Pacific Northwest Swimming
2018 PN Winter Challenge, Division 7 -- Sanction #1801-WCD07
Arne Hanna Aquatic Center
Bellingham, Washington
Hosted by the Bellingham Bay Swim Team

Held under sanction of Pacific Northwest Swimming, Inc., and USA Swimming, Inc.

SCHEDULES	SESSIONS 1 & 2	SESSIONS 3 & 4
Dates	Saturday, January 27, 2018	Sunday, January 28, 2018
Coaches' Meeting	7:45 am - Coaches' packet at Clerk of Course. Additional meetings will be announced if needed	Will be announced if needed
Officials' Meetings	45 minutes before start of each session's competition	45 minutes before start of each session's competition
Warm-ups	Session 1: 8:00 AM Session 2: Immediately following conclusion of previous session	Session 3: 8:00 AM Session 4: Immediately following conclusion of previous session
Timed Finals	Session 1: 9:00 AM Session 2: One hour after start of warm-ups	Session 3: 9:00 AM Session 4: One hour after start of warm-ups
Positive Check-in Deadlines: All events 200Y or longer	Will be announced	Will be announced

MEET DIRECTOR:
Clint Carlton
- ccarlton38@gmail.com
- 360 630 6372

MEET REFEREE:
Steve Booth
- sbbooth@gmail.com

LOCATION AND DIRECTIONS
Arne Hanna Aquatic Center
1114 Potter Street
Bellingham, Washington
Directions from I-5 northbound: Take Lakeview Dr. exit, Exit #253, then go straight through two stop signs on Potter St. The aquatic center is on the right/east side of Carl Cozier Elementary School.

FACILITY
- 25 yard, 8-lane competitive pool
- Starting end 6.0 feet deep; turning end 3.5 feet deep
- The competition course has not been certified in accordance with 104.2.2C(4).
- Warm-up pool: 15 yard x 10 yard diving tank
- Spectator seating
- Colorado electronic timing; scoreboard with 8-lane LED display
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, or in the starting block area.
- Deck changes are prohibited.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- Please: no street shoes on deck!

ONSITE AMENITIES
- Vendor: Swim2000
- Heat Sheets: $5.00
- Results on PNS web site
- Concessions: Blackfish Specials!
- Hospitality: Snack breakfast, full lunch, and other snacks for coaches and officials only.
- Parking adjacent to pool

TEAMS:
- Bellingham Bay Swim Team
- Gold's Aquatics Club
- Mighty Marlins Swim Club
- North Whidbey Aquatic Club
- Storm Aquatics
- Thunderbird Aquatic Club

ELIGIBILITY & ENTRY INFORMATION:
- All swimmers must be registered with USA Swimming through an above-listed team. Neither on-deck USA Swimming registration nor on-deck transfer to a listed team will be permitted.
- Age groups are based on the age of the swimmer as of the first day of the meet.
- Each swimmer may enter up to four (4) individual events per day. Entries exceeding these limits will be scratched without notification, and entry fees for exceeding this entry count limitation will not be refunded.
- Deck Entries: Only swimmers who did not pre-enter the maximum number of individual events as stated above may deck enter events up to that limit but only in open lanes and only at the discretion of the Meet Referee. Deck entry individual swims are not eligible for any awards or team points.
  - Deck entered swimmers who are not already in the meet are required to show proof of USA Swimming athlete registration through PNS and an above-listed team and complete a PNS Deck Entry Registration at the Clerk of Course in order to enter.

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- No deck entry will be considered complete without payment of all appropriate entry fees.
- All USA Swimming registration numbers will be verified with the PNS registration database.

ENTRY FEES:
- Surcharge: $ 5.00
- Deck entry surcharge: $10.00 (swimmer not previously in meet)
- Individual Event: $ 4.00
- Relay: $12.00
- Except as indicated under "Meet Rules" below, no refunds or credits will be given for events entered but not swum; no event swapping.
- All fees must accompany entries.

AWARDS & SCORING:
- Individual Events: Ribbons 1st thru 8th places in the 8&U, 9-10, 11-12, 13-14, and 15&O age groups. Scoring: 9-7-6-5-4-3-2-1. Mixed events will be awarded and scored separately by gender.
- Relay Events: Ribbons 1st thru 8th places. Scoring 18-14-12-10-8-6-4-2. Deck-entered relays will be eligible for awards and scoring.

MEET RULES:
- Current PNS and USA Swimming rules govern throughout the meet, including warm-ups.
- 25Y, 50Y, 100Y individual events: These events will be pre-seeded and swum slow-to-fast.
- 200Y, 400Y and 500Y individual events: These events will be deck-seeded, requiring a positive check-in with the Clerk of Course by the announced deadline in order to swim. Except as noted below, these events will be seeded and swum slow-to-fast.
  - 10&U 500 Freestyle: Timers will be provided but swimmers must provide their own counter, if desired.
  - 11-12 500 Freestyle and 400 IM: Timers will be provided, but 500 Freestyle swimmers must provide their own counter, if desired.
  - 13&O 500 Freestyle and 400 IM: These events will be seeded and swum fast-to-slow. Swimmers must provide their own timers, and 500 Freestyle swimmers must provide their own counter, if desired.
- Relay events: Should timeline constraints – the 4-hour rule – so necessitate, any or all relay events may be cancelled, with entry fees refunded to affected teams. Teams will be notified by Wednesday, January 21, with additional information at the Coaches' Meeting(s).

WARM-UP PROCEDURES:
- Circle swim counter-clockwise only.
- Last half hour of each warm-up period:
  - Lanes 1 & 6—pace lanes, no diving
  - Lanes 2 & 5—sprint lanes, dive starts, return in lanes 3 & 4
  - Lanes 3 & 4—general warm-up, no diving
  - Additional sprint lanes may be made available upon request to the Meet Referee.
- Pool closed promptly five (5) minutes prior to the start of competition.
- Warm-up may be modified at the discretion of the Meet Referee to accommodate the number of swimmers entered.

SAFETY:
- No diving from the blocks or sides of pool except for designated sprint lanes during designated times in main pool.
- Jumping into the pool is not allowed.
- Backstroke swimmers enter the water feet first in rotation; no diving over persons in the water.
- Deck Marshals will be assigned to supervise the warm-up. Deck Marshals have the authority to remove any swimmer, coach, or club who does not follow the safety rules during warm-ups or the meet.
- Coaches are responsible for their team's swimmers throughout the meet, including warm-ups and warm-downs.
- All participating swimmers must be under the supervision of a USA Swimming member coach and may not enter the water at any time unless under the supervision of said coach. The Meet Director or Meet Referee may assist a swimmer in making supervision arrangements, but it is the swimmer's responsibility to make arrangements prior to the start of warm-ups and to so notify the Meet Referee.
- Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

OTHER NOTES:
- It is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is further understood that Pacific Northwest Swimming and the Bellingham Bay Swim Team shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
- Only authorized volunteers and working personnel can be on deck. All others must remain in the designated spectator area and are not allowed in the designated racing venue unless timing for an event or volunteering with the management of the meet.
- In order to be on deck and serve in their official capacity, all coaches, officials and any other person required by sanction to be members of USA Swimming shall visibly display their membership credentials at all times.
- All persons acting in any coaching capacity must be coach members of USA Swimming.
- Alcoholic beverages, tobacco products of any kind, and glass containers are not allowed in the swimming venue.
- Any act of theft, vandalism or similar action will result in immediate disqualification from the meet and the loss of any points accumulated toward team standings by the individual.
- Team Areas: Please keep your area clean, and pick up all trash before leaving each session.

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ENTRY SUBMITTAL INFORMATION:
Entries will be only be accepted upon receipt of all of the following prior to the entry deadline, January 17, 2018:
1. Entry File from Team Manager or equivalent.
2. Meet Entry Reports for individual (sorted by swimmer) and relay (sorted by event) events from Team Manager or equivalent.
3. Meet Entry Fee Report from Team Manager or equivalent.
4. Master Entry Summary Form—Completed and hand-signed hardcopy only (original or faxed); typed signatures will not be accepted
5. Meet Entry Fees—one check payable to the Bellingham Bay Swim Team.

Submittal Formats:
- Electronic files: email items #1, #2, and #3.
- Hardcopies: mail or hand-deliver items #4 and #5. If sending via express mail, waive signature requirement.

Submittal Notes:
- Late, incomplete, or paper entries will not be processed.
- Relay-only swimmers must be listed on the Meet Entry Report or equivalent, and appropriate surcharges must be included with the entry.
- Recheck all entries as no additional entries or corrections will be accepted after the deadline except deck entries.
- All entry times must be SCY (short course yards). Non-conforming and converted times are not allowed.
- Your cooperation is appreciated in facilitating the entry process by making your entries complete, orderly, and legible.
- Mail entries to:
  Bellingham Bay Swim Team
  ATTN Dawn Brand
  PO Box 5821
  Bellingham WA 98229
- Meet Entry Contact/Questions: Dawn Brand, (360) 201-0108
- Email entries to: bbstclerkofcourse@gmail.com

PACIFIC NORTHWEST SWIMMING

PACIFIC NORTHWEST SWIMMING

2018 Winter Challenge
Order of Events

SESSION 1 – SAT A.M.
10 UNDER, BOYS 11-12

Event #	Event	Age Group
1, 2	200 Free Relay	10U
4	200 Free Relay	B12U
5, 6	200 IM	10U
8	200 IM	B11-12
9, 10	25 Fly	8U
11, 12	100 Fly	10U
14	100 Fly	B11-12
15, 16	25 Back	8U
17, 18	100 Back	10U
20	100 Back	B11-12
21, 22	25 Breast	8U
23, 24	100 Breast	10U
26	100 Breast	B11-12
27, 28	25 Free	8U
29,30	100 Free	10U
32	100 Free	B11-12
33, 34	100 IM	8U
35, 36	100 IM	9-10
38	100 IM	B11-12
39***	500 Free – Mixed	10U
40	500 Free	B11-12

SESSION 2 – SAT P.M.
GIRLS 11-12, 13 & OVER

43	200 Free Relay	G11 - 12
45	200 Free Relay	G11 – Over
46	200 Free Relay	B13 – Over
47*	200 IM	G11 - Over
48**	200 IM	B13 - Over
49*	100 Fly	G11 – Over
50**	100 Fly	B13 – Over
51*	100 Back	G11 – Over
52**	100 Back	B13 – Over
53*	100 Breast	G11 – Over
54**	100 Breast	B13 – Over
55*	100 Free	G11 – Over
56**	100 Free	B13 – Over
57*	100 IM	G11 – Over
58**	100 IM	B13 – Over
59	500 Free	G11 – 12
60**	500 Free - Mixed	13 - Over

SESSION 3 – SUN A.M.
BOYS 11-12, 13 & OVER

Event #	Event	Age Group
62	200 Medley Relay	B11-12
63	200 Medley Relay	G13 - Over
64	200 Medley Relay	B11 - Over
65**	200 Free	G13 - Over
66*	200 Free	B11 - Over
67**	50 Back	G13 - Over
68*	50 Back	B11 - Over
69**	200 Fly	G13 - Over
70*	200 Fly	B11 - Over
71**	50 Breast	G13 - Over
72*	50 Breast	B11 - Over
73**	200 Back	G13 - Over
74*	200 Back	B11 - Over
75**	50 Fly	G13 - Over
76*	50 Fly	B11 - Over
77**	200 Breast	G13 - Over
78*	200 Breast	B11 - Over
79**	50 Free	G13 - Over
80*	50 Free	B11 - Over
82	400 IM	B11-12
83**	400 IM	G13 - Over
84**	400 IM	B13 - Over

SESSION 4 – SUN P.M.
10 UNDER, GIRLS 11-12

85, 86	200 Medley Relay	10U
87	200 Medley Relay	G12U
89, 90	200 Free	10U
91	200 Free	G11 - 12
93, 94	50 Back	10U
95	50 Back	G11 – 12
97	200 Fly	G11 – 12
99, 100	50 Breast	10U
101	50 Breast	G11 – 12
103	200 Back	G11 – 12
105, 106	50 Fly	10U
107	50 Fly	G11 – 12
109	200 Breast	G11 – 12
111, 112	50 Free	10U
113	50 Free	G11 – 12
115	400 IM	G11 - 12

Individual event entry limits: 8 events for the weekend with maximum of 4 per day.

* Age Groups swim together, scored separately: 11 and over (11-12, 13-14, 15 and over); 13 and over (13-14, 15 and over)

** 13 and over age groups and gender swum together, scored separately by gender and age (13-14 and 15 and over)

*** 10 and under genders swum together, scored separately by gender

JS 12-13-17

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MASTER ENTRY SUMMARY

Please complete this form and send with your entries (disk or hard copy). Failure to submit this form will delay your entry processing and may result in your entries being rejected.

TEAM NAME:			
TEAM CODE:		**LSC CODE:**	
COACH:		**HOME PHONE:**	
EMAIL ADDRESS:		**OFFICE PHONE:**	
TEAM MAIL ADDRESS:		**CELL PHONE:**	
CITY, STATE, ZIP:		**POOL PHONE:**	
ENTRY INFORMATION PREPARED BY:		**PHONE:**	

MEET ENTRY FEES ENCLOSED:

SURCHARGE:		**X $ 5.00**	**$**
INDIVIDUAL EVENTS:		**X $ 4.00**	**$**
RELAYS:		**X $12.00**	**$**
		SUBTOTAL:	**$**
LESS OUTREACH VOUCHERS:			**($)**
		TOTAL:	**$**

Make one check payable to **Bellingham Bay Swim Team.**

THE FOLLOWING STATEMENT MUST BE SIGNED:
I attest that all swimmers entered hereon are properly registered athlete members of USA Swimming, Inc.

_____ _____ _____
Signature of Coach or Team Representative | Date | Phone Number

Important Note: Upon processing of the pre-meet exception report, PNS will register as a full-year USA Swimming athlete member any swimmer not then registered. PNS shall require the club or responsible party to pay an amount equal to the current full-year USA Swimming athlete registration fee, including the PNS surcharge, plus a $15.00 fine for each athlete who is registered from the pre-meet exception report. The fines are due prior to the entry deadline of the next meet entered by the team being fined or within 15 business days after the receipt of the fine statement, whichever occurs first. See PNS AD 97-08 for additional information.