

On Deck: BBST News & Events

Bellingham Bay Swim Team

3/1/2018

Edition: 7

From the Desk of the Team Administrator



Last Chance Challenge Meet Work Share

BBST is hosting its first ever away meet and we need everyone's help in order for this meet to be a success.

Job signups for the Last Chance Challenge will open on Friday, March 2nd at 5:00 pm!

Keep your eyes peeled for the announcement tomorrow.



Work Share Hour Opportunities

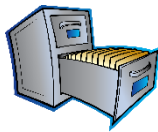
Bulletin Board Artist

We are still looking for someone with artistic skills who can update the bulletin board behind the bleachers each month. If you are interested, please contact Coach Heather at

bbstblackfishoffice@gmail.com

Looking for Work Share Hours to Do at Home?

The Spirit Committee has Easter eggs that need to be stuffed; all supplies will be provided. Contact Marci Hardy at HelenaHardy@msn.com if you are interested.



Have You Checked Your Folder Recently?

Did you know that each family has a folder in the filing cabinet in the pool lobby? If you haven't checked recently, be sure to look in your folder periodically as this is where we place all the ribbons your swimmers has earned! Ribbons from all meets up to the Winter Challenge have been placed in folders, so be sure to grab those next time you're at the pool!



Upcoming Events



BBST Last Chance Challenge

March 10-11

(Snohomish Aquatic Center)

Sectional Championships

March 15-18

(KCAC, Federal Way)

Regional Championships

March 22-25

(KCAC, Federal Way)

Spring Break

Dates vary, see page 3 for your swimmer's schedule



Membership

Cancellation Reminder

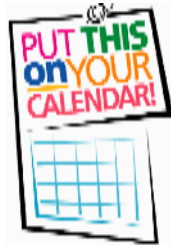
This is a friendly reminder that for families who may monthly, BBST requires 30 days written notice to cancel a membership. With the summer months coming up many families take extended vacations and, if your family is one of those leaving for the summer, please remember that BBST does not suspend billing for swimmers who do not attend practice. Families leaving for extended periods of time over the summer can choose to either cancel membership and forfeit their spot on the team or continue paying dues while on vacation. If you have any questions regarding the cancellation or vacation policy, contact Coach Heather at bbstblackfishoffice@gmail.com



It's Daylight

Savings Time!

Please note that on Sunday, March 11, daylight savings time starts. Families swimming and volunteering at the BBST Last Chance Challenge need to remember to move their clocks forward the night before!



Spring Awards

Banquet Scheduled

The BBST Spring Awards Banquet will be held on Thursday, April 19th in the evening. More details to come!



Swim-A-Thon

The 2018 BBST Swim-A-Thon is going to be here before we know it! This year's event will be held on Friday, May 4th, so please save the date!

Our Swim-A-Thon kickoff event will take place in the next few weeks, and we ask that ALL swimmers please attend! During the kickoff you will have the chance to see your coach get pied in the face by last year's top 3 fundraisers! We will hand out packets and an Info sheet, highlight some of the prizes, and answer any questions! Date TBD, so stay tuned, and "May the 4th be with You!" (hint: sneak peek at our theme).

This year's goal is \$28,000, and we know BBST swimmers can work together to surpass this goal!



Sponsorship

Program Deadline Nears

We need your help to cross the finish line! So far we have raised \$23,740 through the sponsorship program. The program ends March 31, and we are only \$1,260 away from our goal! If we reach our goal by March 31, then the Swim-A-Thon fundraising requirement will be reduced from \$250 per swimmer to \$175 per swimmer!



Academic

Scholarship Committee

We need your help procuring academic scholarship monies from businesses and/or individuals. We will also need a few members to help review anonymous documents from our BBST Senior applicants and vote on who receives the scholarship award. If you think you could help, please contact Christina Boyd at Stircrazyartworks@yahoo.com as soon as possible.

The academic scholarship application is attached and can also be found in the top drawer of the black file cabinet.

Coaches' Corner



Swimmer of the Month

Congratulations to **Amelia Aune** for being chosen by the coaching staff as February's Swimmer of the Month!



Here is why Amelia was chosen:

"Amelia has been on BBST since last year and she has

stood out from her teammates since the beginning. Amelia comes to practice every day ready to give 100% effort and focus to her swimming. She sets a positive example to her teammates of what it looks like to get uncomfortable and challenge yourself daily. Amelia not only pushes herself each day to improve, she also encourages her teammates to do the same. Amelia always has a smile on her face and is one of the first people to cheer on her fellow swimmers. Amelia's hard work has paid off – this year she is in the top of her group and she has achieved 84% best times in her races since September. Way to go, Amelia!"

- *Coach Heather*

Get to know Amelia:

- *Favorite Stroke:* Backstroke
- *Favorite Event:* 100 BA
- *Favorite Food:* Lasagna
- *Favorite Thing To Do Outside of Practice:* Play Basketball
- *Role Model:* Katie Ledecky
- *Goals in Swimming:* To get better times on Breaststroke and Butterfly

- *How She Gets Through Hard Workouts:* Takes things one at a time
- *What She Loves About Swimming:* It's hard but it's still fun

Great job, Amelia!



Spring Break

Bronze, Silver and Gold swimmers will have a two week Spring Break March 26 – April 8.

Platinum and Elite swimmers will have a one week Spring Break from April 2 – April 8 with normal water practice the week of March 26. Dryland will resume April 16 after the break.

Short Course Meet Schedule

Please contact your swimmer's coach if you have questions about which meets your swimmer should attend.

March 10-11	Last Chance Challenge (BBST Hosted) (All Not Qualified for Regionals or Sectionals)	Snohomish Aquatic Center
March 15-18	Sectional Championships (All Qualified)	KCAC, Federal Way
March 22-25	Regional Championships (All Qualified)	KCAC, Federal Way