



How to Sign up for a Meet

1. Refer to the meet schedule published on the Chinook website (www.chinookaquaticclub.org) to determine when the meets are.
2. Approximately 4-5 weeks prior to the date of the meet, watch for updates on the Chinook website under "***Upcoming Events***" that meet information is available and when entries are due. Swimmers will also be reminded at practice when entries are due. **Entries are usually due THREE Wednesdays before the actual weekend of the meet;** however, there are meets where entries will be due earlier (e.g. meets between May and July). Please be prompt in turning in your entries to your coach.
3. Download the meet information from the Chinook website under "***Upcoming Meets***." You will need to download the Adobe Acrobat Reader in order to download the file. Print and retain the first three pages of the meet information. These pages will contain important details such as warm-up and start times, order of events, location of the meet, and directions to the pool. Depending on the meet, you will also need the "Order of Events."
4. Print a copy of the ***Chinook Aquatic Club Meet Entry Form*** from the Chinook website main page. This is the form to be used for entering all the Chinook meets.
5. Fill out the form by entering your swimmer's name, USS Number, Age, Meet Name and Phone number.
6. The USS Number is derived as follows: swimmers six-digit birthdate, the first 3 letters of swimmer's first name, middle initial, and the first 4 letters of swimmer's last name.
Example: Doctor T. Seuss, Birthday: March 2, 1904 USS Number: 030204DOCTSEUS
030204 (six digit birthdate) where month = 03, day = 02, year = 04; DOC (first three letters of first name); T (middle initial); SEUS (first four letters of last name)
7. Read meet information regarding entry qualification times and maximum number of events per day. Swimmers' best time for each event entered will be automatically entered by the computer. If you haven't swum in a meet for Chinook before, or haven't swum a particular event, you will be entered as ***NT*** for "no time."
- ***Do not enter relays. Coaches will set up relays at the meet based on the swimmers who walk through the door and will notify your swimmer during warm-up if he or she is participating in a relay.***
8. Remember odd-numbered events are always girls' events and even-numbered events are boys' events.
10. Fill out the ***Chinook Meet Entry Form*** with the events selected and turn it in to your coach by or before the entry due date. **Only hardcopy entries are accepted. No email entries or late entries will be accepted.**
11. Once all the Chinook entries have been processed, the entries will be posted to the Chinook website under "***Upcoming Events***."
12. If you have any questions, please ask your coach.