

# 2016 Speedo Championship Series Time Standards

March 17-20, 2016

Women				Men		
Short Course Yards	Short Course Meters	Long Course Meters		Short Course Yards	Short Course Meters	Long Course Meters
24.99	27.76	28.44	<b>50 Fr</b>	22.41	24.72	25.79
53.71	59.04	1:01.26	<b>100 Fr</b>	48.46	53.27	55.89
1:56.22	2:07.92	2:12.75	<b>200 Fr</b>	1:45.84	1:56.48	2:02.20
5:13.17	4:29.34	4:41.54	<b>4/500 Fr</b>	4:49.98	4:10.18	4:22.40
10:52.09	9:27.35	9:46.99	<b>8/1000 Fr</b>	10:10.58	8:53.74	9:17.59
18:19.78	18:07.11	18:53.59	<b>1500/1650</b>	17:13.16	16:53.43	17:45.59
59.50	1:06.33	1:09.54	<b>100 Bk</b>	54.42	1:00.66	1:04.26
2:07.80	2:22.78	2:29.20	<b>200 Bk</b>	1:58.45	2:12.65	2:20.20
1:08.46	1:15.15	1:20.23	<b>100 Br</b>	1:01.53	1:07.35	1:13.70
2:29.07	2:43.68	2:54.69	<b>200 Br</b>	2:15.19	2:27.80	2:40.88
58.86	1:04.55	1:06.87	<b>100 Fly</b>	53.46	59.43	1:00.97
2:12.26	2:26.43	2:32.36	<b>200 Fly</b>	2:00.94	2:14.37	2:20.25
2:11.81	2:25.85	2:31.71	<b>200 IM</b>	1:59.85	2:12.30	2:19.28
4:39.34	5:07.75	5:21.24	<b>400 IM</b>	4:18.37	4:45.76	5:00.19
1:44.69	1:56.89	1:59.29	<b>200 FR</b>	1:32.99	1:43.78	1:46.89
3:49.09	4:12.14	4:17.29	<b>400 FR</b>	3:25.49	3:46.85	3:54.59
8:14.49	9:10.46	9:21.69	<b>800 FR</b>	7:38.69	8:26.70	8:43.99
1:56.29	2:10.99	2:13.39	<b>200 MR</b>	1:44.69	1:55.50	1:59.69
4:09.49	4:44.93	4:48.39	<b>400 MR</b>	3:47.49	4:15.75	4:23.39