

BISC Athlete Behavior Policy

All swimmers are expected, and required, to act with integrity and respect, always, to all members, and to all with whom we interact. It is imperative that all members respect and adhere to the process of training and competition not limited to: being on time, helping set up the facility, being positive and supportive, being inclusive, maintaining focus and effort in workout and dryland, and being in team attire when required, etc. Below is a more in depth look at the Bainbridge Island Swim Club Behavior Policy. This is not an all-inclusive list.

1. I will demonstrate good sportsmanship and self-control at all practices and meets.
2. I will set a good example of behavior and work ethic for my teammates.
3. I will meet the attendance expectations of practices, team meetings, and competition, unless discussed with my coach
4. I will be respectful of my teammates' feelings and personal space.
5. I will listen and follow the directions of the coaches regarding any safety procedures, practice procedures, and respect towards teammates and other patrons using the facility.
6. I will show respect for all facilities and other property (including locker rooms) used during practices, competitions, and team activities.
7. I will be a leader in the locker room by keeping the environment positive, respectful, and being a good representative of our team culture.
8. I will strive for personal excellence in the pool and at school.
9. I will refrain from foul language, violence, behavior deemed dishonest, offensive, or illegal.
10. I will refrain from cheating or complaining in practice and at meets.
11. I will obey all of USA Swimming's rules and codes of conduct.
12. If I disagree with an official's call, I will talk with my coach and not approach the official directly.
13. I will put the good of the team ahead of my own interest.
14. I will follow additional guideline for the team established as needed by the coach.

I understand the I will be subject to disciplinary actions or team dismissal as determined by my coaches for behaviors not consistent with the team's mission, values, and policies, regardless of whether those actions are tolerated elsewhere.

Swimmer's signature

Date

Parent's signature

Date