|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | Sunday |
| **CAATFish** | Off | 6-7 | Off | 6-7 | 6-7 | TBA | Off |
| **Stroke Development** | 545-7  Dry 545-6 | Off | 545-7  Dry 545-6 | Off | 6-7 | 7:30-9 Tuk or Combined with other site\* | Off |
| **Age Group** | 430-615  Dry 545-615 | 430-615 | 430-615  Dry 545-615 | 430-615 | 430-615  Dry 545-615 | 7:30-9 Tuk or Combined with other site\* | Off |
| **Age Group Performance** | 430-6  Dry 6-630 | 430-630 | 430-6  Dry 6-630 | 430-630 | 430-6  Dry 6-630 | 7:30-9 Tuk or Combined with other site\* | Off |
| **Senior** | 430-6  Dry 6-630 | 430-630 | 430-6  Dry 6-630 | 430-630 | 430-6  Dry 6-630 | 7:30-9 Tuk or Combined with other site\* | Off |
|  |  |  |  |  |  |  |  |

2017 Fall Schedule – Tukwila

Update Aug 31, 2017

Updated Notes – Tukwila will host HS swim meets every T/Th. This may push our water start times later. AG, S & AGP swimmers should be prepared to start with dryland on those days.

* All weekday practices will be held at Tukwila.
* Weekend practices will either be at Tukwila pool or combined with other sites so swimmers and families can practice together.
* Saturday AM practices may be held at Mercerwood Shore Club, Seattle U or occasionally Medgar Evers.