

<b>2011 - 2016 Scholastic All-America Time Standards</b>				
			<b>WOMEN</b>	
		<b>LCM</b>	<b>SCM</b>	<b>SCY</b>
50 Fr		27.59	26.79	24.09
100 Fr		59.29	57.69	52.19
200 Fr		2:07.59	2:04.39	1:52.09
400 Fr		4:26.59	4:20.19	4:57.09
800 Fr		9:09.89	8:57.09	10:14.39
1500 Fr		17:38.69	17:14.69	17:00.99
100 Bk		1:06.89	1:05.69	57.79
200 Bk		2:23.59	2:21.19	2:04.19
100 Br		1:15.29	1:13.29	1:05.69
200 Br		2:42.19	2:38.19	2:21.39
100 fl		1:04.79	1:03.39	57.27
200 fl		2:21.99	2:19.19	2:05.69
200 IM		2:24.49	2:21.29	2:06.89
400 IM		5:05.29	4:59.89	4:28.49
			<b>MEN</b>	
		<b>LCM</b>	<b>SCM</b>	<b>SCY</b>
50 Fr		24.79	23.99	21.59
100 Fr		53.99	52.39	46.89
200 Fr		1:58.09	1:54.89	1:42.49
500 Fr		4:09.79	4:03.39	4:36.59
1000 Fr		8:40.19	8:27.39	9:36.29
1650 Fr		16:37.59	16:13.59	16:03.49
100 Bk		1:00.99	57.89	52.19
200 Bk		2:12.29	2:05.79	1:53.09
100 Br		1:08.79	1:06.79	58.69
200 Br		2:29.39	2:25.39	2:07.99
100 fl		58.59	57.19	51.19
200 fl		2:10.59	2:07.79	1:53.99
200 IM		2:13.19	2:09.99	1:54.59
400 IM		4:43.19	4:36.79	4:04.09