**Mercer Island - MIBC / Newport – Fall 2018**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| **Catfish** | Off | 630-730 NH | Off | 630-730 NH | Off | TBA | Off |
| **Stroke Dev** | Off | 645-8 NH | 730-830 NH | 645-8 NH | Off | TBA | Off |
| **Age Group** | 4-530 or  530-7 MSC | 4-530 or  530-7 MSC | Off | 4-530 or  530-7 MSC | 4-530 or  530-7 MSC | TBA | Off |
| **Fitness** | 7-8 MIBC | Off | Off | Off | 645-745 MIBC | TBA | Off |
| **Age Group**  **Group Performance** | 530-730 SU\*  Combined | MIBC 430-630 | 530-730 SU\*  Combined | MIBC 430-630 | 545-745 MIBC | TBA | Off |
| **Senior** | 630-8 MIBC | 530-730 MIBC | Off | 530-730 MIBC | 545-745 MIBC | TBA | Off |
| **Senior**  **Perfomance** | 430-730 MIBC | MIBC 430-730 | 430-730 MIBC | MIBC 430-730 | 430-7 MIBC | TBA | Off |
| **National** | 430-730 MIBC | 530-7 A NH  430-730 SU | 430-730 MIBC | 530-7 A NH  430-730 SU | 430-7 MIBC | TBA | 8-10 EV |

ME Medger Evers

SU Seattle University

YM Madison YMCA

MSC Mercerwood Shore Club

Tuk Tukwila