

CASCADE SWIM CLUB

Travel Policy

Team travel is travel to a competition or other team activity Cascade coordinates, facilitates and supervises, and may or may not include overnight stay(s).

Local travel consists of travel to training, practices, competitions and other activities that occur locally and do not include coordinated overnight stay(s) or Cascade coordination.

Safety, proper judgment and responsible behavior is expected at all times of travel as required under this policy, MAAPP, team rules and all codes of conduct. Additional rules and policies may be established for scheduled team travel trips. Being a member of any team trip is both a privilege and a responsibility, failure to comply with rules and policies may result in disciplinary action.

USA Swimming Required Policies:

MAAPP: DEFINITIONS

In-Program: Activities related to participation in sport. Examples include, but are not limited to: competition, practices, meetings, camps/clinics, training/instructional sessions, pre/post event meals or outings, team travel, video review, team- or sport-related team building activities, celebrations, award ceremonies, banquets, team- or sport-related fundraising or community services, sport education, competition site visits, conventions, conferences, summits and/or workshops.

In-Program Travel: Any transportation or travel involving an Adult Participant and any Minor Athlete(s) related to participation in sport authorized or funded by the Organization. Examples include, but are not limited to transportation or travel to or related to: competition, practices, meetings, camps/clinics, training/instructional sessions, pre/post event meals or outings, team travel, video review, team- or sport-related team building activities, celebrations, award ceremonies, banquets, team- or sport-related fundraising or community services, sport education, competition site visits, conventions, conferences, summits and/or workshops.

MAAPP: IN-PROGRAM TRAVEL AND LODGING

I. Transportation

- a. During In-Program Travel, observable and interruptible environments must be maintained.
- b. An Adult Participant must not transport a Minor Athlete one-on-one during In-Program Travel and must always transport at least two Minor Athletes or another Adult Participant, except:
 - i. In emergency circumstances;
 - ii. When a Dual Relationship exists;
 - iii. When the Close-In-Age Exception applies; and/or
 - iv. The Minor Athlete's parent/legal guardian has provided, at least annually, written consent for the Adult Participant to transport the Minor Athlete one-on-one, which can be withdrawn at any time.
- c. Adult Participants, including team managers and chaperones, who travel with the Organization must be USA Swimming non-athlete members of USA Swimming.

II. Lodging

- a. An Adult Participant must not share hotel room, sleeping arrangement or overnight lodging location with an Athlete.
- b. During In-Program Travel, all In-Program Contact in a hotel room, sleeping arrangement or overnight lodging location between an Adult Participant and a Minor Athlete must be observable and interruptible.
- c. During In-Program Travel, when doing room checks, two-deep leadership (two Adult Participants should be present) and observable and interruptible environments must be maintained. The following exceptions apply to II(a), (b) and (c):
 - i. When a Dual Relationship exists, the Adult Participant is not a coach, and the Minor Athlete's parent/legal guardian has provided advance, written consent for the lodging arrangement; and/or
 - ii. When the Close-In-Age Exception applies and the Minor Athlete's parent/legal guardian has provided advance, written consent for the lodging arrangement.
- d. Minor Athletes should be paired to share a hotel room, sleeping arrangement or overnight lodging location with other Minor Athletes of the same competition category and of similar age.

III. Written Consent

A Minor Athlete's parent/legal guardian must provide written consent, at least annually, for all In-Program Travel and lodging during In-Program Travel, which can be withdrawn at any time.

IV. Meetings

- a. Meetings during In-Program Travel must be conducted consistent with the One-on-One Interactions section of this Policy (e.g., any such meeting must be observable and interruptible).
- b. Meetings must not be conducted in an Adult Participant or athlete's hotel room or other overnight lodging location during In-Program Travel.

Additional TEAM TRAVEL Policies:

- a. Swimmers are expected to travel and remain with the team at all times during the trip.
- b. Team travelers will display proper respect and sportsmanship toward coaches, officials, teammates, fellow competitors and the general public at all times.
- c. Team travelers will refrain from any inappropriate behavior that would detract from a positive image of the team or be detrimental to our performance objectives.
- d. Team travelers will follow team travel agenda including abiding to curfews, room checks and lights out, as scheduled, and be punctual for all team functions including meetings, practices, meals, meet sessions, etc.
- e. During overnight team travel, if athletes are paired with other athletes they shall be of the same gender. Athletes 13&over may stay in rooms without chaperones provided chaperones or coaches are staying in nearby rooms. Athletes ages 12&under will stay with chaperones and consent shall be given by athlete's parents or legal guardians.
- f. At no times will male and female athletes be in the same room together unless a coach or chaperone is in the room or has approved the situation.
- g. Usage of cell phones, laptops and other electronic devices may be restricted at times.
- h. Team travelers who break team rules during the trip may be sent home at their expense.
- i. The directions and decisions of coaches and chaperones are final.