



Come be a part of our team!

Seattle Metropolitan Aquatic Club is seeking motivated, enthusiastic individuals looking to make a positive impact in young athletes lives.

We're a large multisite team that while large, has a tight, community feel within each group.

Our Mission: "To build an inclusive community committed to exemplary performance" guides our operations and ensures that all have opportunity to take this sport as far as each athlete desires.

While we are always looking for great people at all sites, we're currently seeking:

Site Lead - Stroke Development / Catfish: Mt. Rainier

A swim team, teaching, and/or swimming instructor background is preferred, as teaching proper stroke technique as well as developing a love for the sport in each swimmer are critical to this position. We want these kids to learn and have fun doing it! This is a M/W/F a week position with practice times are 5:30-7 PM & 5:30-6:30 Friday. This will be a small group setting limited to 4 lanes.

The hourly rate / salary for this position is between \$18-\$26 and is based on experience and knowledge of swim instruction and competitive swim. Additional income is available through swim clinics, working with additional groups and private lessons. Seattle Metropolitan will support all staff with ongoing in house training.

Senior Coach: Tukwila / Mt. Rainier

We're looking for individuals who have a strong coaching background which can include Club, Summer or HS coaching. A competitive swim background is preferred. Duties will include planning workouts based on athlete goals, meet entries and helping swimmers achieve their technical and performance swimming goals.

Swimmers in the Senior Group are athletes who want to continue to achieve a high level of performance both at practice and at meets. Goal setting, time management, communication with coaching staff and technical mastery continue to play integral roles in training. Swimmers

understand that they must contribute to the group for the good of the team. Multi-sport athletes and high school swimmers looking to train the rest of the year are encouraged to join the Senior Group.

Practices are held 5x a week, 1.5 hours. M-F in the evening at the Tukwila and Mt. Rainier pools.

The hourly rate / salary for this position is between \$18-\$26 and is based on experience and knowledge of swim instruction and competitive swim. Additional income is available through swim clinics, working with additional groups and private lessons. Seattle Metropolitan will support all staff with ongoing in house training.

*There is potential for the right candidate / skill set to combine both of these positions into a single salaried position with the club.

Part time assistant Coaches – All levels – All sites

In the Pacific Northwest, we have a lot of swimming alumni who would like to be involved with the sport, but can't commit to the everyday schedule of some of our more committed groups. You know who you are - former college swimmers, triathletes, masters athletes, lesson instructors and former coaches. If you're looking for a way to give back to the sport, we'd still like to have you on deck even if it's a few days a week. There are kids who can benefit from your experience! That's worth something.

Please send resumes and direct questions to Head Coach Ken Spencer.
Kennethrspencer@comcast.net