2021 OCTOBER CHALLENGE

TIME STANDARDS

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Pacific Northwest Swimming Short Course Standards | | | | | | |
| G15O | G13-14 | G12U | SCY | B12U | B13-14 | B15O |
| 28.39 | 30.99 | 35.79 | 50 Free | :35.39 | :28.99 | :25.09 |
| 1:01.79 | 1:07.99 | 1:19.29 | 100 Free | 1:18.09 | 1:04.99 | :55.19 |
| 2:13.79 | 2:28.49 | 2:45.79 | 200 Free | 2:48.29 | 2:20.39 | 2:00.59 |
| 5:57.49 | 6:25.89 | 7:29.09 | 500 Free | 7:21.79 | 6:01.19 | 5:27.89 |
| 11:59.19 | 12:44.79 | 14:15.49 | 1000 Free | 12:38.09 | 11:58.69 | 11:10.59 |
| 20:45.79 | 21:44.1 | 24:03.79 | 1650 Free | 24:23.99 | 20:46.39 | 19:07.99 |
| 34.39 | 36.99 | 42.39 | 50 Back | :42.69 | :36.09 | :30.29 |
| 1:10.59 | 1:18.39 | 1:27.59 | 100 Back | 1:27.79 | 1:15.69 | 1:03.19 |
| 2:27.59 | 2:39.89 | 2:59.39 | 200 Back | 3:14.49 | 2:36.69 | 2:29.79 |
| 39.19 | 41.99 | 47.69 | 50 Breast | :47.49 | :40.49 | :34.69 |
| 1:21.49 | 1:29.99 | 1:39.59 | 100 Breast | 1:39.59 | 1:24.69 | 1:12.29 |
| 2:53.49 | 3:06.09 | 3:24.19 | 200 Breast | 3:57.69 | 2:58.69 | 2:33.59 |
| 33.19 | 34.99 | 41.99 | 50 Fly | :41.39 | :33.49 | :28.39 |
| 1:08.99 | 1:18.19 | 1:30.29 | 100 Fly | 1:31.79 | 1:11.89 | 1:01.69 |
| 2:32.09 | 2:54.59 | 3:24.99 | 200 Fly | 3:25.99 | 2:51.59 | 2:17.99 |
| 1:12.89 | 1:19.99 | 1:28.89 | 100 IM | 1:27.09 | 1:16.19 | 1:05.69 |
| 2:31.59 | 2:44.59 | 3:19.29 | 200 IM | 2:57.69 | 2:32.89 | 2:16.69 |
| 5:16.19 | 5:34.29 | 7:09.39 | 400 IM | 6:26.19 | 5:23.09 | 4:50.59 |

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| Pacific Northwest Swimming Short Course Standards | | | | | | |
| G15O | G13-14 | G12U | LCM | B12U | B13-14 | B15O |
| :32.29 | :35.09 | :40.39 | 50 Free | :39.99 | :32.89 | :28.69 |
| 1:09.99 | 1:16.79 | 1:29.29 | 100 Free | 1:27.99 | 1:13.49 | :59.69 |
| 2:31.19 | 2:47.39 | 3:06.39 | 200 Free | 3:09.19 | 2:38.49 | 2:16.69 |
| 5:26.59 | 5:51.59 | 6:47.29 | 400 Free | 6:40.59 | 5:29.89 | 5:00.59 |
| 10:56.89 | 11:37.09 | 12:56.89 | 800 Free | 11:31.19 | 10:56.49 | 10:14.19 |
| 21:10.79 | 22:10.19 | 24:32.69 | 1500 Free | 24:53.99 | 21:11.39 | 19:30.99 |
| :38.89 | :41.69 | :47.69 | 50 Back | :47.99 | :40.79 | :34.39 |
| 1:19.69 | 1:28.29 | 1:38.39 | 100 Back | 1:38.59 | 1:25.29 | 1:11.59 |
| 2:46.39 | 2:59.89 | 3:21.39 | 200 Back | 3:37.99 | 2:56.39 | 2:48.79 |
| :44.19 | :47.19 | :53.49 | 50 Breast | :53.29 | :45.59 | :39.19 |
| 1:31.69 | 1:40.99 | 1:51.59 | 100 Breast | 1:51.59 | 1:35.19 | 1:21.59 |
| 3:14.89 | 3:28.79 | 3:48.69 | 200 Breast | 4:25.49 | 3:20.59 | 2:52.99 |
| :37.59 | :39.49 | :47.19 | 50 Fly | :46.59 | :37.89 | :32.29 |
| 1:17.89 | 1:28.09 | 1:41.39 | 100 Fly | 1:42.99 | 1:21.09 | 1:09.89 |
| 2:51.39 | 3:16.09 | 3:49.49 | 200 Fly | 3:50.59 | 3:12.79 | 2:35.79 |
| 2:50.79 | 3:05.09 | 3:43.29 | 200 IM | 3:19.49 | 2:52.19 | 2:34.39 |
| 5:55.89 | 6:15.79 | 8:00.39 | 400 IM | 7:12.89 | 6:03.49 | 5:27.69 |

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|  | Pacific Northwest Swimming Short Course Standards | | | | |  |
| G15O | G13-14 | G12U | SCM | B12U | B13-14 | B15O |
| :31.29 | :34.09 | :39.39 | 50 Free | :38.39 | :31.89 | :27.69 |
| 1:07.99 | 1:14.79 | 1:27.29 | 100 Free | 1:25.99 | 1:11.49 | :57.69 |
| 2:27.19 | 2:43.39 | 3:02.39 | 200 Free | 3:05.19 | 2:34.49 | 2:12.69 |
| 5:14.59 | 5:39.59 | 6:35.29 | 400 Free | 6:28.59 | 5:17.89 | 4:48.59 |
| 10:32.89 | 11:13.09 | 12:32.89 | 800 Free | 11:07.19 | 10:32.49 | 9:50.19 |
| 20:40.79 | 21:40.19 | 24:02.69 | 1500 Free | 24:23.29 | 20:41.39 | 19:00.99 |
| :37.89 | :40.69 | :46.69 | 50 Back | :46.99 | :39.79 | :33.39 |
| 1:17.69 | 1:26.39 | 1:36.39 | 100 Back | 1:36.59 | 1:23.29 | 1:09.59 |
| 2:42.39 | 2:55.89 | 3:17.39 | 200 Back | 3:33.99 | 2:52.39 | 2:44.79 |
| :43.19 | :46.19 | :52.49 | 50 Breast | :52.29 | :44.59 | :38.19 |
| 1:29.69 | 1:38.99 | 1:49.59 | 100 Breast | 1:49.59 | 1:33.19 | 1:19.59 |
| 3:10.89 | 3:24.79 | 3:44.69 | 200 Breast | 4:21.49 | 3:16.59 | 2:48.99 |
| :36.59 | :38.49 | :46.19 | 50 Fly | :45.59 | :36.89 | :31.29 |
| 1:15.89 | 1:26.09 | 1:39.39 | 100 Fly | 1:40.99 | 1:19.09 | 1:07.89 |
| 2:47.39 | 3:12.09 | 3:45.49 | 200 Fly | 3:46.59 | 3:08.79 | 2:31.79 |
| 1:20.19 | 1:27.99 | 1:37.79 | 100 IM | 1:35.89 | 1:23.89 | 1:12.29 |
| 2:46.79 | 3:01.09 | 3:39.29 | 200 IM | 3:15.49 | 2:48.19 | 2:30.29 |
| 5:47.89 | 6:07.79 | 7:52.39 | 400 IM | 7:04.89 | 5:55.49 | 5:19.69 |