**Central/Mercer Island - 2020 Winter Schedule**

Feb 27-Early May (Date TBA)

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | Sunday |
| **Catfish** | 530-630 SU W | Off | 530-630 SU W | Off | Off | 11-12 SU\* | Off |
| **Stroke Development** | 420-520 YM | Off | 420-520 YM | Off | 420-520 YM | 11-12 SU\* | Off |
| **Fitness** | 430-530 SU W | Off | 430-530 SU W | Off | Off | 11-12 SU\* | Off |
| **Age Group** | Off | 410-520 YM | 5-7 MSC | 410-520 YM | 6-730 SU E | 8-930 MSC or 1030-12 SU\* | Off |
| **Age Group Performance** | 430-630 SU E | 5-7 MIBC | 430-630 SU W | 5-7 MIBC | 430-630 SU W | 9-11 SU\* | Off |
| **Senior**  | 530-730 MIBC | 430-630 SU  | 430-630 Medgar | 430-630 SU  | Off | 9-11 SU\* | Off |
| **Senior Performance** | 4-7 Medgar | 430-730 SU | 430-730 MIBC | 430-730 SU | 430-7 SU E | 630-930 EVG\* | EVG TBA |
| **National** | 515-645A NH430-7 SU W | 430-630 MIBC7-8 Weights | 430-730 SU E | 515-645A NH430-630 MIBC7-8 Weights | 430-7 MIBC | 6-9A MSC\* | EVG TBA |

\*Saturday Practice may vary as pool space (swim meets, SU dual meet use, etc.) dictates. Times given are the most common practice times historically.