



Pacific Northwest Swimming
 2021 PN SMAC Fall Kick-Off -- Sanction #2110-SP02
 Snohomish Aquatic Center
 516 Maple Avenue, Snohomish, Washington
 Hosted by the Seattle Metropolitan Aquatic Club

Held under sanction of Pacific Northwest Swimming, Inc., and USA Swimming, Inc.

This sanction is issued based on the current Washington State guidelines for Water Recreation Facilities and the allowance of swim meets.

Should guidelines change prior to the meet, the sanction may be revoked.

SCHEDULE	SATURDAY, OCTOBER 16, 2021	SUNDAY, OCTOBER 17, 2021
Coaches' Meetings	Saturday: 7:30 AM Additional meetings will be scheduled as needed	
Officials' Meetings	45 minutes before start of competition	
Timers' Meetings	30 minutes before start of competition	
Warm-ups	Session 1: 8:00 AM Sessions 2 & 3: Immediately following conclusion of previous session.	Session 4: 8:00 AM Sessions 5 & 6: Immediately following conclusion of previous session.
Competition	One hour after start of warm-ups	One hour after start of warm-ups

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND PACIFIC NORTHWEST SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO THE PARTICIPATION IN THIS COMPETITION.

MEET DIRECTOR:

- Andrea Fasullo
- meetdirector@smac.email
 - 206-4320-0389

MEET REFEREE:

- Carl Baber
- cdkhaber@mac.com

FACILITY

- 25 yard x 25 meter pool. All ten lanes will be used during general warm-up. Lanes 1-6 will be used for competition; Lane 7 will be closed; and Lanes 8-10 will be available for coach-supervised warm-up/cool-down.
- Starting end 12.5 feet deep; turning end 7.0 feet deep.
- The competition course has been certified in accordance with 104.2.2C(4). Copy of such certification is on file with USA Swimming.
- Sessions will be livestreamed to provide online spectator viewing. Spectators will not be allowed inside the venue.
- Automatic timing system with scoreboard readout

- Heat Sheets posted at venue and on Meet Mobile; Results on Meet Mobile & PNS web page.
- Hospitality for coaches and officials only
- Vendor: Snohomish Aquatic Center Swim Shop
- Parking adjacent to pool.

ELIGIBILITY & ENTRY INFORMATION:

- This meet is an invitational. Clubs interested in an invitation should contact the Meet Director. An invitation does not guarantee acceptance due to facility and timeline limitations.
- All swimmers must be registered with USA Swimming through the host club or an invited club. Neither on-deck USA Swimming registration nor any on-deck transfer will be permitted
- Age groups are based on the age of the swimmer as of the first day of the meet.
- Each swimmer may enter up to three (3) individual events per day.
- A swimmer who did not pre-enter the maximum number of events as stated above may deck enter prior to the session's start time. Deck entries for individual events will be allowed in open lanes only at the discretion of the Meet Referee.

- Deck entered swimmers who are not already in the meet are required to show proof of USA Swimming athlete registration through the host or an invited club and complete a PNS Deck Entry Registration at the Clerk of Course in order to enter.
- No deck entry will be considered complete without payment of all appropriate entry fees.
- **All USA Swimming registration numbers will be verified with the PNS registration database.**

ENTRY FEES:

- Surcharge: \$20.00
- Individual Event: \$ 6.00 each
- No refunds or credits will be given for events entered but not swum.
- All fees must accompany entries.

AWARDS AND SCORING: None

MEET RULES:

- The facility's and the host club's Covid-19 guidelines and procedures apply to this meet.
- Current PNS and USA Swimming rules govern throughout the meet, including warm-ups.
- Events 200 yards or shorter will be pre-seeded and swum slow-to-fast.
- Events 400 yards or longer will be deck-seeded and swum fast-to-slow. They will require a positive check in with the Clerk of Course prior to the session's start time in order to swim.
- Distance freestyle swimmers must provide their own counter, if desired. All counters must be individuals authorized to be in the venue at that time.

WARM-UP PROCEDURES:

- Circle swim counter-clockwise only.
- No diving from the shallow end of the pool.
- Last 25 minutes of each warm-up period:
 - Lanes 1 & 10 – return lanes for dive starts
 - Lanes 2 & 9 -- sprint lanes, dive starts, return in lanes 1 & 10
 - Additional sprint lanes may be made available upon request to the Meet Referee.
- Pool closed promptly five (5) minutes prior to the start of competition.
- Warm-up may be modified at the discretion of the Meet Referee to accommodate the number of swimmers entered.

SAFETY INFORMATION:

- All applicable adults participating in or associated with this meet acknowledge that they are subject to provisions of the current USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP 2.0") and that they understand that compliance with the MAAPP 2.0 policy is a precondition of participation in the conduct of this meet. In addition, all 18&O athletes must be current in their Athlete Protection Training (APT) in order to swim.
- The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms. Recording devices (cell phones, cameras, PDAs, etc.) are not permitted behind the starting blocks during the entire meet. In the event of any disputes regarding video recording, the Referee's decision shall be final and binding.

- Deck changes are prohibited.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- No diving from the blocks or sides of the pool except for designated sprint lanes during designated times.
- Jumping into the pool is not allowed.
- Backstroke swimmers enter the water feet first in rotation; no diving over persons in the water.
- Deck Marshals will be assigned to supervise the warm-up. Deck Marshals have the authority to remove any swimmer, coach, or other individual who does not follow the safety rules during warm-ups or the meet.
- Coaches are responsible for their team's swimmers throughout the meet, including warm-ups and warm-downs.
- All participating swimmers must be under the supervision of a USA Swimming member coach and may not enter the water at any time unless under the supervision of said coach. The Meet Director or Meet Referee may assist a swimmer in making supervision arrangements, but it is the swimmer's responsibility to make arrangements prior to the start of warm-ups and to notify the Meet Referee.
- Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or of the swimmer's legal guardian to ensure compliance with this requirement.
- Only authorized volunteers and working personnel can be on deck. All others must remain outside the pool area.
- In order to be on deck and serve in their official capacity, all officials shall visibly display their membership credentials, including current certification(s), at all times.
- All persons acting in any coaching capacity must be coach members of USA Swimming and must show proof of current coaching credentials when checking in for the meet.
- Alcoholic beverages, tobacco products of any kind, and glass containers are not allowed in the swimming venue.
- Any act of theft, vandalism or similar action will result in immediate disqualification from the meet and the loss of any points accumulated toward team standings by the individual.
- Team Areas: Please keep your area clean, and pick up all trash before leaving each session.
- It is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event
- It is further understood that Pacific Northwest Swimming and the Seattle Metropolitan Aquatic Club shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

ENTRY INFORMATION WILL BE PROVIDED TO INVITED CLUBS.

2021 SMAC Fall Kick-off -- Order of Events

Saturday

Session 1 Mixed 12&U

Event 1 200 free
Event 2 50 back
Event 3 100 breast
Event 4 50 free
Event 5 100 fly
Event 6 100 IM

Session 2 Girls 13&O

Event 7 200 free
Event 8 100 fly
Event 9 100 breast
Event 10 200 back
Event 11 50 free
Event 12 400 IM

Session 3 Boys 13&O

Event 13 200 free
Event 14 100 fly
Event 15 100 breast
Event 16 200 back
Event 17 50 free
Event 18 400 IM

Sunday

Session 4 Girls 13&O

Event 19 200 IM
Event 20 100 back
Event 21 200 fly
Event 22 100 free
Event 23 200 breast
Event 24 500 free

Session 5 Boys 13&O

Event 25 200 IM
Event 26 100 back
Event 27 200 fly
Event 28 100 free
Event 29 200 breast
Event 30 500 free

Session 6 Mixed 12&U

Event 31 200 IM
Event 32 50 fly
Event 33 100 back
Event 34 50 breast
Event 35 100 breast
Event 36 500 free



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MASTER ENTRY SUMMARY

TEAM NAME:			
TEAM CODE:		LSC CODE:	
COACH:		HOME PHONE:	
EMAIL ADDRESS:		OFFICE PHONE:	
TEAM MAIL ADDRESS:		CELL PHONE:	
CITY, STATE, ZIP:		POOL PHONE:	
ENTRY INFORMATION PREPARED BY:		PHONE:	

MEET ENTRY FEES ENCLOSED:

SURCHARGE:		X \$ 20.00	\$
INDIVIDUAL EVENTS:		X \$ 6.00	\$
		SUBTOTAL:	\$
LESS OUTREACH VOUCHERS:			(\$)
		TOTAL:	\$

Make one check payable to the **Seattle Metropolitan Aquatic Club**.

THE FOLLOWING STATEMENT MUST BE SIGNED:

I attest that all swimmers entered hereon are properly registered athlete members of USA Swimming, Inc.

 Signature of Coach or Team Representative

 Date

 Phone Number

Important Note: Upon processing of the pre-meet exception report, PNS will register as a full-year USA Swimming athlete member any swimmer not then registered. PNS shall require the club or responsible party to pay an amount equal to the current full-year USA Swimming athlete registration fee, including the PNS surcharge, plus a \$15.00 fine for each athlete who is registered from the pre-meet exception report. The fines are due prior to the entry deadline of the next meet entered by the team being fined or within 15 business days after the receipt of the fine statement, whichever occurs first. See PNS AD 97-08 for additional information.