

VALLEY AQUATICS

Return to Pool Plan

WKCAC

BEFORE ARRIVING AT THE POOL

- Turn in Covid-19 team waiver... no waiver no swimming
- Health assessment: Health assessment is done at home prior to coming to the pool. DO NOT ATTEND PRACTICE IF YOU OR A MEMBER OF YOUR HOUSEHOLD ARE NOT FEELING WELL. The next slide will show the screening questions.
- Temperature check...do not come to the pool if Temp is above 99 degrees.
- Put your suit on at home. Locker Rooms will be off limits except for emergencies.
- Fill your water bottle at home.
- Bring your own kickboard/pull buoy. There will be absolutely no sharing.
- Bring a towel sweats/parka for after practice. You will be leaving in your swim suit.
- Sign up for your practice time on SignUpGenius. Do not show up unless you have already signed up.

SCREENING QUESTIONS

Visitors may not enter the facility who have COVID-like symptoms and answer yes to any of the following health screening questions prior to each visit:

- 1 Do you have any of these symptoms that are not caused by another condition?

 - Fever or chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - Recent loss of taste or smell
 - Sore throat
 - Congestion
 - Nausea or vomiting
 - Diarrhea
- 2 Within the past 14 days, have you been in close contact with anyone that you know had COVID-19 or COVID-like symptoms? Close contact is being within 6 feet for 15 minutes or more over a 24-hour period with a person; or having contact with fluids from a person with COVID-19 with or without wearing a mask (i.e., being coughed or sneezed on).
- 3 Have you had a positive COVID-19 test for active virus in the past 10 days, or are you waiting results of a COVID-19 test?
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MASKS

- Approved face coverings must be properly worn in all areas of the facility by patrons and staff.
- Face coverings, such as masks and cloth coverings to cover the nose and the mouth that fit securely on the sides of the face and under the chin, are required at all times at a water recreation facility according to the Health Secretary's order.
- Patrons are required to put on a face covering before entering the facility.
- Bandanas, gaiters, masks with valves or vents, and face shields **are not sufficient** to meet these requirements.
- Face masks will be removed immediately before entering the water or shower and must be put on immediately after exiting the water.

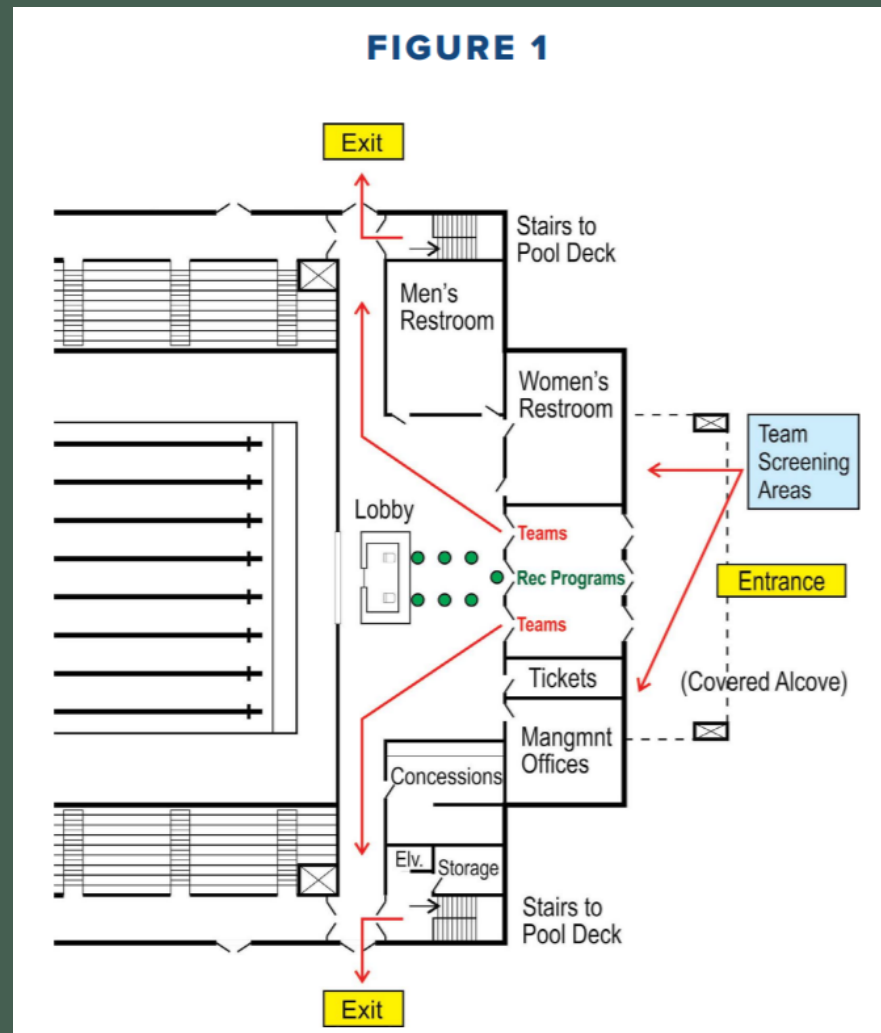
FACILITY MODIFICATIONS

- Parking will be available in the front and side lots. No parking in the back lot.
- Entry into the facility will be through the front doors only (Figure 1).
- Exiting will be done through the side lobby doors to avoid incoming guests.
- The lobby area will be a pass-through zone, no congregating.
- Lobby restrooms may not be used by athletes.
- Six-foot minimum physical distancing will be maintained for employees and patrons in all areas of the facility. Signage, floor decals, no congregation areas, deck assembly areas and assigned lanes and pool sections will be enforced.
- Certain sinks and toilets have been closed to facilitate physical distancing.
- Alcohol-based hand sanitizer stations are available in key areas of the facility.
- Locker rooms will be available for athletes to use toilets and sinks. No dressing or storage of belongings in the locker rooms.

PRACTICE PROTOCOLS

- Team members may not enter the facility until a coach checks them in. Athletes should wait in their car until they see a coach outside the front doors. Please make sure swimmers are on time to get checked in.
- Spectators will not be allowed.
- Coaches will provide a plastic bag and bin to store their mask prior to entering the pool.
- After entering the facility, athletes will assemble on deck targets for physical distancing (Figure 2). Belongings will be left in the assembly areas.
- Coaches will tell the athletes when they can leave the assembly area and approach the pool.
- Masks will be worn to the pool entry points. Athletes will put their masks in their plastic bags and store them on tables or hooks provided. Masks will be put back on after practice and before going back to the assembly areas in single marches.
- Athletes will then go up the stairs and out the side doors staying 6 feet apart.

CHECK-IN, ENTRY, AND EXIT



POOL AND ASSEMBLY AREAS VAST WILL BE AT THE SCOREBOARD END

FIGURE 2

