PACIFIC NORTHWEST SWIMMING

PACIFIC NORTHWEST SWIMMING

3/31/2020

GIRLS TEN YEARS - SHORT COURSE YARDS

50 YARD FREESTYLE (September 1,2000 – March 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	26.53	862	Cratsenberg, Amber	VAST	2/18/2005
2	26.85	839	Kehoe, Gracyn	BISC	10/7/2018
3	26.92	834	Lei, Megan	KING	1/16/2016
3	26.92	834	Wang, Gracie	PDST	11/23/2013
5	26.95	832	Hirata, Liane	OAC	3/17/2006
6	27.00	828	Tang, Amy	PDST	11/23/2013
6	27.00	828	Matsumoto, Harper	XCEL	4/8/2018
8	27.16	817	Beers, Eleanor	PPST	3/22/2013
9	27.22	812	Mayfield, Mackenzie	CSC	3/20/2015
10	27.38	801	Williams, Kim	BISC	12/7/2007
10	27.38	801	Chien, Isabel	KING	3/31/2012
12	27.40	800	Shabb, Hannah	CSC	3/14/2009
12	27.40	800	Blackmon, Kaitlyn	WAVE	10/31/2015
14	27.42	798	McLain, Shosho	UN	11/2/2019
15	27.46	795	Pham, Sophie	SMAC	3/31/2019
16	27.47	795	Tanasse, Emily	KING	3/17/2006
17	27.50	792	Dang, Gabby	WAVE	3/26/2011
18	27.52	791	Zacharias, Emily	WWA	10/15/2011
19	27.54	790	Arnold, Lauren	PSA	12/11/2015
20	27.60	785	Volodkevich, Maria	IST	3/4/2006
21	27.62	784	Portmann, Makenna	KING	12/5/2015
21	27.62	784	Borja, Haley	NWAC	2/25/2018
21	27.62	784	Randolf, Melissa	SSC	3/21/2003
24	27.67	780	Pedersen, Bindi	MMSC	3/26/2011
25	27.70	778	Liljar, Ashlea	KING	3/23/2013
TOTAL		20144	AVERAGE	805.76	

50 YARD FREESTYLE (September 1, 2010 – August 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	26.85	839	Kehoe, Gracyn	BISC	10/7/2018
2	26.92	834	Lei, Megan	KING	1/16/2016
2	26.92	834	Wang, Gracie	PDST	11/23/2013
4	27.00	828	Tang, Amy	PDST	11/23/2013
4	27.00	828	Matsumoto, Harper	XCEL	4/8/2018
6	27.16	817	Beers, Eleanor	PPST	3/22/2013
7	27.22	812	Mayfield, Mackenzie	CSC	3/20/2015
8	27.38	801	Chien, Isabel	KING	3/31/2012
9	27.40	800	Blackmon, Kaitlyn	WAVE	10/31/2015
10	27.42	798	McLain, Shosho	UN	11/2/2019
11	27.46	795	Pham, Sophie	SMAC	3/31/2019
12	27.50	792	Dang, Gabby	WAVE	3/26/2011
13	27.52	791	Zacharias, Emily	WWA	10/15/2011
14	27.54	790	Arnold, Lauren	PSA	12/11/2015
15	27.62	784	Borja, Haley	NWAC	2/25/2018
15	27.62	784	Portmann, Makenna	KING	12/5/2015
17	27.67	780	Pedersen, Bindi	MMSC	3/26/2011
18	27.70	778	Liljar, Ashlea	KING	3/23/2013
18	27.70	778	Doane, Camden	TSC	2/26/2017
20	27.73	776	Tudor, Carly	BC	3/5/2011
21	27.80	771	McCarthy, Nora	SMAC	12/21/2019
22	27.91	764	Meyer, Aziza	BYST	10/8/2017
23	27.94	761	La, Yvy	UPAC	1/18/2019
24	27.96	760	Phut, Sara	SRST	12/21/2019
24	27.96	760	Eleveld, Kate	XCEL	12/9/2016
TOTAL		19855	AVERAGE	794.20	

50 YARD FREESTYLE (September 1,2000 – August 31, 2010)

RNK	TIME	PP	NAME	TEAM	DATE
1	26.53	862	Cratsenberg, Amber	VAST	2/18/2005
2	26.95	832	Hirata, Liane	OAC	3/17/2006
3	27.38	801	Williams, Kim	BISC	12/7/2007
4	27.40	800	Shabb, Hannah	CSC	3/14/2009
5	27.47	795	Tanasse, Emily	KING	3/17/2006
6	27.60	785	Volodkevich, Maria	IST	3/4/2006
7	27.62	784	Randolf, Melissa	SSC	3/21/2003
8	27.74	775	Cross, Marley	BC	3/28/2009
9	27.76	774	Teegan, Helen	KING	3/27/2009
10	27.79	772	McDermott, Amber	WEST	11/22/2003
11	27.88	766	Bishoff, Sydney	PSSC	3/14/2008
12	27.92	763	Michaels, Dana	CSC	3/19/2004
12	27.92	763	Davis, Alyssa	KING	3/18/2005
14	27.93	762	Morris, Lily	BC	10/23/2004
15	28.04	754	Ingerson, Audrey	UN	2/7/2003
16	28.10	750	Ginnis, Morgan	MMSC	12/8/2006
17	28.11	750	Liu, Helen	WEST	10/25/2003
18	28.13	748	Davidson, Katie	WAVE	3/23/2007
19	28.14	747	Soria, Jess	KING	3/21/2003
20	28.17	745	Sutherland, Ashley	SST	12/7/2007
21	28.22	742	Redlin, Shiane	GHP	3/19/2004
22	28.32	735	Tannhauser, Kelly	SBAY	11/23/2002
23	28.35	733	Matsuda, Jeni	BEST	3/5/2010
24	28.40	729	Rosen, Laura	NWAC	10/14/2006
25	28.48	724	Zacharias, Reva	WWA	11/22/2008
TOTAL		19191	AVERAGE	767.64	

50 YARD FREESTYLE (September 1,1990 – August 31, 2000)

RNK	TIME	PP	NAME	TEAM	DATE
TOTAL			AVERAGE		

PACIFIC NORTHWEST SWIMMING

PACIFIC NORTHWEST SWIMMING

3/31/2020

GIRLS TEN YEARS - SHORT COURSE YARDS

100 YARD FREESTYLE (September 1,2000 – March 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	58.01	872	Kehoe, Gracyn	BISC	4/6/2018
2	58.58	850	Beers, Eleanor	PPST	3/9/2013
3	58.63	849	Williams, Kim	BISC	3/14/2008
4	58.84	841	Li, Delora	PDST	3/30/2012
5	59.09	831	Pedersen, Bindi	MMSC	10/1/2011
6	59.36	822	Lei, Megan	KING	1/15/2016
7	59.51	816	La, Yvy	UPAC	1/20/2019
7	59.51	816	Dang, Gabby	WAVE	10/1/2011
9	59.53	815	Ton, Deanna	CSC	2/22/2013
10	59.58	813	Cratsenberg, Amber	VAST	2/18/2005
11	59.68	810	Shabb, Hannah	CSC	3/14/2009
12	59.70	809	Volodkevich, Maria	IST	3/17/2006
13	59.77	806	Battistoni, Belle	KING	3/22/2013
14	59.89	802	Zacharias, Emily	WWA	10/15/2011
15	1:00.01	798	Arnold, Lauren	PSA	2/27/2016
16	1:00.08	795	Hirata, Liane	OAC	3/17/2006
17	1:00.25	789	Tanasse, Emily	KING	3/17/2006
18	1:00.42	783	McDermott, Amber	WEST	11/22/2003
19	1:00.44	782	Cross, Marley	BC	3/27/2009
20	1:00.56	778	Tannhauser, Kelly	SBAY	12/7/2002
21	1:00.69	773	Michaels, Dana	CSC	3/19/2004
22	1:00.73	772	Tang, Amy	PDST	11/23/2013
23	1:00.94	764	Doane, Camden	TSC	2/25/2017
24	1:00.97	763	Ginnis, Morgan	MMSC	12/8/2006
25	1:01.05	760	Warnock, Maya	CSC	12/7/2012
TOTAL		20109	AVERAGE	804.36	

100 YARD FREESTYLE (September 1, 2010 – August 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	58.01	872	Kehoe, Gracyn	BISC	4/6/2018
2	58.58	850	Beers, Eleanor	PPST	3/9/2013
3	58.84	841	Li, Delora	PDST	3/30/2012
4	59.09	831	Pedersen, Bindi	MMSC	10/1/2011
5	59.36	822	Lei, Megan	KING	1/15/2016
6	59.51	816	Dang, Gabby	WAVE	10/1/2011
6	59.51	816	La, Yvy	UPAC	1/20/2019
8	59.53	815	Ton, Deanna	CSC	2/22/2013
9	59.77	806	Battistoni, Belle	KING	3/22/2013
10	59.89	802	Zacharias, Emily	WWA	10/15/2011
11	1:00.01	798	Arnold, Lauren	PSA	2/27/2016
12	1:00.73	772	Tang, Amy	PDST	11/23/2013
13	1:00.94	764	Doane, Camden	TSC	2/25/2017
14	1:01.05	760	Warnock, Maya	CSC	12/7/2012
15	1:01.21	754	Latendresse, Kaitlyn	TSC	3/23/2019
16	1:01.22	754	Kolyvek, Hanna	KING	3/20/2014
17	1:01.23	754	Siripipat, Lily	KING	2/11/2017
18	1:01.24	753	Borja, Haley	NWAC	3/24/2018
19	1:01.32	751	Liljar, Ashlea	KING	3/22/2013
20	1:01.38	748	Derstadt, Sadye	IST	10/14/2018
21	1:01.44	746	Forbis, Sutton	CSC	12/22/2019
22	1:01.47	745	McCarthy, Nora	SMAC	12/22/2019
23	1:01.52	743	Matsumoto, Harper	XCEL	4/6/2018
24	1:01.94	729	Krajcovic, Zosia	SRST	3/23/2016
24	1:01.94	729	Andrews, Catherine	CSC	2/25/2017
TOTAL		19571	AVERAGE	782.84	

100 YARD FREESTYLE (September 1,2000 – August 31, 2010)

RNK	TIME	PP	NAME	TEAM	DATE
1	58.63	849	Williams, Kim	BISC	3/14/2008
2	59.58	813	Cratsenberg, Amber	VAST	2/18/2005
3	59.68	810	Shabb, Hannah	CSC	3/14/2009
4	59.70	809	Volodkevich, Maria	IST	3/17/2006
5	1:00.08	795	Hirata, Liane	OAC	3/17/2006
6	1:00.25	789	Tanasse, Emily	KING	3/17/2006
7	1:00.42	783	McDermott, Amber	WEST	11/22/2003
8	1:00.44	782	Cross, Marley	BC	3/27/2009
9	1:00.56	778	Tannhauser, Kelly	SBAY	12/7/2002
10	1:00.69	773	Michaels, Dana	CSC	3/19/2004
11	1:00.97	763	Ginnis, Morgan	MMSC	12/8/2006
12	1:01.36	749	Domanowski, Christina	MMSC	3/27/2009
13	1:01.41	747	Rosen, Laura	NWAC	10/21/2006
14	1:01.62	740	Randolf, Melissa	SSC	3/21/2003
15	1:01.70	737	Uyeno, Linnea	KING	11/22/2008
16	1:01.78	734	Pressler, Maddie	WEST	2/13/2010
17	1:02.30	716	Davidson, Katie	WAVE	3/23/2007
18	1:02.55	707	Teegan, Helen	KING	2/28/2009
19	1:02.83	698	Soria, Jess	KING	2/8/2003
20	1:02.85	697	Morris, Lily	BC	10/23/2004
21	1:02.89	695	Dang, Tiffany	WAVE	3/5/2005
22	1:02.90	695	Huo, Jenny	KING	11/22/2008
23	1:02.92	694	Larson, Molly	WWA	3/21/2003
24	1:02.94	694	Bond, Galen	SBAY	3/6/2004
25	1:02.96	693	Bishoff, Sydney	PSSC	3/14/2008
TOTAL		18740	AVERAGE	749.60	

100 YARD FREESTYLE (September 1,1990 – August 31, 2000)

RNK	TIME	PP	NAME	TEAM	DATE
TOTAL			AVERAGE		

PACIFIC NORTHWEST SWIMMING

3/31/2020

GIRLS TEN YEARS - SHORT COURSE YARDS

200 YARD FREESTYLE (September 1,2000 – March 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	2:07.57	846	Tannhauser, Kelly	SBAY	11/23/2002
2	2:07.80	842	Kehoe, Gracyn	BISC	10/7/2018
3	2:07.84	841	Williams, Kim	BISC	2/15/2008
4	2:09.12	817	Ton, Deanna	CSC	12/7/2012
5	2:09.17	816	Zacharias, Emily	WWA	10/15/2011
6	2:09.77	805	Davis, Alyssa	KING	3/18/2005
7	2:09.94	801	Lei, Megan	KING	1/16/2016
8	2:10.10	798	Tang, Amy	PDST	12/13/2013
9	2:10.20	797	Battistoni, Belle	KING	3/22/2013
10	2:10.27	795	La, Yvy	UPAC	1/26/2019
11	2:10.29	795	Warnock, Maya	CSC	11/17/2012
12	2:10.50	791	Pedersen, Bindi	MMSC	11/5/2011
13	2:10.66	788	Shabb, Hannah	CSC	3/14/2009
14	2:10.78	786	Rosen, Laura	NWAC	10/21/2006
15	2:11.15	779	Domanowski, Christina	MMSC	3/27/2009
16	2:11.88	765	Dang, Gabby	WAVE	3/18/2011
17	2:11.99	763	Michaels, Dana	CSC	3/19/2004
18	2:12.04	762	Cook, Alyssa	PAC	3/14/2008
19	2:12.05	762	McDermott, Amber	WEST	12/6/2003
20	2:12.13	761	Benson, Hannah	CSC	3/23/2007
21	2:12.23	759	Groysman, Yulia	KING	3/30/2012
22	2:12.24	759	Matsuda, Jeni	BEST	3/19/2010
23	2:12.26	758	McCarthy, Nora	SMAC	12/20/2019
24	2:12.27	758	Cratsenberg, Amber	VAST	2/18/2005
25	2:12.28	758	Li, Delora	PDST	3/30/2012
TOTAL		19702	AVERAGE	788.08	

200 YARD FREESTYLE (September 1, 2010 – August 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	2:07.80	842	Kehoe, Gracyn	BISC	10/7/2018
2	2:09.12	817	Ton, Deanna	CSC	12/7/2012
3	2:09.17	816	Zacharias, Emily	WWA	10/15/2011
4	2:09.94	801	Lei, Megan	KING	1/16/2016
5	2:10.10	798	Tang, Amy	PDST	12/13/2013
6	2:10.20	797	Battistoni, Belle	KING	3/22/2013
7	2:10.27	795	La, Yvy	UPAC	1/26/2019
8	2:10.29	795	Warnock, Maya	CSC	11/17/2012
9	2:10.50	791	Pedersen, Bindi	MMSC	11/5/2011
10	2:11.88	765	Dang, Gabby	WAVE	3/18/2011
11	2:12.23	759	Groysman, Yulia	KING	3/30/2012
12	2:12.26	758	McCarthy, Nora	SMAC	12/20/2019
13	2:12.28	758	Li, Delora	PDST	3/30/2012
14	2:12.80	749	Latendresse, Kaitlyn	TSC	3/24/2019
15	2:12.89	747	Krajcovic, Zosia	SRST	3/25/2016
16	2:13.19	741	Mayfield, Mackenzie	CSC	3/22/2015
17	2:13.31	739	Derstadt, Sadye	IST	10/13/2018
18	2:13.38	738	Doane, Camden	TSC	2/26/2017
19	2:13.76	731	Andrews, Catherine	CSC	2/26/2017
20	2:13.94	728	Matsumoto, Harper	XCEL	12/10/2017
21	2:14.11	725	Zhao, Jeanette	SMAC	10/6/2019
22	2:14.24	722	Woare, Cecilia	CAAT	1/28/2018
23	2:14.35	721	Dupuis, Lauren	CSC	1/12/2013
24	2:14.66	715	Li, Sandy	BC	12/19/2014
25	2:14.86	711	Liljar, Ashlea	KING	3/22/2013
TOTAL		19624	AVERAGE	784.96	

200 YARD FREESTYLE (September 1,2000 – August 31, 2010)

RNK	TIME	PP	NAME	TEAM	DATE
1	2:07.57	846	Tannhauser, Kelly	SBAY	11/23/2002
2	2:07.84	841	Williams, Kim	BISC	2/15/2008
3	2:09.77	805	Davis, Alyssa	KING	3/18/2005
4	2:10.66	788	Shabb, Hannah	CSC	3/14/2009
5	2:10.78	786	Rosen, Laura	NWAC	10/21/2006
6	2:11.15	779	Domanowski, Christina	MMSC	3/27/2009
7	2:11.99	763	Michaels, Dana	CSC	3/19/2004
8	2:12.04	762	Cook, Alyssa	PAC	3/14/2008
9	2:12.05	762	McDermott, Amber	WEST	12/6/2003
10	2:12.13	761	Benson, Hannah	CSC	3/23/2007
11	2:12.24	759	Matsuda, Jeni	BEST	3/19/2010
12	2:12.27	758	Cratsenberg, Amber	VAST	2/18/2005
13	2:12.86	747	Ginnis, Morgan	MMSC	10/21/2006
14	2:13.64	733	Brooks, Alison	BISC	3/14/2008
15	2:13.68	733	Tanasse, Emily	KING	3/17/2006
16	2:13.84	730	Davidson, Katie	WAVE	3/23/2007
17	2:14.01	727	Sullivan, Colleen	GHP	3/18/2005
18	2:14.06	726	Chan, Nakayla	KING	1/12/2002
19	2:14.15	724	Harris, Taylor	KING	11/18/2006
20	2:15.21	705	Yap, Lavinya	WEST	2/23/2008
21	2:15.61	698	Uyeno, Linnea	KING	11/22/2008
22	2:15.63	698	Randolf, Melissa	SSC	6/27/2003
23	2:16.43	684	Teegan, Helen	KING	2/14/2009
24	2:16.57	681	Volodkevich, Maria	IST	2/4/2006
25	2:16.60	681	Cross, Marley	BC	3/27/2009
TOTAL		18677	AVERAGE	747.08	

200 YARD FREESTYLE (September 1,1990 – August 31, 2000)

RNK	TIME	PP	NAME	TEAM	DATE
TOTAL			AVERAGE		

PACIFIC NORTHWEST SWIMMING

PACIFIC NORTHWEST SWIMMING

3/31/2020

GIRLS TEN YEARS - SHORT COURSE YARDS

500 YARD FREESTYLE (September 1,2000 – March 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	5:35.68	907	Shabb, Hannah	CSC	2/28/2009
2	5:36.59	900	Ton, Deanna	CSC	3/2/2013
3	5:39.24	881	Williams, Kim	BISC	12/7/2007
4	5:44.07	845	Rosen, Laura	NWAC	10/21/2006
5	5:44.14	844	Chan, Nakayla	KING	1/12/2002
6	5:46.15	829	Tannhauser, Kelly	SBAY	12/7/2002
7	5:46.66	826	Ginnis, Morgan	MMSC	12/2/2006
8	5:47.16	822	Cook, Alyssa	PAC	4/3/2008
9	5:47.22	822	Ingerson, Audrey	UN	2/7/2003
10	5:47.33	821	Brooks, Alison	BISC	3/14/2008
11	5:47.82	817	Dupuis, Lauren	CSC	1/12/2013
12	5:48.19	815	McDermott, Amber	WEST	11/22/2003
13	5:48.76	811	Zacharias, Emily	WWA	10/15/2011
14	5:48.79	810	Woare, Cecilia	CAAT	3/22/2018
15	5:49.14	808	Benson, Hannah	CSC	3/31/2007
16	5:50.14	801	Pedersen, Bindi	MMSC	10/15/2011
17	5:50.61	797	Warnock, Maya	CSC	12/7/2012
18	5:50.97	795	Derstadt, Sadye	IST	10/14/2018
19	5:51.57	790	Michaels, Dana	CSC	3/19/2004
20	5:52.80	782	Kabacy, Taylor	KING	10/13/2012
21	5:53.77	775	McCarthy, Nora	SMAC	12/21/2019
22	5:54.26	771	Jin, Rachel	PDST	12/7/2012
23	5:54.28	771	La, Yvy	UPAC	12/7/2018
24	5:56.19	758	Latendresse, Kaitlyn	TSC	3/21/2019
25	5:56.71	754	Davis, Alyssa	KING	1/14/2005
TOTAL		20352	AVERAGE	814.08	

500 YARD FREESTYLE (September 1, 2010 – August 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	5:36.59	900	Ton, Deanna	CSC	3/2/2013
2	5:47.82	817	Dupuis, Lauren	CSC	1/12/2013
3	5:48.76	811	Zacharias, Emily	WWA	10/15/2011
4	5:48.79	810	Woare, Cecilia	CAAT	3/22/2018
5	5:50.14	801	Pedersen, Bindi	MMSC	10/15/2011
6	5:50.61	797	Warnock, Maya	CSC	12/7/2012
7	5:50.97	795	Derstadt, Sadye	IST	10/14/2018
8	5:52.80	782	Kabacy, Taylor	KING	10/13/2012
9	5:53.77	775	McCarthy, Nora	SMAC	12/21/2019
10	5:54.26	771	Jin, Rachel	PDST	12/7/2012
11	5:54.28	771	La, Yvy	UPAC	12/7/2018
12	5:56.19	758	Latendresse, Kaitlyn	TSC	3/21/2019
13	5:56.82	753	Groysman, Yulia	KING	2/11/2012
14	5:58.03	745	Andrews, Catherine	CSC	2/11/2017
15	5:58.62	741	Clise, Maya	KING	2/14/2015
16	5:58.69	741	Krajcovic, Zosia	SRST	3/24/2016
17	5:58.78	740	Matsumoto, Harper	XCEL	2/10/2018
18	5:59.32	736	Dang, Gabby	WAVE	12/10/2010
19	5:59.46	735	Forbis, Sutton	CSC	12/21/2019
20	5:59.48	735	Li, Sandy	BC	12/20/2014
21	5:59.50	735	Keough, Marie	UPAC	1/27/2018
22	6:00.25	730	Kehoe, Gracyn	BISC	12/8/2017
23	6:00.91	725	Battistoni, Belle	KING	1/19/2013
24	6:02.10	717	Siripipat, Lily	UN	11/20/2016
25	6:02.18	717	McFall, Milli	CSC	2/25/2011
TOTAL		19138	AVERAGE	765.52	

500 YARD FREESTYLE (September 1,2000 – August 31, 2010)

RNK	TIME	PP	NAME	TEAM	DATE
1	5:35.68	907	Shabb, Hannah	CSC	2/28/2009
2	5:39.24	881	Williams, Kim	BISC	12/7/2007
3	5:44.07	845	Rosen, Laura	NWAC	10/21/2006
4	5:44.14	844	Chan, Nakayla	KING	1/12/2002
5	5:46.15	829	Tannhauser, Kelly	SBAY	12/7/2002
6	5:46.66	826	Ginnis, Morgan	MMSC	12/2/2006
7	5:47.16	822	Cook, Alyssa	PAC	4/3/2008
8	5:47.22	822	Ingerson, Audrey	UN	2/7/2003
9	5:47.33	821	Brooks, Alison	BISC	3/14/2008
10	5:48.19	815	McDermott, Amber	WEST	11/22/2003
11	5:49.14	808	Benson, Hannah	CSC	3/31/2007
12	5:51.57	790	Michaels, Dana	CSC	3/19/2004
13	5:56.71	754	Davis, Alyssa	KING	1/14/2005
14	5:57.77	747	Uyeno, Linnea	KING	11/22/2008
15	5:57.96	746	Volodkevich, Maria	IST	3/4/2006
16	5:59.60	734	Harris, Taylor	KING	11/18/2006
17	6:01.29	723	Matsuda, Jeni	BEST	12/11/2009
18	6:01.36	722	Domanowski, Christina	MMSC	2/7/2009
19	6:02.51	714	Sullivan, Colleen	GHP	3/18/2005
20	6:02.75	713	Redlin, Shiane	GHP	3/6/2004
21	6:02.96	711	Teegan, Helen	KING	1/17/2009
22	6:03.15	710	Domanowski, Jenni	MMSC	3/5/2005
23	6:03.65	707	Pressler, Maddie	WEST	2/13/2010
24	6:04.36	702	Tallman, Cassie	UN	3/10/2007
25	6:05.70	693	Yap, Lavinya	WEST	12/7/2007
TOTAL		19386	AVERAGE	775.44	

500 YARD FREESTYLE (September 1,1990 – August 31, 2000)

RNK	TIME	PP	NAME	TEAM	DATE
TOTAL			AVERAGE		

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GIRLS TEN YEARS - SHORT COURSE YARDS

50 YARD BACKSTROKE (September 1,2000 – March 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	29.40	957	Tang, Amy	PDST	12/13/2013
2	30.62	870	Pak, Jazlynn	WAVE	3/22/2013
3	30.76	860	Siripipat, Lily	UN	12/3/2016
4	30.83	855	Sunwoo, Sophia	BC	3/4/2018
5	30.88	851	Dang, Gabby	WAVE	3/18/2011
6	31.19	830	Ong, Kat	PRO	1/29/2017
7	31.27	824	Forbis, Sutton	CSC	12/20/2019
8	31.33	820	Freeman, Alma	BC	3/22/2013
9	31.39	816	Derstadt, Sadye	IST	9/30/2018
10	31.50	808	Arnold, Lauren	PSA	2/27/2016
11	31.52	807	Borja, Haley	NWAC	3/24/2018
12	31.57	804	Weiler, Hailey	SMAC	11/11/2018
13	31.59	802	McLain, Shosho	UN	3/3/2019
14	31.60	802	Wang, Gracie	PDST	10/26/2013
15	31.61	801	Albright, Taryn	SSC	2/7/2004
16	31.64	799	Jablonski, Ella	XCEL	3/25/2017
17	31.66	797	Kwan, Sabrina	KING	3/28/2009
18	31.70	795	Pham, Sophie	SMAC	3/23/2019
19	31.73	793	Matsumoto, Harper	XCEL	4/6/2018
20	31.77	790	Hays, Nya	PPST	12/9/2017
21	31.78	789	Lenahan, Tierney	BISC	4/29/2018
22	31.83	786	Lei, Megan	KING	1/17/2016
22	31.83	786	Wichelmann, Sloane	KING	3/26/2016
24	31.85	785	Lindblad, Brianne	KING	10/7/2000
25	31.89	782	Huo, Jenny	KING	11/22/2008
TOTAL		20409	AVERAGE	816.36	

50 YARD BACKSTROKE (September 1, 2010 – August 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	29.40	957	Tang, Amy	PDST	12/13/2013
2	30.62	870	Pak, Jazlynn	WAVE	3/22/2013
3	30.76	860	Siripipat, Lily	UN	12/3/2016
4	30.83	855	Sunwoo, Sophia	BC	3/4/2018
5	30.88	851	Dang, Gabby	WAVE	3/18/2011
6	31.19	830	Ong, Kat	PRO	1/29/2017
7	31.27	824	Forbis, Sutton	CSC	12/20/2019
8	31.33	820	Freeman, Alma	BC	3/22/2013
9	31.39	816	Derstadt, Sadye	IST	9/30/2018
10	31.50	808	Arnold, Lauren	PSA	2/27/2016
11	31.52	807	Borja, Haley	NWAC	3/24/2018
12	31.57	804	Weiler, Hailey	SMAC	11/11/2018
13	31.59	802	McLain, Shosho	UN	3/3/2019
14	31.60	802	Wang, Gracie	PDST	10/26/2013
15	31.64	799	Jablonski, Ella	XCEL	3/25/2017
16	31.70	795	Pham, Sophie	SMAC	3/23/2019
17	31.73	793	Matsumoto, Harper	XCEL	4/6/2018
18	31.77	790	Hays, Nya	PPST	12/9/2017
19	31.78	789	Lenahan, Tierney	BISC	4/29/2018
20	31.83	786	Lei, Megan	KING	1/17/2016
20	31.83	786	Wichelmann, Sloane	KING	3/26/2016
22	31.93	779	Li, Myra	IST	12/21/2019
23	31.99	775	Schedrin, Julia	UPAC	12/3/2016
24	32.03	772	La, Yvy	UPAC	1/26/2019
25	32.04	772	Yew, Sarah	PSA	2/8/2014
TOTAL		20342	AVERAGE	813.68	

50 YARD BACKSTROKE (September 1,2000 – August 31, 2010)

RNK	TIME	PP	NAME	TEAM	DATE
1	31.61	801	Albright, Taryn	SSC	2/7/2004
2	31.66	797	Kwan, Sabrina	KING	3/28/2009
3	31.85	785	Lindblad, Brianne	KING	10/7/2000
4	31.89	782	Huo, Jenny	KING	11/22/2008
5	31.92	780	Tanasse, Emily	KING	3/17/2006
6	32.05	771	Dang, Tiffany	WAVE	3/18/2005
7	32.10	768	Barber, Rio	WWA	3/19/2004
8	32.12	766	Larson, Molly	WWA	3/21/2003
9	32.39	748	Kinnear, Katie	IST	5/14/2005
10	32.49	742	Volodkevich, Maria	IST	3/4/2006
10	32.49	742	Teegan, Helen	KING	3/27/2009
12	32.53	739	Rosen, Laura	NWAC	3/17/2006
13	32.61	734	Purnell, Samm	SSC	3/22/2002
14	32.69	728	Shabb, Hannah	CSC	1/17/2009
15	32.74	725	Hirata, Liane	OAC	3/4/2006
16	32.82	720	Wyant, Becca	WAVE	4/21/2001
17	32.86	717	Harris, Taylor	KING	11/18/2006
18	32.92	713	Morris, Lily	BC	11/7/2004
19	32.95	711	Boeck, Olivia	C	4/5/2001
20	32.96	711	Tannhauser, Kelly	SBAY	12/7/2002
21	33.02	707	Larson, Courtney	WWA	3/17/2006
22	33.04	705	Cross, Marley	BC	3/27/2009
23	33.07	703	Chansler, Jessie	WAVE	3/22/2002
24	33.12	700	Ma, Crystal	BEST	3/19/2010
25	33.17	697	Domanowski, Jenni	MMSC	3/18/2005
TOTAL		18492	AVERAGE	739.68	

50 YARD BACKSTROKE (September 1,1990 – August 31, 2000)

RNK	TIME	PP	NAME	TEAM	DATE
TOTAL			AVERAGE		

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GIRLS TEN YEARS - SHORT COURSE YARDS

100 YARD BACKSTROKE (September 1,2000 – March 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	1:02.86	963	Tang, Amy	PDST	12/19/2013
2	1:06.06	861	Siripipat, Lily	KING	12/18/2016
3	1:06.22	856	Derstadt, Sadye	IST	10/13/2018
4	1:06.98	832	Pak, Jazlynn	WAVE	3/22/2013
5	1:07.27	823	Woare, Cecilia	CAAT	3/23/2018
6	1:07.40	819	Ong, Kat	PRO	2/4/2017
7	1:07.77	808	Tannhauser, Kelly	SBAY	12/7/2002
7	1:07.77	808	Dang, Gabby	WAVE	3/18/2011
7	1:07.77	808	McLain, Shosho	UN	3/22/2019
10	1:07.92	803	Tanasse, Emily	KING	3/17/2006
11	1:08.16	796	Forbis, Sutton	CSC	12/22/2019
12	1:08.32	791	Wang, Gracie	PDST	11/23/2013
13	1:08.37	789	Ginnis, Morgan	MMSC	12/8/2006
14	1:08.50	785	Hirata, Liane	OAC	3/17/2006
15	1:08.61	782	Jablonski, Ella	XCEL	4/1/2017
16	1:08.67	780	Pham, Sophie	SMAC	3/22/2019
17	1:08.82	776	Jia, Maddy	PDST	12/21/2014
18	1:08.90	773	Beers, Eleanor	PPST	3/22/2013
19	1:08.91	773	Volodkevich, Maria	IST	3/17/2006
20	1:08.95	772	Barber, Rio	WWA	3/19/2004
21	1:08.97	771	Yew, Sarah	PSA	2/28/2014
22	1:09.00	770	Matsumoto, Harper	XCEL	3/23/2018
23	1:09.13	766	Blackmon, Kaitlyn	WAVE	9/26/2015
24	1:09.28	762	Kehoe, Gracyn	BISC	10/6/2018
25	1:09.42	758	So, Tya	KING	1/29/2011
TOTAL		20025	AVERAGE	801.00	

100 YARD BACKSTROKE (September 1, 2010 – August 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	1:02.86	963	Tang, Amy	PDST	12/19/2013
2	1:06.06	861	Siripipat, Lily	KING	12/18/2016
3	1:06.22	856	Derstadt, Sadye	IST	10/13/2018
4	1:06.98	832	Pak, Jazlynn	WAVE	3/22/2013
5	1:07.27	823	Woare, Cecilia	CAAT	3/23/2018
6	1:07.40	819	Ong, Kat	PRO	2/4/2017
7	1:07.77	808	Dang, Gabby	WAVE	3/18/2011
7	1:07.77	808	McLain, Shosho	UN	3/22/2019
9	1:08.16	796	Forbis, Sutton	CSC	12/22/2019
10	1:08.32	791	Wang, Gracie	PDST	11/23/2013
11	1:08.61	782	Jablonski, Ella	XCEL	4/1/2017
12	1:08.67	780	Pham, Sophie	SMAC	3/22/2019
13	1:08.82	776	Jia, Maddy	PDST	12/21/2014
14	1:08.90	773	Beers, Eleanor	PPST	3/22/2013
15	1:08.97	771	Yew, Sarah	PSA	2/28/2014
16	1:09.00	770	Matsumoto, Harper	XCEL	3/23/2018
17	1:09.13	766	Blackmon, Kaitlyn	WAVE	9/26/2015
18	1:09.28	762	Kehoe, Gracyn	BISC	10/6/2018
19	1:09.42	758	So, Tya	KING	1/29/2011
20	1:09.45	757	Chang, Mia	UN	11/23/2013
21	1:09.75	748	La, Yvy	UPAC	11/18/2018
22	1:09.82	746	Freeman, Alma	BC	3/22/2013
23	1:09.84	745	Hoppe, Jasmine	ORCA	3/11/2016
24	1:09.85	745	Zacharias, Emily	WWA	10/15/2011
25	1:09.91	743	Lenahan, Tierney	BISC	2/10/2018
TOTAL		19779	AVERAGE	791.16	

100 YARD BACKSTROKE (September 1,2000 – August 31, 2010)

RNK	TIME	PP	NAME	TEAM	DATE
1	1:07.77	808	Tannhauser, Kelly	SBAY	12/7/2002
2	1:07.92	803	Tanasse, Emily	KING	3/17/2006
3	1:08.37	789	Ginnis, Morgan	MMSC	12/8/2006
4	1:08.50	785	Hirata, Liane	OAC	3/17/2006
5	1:08.91	773	Volodkevich, Maria	IST	3/17/2006
6	1:08.95	772	Barber, Rio	WWA	3/19/2004
7	1:09.47	756	Matsuda, Jeni	BEST	3/19/2010
8	1:09.54	754	Rosen, Laura	NWAC	10/21/2006
9	1:10.21	734	Domanowski, Jenni	MMSC	3/18/2005
10	1:10.25	733	Larson, Molly	WWA	3/21/2003
11	1:10.27	732	Teegan, Helen	KING	3/27/2009
12	1:10.32	731	Albright, Taryn	SSC	12/20/2003
13	1:10.48	726	Kwan, Sabrina	KING	3/27/2009
13	1:10.48	726	Dang, Tiffany	WAVE	3/5/2005
15	1:10.49	726	Cross, Marley	BC	3/27/2009
16	1:10.81	716	Domanowski, Christina	MMSC	3/27/2009
17	1:10.84	716	Shabb, Hannah	CSC	1/17/2009
18	1:11.09	708	Huffer, Kelly	NWAC	3/19/2010
19	1:11.11	708	Purnell, Samm	SSC	3/22/2002
20	1:11.29	702	Davis, Alyssa	KING	1/14/2005
21	1:11.31	702	Boeck, Olivia	C	4/5/2001
22	1:11.42	699	McDermott, Amber	WEST	10/25/2003
23	1:11.43	698	Jeong, Clare	KING	3/23/2007
24	1:11.46	697	Yap, Lavinya	WEST	12/7/2007
25	1:11.59	694	Larson, Courtney	WWA	3/17/2006
TOTAL		18388	AVERAGE	735.52	

100 YARD BACKSTROKE (September 1,1990 – August 31, 2000)

RNK	TIME	PP	NAME	TEAM	DATE
TOTAL			AVERAGE		

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GIRLS TEN YEARS - SHORT COURSE YARDS

50 YARD BREASTSTROKE (September 1,2000 – March 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	34.11	859	Volodkevich, Maria	IST	4/29/2006
2	34.33	847	Mayfield, Mackenzie	CSC	3/22/2015
3	34.40	844	Pedersen, Bindi	MMSC	11/5/2011
4	34.46	840	Battistoni, Belle	KING	3/22/2013
5	34.56	835	La, Yvy	UPAC	12/1/2018
6	34.76	824	Cole, Nadia	PASC	3/22/2013
7	34.94	814	Chien, Isabel	KING	3/30/2012
8	35.03	810	Tu, Gillian	IST	1/10/2016
9	35.06	808	Teegan, Helen	KING	3/27/2009
10	35.30	795	Kolyvek, Hanna	KING	3/20/2014
11	35.37	792	Himes, Danika	IST	3/30/2012
12	35.42	789	Derstadt, Sadye	IST	9/30/2018
13	35.44	788	Freeman, Alma	BC	3/22/2013
13	35.44	788	Lo, Florence	BBST	12/13/2015
15	35.63	778	Pham, Sophie	SMAC	7/27/2019
16	35.71	773	Coe, Savannah	KING	3/27/2004
17	35.72	773	Kehoe, Gracyn	BISC	3/25/2018
18	35.74	772	Soria, Jess	KING	3/21/2003
19	35.75	771	Uyeno, Linnea	KING	11/22/2008
20	35.77	770	McDevitt, Alexa	BISC	3/25/2018
21	35.89	764	Mann, Kynseth	BC	12/13/2013
21	35.89	764	Huo, Jenny	KING	11/22/2008
23	35.96	760	Hong, Zoe	CAAT	3/13/2016
24	36.13	751	Gourley, Veronica	TOSC	2/12/2017
25	36.18	749	Li, Delora	PDST	1/14/2012
TOTAL		19858	AVERAGE	794.32	

50 YARD BREASTSTROKE (September 1, 2010 – August 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	34.33	847	Mayfield, Mackenzie	CSC	3/22/2015
2	34.40	844	Pedersen, Bindi	MMSC	11/5/2011
3	34.46	840	Battistoni, Belle	KING	3/22/2013
4	34.56	835	La, Yvy	UPAC	12/1/2018
5	34.76	824	Cole, Nadia	PASC	3/22/2013
6	34.94	814	Chien, Isabel	KING	3/30/2012
7	35.03	810	Tu, Gillian	IST	1/10/2016
8	35.30	795	Kolyvek, Hanna	KING	3/20/2014
9	35.37	792	Himes, Danika	IST	3/30/2012
10	35.42	789	Derstadt, Sadye	IST	9/30/2018
11	35.44	788	Freeman, Alma	BC	3/22/2013
11	35.44	788	Lo, Florence	BBST	12/13/2015
13	35.63	778	Pham, Sophie	SMAC	7/27/2019
14	35.72	773	Kehoe, Gracyn	BISC	3/25/2018
15	35.77	770	McDevitt, Alexa	BISC	3/25/2018
16	35.89	764	Mann, Kynseth	BC	12/13/2013
17	35.96	760	Hong, Zoe	CAAT	3/13/2016
18	36.13	751	Gourley, Veronica	TOSC	2/12/2017
19	36.18	749	Chong, Crystal	PDST	12/9/2011
19	36.18	749	Li, Delora	PDST	1/14/2012
21	36.30	742	Liu, Katie	PDST	2/8/2015
22	36.33	741	Yao, Allyson	PDST	3/22/2013
23	36.40	737	Howard, Cecilia	BC	12/10/2017
24	36.48	733	Ong, Kat	PRO	1/7/2017
25	36.49	733	Meyer, Aziza	BYST	11/19/2017
TOTAL		19546	AVERAGE	781.84	

50 YARD BREASTSTROKE (September 1,2000 – August 31, 2010)

RNK	TIME	PP	NAME	TEAM	DATE
1	34.11	859	Volodkevich, Maria	IST	4/29/2006
2	35.06	808	Teegan, Helen	KING	3/27/2009
3	35.71	773	Coe, Savannah	KING	3/27/2004
4	35.74	772	Soria, Jess	KING	3/21/2003
5	35.75	771	Uyeno, Linnea	KING	11/22/2008
6	35.89	764	Huo, Jenny	KING	11/22/2008
7	36.35	740	Williams, Kim	BISC	3/22/2008
8	36.65	724	Shabb, Hannah	CSC	1/17/2009
9	36.79	717	Lin, Kathy	IST	3/27/2009
10	36.82	715	Nakamura, Mckenzie	WAVE	3/23/2001
11	36.91	711	Cratsenberg, Amber	VAST	5/14/2005
12	37.14	699	Peirano, Anna	BISC	3/29/2007
13	37.17	697	Godfred, Rachel	C	3/23/2001
14	37.27	692	Limberg, Nicole	WEST	3/19/2010
15	37.31	690	Hultgren, Raynie	SSCD	8/7/2004
16	37.33	689	Tallman, Cassie	UN	2/10/2007
17	37.35	688	Kaestner, Katie	TAC	3/18/2005
17	37.35	688	Jeong, Clare	KING	3/23/2007
19	37.48	682	Dovinh, Angeline	SSC	11/7/2009
20	37.51	680	Hamilton, Stephanie	WAKO	3/23/2001
21	37.56	677	Griffin, Tessa	BISC	3/23/2001
22	37.60	675	Albright, Taryn	SSC	3/21/2003
23	37.62	674	Harris, Taylor	KING	11/18/2006
24	37.72	669	Cassady, Shannon	IST	10/17/2009
25	37.75	668	Mackie, Katie	BC	12/8/2006
TOTAL		17922	AVERAGE	716.88	

50 YARD BREASTSTROKE (September 1,1990 – August 31, 2000)

RNK	TIME	PP	NAME	TEAM	DATE
TOTAL			AVERAGE		

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GIRLS TEN YEARS - SHORT COURSE YARDS

100 YARD BREASTSTROKE (September 1,2000 – March 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	1:13.74	878	Chien, Isabel	KING	3/30/2012
2	1:14.63	856	Pedersen, Bindi	MMSC	3/18/2011
3	1:14.92	849	La, Yvy	UPAC	12/7/2018
4	1:15.17	843	Volodkevich, Maria	IST	3/17/2006
5	1:15.20	842	Williams, Kim	BISC	2/15/2008
6	1:15.30	840	McDevitt, Alexa	BISC	3/23/2018
7	1:15.64	831	Hong, Zoe	CAAT	3/11/2016
8	1:16.00	823	Tu, Gillian	IST	12/11/2015
9	1:16.06	821	Battistoni, Belle	KING	3/22/2013
10	1:16.15	819	Uyeno, Linnea	KING	11/22/2008
11	1:16.27	816	Mayfield, Mackenzie	CSC	3/20/2015
12	1:16.28	816	Siripipat, Lily	KING	2/11/2017
13	1:16.31	815	Lo, Florence	BBST	12/11/2015
14	1:16.49	811	Coe, Savannah	KING	3/27/2004
15	1:16.61	808	Kolyvek, Hanna	KING	2/28/2014
16	1:17.49	787	Mann, Kynseth	BC	3/20/2014
17	1:17.52	786	Yao, Allyson	PDST	3/22/2013
18	1:17.56	785	Teegan, Helen	KING	3/27/2009
19	1:17.90	777	Jin, Rachel	PDST	12/7/2012
20	1:18.14	771	Gourley, Veronica	TOSC	2/11/2017
21	1:18.16	771	Derstadt, Sadye	IST	3/23/2018
22	1:18.29	768	Kehoe, Gracyn	BISC	10/6/2018
23	1:18.48	763	Soria, Jess	KING	3/21/2003
24	1:18.80	756	Gao, Brisa	PDST	12/7/2018
25	1:18.87	754	Freeman, Alma	BC	3/22/2013
TOTAL		20186	AVERAGE	807.44	

100 YARD BREASTSTROKE (September 1, 2010 – August 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	1:13.74	878	Chien, Isabel	KING	3/30/2012
2	1:14.63	856	Pedersen, Bindi	MMSC	3/18/2011
3	1:14.92	849	La, Yvy	UPAC	12/7/2018
4	1:15.30	840	McDevitt, Alexa	BISC	3/23/2018
5	1:15.64	831	Hong, Zoe	CAAT	3/11/2016
6	1:16.00	823	Tu, Gillian	IST	12/11/2015
7	1:16.06	821	Battistoni, Belle	KING	3/22/2013
8	1:16.27	816	Mayfield, Mackenzie	CSC	3/20/2015
9	1:16.28	816	Siripipat, Lily	KING	2/11/2017
10	1:16.31	815	Lo, Florence	BBST	12/11/2015
11	1:16.61	808	Kolyvek, Hanna	KING	2/28/2014
12	1:17.49	787	Mann, Kynseth	BC	3/20/2014
13	1:17.52	786	Yao, Allyson	PDST	3/22/2013
14	1:17.90	777	Jin, Rachel	PDST	12/7/2012
15	1:18.14	771	Gourley, Veronica	TOSC	2/11/2017
16	1:18.16	771	Derstadt, Sadye	IST	3/23/2018
17	1:18.29	768	Kehoe, Gracyn	BISC	10/6/2018
18	1:18.80	756	Gao, Brisa	PDST	12/7/2018
19	1:18.87	754	Freeman, Alma	BC	3/22/2013
20	1:18.90	753	Liljar, Ashlea	KING	3/22/2013
21	1:18.97	752	Kaushik, Samyukta	WAVE	11/18/2017
22	1:18.98	751	Lopes, Brooke	FAST	10/21/2017
23	1:19.08	749	Glubochansky, Gabby	IST	3/18/2011
24	1:19.09	749	Clise, Maya	KING	1/25/2015
25	1:19.27	744	Chong, Crystal	PDST	12/9/2011
TOTAL		19821	AVERAGE	792.84	

100 YARD BREASTSTROKE (September 1,2000 – August 31, 2010)

RNK	TIME	PP	NAME	TEAM	DATE
1	1:15.17	843	Volodkevich, Maria	IST	3/17/2006
2	1:15.20	842	Williams, Kim	BISC	2/15/2008
3	1:16.15	819	Uyeno, Linnea	KING	11/22/2008
4	1:16.49	811	Coe, Savannah	KING	3/27/2004
5	1:17.56	785	Teegan, Helen	KING	3/27/2009
6	1:18.48	763	Soria, Jess	KING	3/21/2003
7	1:19.08	749	Tallman, Cassie	UN	2/10/2007
8	1:19.68	735	Jeong, Clare	KING	3/23/2007
9	1:19.99	727	Godfred, Rachel	C	3/23/2001
9	1:19.99	727	Nakamura, Mckenzie	WAVE	3/23/2001
11	1:20.14	724	Shabb, Hannah	CSC	1/17/2009
12	1:20.40	718	Dovinh, Angeline	SSC	11/7/2009
13	1:20.43	717	Hamilton, Stephanie	WAKO	3/23/2001
14	1:20.58	714	Cratsenberg, Amber	VAST	3/18/2005
15	1:20.82	708	Tannhauser, Kelly	SBAY	11/23/2002
16	1:21.02	703	Albright, Taryn	SSC	12/20/2003
17	1:21.79	686	Rosen, Laura	NWAC	10/14/2006
18	1:21.89	683	Stolz, Claire	CSC	12/6/2003
19	1:21.90	683	Lin, Kathy	IST	3/27/2009
20	1:22.02	680	Deiparine, Lauren	SBAY	1/12/2002
21	1:22.43	671	Mackie, Katie	BC	12/8/2006
22	1:22.45	670	Adler, Sarah	BC	3/22/2002
23	1:22.53	669	Peirano, Anna	BISC	3/23/2007
23	1:22.53	669	Chan, Nakayla	KING	1/12/2002
25	1:22.61	667	Lim, Sarina	CSC	2/3/2006
TOTAL		18163	AVERAGE	726.52	

100 YARD BREASTSTROKE (September 1,1990 – August 31, 2000)

RNK	TIME	PP	NAME	TEAM	DATE
TOTAL			AVERAGE		

PACIFIC NORTHWEST SWIMMING

3/31/2020

GIRLS TEN YEARS - SHORT COURSE YARDS

50 YARD BUTTERFLY (September 1,2000 – March 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	28.61	899	Chien, Isabel	KING	3/30/2012
2	28.80	887	Pham, Sophie	SMAC	3/31/2019
3	28.87	883	Li, Delora	PDST	3/30/2012
4	29.00	874	Dang, Gabby	WAVE	3/18/2011
5	29.04	872	Kehoe, Gracyn	BISC	10/7/2018
6	29.05	871	Lei, Megan	KING	12/12/2015
7	29.26	858	Davis, Alyssa	KING	3/18/2005
7	29.26	858	Jablonski, Ella	XCEL	4/2/2017
9	29.28	856	Pak, Jazlynn	WAVE	3/22/2013
9	29.28	856	Hirata, Liane	OAC	3/17/2006
11	29.50	843	Siripipat, Lily	KING	2/12/2017
11	29.50	843	Pedersen, Bindi	MMSC	3/18/2011
13	29.58	837	Tang, Amy	PDST	12/19/2013
13	29.58	837	Yew, Sarah	PSA	2/8/2014
15	29.72	829	Rychlik, Kyleigh	VAST	12/22/2019
16	29.87	819	Andrews, Catherine	CSC	1/29/2017
17	29.91	817	Watson, Clare	BISC	9/15/2018
17	29.91	817	McLain, Shosho	UN	2/23/2019
19	30.01	811	Hays, Nya	PPST	12/2/2017
20	30.03	809	Beers, Eleanor	PPST	3/22/2013
21	30.09	806	Matsumoto, Harper	XCEL	12/9/2017
22	30.32	791	Hayes, Margaret	BISC	10/11/2014
23	30.40	787	Wichelmann, Sloane	KING	3/26/2016
24	30.42	785	La, Yvy	UPAC	12/1/2018
25	30.44	784	Ito, Mitsuki	BC	11/22/2015
TOTAL		20929	AVERAGE	837.16	

50 YARD BUTTERFLY (September 1, 2010 – August 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	28.61	899	Chien, Isabel	KING	3/30/2012
2	28.80	887	Pham, Sophie	SMAC	3/31/2019
3	28.87	883	Li, Delora	PDST	3/30/2012
4	29.00	874	Dang, Gabby	WAVE	3/18/2011
5	29.04	872	Kehoe, Gracyn	BISC	10/7/2018
6	29.05	871	Lei, Megan	KING	12/12/2015
7	29.26	858	Jablonski, Ella	XCEL	4/2/2017
8	29.28	856	Pak, Jazlynn	WAVE	3/22/2013
9	29.50	843	Pedersen, Bindi	MMSC	3/18/2011
9	29.50	843	Siripipat, Lily	KING	2/12/2017
11	29.58	837	Tang, Amy	PDST	12/19/2013
11	29.58	837	Yew, Sarah	PSA	2/8/2014
13	29.72	829	Rychlik, Kyleigh	VAST	12/22/2019
14	29.87	819	Andrews, Catherine	CSC	1/29/2017
15	29.91	817	Watson, Clare	BISC	9/15/2018
15	29.91	817	McLain, Shosho	UN	2/23/2019
17	30.01	811	Hays, Nya	PPST	12/2/2017
18	30.03	809	Beers, Eleanor	PPST	3/22/2013
19	30.09	806	Matsumoto, Harper	XCEL	12/9/2017
20	30.32	791	Hayes, Margaret	BISC	10/11/2014
21	30.40	787	Wichelmann, Sloane	KING	3/26/2016
22	30.42	785	La, Yvy	UPAC	12/1/2018
23	30.44	784	Ito, Mitsuki	BC	11/22/2015
24	30.57	776	Miller, Alana	NWAC	2/28/2016
25	30.58	776	Wilson, Lauren	ESC	3/20/2014
TOTAL		20767	AVERAGE	830.68	

50 YARD BUTTERFLY (September 1,2000 – August 31, 2010)

RNK	TIME	PP	NAME	TEAM	DATE
1	29.26	858	Davis, Alyssa	KING	3/18/2005
2	29.28	856	Hirata, Liane	OAC	3/17/2006
3	30.50	780	Tanasse, Emily	KING	3/17/2006
4	30.59	775	Seidner, Lindsey	KING	3/27/2009
5	30.62	773	Shabb, Hannah	CSC	3/14/2009
6	30.71	768	Pearson, Jada	ESC	12/12/2008
6	30.71	768	Matsuda, Jeni	BEST	3/5/2010
8	30.90	756	Morris, Lily	BC	10/23/2004
9	31.06	747	Domanowski, Christina	MMSC	3/27/2009
10	31.13	742	Harris, Taylor	KING	12/8/2006
11	31.27	734	Domanowski, Jenni	MMSC	3/18/2005
12	31.31	732	Cate, Beth	KING	2/23/2002
13	31.36	729	Huo, Jenny	KING	11/22/2008
13	31.36	729	Williams, Kim	BISC	11/4/2007
15	31.54	718	Randolf, Melissa	SSC	3/21/2003
16	31.56	717	Volodkevich, Maria	IST	2/4/2006
17	31.62	713	McDermott, Amber	WEST	11/22/2003
18	31.68	710	Childress, Haley	C	4/24/2010
19	31.69	709	Cratsenberg, Amber	VAST	2/18/2005
20	31.81	702	Cook, Alyssa	PAC	12/7/2007
21	31.84	700	Michaels, Dana	CSC	1/10/2004
22	31.87	698	Rah, Michelle	KING	2/4/2006
23	31.88	698	Rosen, Laura	NWAC	3/17/2006
24	31.92	696	Fenster, Emily	SWIM	3/21/2003
25	31.93	695	Ingerson, Audrey	UN	2/7/2003
TOTAL		18503	AVERAGE	740.12	

50 YARD BUTTERFLY (September 1,1990 – August 31, 2000)

RNK	TIME	PP	NAME	TEAM	DATE
TOTAL			AVERAGE		

PACIFIC NORTHWEST SWIMMING

3/31/2020

GIRLS TEN YEARS - SHORT COURSE YARDS

100 YARD BUTTERFLY (September 1,2000 – March 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	1:03.22	921	Chien, Isabel	KING	3/30/2012
2	1:04.40	888	Li, Delora	PDST	3/30/2012
3	1:05.32	862	Davis, Alyssa	KING	3/18/2005
4	1:05.66	853	La, Yvy	UPAC	12/9/2018
4	1:05.66	853	Pedersen, Bindi	MMSC	3/18/2011
6	1:05.70	852	Tang, Amy	PDST	12/13/2013
7	1:06.39	833	Jablonski, Ella	XCEL	3/30/2017
8	1:06.84	821	Pak, Jazlynn	WAVE	3/22/2013
9	1:07.36	807	Siripipat, Lily	KING	12/11/2016
10	1:07.46	804	Lei, Megan	KING	1/17/2016
11	1:07.49	803	Hays, Nya	PPST	11/18/2017
12	1:07.60	800	Forbis, Sutton	CSC	12/20/2019
13	1:07.77	796	Kehoe, Gracyn	BISC	4/5/2018
14	1:07.79	795	Beers, Eleanor	PPST	3/22/2013
15	1:08.02	789	McCarthy, Nora	SMAC	12/20/2019
16	1:08.20	784	Watson, Clare	BISC	3/25/2018
17	1:08.22	784	Shabb, Hannah	CSC	12/12/2008
18	1:08.35	780	Seidner, Lindsey	KING	3/27/2009
18	1:08.35	780	Jin, Rachel	PDST	12/7/2012
20	1:08.76	769	Wilson, Lauren	ESC	3/20/2014
21	1:08.84	767	Pham, Sophie	SMAC	3/24/2019
22	1:08.98	764	Williams, Kim	BISC	3/14/2008
23	1:09.03	762	Bagniewski, Molly	FAST	12/11/2016
24	1:09.15	759	Matsuda, Jeni	BEST	3/19/2010
25	1:09.28	756	Domanowski, Jenni	MMSC	3/18/2005
TOTAL		20182	AVERAGE	807.28	

100 YARD BUTTERFLY (September 1, 2010 – August 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	1:03.22	921	Chien, Isabel	KING	3/30/2012
2	1:04.40	888	Li, Delora	PDST	3/30/2012
3	1:05.66	853	La, Yvy	UPAC	12/9/2018
3	1:05.66	853	Pedersen, Bindi	MMSC	3/18/2011
5	1:05.70	852	Tang, Amy	PDST	12/13/2013
6	1:06.39	833	Jablonski, Ella	XCEL	3/30/2017
7	1:06.84	821	Pak, Jazlynn	WAVE	3/22/2013
8	1:07.36	807	Siripipat, Lily	KING	12/11/2016
9	1:07.46	804	Lei, Megan	KING	1/17/2016
10	1:07.49	803	Hays, Nya	PPST	11/18/2017
11	1:07.60	800	Forbis, Sutton	CSC	12/20/2019
12	1:07.77	796	Kehoe, Gracyn	BISC	4/5/2018
13	1:07.79	795	Beers, Eleanor	PPST	3/22/2013
14	1:08.02	789	McCarthy, Nora	SMAC	12/20/2019
15	1:08.20	784	Watson, Clare	BISC	3/25/2018
16	1:08.35	780	Jin, Rachel	PDST	12/7/2012
17	1:08.76	769	Wilson, Lauren	ESC	3/20/2014
18	1:08.84	767	Pham, Sophie	SMAC	3/24/2019
19	1:09.03	762	Bagniewski, Molly	FAST	12/11/2016
20	1:09.30	755	Andrews, Catherine	CSC	12/11/2016
21	1:09.31	755	Dang, Gabby	WAVE	8/6/2011
22	1:09.41	752	Yew, Sarah	PSA	2/28/2014
23	1:09.55	749	Lenahan, Tierney	BISC	4/28/2018
24	1:09.81	742	Peng, Isabel	OCA	3/25/2018
25	1:09.91	739	Ross, Bree	KING	3/30/2012
TOTAL		19969	AVERAGE	798.76	

100 YARD BUTTERFLY (September 1,2000 – August 31, 2010)

RNK	TIME	PP	NAME	TEAM	DATE
1	1:05.32	862	Davis, Alyssa	KING	3/18/2005
2	1:08.22	784	Shabb, Hannah	CSC	12/12/2008
3	1:08.35	780	Seidner, Lindsey	KING	3/27/2009
4	1:08.98	764	Williams, Kim	BISC	3/14/2008
5	1:09.15	759	Matsuda, Jeni	BEST	3/19/2010
6	1:09.28	756	Domanowski, Jenni	MMSC	3/18/2005
7	1:09.50	750	Rosen, Laura	NWAC	3/17/2006
8	1:09.78	743	Huo, Jenny	KING	11/22/2008
9	1:09.79	742	Tannhauser, Kelly	SBAY	12/7/2002
10	1:09.91	739	Harris, Taylor	KING	12/8/2006
11	1:09.99	737	Ingerson, Audrey	UN	2/7/2003
12	1:10.65	720	Pearson, Jada	ESC	12/12/2008
13	1:10.66	720	Michaels, Dana	CSC	3/19/2004
14	1:10.74	718	Cate, Beth	KING	2/23/2002
15	1:10.85	715	Tanasse, Emily	KING	2/4/2006
16	1:10.96	712	Boggs, Briley	KING	3/23/2001
17	1:11.08	709	Domanowski, Christina	MMSC	10/3/2009
18	1:11.12	708	Cook, Alyssa	PAC	3/14/2008
19	1:11.20	706	McDermott, Amber	WEST	12/6/2003
20	1:11.39	701	Soria, Jess	KING	3/21/2003
21	1:12.12	682	Coe, Savannah	KING	12/20/2003
22	1:12.29	678	Huffer, Kelly	NWAC	3/19/2010
23	1:12.35	676	Forbord, Sierra	PAC	2/26/2010
24	1:12.62	670	Yap, Lavinya	WEST	12/7/2007
25	1:12.91	662	Lindblad, Gabby	KING	3/18/2005
TOTAL		18193	AVERAGE	727.72	

100 YARD BUTTERFLY (September 1,1990 – August 31, 2000)

RNK	TIME	PP	NAME	TEAM	DATE
TOTAL			AVERAGE		

GIRLS TEN YEARS - SHORT COURSE YARDS

100 YARD INDIVIDUAL MEDLEY (September 1,2000 – March 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	1:06.37	887	Chien, Isabel	KING	3/30/2012
2	1:06.75	875	Siripipat, Lily	KING	2/26/2017
3	1:06.98	867	La, Yvy	UPAC	12/9/2018
4	1:07.04	866	Li, Delora	PDST	3/30/2012
5	1:07.13	863	Pedersen, Bindi	MMSC	3/18/2011
6	1:07.29	857	Volodkevich, Maria	IST	3/17/2006
7	1:07.83	840	Kehoe, Gracyn	BISC	4/8/2018
8	1:08.02	834	Hirata, Liane	OAC	3/17/2006
9	1:08.06	833	Tang, Amy	PDST	10/26/2013
10	1:08.13	831	Beers, Eleanor	PPST	3/22/2013
11	1:08.40	822	Lei, Megan	KING	1/16/2016
12	1:08.50	819	Derstadt, Sadye	IST	10/14/2018
13	1:08.57	817	Pham, Sophie	SMAC	3/31/2019
14	1:08.58	816	McLain, Shosho	UN	11/2/2019
15	1:08.91	806	Teegan, Helen	KING	3/27/2009
16	1:08.93	805	Blomso, Maren	CSC	3/18/2011
17	1:08.94	805	Pak, Jazlynn	WAVE	3/9/2013
18	1:09.01	803	Doane, Camden	TSC	2/26/2017
19	1:09.08	801	Battistoni, Belle	KING	3/22/2013
20	1:09.13	799	Hays, Nya	PPST	12/2/2017
21	1:09.16	798	Davis, Alyssa	KING	3/18/2005
22	1:09.26	795	Huo, Jenny	KING	11/22/2008
22	1:09.26	795	Dang, Gabby	WAVE	3/26/2011
24	1:09.33	793	Williams, Kim	BISC	1/12/2008
25	1:09.57	785	Mayfield, Mackenzie	CSC	3/22/2015
TOTAL		20612	AVERAGE	824.48	

100 YARD INDIVIDUAL MEDLEY (September 1, 2010 – August 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	1:06.37	887	Chien, Isabel	KING	3/30/2012
2	1:06.75	875	Siripipat, Lily	KING	2/26/2017
3	1:06.98	867	La, Yvy	UPAC	12/9/2018
4	1:07.04	866	Li, Delora	PDST	3/30/2012
5	1:07.13	863	Pedersen, Bindi	MMSC	3/18/2011
6	1:07.83	840	Kehoe, Gracyn	BISC	4/8/2018
7	1:08.06	833	Tang, Amy	PDST	10/26/2013
8	1:08.13	831	Beers, Eleanor	PPST	3/22/2013
9	1:08.40	822	Lei, Megan	KING	1/16/2016
10	1:08.50	819	Derstadt, Sadye	IST	10/14/2018
11	1:08.57	817	Pham, Sophie	SMAC	3/31/2019
12	1:08.58	816	McLain, Shosho	UN	11/2/2019
13	1:08.93	805	Blomso, Maren	CSC	3/18/2011
14	1:08.94	805	Pak, Jazlynn	WAVE	3/9/2013
15	1:09.01	803	Doane, Camden	TSC	2/26/2017
16	1:09.08	801	Battistoni, Belle	KING	3/22/2013
17	1:09.13	799	Hays, Nya	PPST	12/2/2017
18	1:09.26	795	Dang, Gabby	WAVE	3/26/2011
19	1:09.57	785	Mayfield, Mackenzie	CSC	3/22/2015
20	1:09.64	783	Wichelmann, Sloane	KING	3/26/2016
21	1:09.69	782	McDevitt, Alexa	BISC	3/25/2018
22	1:09.77	779	Lo, Florence	BBST	12/13/2015
23	1:10.03	771	Zacharias, Emily	WWA	10/15/2011
24	1:10.04	771	Wang, Gracie	PDST	12/13/2013
25	1:10.22	765	Yew, Sarah	PSA	12/13/2013
TOTAL		20380	AVERAGE	815.20	

100 YARD INDIVIDUAL MEDLEY (September 1,2000 – August 31, 2010)

RNK	TIME	PP	NAME	TEAM	DATE
1	1:07.29	857	Volodkevich, Maria	IST	3/17/2006
2	1:08.02	834	Hirata, Liane	OAC	3/17/2006
3	1:08.91	806	Teegan, Helen	KING	3/27/2009
4	1:09.16	798	Davis, Alyssa	KING	3/18/2005
5	1:09.26	795	Huo, Jenny	KING	11/22/2008
6	1:09.33	793	Williams, Kim	BISC	1/12/2008
7	1:09.76	780	Tannhauser, Kelly	SBAY	12/7/2002
8	1:09.92	775	Shabb, Hannah	CSC	12/12/2008
9	1:10.48	757	Rosen, Laura	NWAC	10/14/2006
10	1:10.49	757	Cratsenberg, Amber	VAST	3/18/2005
11	1:10.52	756	Randolf, Melissa	SSC	6/27/2003
12	1:10.67	752	Albright, Taryn	SSC	1/30/2004
13	1:10.76	749	Matsuda, Jeni	BEST	3/19/2010
14	1:10.96	743	Soria, Jess	KING	3/21/2003
15	1:11.11	738	McDermott, Amber	WEST	11/22/2003
16	1:11.31	732	Harris, Taylor	KING	12/8/2006
17	1:11.42	729	Domanowski, Christina	MMSC	10/3/2009
18	1:11.46	728	Morris, Lily	BC	11/7/2004
19	1:11.47	727	Jeong, Clare	KING	3/23/2007
19	1:11.47	727	Hamilton, Stephanie	WAKO	3/23/2001
21	1:11.77	718	Guieb, Gabby	HSKY	12/2/2000
22	1:12.06	710	Uyeno, Linnea	KING	11/22/2008
23	1:12.09	709	Tallman, Cassie	UN	3/10/2007
24	1:12.30	703	Ginnis, Morgan	MMSC	10/14/2006
25	1:12.41	699	Stolz, Claire	CSC	12/6/2003
TOTAL		18872	AVERAGE	754.88	

100 YARD INDIVIDUAL MEDLEY (September 1,1990 – August 31, 2000)

RNK	TIME	PP	NAME	TEAM	DATE
TOTAL			AVERAGE		

PACIFIC NORTHWEST SWIMMING

3/31/2020

GIRLS TEN YEARS - SHORT COURSE YARDS

200 YARD INDIVIDUAL MEDLEY (September 1,2000 – March 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	2:20.45	904	La, Yvy	UPAC	1/18/2019
2	2:21.12	894	Li, Delora	PDST	3/30/2012
3	2:22.18	878	Chien, Isabel	KING	3/30/2012
4	2:23.92	852	Tang, Amy	PDST	12/13/2013
5	2:24.19	848	Williams, Kim	BISC	3/14/2008
6	2:24.57	843	Siripipat, Lily	KING	2/12/2017
7	2:24.58	843	Kehoe, Gracyn	BISC	10/6/2018
8	2:24.74	840	Pedersen, Bindi	MMSC	11/5/2011
9	2:25.83	824	Shabb, Hannah	CSC	12/12/2008
10	2:25.93	823	Tannhauser, Kelly	SBAY	12/7/2002
11	2:26.82	810	Davis, Alyssa	KING	3/18/2005
12	2:27.12	806	Rosen, Laura	NWAC	3/17/2006
13	2:27.32	803	Hirata, Liane	OAC	3/17/2006
14	2:27.44	801	Derstadt, Sadye	IST	10/13/2018
15	2:27.86	795	McDevitt, Alexa	BISC	3/24/2018
16	2:28.38	788	Volodkevich, Maria	IST	2/4/2006
17	2:28.68	784	Huo, Jenny	KING	11/22/2008
18	2:28.86	781	Lei, Megan	KING	11/22/2015
19	2:28.99	779	Uyeno, Linnea	KING	11/22/2008
20	2:29.38	774	Jin, Rachel	PDST	12/7/2012
21	2:29.56	771	McDermott, Amber	WEST	11/22/2003
22	2:29.68	770	Matsuda, Jeni	BEST	3/19/2010
23	2:29.95	766	Jia, Maddy	PDST	12/21/2014
24	2:30.10	764	Doane, Camden	TSC	2/25/2017
25	2:30.36	760	Mayfield, Mackenzie	CSC	3/21/2015
TOTAL		20301	AVERAGE	812.04	

200 YARD INDIVIDUAL MEDLEY (September 1, 2010 – August 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	2:20.45	904	La, Yvy	UPAC	1/18/2019
2	2:21.12	894	Li, Delora	PDST	3/30/2012
3	2:22.18	878	Chien, Isabel	KING	3/30/2012
4	2:23.92	852	Tang, Amy	PDST	12/13/2013
5	2:24.57	843	Siripipat, Lily	KING	2/12/2017
6	2:24.58	843	Kehoe, Gracyn	BISC	10/6/2018
7	2:24.74	840	Pedersen, Bindi	MMSC	11/5/2011
8	2:27.44	801	Derstadt, Sadye	IST	10/13/2018
9	2:27.86	795	McDevitt, Alexa	BISC	3/24/2018
10	2:28.86	781	Lei, Megan	KING	11/22/2015
11	2:29.38	774	Jin, Rachel	PDST	12/7/2012
12	2:29.95	766	Jia, Maddy	PDST	12/21/2014
13	2:30.10	764	Doane, Camden	TSC	2/25/2017
14	2:30.36	760	Mayfield, Mackenzie	CSC	3/21/2015
15	2:30.76	754	Pham, Sophie	SMAC	1/27/2019
16	2:31.04	751	Battistoni, Belle	KING	2/22/2013
17	2:31.05	750	Ong, Kat	PRO	1/8/2017
18	2:31.26	747	Dang, Gabby	WAVE	2/25/2011
19	2:31.65	742	Yao, Allyson	PDST	3/22/2013
20	2:32.00	737	Pak, Jazlynn	WAVE	3/22/2013
21	2:32.80	726	McCarthy, Nora	SMAC	12/22/2019
22	2:33.05	723	Dupuis, Lauren	CSC	1/12/2013
23	2:33.20	721	Liu, Katie	PDST	3/21/2015
24	2:33.45	717	Zacharias, Emily	WWA	3/18/2011
24	2:33.45	717	Woare, Cecilia	CAAT	1/27/2018
TOTAL		19580	AVERAGE	783.20	

200 YARD INDIVIDUAL MEDLEY (September 1,2000 – August 31, 2010)

RNK	TIME	PP	NAME	TEAM	DATE
1	2:24.19	848	Williams, Kim	BISC	3/14/2008
2	2:25.83	824	Shabb, Hannah	CSC	12/12/2008
3	2:25.93	823	Tannhauser, Kelly	SBAY	12/7/2002
4	2:26.82	810	Davis, Alyssa	KING	3/18/2005
5	2:27.12	806	Rosen, Laura	NWAC	3/17/2006
6	2:27.32	803	Hirata, Liane	OAC	3/17/2006
7	2:28.38	788	Volodkevich, Maria	IST	2/4/2006
8	2:28.68	784	Huo, Jenny	KING	11/22/2008
9	2:28.99	779	Uyeno, Linnea	KING	11/22/2008
10	2:29.56	771	McDermott, Amber	WEST	11/22/2003
11	2:29.68	770	Matsuda, Jeni	BEST	3/19/2010
12	2:31.90	739	Ginnis, Morgan	MMSC	11/18/2006
13	2:31.93	738	Harris, Taylor	KING	12/8/2006
14	2:32.17	735	Chan, Nakayla	KING	1/12/2002
15	2:32.42	731	Yap, Lavinya	WEST	2/23/2008
16	2:32.53	730	Cook, Alyssa	PAC	4/3/2008
17	2:32.90	725	Benson, Hannah	CSC	3/23/2007
18	2:33.02	723	Soria, Jess	KING	3/21/2003
19	2:33.08	722	Coe, Savannah	KING	3/19/2004
20	2:33.28	720	Teegan, Helen	KING	2/28/2009
21	2:33.37	718	Bond, Galen	SBAY	3/19/2004
22	2:33.42	718	Seidner, Lindsey	KING	3/27/2009
23	2:34.23	707	Ingerson, Audrey	UN	2/7/2003
24	2:34.56	702	Tallman, Cassie	UN	3/10/2007
25	2:34.85	698	Davidson, Katie	WAVE	3/23/2007
TOTAL		18912	AVERAGE	756.48	

200 YARD INDIVIDUAL MEDLEY (September 1,1990 – August 31, 2000)

RNK	TIME	PP	NAME	TEAM	DATE
TOTAL			AVERAGE		

PACIFIC NORTHWEST SWIMMING

PACIFIC NORTHWEST SWIMMING

3/31/2020

GIRLS TEN YEARS - SHORT COURSE YARDS

400 YARD INDIVIDUAL MEDLEY (September 1,2000 – March 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	4:42.49	939	Williams, Kim	BISC	3/27/2009
2	4:47.08	904	Doane, Camden	UN	12/8/2017
3	4:47.79	899	Pedersen, Bindi	MMSC	10/13/2012
4	4:50.16	881	McDevitt, Alexa	BISC	3/22/2019
5	4:50.22	880	Kukors, Ariana	KING	12/8/2000
6	4:50.29	880	Shabb, Hannah	CSC	1/16/2010
7	4:51.49	871	La, Yvy	UPAC	11/23/2019
8	4:53.45	856	Davis, Alyssa	KING	2/4/2006
9	4:53.72	854	Chan, Nakayla	KING	2/8/2003
10	4:54.47	849	Tannhauser, Kelly	SBAY	11/22/2003
11	4:54.49	849	Li, Delora	PDST	12/7/2012
12	4:54.81	846	Volodkevich, Maria	IST	3/10/2007
13	4:54.88	846	Ton, Deanna	CSC	3/20/2014
14	4:55.03	845	McDermott, Amber	WEST	2/5/2005
15	4:55.54	841	Jin, Rachel	PDST	12/13/2013
16	4:55.67	840	Rosen, Laura	NWAC	10/20/2007
17	4:56.33	835	Derstadt, Sadye	IST	3/22/2019
18	4:56.44	834	Zacharias, Emily	WWA	10/13/2012
19	4:56.46	834	Chien, Isabel	KING	1/19/2013
20	4:56.70	832	Cook, Alyssa	KING	3/27/2009
21	4:56.94	831	Woare, Cecilia	SMAC	12/7/2018
22	4:57.54	826	Roberson, Leslie	SBAY	12/8/2000
23	4:58.12	822	Harris, Taylor	KING	11/17/2007
24	4:58.61	818	Domanowski, Jenni	MMSC	2/4/2006
25	4:59.44	812	Pham, Sophie	SMAC	1/12/2020
TOTAL		21324	AVERAGE	852.96	

200 YARD INDIVIDUAL MEDLEY (September 1, 2010 – August 31, 2020)

RNK	TIME	PP	NAME	TEAM	DATE
1	2:20.45	904	La, Yvy	UPAC	1/18/2019
2	2:21.12	894	Li, Delora	PDST	3/30/2012
3	2:22.18	878	Chien, Isabel	KING	3/30/2012
4	2:23.92	852	Tang, Amy	PDST	12/13/2013
5	2:24.57	843	Siripipat, Lily	KING	2/12/2017
6	2:24.58	843	Kehoe, Gracyn	BISC	10/6/2018
7	2:24.74	840	Pedersen, Bindi	MMSC	11/5/2011
8	2:27.44	801	Derstadt, Sadye	IST	10/13/2018
9	2:27.86	795	McDevitt, Alexa	BISC	3/24/2018
10	2:28.86	781	Lei, Megan	KING	11/22/2015
11	2:29.38	774	Jin, Rachel	PDST	12/7/2012
12	2:29.95	766	Jia, Maddy	PDST	12/21/2014
13	2:30.10	764	Doane, Camden	TSC	2/25/2017
14	2:30.36	760	Mayfield, Mackenzie	CSC	3/21/2015
15	2:30.76	754	Pham, Sophie	SMAC	1/27/2019
16	2:31.04	751	Battistoni, Belle	KING	2/22/2013
17	2:31.05	750	Ong, Kat	PRO	1/8/2017
18	2:31.26	747	Dang, Gabby	WAVE	2/25/2011
19	2:31.65	742	Yao, Allyson	PDST	3/22/2013
20	2:32.00	737	Pak, Jazlynn	WAVE	3/22/2013
21	2:32.80	726	McCarthy, Nora	SMAC	12/22/2019
22	2:33.05	723	Dupuis, Lauren	CSC	1/12/2013
23	2:33.20	721	Liu, Katie	PDST	3/21/2015
24	2:33.45	717	Zacharias, Emily	WWA	3/18/2011
24	2:33.45	717	Woare, Cecilia	CAAT	1/27/2018
TOTAL		19580	AVERAGE	783.20	

400 YARD INDIVIDUAL MEDLEY (September 1,2000 – August 31, 2010)

RNK	TIME	PP	NAME	TEAM	DATE
1	4:42.49	939	Williams, Kim	BISC	3/27/2009
2	4:50.22	880	Kukors, Ariana	KING	12/8/2000
3	4:50.29	880	Shabb, Hannah	CSC	1/16/2010
4	4:53.45	856	Davis, Alyssa	KING	2/4/2006
5	4:53.72	854	Chan, Nakayla	KING	2/8/2003
6	4:54.47	849	Tannhauser, Kelly	SBAY	11/22/2003
7	4:54.81	846	Volodkevich, Maria	IST	3/10/2007
8	4:55.03	845	McDermott, Amber	WEST	2/5/2005
9	4:55.67	840	Rosen, Laura	NWAC	10/20/2007
10	4:56.70	832	Cook, Alyssa	KING	3/27/2009
11	4:57.54	826	Roberson, Leslie	SBAY	12/8/2000
12	4:58.12	822	Harris, Taylor	KING	11/17/2007
13	4:58.61	818	Domanowski, Jenni	MMSC	2/4/2006
14	5:01.09	800	Seidner, Lindsey	OCA	3/19/2010
15	5:01.15	800	Domanowski, Christina	MMSC	2/6/2010
16	5:01.37	798	Coe, Savannah	KING	2/5/2005
17	5:01.45	798	Vanderwel, Heidi	WEST	12/7/2007
18	5:04.62	775	Yap, Lavinya	WEST	1/22/2009
18	5:04.62	775	Huo, Jenny	KING	11/21/2009
20	5:05.10	771	Ginnis, Morgan	MMSC	10/20/2007
21	5:05.42	769	Tallman, Cassie	KING	1/12/2008
22	5:05.46	769	Averill, Trish	KING	11/23/2002
23	5:06.12	764	Uyeno, Linnea	UN	10/17/2009
24	5:06.19	764	Teegan, Helen	KING	1/16/2010
25	5:06.28	763	Bond, Galen	SBAY	12/10/2004
TOTAL		20433	AVERAGE	817.32	

200 YARD INDIVIDUAL MEDLEY (September 1,1990 – August 31, 2000)

RNK	TIME	PP	NAME	TEAM	DATE
TOTAL			AVERAGE		