

PART B: PNS MEET SPEC SHEET 2019 SCY PNS CHAMPS

|                                                                         |                                                                                                                                                           |                                    |
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| <b>PARTICIPATION:</b>                                                   |                                                                                                                                                           |                                    |
| OPEN TO PNS ATHLETES ONLY?                                              | YES                                                                                                                                                       |                                    |
| COURSE?                                                                 | SCY                                                                                                                                                       |                                    |
| <b>ENTRY TIMES:</b>                                                     |                                                                                                                                                           |                                    |
| <b>TIME STANDARDS?</b>                                                  | YES                                                                                                                                                       |                                    |
| If YES, above, qualifying time std for meet or per event (ie Gold, PNS) | PNS Short Course Champs                                                                                                                                   |                                    |
| If Yes, above, time std per meet or per event?                          | YES                                                                                                                                                       |                                    |
| Bonus Events?                                                           | YES                                                                                                                                                       |                                    |
| If YES, Bonus Event Calculation:                                        | One Bonus up to event limit of six (6)                                                                                                                    |                                    |
| Qualifying time period                                                  | Sept 1 of previous season to due date                                                                                                                     |                                    |
| <b>Proof of Time (SWIMS reconcile)?</b>                                 | YES                                                                                                                                                       |                                    |
| <b>NON CONFORMING ENTRY TIMES OK?</b>                                   | YES                                                                                                                                                       |                                    |
| <b>SEEDING ORDER: i.e. SCY, LCM, SCM</b>                                | SCY, SCM, LCM                                                                                                                                             |                                    |
| <b>EVENT LIMITS, DECK ENTRIES</b>                                       |                                                                                                                                                           |                                    |
| EVENT LIMIT PER MEET                                                    | INDIV – 6                                                                                                                                                 | RELAY - 4                          |
| EVENT LIMIT PER DAY, IF ANY (INDIV & RELAY)                             | INDIV – 3                                                                                                                                                 | RELAY – 1                          |
| DECK ENTRIES? Open lanes, discretion of meet referee                    | NO                                                                                                                                                        |                                    |
| <b>AGE GROUP / AGES: INDIVIDUAL</b>                                     | 10U, 11-12, 13-14, 150                                                                                                                                    |                                    |
| <b>AGE GROUPS / AGES: RELAYS</b>                                        | 10U, 11-12, 13-14, 150                                                                                                                                    |                                    |
| <b>AWARDS?</b>                                                          | YES                                                                                                                                                       |                                    |
| AWARDS – INDIVIDUAL EVENTS: MEDALS                                      | PLACES:                                                                                                                                                   | 1 <sup>ST</sup> - 8 <sup>TH</sup>  |
| AWARDS - INDIVIDUAL EVENTS: RIBBONS                                     | PLACES:                                                                                                                                                   | 9 <sup>TH</sup> - 16 <sup>TH</sup> |
| AWARDS – RELAY EVENTS: MEDALS                                           | PLACES                                                                                                                                                    | 1 <sup>ST</sup> – 3 <sup>RD</sup>  |
| AWARDS – RELAY EVENTS: RIBBONS                                          | PLACES:                                                                                                                                                   | 4 <sup>TH</sup> - 16 <sup>TH</sup> |
| TEAMS TROPHY                                                            | PLACES:                                                                                                                                                   | 1 <sup>ST</sup> – 10 <sup>TH</sup> |
| TRAVELING PNS TEAM TROPHY                                               | PLACE:                                                                                                                                                    | 1 <sup>ST</sup>                    |
| AWARDS – INDIVIDUAL HIGH POINT                                          | By age group and gender based on standard scoring points                                                                                                  |                                    |
| AWARDS PROVIDED BY                                                      | PNS                                                                                                                                                       |                                    |
| OTHER AWARD INFO:                                                       | PNS PAY FOR AWARDS                                                                                                                                        |                                    |
| <b>SCORING?</b>                                                         | YES                                                                                                                                                       |                                    |
| SCORING – INDIVIDUAL EVENTS                                             | 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1                                                                                                                   |                                    |
| SCORING – RELAY EVENTS                                                  | 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2                                                                                                               |                                    |
|                                                                         | Only two relays per team may score per relay event.                                                                                                       |                                    |
| <b>SEEDING:</b>                                                         |                                                                                                                                                           |                                    |
| <b>DEFAULT SEEDING STYLE FOR MEET</b>                                   | PRELIMS/FINALS: A, B FINALS<br>SLOW TO FAST                                                                                                               |                                    |
| <b>EVENTS NOT SEEDED ACCORDING TO DEFAULT FOR MEET</b>                  | ALL 10&U EVENTS ARE TIMED FINLAS<br>ALL RELAYS ARE TIMED FIMALS<br>400IM, 500 FREE, 1650 FREE ARE TIMED FINALS<br>400IM, 500 FREE, 1650 FREE FAST TO SLOW |                                    |
| <b>DECK SEEDED EVENTS?</b>                                              | YES                                                                                                                                                       |                                    |
| If YES, which events?                                                   | ≥400 yd individual events                                                                                                                                 |                                    |
| CHECK-IN TYPE:                                                          | POSITIVE                                                                                                                                                  |                                    |
| PENALTY FOR NO-SHOW AFTER CHECK-IN?                                     | YES                                                                                                                                                       |                                    |
| PENALTY FOR NO SHOW: TIMED FINAL EVENTS                                 | DQ'd from next individual prelim or timed final event.                                                                                                    |                                    |
| PENALTY FOR NO SHOW: 'A' OR 'B' FINAL OF PRELIM/FINAL EVENTS            | Barred from further competition unless properly scratched, or as noted in USS rule 207.11.6.E                                                             |                                    |

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| <b>OTHER NOTES:</b> | <ul style="list-style-type: none"> <li>• WARM-UP FOR PRELIMS AT LEAST 90 MINUTES IN LENGTH</li> <li>• THURSDAY TIMED FINALS START: 1 p.m.</li> <li>• PRELIMS START: 9 a.m. Friday, Saturday and Sunday</li> <li>• FINALS START: 4:30 p.m.</li> <li>• Time trials will be held time permitting.</li> <li>• Top 16 relay teams swim in finals; no more than two relays per team; rest of relays swim in prelims (unless 16 or fewer)</li> </ul> |
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