**2018 Spring Schedule – April – Central Area** (March 31, 2018)

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | Sunday |
| **CAATFish** | 4-5 ME | Off | 4-5 ME S | 4-5 ME S | Off | Off | Off |
| **Stroke Development** | 420-520 YM | 4-5 ME S  Dry 5-520 | 420-520 YM | Off | 420-520 YM | Combined Check schedule | Off |
| **Fitness** | 530-645 SU  West Pool | Off | 530-645 SU  West Pool | Off | Off | Combined Check schedule | Off |
| **Age Group** | 515-645 SU  West Pool | 410-520 YM | 515-645 SU  West Pool | 410-520 YM | 530-7 SU | Combined Check schedule | Off |
| **Age Group Performance** | 415-630 SU | 4-6 ME  Dry 530-6 | 415-615 SU | 4-6 ME  Dry 530-6 | 415-6 SU  West Pool | Combined Check schedule | Off |
| **Senior** | 415-630 SU | 4-6 ME  Dry 530-6 | 415-615 SU | 4-6 ME  Dry 530-6 | 415-6 SU | Combined Check schedule | Off |
| **Performance** | 4-7 ME  Dry 615-7 | 415-7 SU | 4-7 ME  Dry 615-7 | 415-7 SU | 415-645 SU | Combined Check schedule | Off |