

Unofficial Time Line for Preliminary Sessions
2020 Northwest Spring Speedo Sectionals
March 12 -15,2020

Estimated Preliminary Time Line, Prior to Scratches & Late Entries

Thursday, March 12,2020

1	W 200M Medley Relay	7	9:00 AM
2	M 200M Medley Relay	6	9:19 AM
Relay Break			
3	W 100M Freestyle	19	9:44 AM
4	M 100M Freestyle	15	10:09 AM
7	W 200M Breaststroke	12	10:28 AM
8	M 200M Breaststroke	12	11:07 AM
9	W 200M Butterfly	10	11:42 AM
10	M 200M Butterfly	9	12:11 PM
End of Session			12:35 PM

alternating Women's and Men's heats, slowest to fastest

6	M 800M Freestyle	7	1:49 PM
5	W 800M Freestyle	6	1:59 PM
End of Session			4:00 PM

Friday, March 13,2020

13	W 100M Backstroke	15	9:00 AM
14	M 100M Backstroke	12	9:24 AM
15	W 200M Freestyle	15	9:43 AM
16	M 200M Freestyle	17	10:21 AM
17	W 400M Individual Medley	9	11:01 AM
18	M 400M Individual Medley	10	11:52 AM
Relay Break			

alternating Women's and Men's Heats, fastest to slowest

19	W 400M Freestyle Relay	4	12:55 PM
20	M 400M Freestyle Relay	3	1:00 PM
End of Session			1:27 PM

Saturday, March 14, 2020

21	W 200M Backstroke	11	9:00 AM
22	M 200M Backstroke	10	9:32 AM
23	W 400M Freestyle	11	10:01 AM
24	M 400M Freestyle	12	10:56 AM
25	W 100M Breaststroke	13	11:53 AM
26	M 100M Breaststroke	15	12:14 PM
27	W 100M Butterfly	17	12:37 PM
28	M 100M Butterfly	15	1:02 PM
Relay Break			

alternating Women's and Men's Heats, fastest to slowest

29	W 800M Freestyle Relay	2	1:32 PM
30	M 800M Freestyle Relay	2	1:42 PM
End of Session			2:10 PM

Sunday, March 15, 2020

31	W 200M Individual Medley	17	9:00 AM
32	M 200M Individual Medley	16	9:48 AM
35	W 50M Freestyle	20	10:35 AM
36	M 50M Freestyle	15	10:51 AM
Relay Break			

alternating Women's and Men's Heats, fastest to slowest

37	W 400M Medley Relay	4	11:12 AM
38	M 400M Medley Relay	4	11:18 AM
End of Session			11:53 AM

Distance Freestyle will be swum slowest to fastest alternating Women and Men.

33	W 1500M Freestyle	5	12:52 PM
34	M 1500M Freestyle	8	11:57 AM
End of Session			4:00 PM

The fastest heat of Distance will swim during the Finals Session

The fastest two heats of Relay Events will swim during the Finals Session.

Scratch box closes at 6:00 PM each day.