

CODE OF CONDUCT

WEST COAST AQUATICS | SWIMMING

WEST CORE VALUES & CODE OF CONDUCT :

The WEST Code of Conduct is designed to maximize positive experiences of all WEST swimmers and ensure we are providing a fun, safe, and positive learning environment.

Team members will refrain from any illegal or inappropriate behavior that is not consistent with WEST Core Values.

ALL members, including parents, must follow the Code of Conduct as listed below.

- Honesty and Integrity
- I will refrain from lying, cheating, stealing and all other illegal behavior.
- I will engage in appropriate conversation at all WEST functions and whenever in a public setting, including online.
- I will refrain from destructive, hurtful, and negative behavior.
- **Sportsmanship**
- I will be humble in my victories and gracefully accept my failures and criticism.
- I will support my teammates and cheer for them whenever possible.
- I will remain in the water after my races and wait for all competitors to finish.
- I will follow proper lane etiquette and refrain from behavior that will inhibit the progress of others.
- **Respect**
- At all times, I will show respect for myself, teammates, coaches, officials, competitors and spectators.
- I will respect the WEST facility by adhering to the Pool Rules and refrain from destructive behavior.
- I will arrive on-time for all practices, competitions, and other team events.
- I will bring all necessary equipment to practices and be responsible for my belongings.
- I will not talk while coaches are addressing the group and will listen to directions carefully.
- I will respect the decision of coaches and officials.
- Hard Work
- I will always put forth my best effort.

- **Pride**

- I will wear designated WEST gear to all meets, including team suit, cap and shirt.
- I will always act in a manner that myself, my parents, and my coaches will be proud of.

I Also Understand That :

- The possession or use of alcohol, tobacco products, or controlled substances by any athlete is prohibited.
- Disrespectful, indiscreet, or destructive behavior will not be tolerated.
- It is the responsibility of each swimmer to make every effort to avoid guilt by association with such activities at any time.

WEST DISPUTE RESOLUTION PROCESS

If a swimmer (or parent) feels that he/she is not being treated in accordance with the above expectations, they should ask to address their concerns by scheduling a meeting with:

1. The Group Coach
2. The Head Coach
3. A WEST Board of Directors member

If any swimmer or parent is in violation with the above Code of Conduct, discipline will be handled in the following (but not limited to) format based on the severity of the offense:

- Removal from practice and sent home for the day
- Meeting with swimmer(s), parents, coaches, and/or Board of Directors
- Further suspension
- Expulsion from the team

Training fees are non-refundable due to suspension for misconduct.

Should one be necessary, a committee shall be appointed by the Board, comprising the Head Coach, and a neutral adult member. In the event that the Head Coach is personally involved in a dispute, a neutral adult member(s) shall be appointed. The membership of the committee shall remain the same until there is total resolution of any given problem, but may change for any other non-related disputes.