompliance with procedures or non-cooperation with Marshals' instructions.



COVID-19: An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

- **MEET HOST'S ASSUMPTIONS OF RISK DISCLAIMER** The YMCA of Greater Brandywine, has taken enhanced health and safety measures – for all athletes, coaches and volunteers. You must follow all posted instructions while attending the Penn-Del Championships-Adams Division. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By attending the Penn-Del Championships-Adams Division, you voluntarily assume all risks related to exposure to COVID-19.
- **ATHLETE PROTECTION(MAAPP):** All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Protection Policy ("MAAPP"), and that they understand that compliance with MAAPP policy is a condition of participation in the conduct of this competition.



- **TECH SUIT POLICY**: The following rule will take effect SEPTEMBER 1, 2020. 102.8 SWIMWEAR .1 Design F. No Technical Suit may be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.
- **RACING START CERTIFICATION:** Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. A copy of the Racing Start Certification Checklist, signed by a USA Swimming member coach, must be given to the referee prior to the start of the meet.
- **DISABLED SWIMMERS:** Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted.
- **PROTESTS:** A meet jury will adjudicate any protests including issues of conduct which may occur in the meet venue. All protests must be in writing to the Meet/Deck Referee. The Meet Jury will consist of the Meet Director, an Athlete and a Coach. Additional members including an official may be added for a jury of five. The Meet Referee will act as a mediator.
- **PHOTOGRAPHY:** Middle Atlantic Swimming PHOTOGRAPHY/VIDEOGRAPHY STATEMENT In compliance with USA Swimming Rules and Regulations; Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additionally, the use of equipment capable of taking pictures or videos (i.e. cell phones, cameras, PDA's, etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and warm down periods. Unless approved in advance by the MAS Board and stated in the meet announcement, photographers /videographers are not permitted on deck at any time. As an approved exception, USA Swimmingregistered and credentialed coaches are permitted to utilize visual recording devices to record their swimmers in the pool for the sole purpose of stroke training subject to the location restrictions of this statement so long as they do not interfere with meet operations. In the event of any disputes regarding video recording, the Referee's decision shall be final and binding. In no case shall coaches be permitted to delegate this role to athletes.



- **DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations of USA Swimming.
- **DECK CHANGING:** Deck changes are prohibited.

Awards and **Recognition**

Place	Individual Events	Relay Events
1	16	32
2	13	26
3	12	24
4	11	22
5	10	20
6	9	18
7	7	14
8	5	10
9	4	8
10	3	6
11	2	4
12	1	2

SCORING:

AWARDS: Medals are awarded for 1st-3rd place in individual events and 1st-3rd place in relays.

Ribbons are awarded for 4th-12th place in individual events and 4th-6th place in relays.

RECOGNITION: PennDel overall Division winner and dual-meet season first-place winners for each age group will be announced and recognized during the Championship.

TIME TRIALS

Time Trials will not be held at this Championship.



ADMISSION FEE: Admission is free

HEAT SHEETS/PROGRAMS: Heat sheets will be published online through meet mobile.

CONCESSION STAND: Food and Drinks will BE AVAILABLE in the Holistic Health Studio across from the mezzanine.

APPAREL: Commemorative T-Shirts may be available for purchase along with other meet apparel and swim supplies.

SEAT SAVING POLICY: If Spectator seating is permitted, seat saving will not be allowed due to limited spectator seating.

HANDICAP SEATING: Is available on the pool deck upon prior request.

LOST AND FOUND: Will be located near the Ready Bench Area at the conclusion of each session.

LIABILITY, SAFETY AND EMERGENCY PROCEDURES

INSURANCE: Each Association participating in this meet must have insurance coverage for representative(s) including leadership and participants who will be in attendance for the period of the meet.

LIABILITY LIMITS: By awarding this Championship to the host team, it is understood and agreed that PennDel Swim League shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.

EMERGENCIES: The facility personnel will handle all emergencies at the meet. These individuals will provide CPR and first aid as needed and will ensure that individuals with serious injuries are transported immediately to the nearest hospital for further treatment. Defibrillators will be on site.

Any coach, athlete or official who recognizes an emergency situation should immediately inform the facility's personnel and then make sure the vicinity of the emergency is clear for the emergency personnel to do their job.

UNACCOMPANIED ATHLETE: Each athlete must have a certified coach responsible for him/her while on the pool deck. The coach of the athlete must authorize in writing a coach from another team to represent their team and be responsible for the swimmer(s).



CONCUSSION AWARENESS: This meet will follow the YMCA of USA Concussion procedure. Anyone who observes or has knowledge of a potential head injury should immediately notify lifeguards and/or hired medical personnel. Once the injury report is completed, the lifeguard and/or hired medical personnel will notify the Event Staff, the athlete's coaching staff, and the Meet Director.

If a head injury occurs, the action plan below will be followed:

- 1. Athlete is removed immediately from participation by the Meet Director
- 2. Athlete must be evaluated by a licensed health care professional experienced in identifying and treating concussions. In addition, the athlete must be in compliance with the laws that are in effect within the jurisdiction where the meet is held.
- 3. The coaching staff will inform the athlete's parents or guardians about the possible concussion and give or send them the fact sheet on concussion.
- 4. The athlete will not be allowed back to warm-up or compete until a health care professional, experienced in evaluating concussions determines that the athlete is symptom-free and is OK to return to participation.

LIGHTNING POLICY: The National Lightning Safety Institute, National Athletic Trainers Association, American College of Emergency Physicians, USA Swimming, and YMCA of the USA all recommend or require closing an indoor pool during an electrical storm. This policy will be followed at the meet.



DIRECTIONS

Please use 101 Race Street, Kennett Square, PA 19348 in your GPS device to get point-to-point directions to this facility.

LODGING

Hilton Garden Inn 815 E. Baltimore Pike Kennett Square, PA 19348 (610) 444-9100

PARKING

All parking will be in designated areas at the YMCA.



APPENDIX 1: ORDER OF EVENTS

Session 1

- 101 Girls 8 & Under 100 Medley Relay 08 & Under Age Group
- 102 Boys 8 & Under 100 Medley Relay 08 & Under Age Group
- 103 Girls 9-10 200 Medley Relay 09-10 Age Group
- 104 Girls 9-10 100 Freestyle 09-10 Age Group
- 105 Girls 8 & Under 25 Freestyle 08 & Under Age Group
- 106 Boys 8 & Under 25 Freestyle 08 & Under Age Group
- 107 Girls 9-10 200 Freestyle 09-10 Age Group
- 108 Girls 9-10 100 Backstroke 09-10 Age Group
- 109 Girls 8 & Under 25 Backstroke 08 & Under Age Group
- 110 Boys 8 & Under 25 Backstroke 08 & Under Age Group
- 111 Girls 9-10 50 Backstroke 09-10 Age Group
- 112 Girls 9-10 100 Breaststroke 09-10 Age Group
- 113 Girls 8 & Under 25 Breaststroke 08 & Under Age Group
- 114 Boys 8 & Under 25 Breaststroke 08 & Under Age Group
- 115 Girls 9-10 50 Breaststroke 09-10 Age Group
- 116 Girls 8 & Under 50 Freestyle 08 & Under Age Group
- 117 Boys 8 & Under 50 Freestyle 08 & Under Age Group
- 118 Girls 9-10 50 Freestyle 09-10 Age Group
- 119 Girls 9-10 50 Butterfly 09-10 Age Group
- 120 Girls 8 & Under 25 Butterfly 08 & Under Age Group
- 121 Boys 8 & Under 25 Butterfly 08 & Under Age Group
- 122 Girls 9-10 100 Butterfly 09-10 Age Group
- 123 Girls 9-10 100 IM 09-10 Age Group
- 124 Boys 8 & Under 100 Freestyle Relay 08 & Under Age Group
- 125 Girls 8 & Under 100 Freestyle Relay 08 & Under Age Group
- 126 Girls 9-10 200 Freestyle Relay 09-10 Age Group



Session 2

201 Girls Open 200 Medley Relay 15-21 Age Group 202 Boys Open 200 Medley Relay 13-14 Age Group 203 Girls 13-14 200 Medley Relay 13-14 Age Group 204 Boys 13-14 200 Medley Relay 13-14 Age Group 205 Girls 15-21 400 IM 15-21 Age Group 206 Boys 15-21 400 IM 15-21 Age Group 207 Girls 13-14 400 IM 13-14 Age Group 208 Boys 15-21 200 Freestyle 15-21 Age Group 209 Girls 15-21 200 Freestyle 15-21 Age Group 210 Boys 15-21 100 Freestyle 13-14 Age Group 211 Girls 13-14 200 Freestyle 13-14 Age Group 212 Boys 15-21 100 Backstroke 15-21 Age Group 213 Girls 13-14 100 Backstroke 15-21 Age Group 214 Boys 15-21 100 Backstroke 13-14 Age Group 215 Girls 13-14 100 Backstroke 13-14 Age Group 216 Boys 15-21 100 Breaststroke 13-14 Age Group 217 Girls 13-14 100 Breaststroke 13-14 Age Group 218 Boys 15-21 100 Breaststroke 13-14 Age Group 219 Girls 13-14 100 Breaststroke 13-14 Age Group 213 Girls 13-14 100 Breaststroke 13-14 Age Group 214 Boys 13-14 100 Breaststroke 13-14 Age Group 213		
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 235 Girls 13-14 200 Backstroke 15-21 Age Group 236 Boys 13-14 200 Backstroke 15-21 Age Group 237 Girls 15-21 200 Backstroke 15-21 Age Group 238 Boys 15-21 200 Backstroke 15-21 Age Group 239 Girls 13-14 200 Breaststroke 13-14 Age Group 240 Boys 13-14 200 Breaststroke 13-14 Age Group 	233	Girls 15-21 100 Freestyle 15-21 Age Group
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- 253 Girls Open 200 Freestyle Relay 15-21 Age Group
- 254 Boys Open 200 Freestyle Relay 15-21 Age Group



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301	Girls 11-12 200 Medley Relay 11-12 Age Group
302	Boys 11-12 200 Medley Relay 11-12 Age Group
303	Boys 9-10 200 Medley Relay 09-10 Age Group
304	Girls 11-12 200 Freestyle 11-12 Age Group
305	Boys 11-12 200 Freestyle 11-12 Age Group
306	Boys 9-10 200 Freestyle 09-10 Age Group
307	Girls 11-12 50 Freestyle 11-12 Age Group
308	Boys 11-12 50 Freestyle 11-12 Age Group
309	Boys 9-10 50 Freestyle 08 & Under Age Group
310	Girls 11-12 50 Backstroke 11-12 Age Group
311	Boys 11-12 50 Backstroke 11-12 Age Group
312	Boys 9-10 50 Backstroke 08 & Under Age Group
313	Girls 11-12 50 Breaststroke 11-12 Age Group
314	Boys 11-12 50 Breaststroke 11-12 Age Group
315	Boys 9-10 50 Breaststroke 09-10 Age Group
316	Girls 11-12 100 Butterfly 11-12 Age Group
317	Boys 11-12 100 Butterfly 11-12 Age Group
318	Boys 9-10 100 Butterfly 09-10 Age Group
319	Boys 9-10 100 Freestyle 09-10 Age Group
320	Girls 11-12 100 Freestyle 11-12 Age Group
321	Boys 11-12 100 Freestyle 11-12 Age Group
322	Boys 9-10 100 Backstroke 09-10 Age Group
323	Girls 11-12 100 Backstroke 11-12 Age Group
324	Boys 11-12 100 Backstroke 11-12 Age Group
325	Boys 9-10 100 Breaststroke 09-10 Age Group
326	Girls 11-12 100 Breaststroke 11-12 Age Group
327	Boys 11-12 100 Breaststroke 11-12 Age Group
328	Boys 9-10 50 Butterfly 09-10 Age Group
329	Girls 11-12 50 Butterfly 11-12 Age Group
330	Boys 11-12 50 Butterfly 11-12 Age Group
331	Boys 9-10 100 IM 09-10 Age Group
332	Girls 11-12 200 IM 11-12 Age Group
333	Boys 11-12 200 IM 11-12 Age Group
334	Boys 9-10 200 Freestyle Relay 09-10 Age Group
335	Girls 11-12 200 Freestyle Relay 11-12 Age Group
336	Boys 11-12 200 Freestyle Relay 11-12 Age Group

336 Boys 11-12 200 Freestyle Relay 11-12 Age Group



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