

## 2019 Women's Leadership Summit Application for Women Coaches in the PNS April 12-14<sup>th</sup>, 2019

**Where:** Black Forest, Colorado (Directly NE of Colorado Springs)

**Costs:** Travel and Leadership Summit covered by PNS Swimming

**Location:** La Foret Conference & Retreat Center

Originally the summer estate of Mrs. Alice Bemis Taylor. Mrs. Taylor and her husband Frederick Morgan Pike Taylor are considered to be one of Colorado Springs' most important founding families. Their family had a rich history of philanthropy. Alice Bemis Taylor was the first woman to serve as a trustee of Colorado College and was known as "Lady Bountiful" for her generous donations to the institution. Mrs. Taylor held great interest for art and architecture. She was one of three benefactresses of the Colorado Springs Fine Arts Center, perhaps her greatest contribution to the community.



La Foret Mission

"In a world which needs compassion, tolerance, and love,  
the La Foret Conference & Retreat Center is committed  
to...

...nurturing the spirit,

...connecting people with one another,

...refreshing the weary,

...and inspiring healthy and confident future generations.

We provide a safe and welcoming haven for programs which promote these values."

## **Facilitators:**

### **Cathy Wright-Eger**

Entering her 27<sup>th</sup> year in the Purdue Athletic Department, Cathy Wright-Eger has established a reputation of producing outstanding student-athletes. From 1987 to 2008, Cathy was the Boilermaker Head Swim Coach where her teams represented Purdue at the NCAA Swimming and Diving Championship 20 of her 21 years.

Wright-Eger was named Big Ten Coach of the year in 1990, Boilermaker Coach of the Year by the Purdue Club of Chicago in 1993, YWCA Salute to Women Award in 1996, and featured in Sports Illustrated for Women in 2001 focusing on being a mother and a coach at the same time.

In 2003 and 2005, Cathy was accorded the honor of being named to the United States Swim Team staff for the World University Games in South Korea and Turkey respectively. In 2006, she had the opportunity to take a small group of US swimmers to the FINA World Youth Championships setting herself to be chosen to the US Swim Staff for the 2007 Pan-American games in Rio de Janeiro, Brazil.

After ending her coaching career in 2008, Wright-Eger established the John R. Wooden Leadership Institute for the coaches and student-athletes. She oversees the development of leadership skills in the emerging leaders and the captains of all 18 of the athletics teams. She continues to work with the Athletic Department and is currently the Leadership Advisor and Professional Behaviorist for the John R. Wooden Institute.

### **Erica Cenci**

I am a professional coach who works with current and former athletes as they transition throughout the various stages of their athletic careers. I also specialize in student-athlete development and athlete career development.

As a prior NCAA Division I athlete (Captain of the Purdue Women's Swim & Dive Team, NCAA Division I Championships Qualifier and Big Ten Finalist), I understand the difficulties that come with trying to balance an athletic career with the demands of life (work, school, family, etc.). I also understand the potential complexities that surface while transitioning to life after your athletic career has concluded.

With the combination of my personal athletic experience, coaching expertise, professional career expertise and support, I work with my clients to create custom programs to help them reach their goals, develop skillsets and succeed -- in athletics and in life. These strategies are successful for student-athletes and elite athletics, as well as recent college graduates. I also work with coaches, teams and military members and their families.

I received a degree from Purdue University and an ACTP certificate in Professional Coaching for Life & Work from the University of California Davis. I am also an Associate Certified Coach (ACC) at the International Coach Federation (ICF) and a Certified Daring Way™ Facilitator (CDWF) for The Daring Way™ based on the research of Dr. Brené Brown. Currently, I am also finishing my master's degree at the University of Washington in Intercollegiate Athletics Leadership.

## **Course Description:**

The Women's Leadership Summit provides female coaches with an opportunity to grow both personally and professionally. The Summit will be a weekend retreat designed for amazing women to convene, connect, brainstorm with others and grow their network.

This summit will recharge your life and career with focus on your development both on and off the deck.

# 2019 PNS Women's Leadership Summit Application

April 12-14th, 2019

**DEADLINE for Application Saturday March 9, 2019**

Email to Alice Godfred PNS Coaches Rep

[coachrep2@pns.org](mailto:coachrep2@pns.org)

**Name and team:**

**Phone:**

**E-mail address:**

**Mailing address:**

**Are your coaching certs current?**    YES    NO

1. Reasons for interest in this seminar and what you hope to get out of it.

2. Have you participated on a coaching staff at an All Star meet, NACC meet, Zone meet or LSC Camp or any seminar before? If so, describe your experience.

3. How long, and what levels have you been coaching?

4. While it is NOT REQUIRED you may wish to attach a statement on a separate sheet describing any relevant considerations you may want us to know of which should be considered with this application.

The selection committee for determining the participants is made up of the Diversity & Inclusion Leadership Committee. Coach applications must be submitted on or before the deadline.