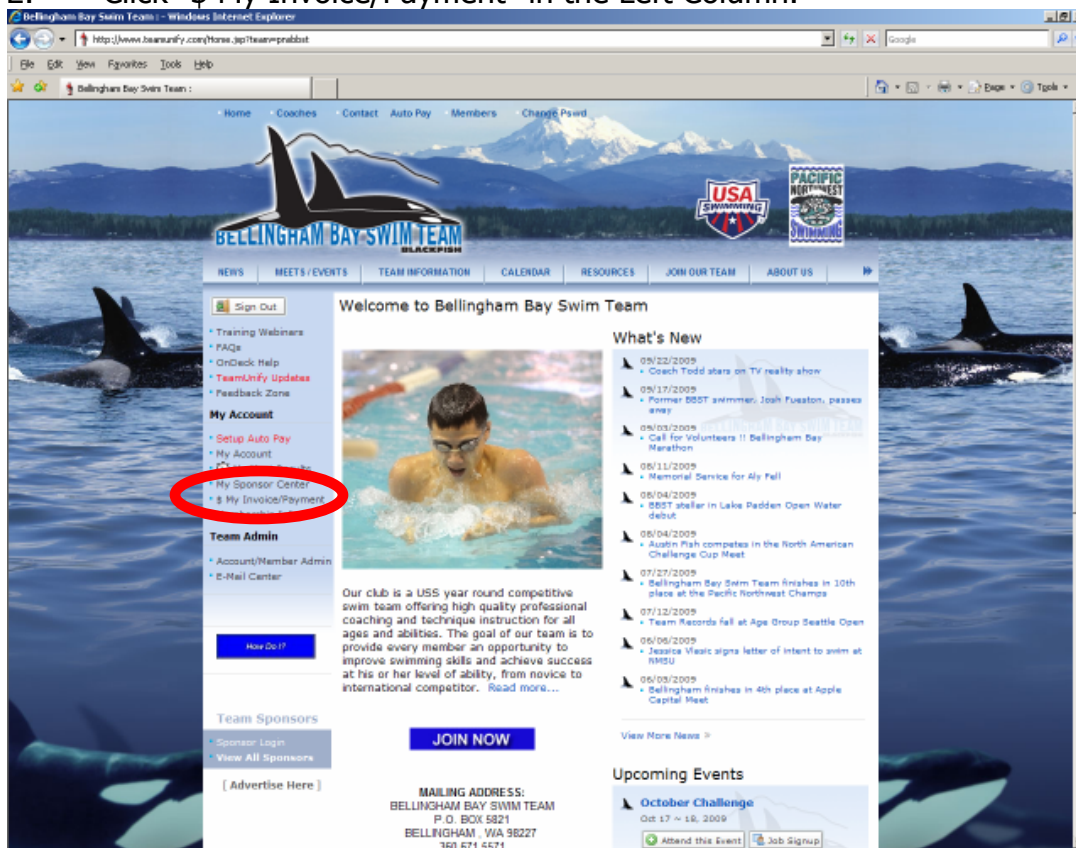
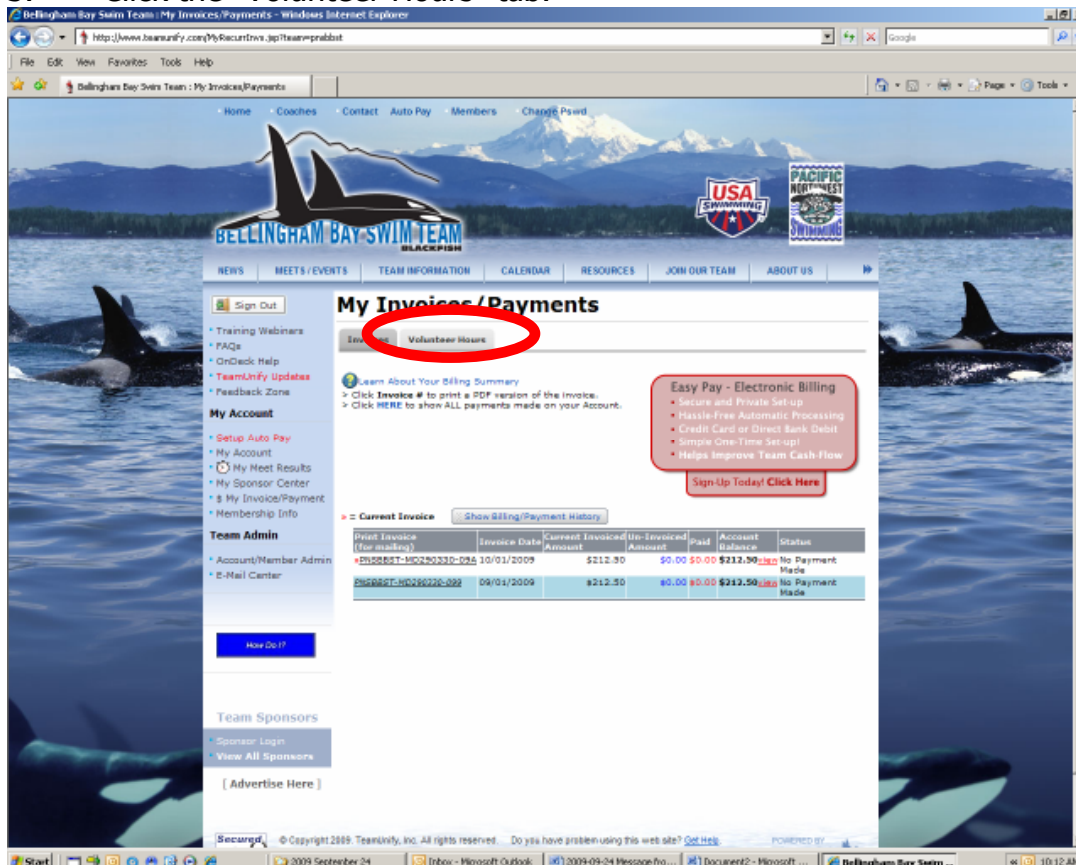


How To Track your Volunteer Hours.

1. Sign into the members section of the web site.
2. Click "\$ My Invoice/Payment" in the Left Column.



3. Click the "Volunteer Hours" tab.



4. Review your obligation, history of work performed, and Hours balance.

The screenshot shows the 'Volunteer Hours Tracking' page for the Bellingham Bay Swim Team. The page features a navigation menu at the top with links for Home, Coaches, Contact, Auto Pay, Members, and Change Password. Below the navigation is a sidebar with sections for 'My Account' (including Training Webinars, FAQ, OnDeck Help, TeamUnify Updates, Feedback Zone, Setup Auto Pay, My Account, My Meet Results, My Sponsor Center, My Invoice/Payment, and Membership Info) and 'Team Admin' (Account/Member Admin, E-Mail Center). The main content area is titled 'Volunteer Hours Tracking' and includes a 'Sign Out' button. A table displays the 'Current Obligation' for the account name '_Swimwell, Fasty'. The table has four columns: Invoice, Obligation/Adjustments, Worked, and Balance. The table contains two rows of data. Three red arrows point to the 'Worked' column of the table.

Invoice	Obligation/Adjustments	Worked	Balance
09/20/09	08/21-VM Obligation: Mary :40.00 hr.	09/28-9/27/09 Marathon volunteer food counter:8.00 hr.	25.00 hr.
08/24-***	Manual Reset Obligation by Admin :33.00 hr.		

Thank you for keeping tabs on your obligation!!