

NATIONAL TOP 200 – GIRLS ELEVEN YEARS – 2008/2009

50 Y FREESTYLE (27.18)				
PP	TIME	NAME	TEAM	DATE
782	26.39	Bishoff, Sydney	PSSC	3/27/2009
782	26.39	Johnson, Ella	SBAY	10/18/2008
778	26.43	Williams, Kim	BISC	2/28/2009
762	26.63	Pries, Alana	SST	3/27/2009
756	26.71	Sutherland, Ashley	SST	12/12/2008
747	26.82	Shabb, Hannah	CSC	3/27/2009
719	27.18	Yap, Lavinya	WEST	12/14/2008
100 Y FREESTYLE (59.17)				
PP	TIME	NAME	TEAM	DATE
813	56.40	Williams, Kim	BISC	12/12/2008
769	57.46	Johnson, Ella	SBAY	11/1/2008
763	57.60	Chambers, Addie	UN	3/27/2009
724	58.54	Bishoff, Sydney	PSSC	3/27/2009
706	59.00	Yap, Lavinya	WEST	11/22/2008
703	59.08	Sutherland, Ashley	SST	10/18/2008
200 Y FREESTYLE (2:08.79)				
PP	TIME	NAME	TEAM	DATE
872	1:59.94	Williams, Kim	BISC	3/27/2009
771	2:04.56	Chambers, Addie	UN	3/27/2009
722	2:06.93	Yap, Lavinya	WEST	11/22/2008
711	2:07.43	Bishoff, Sydney	PSSC	2/28/2009
708	2:07.57	Johnson, Ella	SBAY	11/8/2008
703	2:07.86	Brooks, Alison	BISC	3/27/2009
500 Y FREESTYLE (5:43.58)				
PP	TIME	NAME	TEAM	DATE
898	5:16.24	Williams, Kim	BISC	3/27/2009
810	5:26.50	Cook, Alyssa	KING	3/27/2009
788	5:29.07	Chambers, Addie	UN	3/27/2009
748	5:33.93	Brooks, Alison	BISC	3/27/2009
688	5:41.55	Yap, Lavinya	WEST	1/22/2009
682	5:42.32	Shabb, Hannah	CSC	3/27/2009
1000 Y FREESTYLE (12:38.91)				
PP	TIME	NAME	TEAM	DATE
988	10:41.46	Williams, Kim	BISC	1/22/2009
795	11:31.84	Brooks, Alison	BISC	1/10/2009
606	12:26.34	Sutherland, Ashley	SST	1/10/2009
1650 Y FREESTYLE (21:52.87)				
PP	TIME	NAME	TEAM	DATE
1039	17:54.01	Williams, Kim	BISC	2/22/2009
965	18:25.89	Cook, Alyssa	KING	3/27/2009
931	18:41.08	Brooks, Alison	BISC	3/27/2009
802	19:41.08	Yap, Lavinya	WEST	2/22/2009
740	20:10.77	Cannon, Clara Or Bella	WEST	12/12/2008
669	20:46.73	Laurent, Demetra	WEST	2/22/2009
596	21:25.21	Riggins, Angela	KING	11/11/2008
583	21:32.09	Cooley, Lauren	WEST	11/16/2008
570	21:39.00	Lucien, Brianna	WEST	2/22/2009
548	21:51.53	Koksu, Emily	KING	11/11/2008
50 Y BACKSTROKE (31.40)				
PP	TIME	NAME	TEAM	DATE
858	29.24	Johnson, Ella	SBAY	11/8/2008
767	30.40	Kucinski-Murphy, Clare	BEST	3/27/2009
744	30.70	Briggs, Mackenna	IST	3/27/2009
744	30.70	Williams, Kim	BISC	2/28/2009
722	30.99	Sutherland, Ashley	SST	12/12/2008
706	31.20	Huo, Jenny	KING	3/27/2009

100 Y BACKSTROKE (1:07.48)				
PP	TIME	NAME	TEAM	DATE
798	1:04.55	Johnson, Ella	SBAY	10/18/2008
794	1:04.68	Williams, Kim	BISC	2/28/2009
741	1:06.21	Yap, Lavinya	WEST	1/23/2009
740	1:06.22	Huo, Jenny	KING	3/27/2009
719	1:06.84	Briggs, Mackenna	IST	3/28/2009
200 Y BACKSTROKE (2:27.72)				
PP	TIME	NAME	TEAM	DATE
811	2:19.19	Johnson, Ella	SBAY	11/8/2008
791	2:20.52	Williams, Kim	BISC	2/28/2009
778	2:21.39	Yap, Lavinya	WEST	12/12/2008
724	2:25.05	Sutherland, Ashley	SST	12/12/2008
703	2:26.51	Cook, Alyssa	KING	2/28/2009
690	2:27.39	Cooley, Lauren	WEST	3/14/2009
50 Y BREASTSTROKE (35.45)				
PP	TIME	NAME	TEAM	DATE
805	33.31	Williams, Kim	BISC	2/28/2009
744	34.32	Uyeno, Linnea	KING	3/27/2009
685	35.31	Johnson, Ella	SBAY	10/18/2008
100 Y BREASTSTROKE (1:17.16)				
PP	TIME	NAME	TEAM	DATE
889	1:09.35	Williams, Kim	BISC	3/27/2009
762	1:13.87	Uyeno, Linnea	KING	3/27/2009
677	1:17.01	Johnson, Ella	SBAY	11/8/2008
676	1:17.03	Chambers, Addie	UN	3/27/2009
200 Y BREASTSTROKE (2:48.59)				
PP	TIME	NAME	TEAM	DATE
850	2:34.14	Williams, Kim	BISC	2/28/2009
810	2:37.35	Uyeno, Linnea	KING	3/27/2009
736	2:43.41	Johnson, Ella	SBAY	11/8/2008
676	2:48.43	Cook, Alyssa	KING	12/12/2008
50 Y BUTTERFLY (29.90)				
PP	TIME	NAME	TEAM	DATE
748	29.18	Sutch, Lianna	BC	3/27/2009
743	29.26	Bishoff, Sydney	PSSC	3/27/2009
730	29.45	Norman, Sarah	TOSC	3/27/2009
718	29.63	Williams, Kim	BISC	1/17/2009
716	29.65	Pearson, Jada	ESC	3/27/2009
701	29.88	Prentice, Emily	KING	2/28/2009
100 Y BUTTERFLY (1:07.22)				
PP	TIME	NAME	TEAM	DATE
845	1:01.98	Williams, Kim	BISC	2/28/2009
776	1:04.24	Bishoff, Sydney	PSSC	3/27/2009
733	1:05.68	Cook, Alyssa	KING	3/27/2009
713	1:06.36	Shabb, Hannah	CSC	3/27/2009
712	1:06.41	Yap, Lavinya	WEST	1/22/2009
708	1:06.54	Prentice, Emily	KING	3/27/2009
702	1:06.76	Huo, Jenny	KING	3/27/2009
697	1:06.92	Sutch, Lianna	BC	3/27/2009
200 Y BUTTERFLY (2:37.57)				
PP	TIME	NAME	TEAM	DATE
865	2:19.13	Cook, Alyssa	KING	3/27/2009
832	2:21.72	Williams, Kim	BISC	2/7/2009
785	2:25.45	Brooks, Alison	BISC	12/12/2008
738	2:29.22	Yap, Lavinya	WEST	1/22/2009
100 Y INDIVIDUAL MEDLEY (1:08.58)				
PP	TIME	NAME	TEAM	DATE
879	1:03.14	Williams, Kim	BISC	12/12/2008
739	1:07.00	Huo, Jenny	KING	3/27/2009
698	1:08.19	Sutherland, Ashley	SST	2/7/2009

688	1:08.47	Chambers, Addie	UN	3/27/2009
200 M INDIVIDUAL MEDLEY (2:26.39)				
PP	TIME	NAME	TEAM	DATE
890	2:14.55	Williams, Kim	BISC	3/27/2009
781	2:21.07	Johnson, Ella	SBAY	11/8/2008
777	2:21.30	Cook, Alyssa	KING	2/14/2009
734	2:23.97	Yap, Lavinya	WEST	1/22/2009
715	2:25.22	Huo, Jenny	KING	3/27/2009
714	2:25.23	Shabb, Hannah	CSC	3/27/2009
400 M INDIVIDUAL MEDLEY (5:20.02)				
PP	TIME	NAME	TEAM	DATE
939	4:42.49	Williams, Kim	BISC	3/27/2009
832	4:56.70	Cook, Alyssa	KING	3/27/2009
775	5:04.62	Yap, Lavinya	WEST	1/22/2009
742	5:09.17	Brooks, Alison	BISC	12/12/2008
709	5:13.90	Norman, Sarah	TOSC	3/13/2009
679	5:18.35	Huo, Jenny	KING	1/17/2009

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2008/2009	11	81	61495	759.19	739.84

NATIONAL TOP 200 – GIRLS TWELVE YEARS – 2008/2009

50 Y FREESTYLE (26.00)				
PP	TIME	NAME	TEAM	DATE
809	25.03	Ginnis, Morgan	MMSC	12/12/2008
785	25.31	Ramey, Kenna	VAST	12/12/2008
781	25.36	Vanderwel, Heidi	WEST	12/12/2008
760	25.61	Roberson, Kayla	PRO	3/27/2009
752	25.71	Gwo, Lorea	KING	1/10/2009
744	25.80	Johnson, Ella	SBAY	1/10/2009
100 Y FREESTYLE (56.37)				
PP	TIME	NAME	TEAM	DATE
803	54.45	Ginnis, Morgan	MMSC	12/12/2008
732	56.08	Benson, Hannah	CSC	3/27/2009
729	56.16	Rosen, Laura	NWAC	10/25/2008
725	56.26	Vanderwel, Heidi	WEST	11/22/2008
200 Y FREESTYLE (2:02.43)				
PP	TIME	NAME	TEAM	DATE
771	1:59.30	Ginnis, Morgan	MMSC	11/22/2008
768	1:59.45	Vanderwel, Heidi	WEST	12/12/2008
763	1:59.66	Benson, Hannah	CSC	3/27/2009
753	2:00.10	Tallman, Cassie	KING	12/12/2008
727	2:01.33	Harris, Taylor	KING	12/12/2008
500 Y FREESTYLE (5:28.85)				
PP	TIME	NAME	TEAM	DATE
777	5:16.52	Ginnis, Morgan	MMSC	12/12/2008
747	5:20.03	Benson, Hannah	CSC	3/27/2009
709	5:24.55	Tallman, Cassie	KING	2/28/2009
702	5:25.39	Vanderwel, Heidi	WEST	10/18/2008
674	5:28.85	Hansen, Rachel	KING	2/28/2009
1000 Y FREESTYLE (11:39.75)				
PP	TIME	NAME	TEAM	DATE
774	11:05.58	Benson, Hannah	CSC	2/28/2009
710	11:22.71	Ginnis, Morgan	MMSC	11/1/2008
1650 Y FREESTYLE (19:42.22)				
PP	TIME	NAME	TEAM	DATE
759	18:41.19	Moffatt, Vanessa	KING	3/27/2009
755	18:42.96	Benson, Hannah	CSC	12/12/2008
736	18:51.53	Hansen, Rachel	KING	11/11/2008
702	19:07.31	Tallman, Cassie	KING	11/11/2008
693	19:11.76	Harris, Taylor	KING	11/11/2008
692	19:12.13	Hoff, Catherine	KING	11/11/2008
682	19:16.78	Yap, Lavinya	WEST	3/27/2009
672	19:21.46	Stefanescu, Jenny	KING	11/11/2008
672	19:21.60	Cannon, Clara Or Bella	WEST	2/22/2009
654	19:30.22	Lesnick, Natalie	KING	3/27/2009
643	19:35.66	Mackey, Brigid	IST	3/27/2009
50 Y BACKSTROKE (29.82)				
PP	TIME	NAME	TEAM	DATE
838	28.23	Johnson, Ella	UN	3/27/2009
752	29.29	Vanderwel, Heidi	WEST	12/13/2008
730	29.56	Kawaguchi, Megan	WWA	3/27/2009
728	29.59	Ginnis, Morgan	MMSC	10/25/2008
713	29.78	Brooks, Ella	SSC	12/12/2008
100 Y BACKSTROKE (1:03.83)				
PP	TIME	NAME	TEAM	DATE
861	59.27	Johnson, Ella	UN	3/27/2009
857	59.37	Vanderwel, Heidi	WEST	12/12/2008
782	1:01.36	Ginnis, Morgan	MMSC	11/22/2008
723	1:02.99	Keane, Anna	WEST	11/22/2008
704	1:03.51	Rosen, Laura	NWAC	10/25/2008

200 Y BACKSTROKE (2:19.04)				
PP	TIME	NAME	TEAM	DATE
877	2:06.47	Ginnis, Morgan	MMSC	12/12/2008
835	2:09.01	Vanderwel, Heidi	WEST	12/12/2008
780	2:12.44	Johnson, Ella	UN	3/27/2009
716	2:16.55	Hoff, Catherine	KING	11/22/2008
695	2:17.92	Rosen, Laura	NWAC	10/18/2008
693	2:18.06	Cox, Caitlin	BC	3/27/2009
50 Y BREASTSTROKE (33.57)				
PP	TIME	NAME	TEAM	DATE
789	32.14	Roberson, Kayla	PRO	3/27/2009
764	32.53	Tallman, Cassie	KING	12/12/2008
757	32.63	Malone, Brooke	KING	3/27/2009
100 Y BREASTSTROKE (1:12.74)				
PP	TIME	NAME	TEAM	DATE
754	1:10.28	Tallman, Cassie	KING	12/20/2008
719	1:11.50	Malone, Brooke	KING	3/27/2009
702	1:12.10	Roberson, Kayla	PRO	3/27/2009
697	1:12.27	Rosen, Laura	NWAC	10/25/2008
200 Y BREASTSTROKE (2:39.03)				
PP	TIME	NAME	TEAM	DATE
764	2:31.34	Johnson, Ella	UN	3/27/2009
762	2:31.51	Tallman, Cassie	KING	12/20/2008
728	2:34.12	Harris, Taylor	KING	12/12/2008
699	2:36.38	Kimura, Anna	BEST	12/12/2008
680	2:37.90	Peirano, Anna	BISC	12/12/2008
50 Y BUTTERFLY (28.51)				
PP	TIME	NAME	TEAM	DATE
769	27.82	Peirano, Anna	BISC	4/2/2009
738	28.25	Ramey, Kenna	VAST	3/27/2009
738	28.25	Gwo, Lorea	KING	12/12/2008
720	28.51	Vanderwel, Heidi	WEST	12/12/2008
100 Y BUTTERFLY (1:03.21)				
PP	TIME	NAME	TEAM	DATE
806	1:00.06	Harris, Taylor	KING	12/12/2008
757	1:01.63	Peirano, Anna	BISC	12/12/2008
727	1:02.57	Rosen, Laura	NWAC	10/25/2008
715	1:02.96	Gwo, Lorea	KING	1/10/2009
200 Y BUTTERFLY (2:24.34)				
PP	TIME	NAME	TEAM	DATE
779	2:16.09	Harris, Taylor	KING	11/22/2008
747	2:18.45	Moffatt, Vanessa	KING	3/27/2009
746	2:18.58	Rosen, Laura	NWAC	10/18/2008
737	2:19.24	Peirano, Anna	BISC	4/2/2009
728	2:19.92	Yap, Lavinya	WEST	3/27/2009
100 Y INDIVIDUAL MEDLEY (1:05.03)				
PP	TIME	NAME	TEAM	DATE
799	1:02.53	Johnson, Ella	UN	3/27/2009
779	1:03.07	Tallman, Cassie	KING	12/12/2008
755	1:03.71	Rosen, Laura	NWAC	10/25/2008
722	1:04.61	Harris, Taylor	KING	11/22/2008
200 Y INDIVIDUAL MEDLEY (2:19.17)				
PP	TIME	NAME	TEAM	DATE
790	2:13.30	Ginnis, Morgan	MMSC	12/12/2008
778	2:14.00	Vanderwel, Heidi	WEST	12/12/2008
759	2:15.10	Harris, Taylor	KING	12/12/2008
749	2:15.70	Tallman, Cassie	KING	12/12/2008
400 Y INDIVIDUAL MEDLEY (4:59.24)				
PP	TIME	NAME	TEAM	DATE
790	4:45.21	Ginnis, Morgan	MMSC	11/22/2008
759	4:49.30	Harris, Taylor	KING	12/20/2008



753	4:50.00	Rosen, Laura	NWAC	10/18/2008
752	4:50.20	Tallman, Cassie	KING	2/28/2009
728	4:53.46	Benson, Hannah	CSC	3/27/2009
725	4:53.76	Peirano, Anna	BISC	4/2/2009
711	4:55.71	Hoff, Catherine	KING	12/12/2008
707	4:56.17	Hansen, Rachel	KING	2/28/2009
702	4:56.96	Vanderwel, Heidi	WEST	11/22/2008
687	4:58.98	Yap, Lavinya	WEST	3/14/2009

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2008-2009	12	76	56315	740.98	746.11
2007-2008	11	87	65480	752.64	730.79

NATIONAL TOP 200 – GIRLS THIRTEEN YEARS – 2008/2009

50 Y FREESTYLE (25.40)				
PP	TIME	NAME	TEAM	DATE
852	24.20	Ginnis, Morgan	MMSC	3/27/2009
807	24.67	Tanasse, Emily	KING	3/27/2009
779	24.97	Vanderwel, Heidi	WEST	3/27/2009
769	25.08	Volodkevich, Maria	IST	3/27/2009
756	25.21	Cann, Felicity	KING	2/14/2009
747	25.31	Wold, Grace	KING	3/11/2009
100 Y FREESTYLE (55.06)				
PP	TIME	NAME	TEAM	DATE
807	53.06	Ginnis, Morgan	MMSC	3/27/2009
781	53.59	Vanderwel, Heidi	WEST	3/27/2009
768	53.85	Cann, Felicity	KING	3/27/2009
768	53.85	Tanasse, Emily	KING	3/27/2009
753	54.16	Volodkevich, Maria	IST	12/12/2008
723	54.79	Bock, Carlee	BBST	3/27/2009
720	54.86	Taylor, Hannah	MMSC	2/28/2009
713	55.00	Rosen, Laura	NWAC	12/12/2008
200 Y FREESTYLE (1:58.79)				
PP	TIME	NAME	TEAM	DATE
758	1:56.10	Ginnis, Morgan	MMSC	3/27/2009
730	1:57.23	Rosen, Laura	NWAC	12/12/2008
725	1:57.44	Cann, Felicity	KING	12/12/2008
724	1:57.48	Volodkevich, Maria	IST	12/12/2008
699	1:58.48	Tanasse, Emily	KING	12/12/2008
500 Y FREESTYLE (5:17.30)				
PP	TIME	NAME	TEAM	DATE
689	5:15.20	Ginnis, Morgan	MMSC	1/22/2009
676	5:16.64	Rosen, Laura	NWAC	12/12/2008
676	5:16.65	Sterner, Kay	BISC	3/27/2009
1000 Y FREESTYLE (11:03.69)				
PP	TIME	NAME	TEAM	DATE
723	10:46.81	Nist, Erika	KING	3/11/2009
1650 Y FREESTYLE (18:34.25)				
PP	TIME	NAME	TEAM	DATE
701	18:13.50	Volodkevich, Maria	IST	2/22/2009
687	18:19.47	Taylor, Hannah	MMSC	2/22/2009
676	18:24.03	Nist, Erika	KING	12/12/2008
662	18:29.71	Sterner, Kay	BISC	3/27/2009
100 Y BACKSTROKE (1:01.80)				
PP	TIME	NAME	TEAM	DATE
903	56.98	Wold, Grace	KING	3/27/2009
879	57.55	Vanderwel, Heidi	WEST	3/27/2009
812	59.10	Tanasse, Emily	KING	3/27/2009
809	59.17	Ginnis, Morgan	MMSC	3/27/2009
785	59.74	Ainsworth, Kristin	KING	1/22/2009
784	59.76	Weiss, Hannah	KING	3/8/2009
769	1:00.14	Rah, Michelle	KING	12/12/2008
737	1:00.92	Keane, Anna	WEST	3/27/2009
709	1:01.61	Cann, Felicity	KING	2/14/2009
200 Y BACKSTROKE (2:13.12)				
PP	TIME	NAME	TEAM	DATE
854	2:04.89	Vanderwel, Heidi	WEST	3/27/2009
844	2:05.42	Wold, Grace	KING	3/11/2009
813	2:07.12	Ginnis, Morgan	MMSC	3/11/2009
800	2:07.84	Tanasse, Emily	KING	3/11/2009
791	2:08.37	Ainsworth, Kristin	KING	1/22/2009
766	2:09.76	Messegee, Abigail	PAC	2/14/2009

755	2:10.39	Nist, Erika	KING	3/11/2009
719	2:12.41	Liu, Amelia	KING	3/27/2009
100 Y BREASTSTROKE (1:10.53)				
PP	TIME	NAME	TEAM	DATE
851	1:05.36	Volodkevich, Maria	IST	12/12/2008
713	1:09.55	Lim, Sarina	CSC	3/27/2009
708	1:09.70	Wold, Grace	KING	12/20/2008
700	1:09.95	Taylor, Hannah	MMSC	2/28/2009
693	1:10.17	Tallman, Cassie	KING	3/27/2009
692	1:10.19	Nist, Erika	KING	1/22/2009
682	1:10.51	Speak, Sage	WAVE	3/27/2009
200 Y BREASTSTROKE (2:32.55)				
PP	TIME	NAME	TEAM	DATE
824	2:22.24	Volodkevich, Maria	IST	3/11/2009
730	2:28.65	Lim, Sarina	CSC	3/27/2009
719	2:29.42	Nist, Erika	KING	3/11/2009
716	2:29.61	Tallman, Cassie	KING	3/27/2009
714	2:29.72	Taylor, Hannah	MMSC	2/28/2009
711	2:29.93	Rosen, Laura	NWAC	12/12/2008
100 Y BUTTERFLY (1:01.10)				
PP	TIME	NAME	TEAM	DATE
794	58.78	Wold, Grace	KING	3/27/2009
748	1:00.00	Rah, Michelle	KING	12/20/2008
733	1:00.39	Cann, Felicity	KING	3/11/2009
728	1:00.55	Liu, Amelia	KING	3/27/2009
723	1:00.68	Rosen, Laura	NWAC	3/27/2009
722	1:00.71	Tanasse, Emily	KING	3/11/2009
711	1:00.99	Taylor, Kaitlin	WEST	1/22/2009
200 Y BUTTERFLY (2:16.72)				
PP	TIME	NAME	TEAM	DATE
810	2:08.63	Wold, Grace	KING	3/27/2009
804	2:09.00	Rosen, Laura	NWAC	12/12/2008
755	2:12.01	Cann, Felicity	KING	3/27/2009
751	2:12.26	Harris, Taylor	KING	3/8/2009
730	2:13.56	Trisler, Akasha	NWAC	3/27/2009
728	2:13.71	Rah, Michelle	KING	12/12/2008
701	2:15.40	Nist, Erika	KING	1/17/2009
200 Y INDIVIDUAL MEDLEY (2:14.78)				
PP	TIME	NAME	TEAM	DATE
857	2:07.01	Wold, Grace	KING	3/27/2009
793	2:10.26	Volodkevich, Maria	IST	3/27/2009
781	2:10.85	Rosen, Laura	NWAC	12/12/2008
770	2:11.43	Nist, Erika	KING	1/22/2009
770	2:11.43	Vanderwel, Heidi	WEST	3/27/2009
749	2:12.54	Taylor, Hannah	MMSC	2/28/2009
732	2:13.45	Tanasse, Emily	KING	3/27/2009
730	2:13.56	Cann, Felicity	KING	1/22/2009
719	2:14.13	Ginnis, Morgan	MMSC	3/11/2009
717	2:14.26	Harris, Taylor	KING	3/27/2009
400 Y INDIVIDUAL MEDLEY (4:46.16)				
PP	TIME	NAME	TEAM	DATE
819	4:31.62	Rosen, Laura	NWAC	12/12/2008
808	4:32.88	Wold, Grace	KING	12/12/2008
791	4:34.75	Volodkevich, Maria	IST	3/27/2009
786	4:35.33	Nist, Erika	KING	1/22/2009
754	4:39.03	Taylor, Hannah	MMSC	2/28/2009
751	4:39.35	Cann, Felicity	KING	3/27/2009
718	4:43.29	Wibmer, Talisa	KING	1/22/2009
709	4:44.38	Trisler, Akasha	NWAC	3/27/2009



Year	Age	# SWIMS	Power Points	PNS Average	National Average
2008-2009	13	89	67043	753.29	749.37
2007-2008	12	103	75349	731.54	738.24
2006-2007	11	95	68454	720.56	730.40

NATIONAL TOP 200 – GIRLS FOURTEEN YEARS – 2008/2009

50 Y FREESTYLE (24.87)

PP	TIME	NAME	TEAM	DATE
837	23.77	Cratsenberg, Amber	VAST	3/27/2009
826	23.89	Kinnear, Katie	UN	11/13/2008
771	24.46	Kaestner, Katie	UN	11/13/2008
755	24.62	Yee, Leann	UN	11/7/2008
745	24.73	Lindblad, Gabby	KING	3/28/2009

100 Y FREESTYLE (53.82)

PP	TIME	NAME	TEAM	DATE
884	50.78	Cratsenberg, Amber	VAST	3/11/2009
841	51.61	Kinnear, Katie	IST	3/27/2009
760	53.23	Davis, Aly	KING	1/10/2009
759	53.25	Lindblad, Gabby	KING	3/27/2009
749	53.45	Taylor, Hannah	MMSC	4/18/2009

200 Y FREESTYLE (1:56.19)

PP	TIME	NAME	TEAM	DATE
835	1:51.55	Cratsenberg, Amber	VAST	3/11/2009
784	1:53.48	Kinnear, Katie	IST	3/27/2009
780	1:53.64	Davis, Aly	KING	3/11/2009
728	1:55.72	Flaten, Kayla	IST	3/27/2009
718	1:56.10	Lindblad, Gabby	KING	3/27/2009

500 Y FREESTYLE (5:10.71)

PP	TIME	NAME	TEAM	DATE
796	4:59.57	Cratsenberg, Amber	VAST	3/11/2009
717	5:07.62	Davis, Aly	KING	1/22/2009
700	5:09.34	Domanowski, Jenni	MMSC	11/22/2008

1000 Y FREESTYLE (10:48.40)

PP	TIME	NAME	TEAM	DATE
778	10:26.13	Davis, Aly	KING	3/11/2009
732	10:36.58	Cratsenberg, Amber	VAST	1/22/2009
683	10:48.14	Schneider, Rachel	C	2/22/2009

1650 Y FREESTYLE (18:10.90)

PP	TIME	NAME	TEAM	DATE
753	17:35.77	Domanowski, Jenni	MMSC	3/27/2009
701	17:56.58	Cratsenberg, Amber	VAST	12/12/2008
695	17:58.76	Maier, Stacy	IST	3/27/2009
675	18:07.03	Davis, Aly	KING	1/22/2009

100 Y BACKSTROKE (1:00.22)

PP	TIME	NAME	TEAM	DATE
889	55.94	Kinnear, Katie	IST	3/27/2009
791	58.17	Davis, Aly	KING	3/27/2009
790	58.21	Kim, Rachel	UN	11/13/2008
756	58.99	Dang, Tiffany	WAVE	3/27/2009
741	59.35	Ainsworth, Kristin	KING	3/28/2009
734	59.52	Wu, Joanna	KING	3/27/2009

200 Y BACKSTROKE (2:10.33)

PP	TIME	NAME	TEAM	DATE
822	2:04.14	Kinnear, Katie	IST	1/10/2009
800	2:05.32	Ainsworth, Kristin	KING	3/27/2009
767	2:07.13	Davis, Aly	KING	3/27/2009
739	2:08.67	Messegee, Abigail	PAC	3/11/2009
736	2:08.82	Wu, Joanna	KING	1/22/2009
718	2:09.85	Domanowski, Jenni	MMSC	1/22/2009

100 Y BREASTSTROKE (1:08.83)

PP	TIME	NAME	TEAM	DATE
773	1:06.64	Kaestner, Katie	TAC	3/27/2009
744	1:07.50	Taylor, Hannah	MMSC	3/27/2009
709	1:08.56	Flaten, Kayla	IST	3/27/2009

200 Y BREASTSTROKE (2:29.66)

PP	TIME	NAME	TEAM	DATE
714	2:27.64	Taylor, Hannah	MMSC	3/27/2009
705	2:28.24	Flaten, Kayla	IST	3/27/2009

100 Y BUTTERFLY (59.44)

PP	TIME	NAME	TEAM	DATE
906	54.73	Kinnear, Katie	UN	11/13/2008
805	57.26	Domanowski, Jenni	MMSC	12/11/2008
800	57.39	Cratsenberg, Amber	VAST	3/27/2009
772	58.12	Lindblad, Gabby	KING	3/27/2009
758	58.48	Hinely, Nicole	UN	11/13/2008
732	59.14	Laurent, Kalena	WEST	3/11/2009

200 Y BUTTERFLY (2:12.60)

PP	TIME	NAME	TEAM	DATE
878	2:01.59	Kinnear, Katie	IST	3/11/2009
862	2:02.53	Domanowski, Jenni	MMSC	3/27/2009
823	2:04.85	Cratsenberg, Amber	VAST	3/11/2009
763	2:08.41	Laurent, Kalena	WEST	3/11/2009
752	2:09.05	Lindblad, Gabby	KING	3/27/2009
736	2:10.05	Penrose, Casey	KING	3/27/2009
712	2:11.54	Hu, Ciara	NWAC	3/27/2009
696	2:12.50	Harpur, Tess	BISC	12/12/2008

200 Y INDIVIDUAL MEDLEY (2:11.68)

PP	TIME	NAME	TEAM	DATE
834	2:05.47	Kinnear, Katie	IST	3/27/2009
773	2:08.53	Davis, Aly	KING	3/11/2009
764	2:09.02	Kim, Rachel	UN	11/13/2008
755	2:09.44	Domanowski, Jenni	MMSC	3/11/2009
745	2:09.96	Taylor, Hannah	MMSC	3/27/2009
721	2:11.21	Penrose, Casey	UN	11/13/2008

400 Y INDIVIDUAL MEDLEY (4:39.59)

PP	TIME	NAME	TEAM	DATE
812	4:26.93	Davis, Aly	KING	3/27/2009
792	4:29.17	Domanowski, Jenni	MMSC	3/27/2009
742	4:34.83	Taylor, Hannah	MMSC	3/27/2009
737	4:35.44	Penrose, Casey	KING	3/27/2009

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2008-2009	14	66	50600	766.66	763.39
2007-2008	13	53	39663	748.35	738.24
2006-2007	12	51	38020	745.49	734.89
2005-2006	11	69	49921	723.49	719.01

NATIONAL TOP 200 – GIRLS FIFTEEN YEARS – 2008/2009

50 Y FREESTYLE (24.62)

PP	TIME	NAME	TEAM	DATE
728	24.58	Moores, Lou	UN	11/6/2008

100 Y FREESTYLE (53.31)

PP	TIME	NAME	TEAM	DATE
746	52.67	Thach, Amanda	UN	11/13/2008
729	53.01	McDermott, Amber	UN	1/22/2009
727	53.06	Majeau, Fiona	CSC	3/11/2009
726	53.07	Kim, Rachel	KING	3/14/2009

200 Y FREESTYLE (1:54.62)

PP	TIME	NAME	TEAM	DATE
871	1:48.65	McDermott, Amber	SBAY	12/11/2008
787	1:51.81	Majeau, Fiona	UN	11/13/2008
723	1:54.31	Michaels, Dana	WEST	3/11/2009

500 Y FREESTYLE (5:06.81)

PP	TIME	NAME	TEAM	DATE
989	4:38.89	McDermott, Amber	SBAY	12/11/2008
804	4:56.21	Majeau, Fiona	UN	11/13/2008
784	4:58.17	Michaels, Dana	WEST	3/11/2009
724	5:04.25	Heffernan, Clara	UN	10/23/2008

1000 Y FREESTYLE (10:42.58)

PP	TIME	NAME	TEAM	DATE
932	9:48.17	McDermott, Amber	SBAY	12/20/2008
818	10:12.33	Michaels, Dana	WEST	3/11/2009
757	10:26.08	Majeau, Fiona	CSC	3/11/2009

1650 Y FREESTYLE (18:02.96)

PP	TIME	NAME	TEAM	DATE
978	16:02.79	McDermott, Amber	SBAY	12/11/2008
774	17:17.28	Michaels, Dana	WEST	3/11/2009
658	18:02.89	Williamson, Mariah	WEST	3/11/2009

100 Y BACKSTROKE (59.51)

PP	TIME	NAME	TEAM	DATE
815	57.00	Kim, Rachel	KING	3/11/2009
792	57.52	Thach, Amanda	WSY	12/11/2008
783	57.74	McDermott, Amber	UN	1/22/2009
733	58.89	Majeau, Fiona	CSC	12/21/2008

200 Y BACKSTROKE (2:08.71)

PP	TIME	NAME	TEAM	DATE
948	1:56.33	McDermott, Amber	SBAY	12/11/2008
787	2:04.82	Kim, Rachel	KING	1/22/2009
781	2:05.12	Thach, Amanda	WSY	4/6/2009
738	2:07.47	Crowder, Kelsey	KING	3/11/2009
723	2:08.29	Peseau, Hannah	MMSC	2/7/2009

100 Y BREASTSTROKE (1:07.90)

PP	TIME	NAME	TEAM	DATE
836	1:04.60	Harper, Heather	UN	11/13/2008

200 Y BREASTSTROKE (2:27.72)

PP	TIME	NAME	TEAM	DATE
801	2:21.80	Harper, Heather	PRO	3/17/2009
786	2:22.80	McDermott, Amber	SBAY	12/20/2008
748	2:25.39	Beauchamp, Kara	IST	3/11/2009
737	2:26.09	Coe, Savannah	KING	3/11/2009
722	2:27.09	Kim, Rachel	KING	3/11/2009

100 Y BUTTERFLY (58.58)

PP	TIME	NAME	TEAM	DATE
800	56.72	McDermott, Amber	SBAY	12/20/2008
745	58.13	Kim, Rachel	KING	3/11/2009
733	58.44	Thach, Amanda	WSY	4/6/2009

200 Y BUTTERFLY (2:10.86)

PP	TIME	NAME	TEAM	DATE
809	2:04.24	Michaels, Dana	WEST	3/11/2009
794	2:05.11	McDermott, Amber	SBAY	12/20/2008
776	2:06.19	Bond, Galen	KING	3/11/2009
761	2:07.04	Zook, Nina	IST	3/17/2009
733	2:08.72	O'Keefe, Meghan	BC	3/11/2009
699	2:10.82	Kim, Rachel	KING	2/14/2009

200 Y INDIVIDUAL MEDLEY (2:10.08)

PP	TIME	NAME	TEAM	DATE
946	1:58.77	McDermott, Amber	SBAY	12/11/2008
747	2:08.45	Kim, Rachel	KING	12/20/2008
732	2:09.21	Zook, Nina	UN	11/13/2008

400 Y INDIVIDUAL MEDLEY (4:37.06)

PP	TIME	NAME	TEAM	DATE
943	4:11.36	McDermott, Amber	SBAY	12/11/2008
738	4:33.73	Kim, Rachel	KING	1/22/2009
738	4:33.74	O'Keefe, Meghan	BC	12/20/2008
729	4:34.82	Crowder, Kelsey	KING	1/22/2009
719	4:35.89	Bond, Galen	KING	3/11/2009
715	4:36.41	Coe, Savannah	KING	3/11/2009
710	4:36.93	Zook, Nina	IST	3/11/2009

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2008-2009	15	52	40552	779.84	769.55
2007-2008	14	64	47665	744.76	744.94
2006-2007	13	63	46418	736.97	736.82
2005-2006	12	56	41614	743.10	732.73
2004-2005	11	72	52534	729.63	712.27

NATIONAL TOP 200 – GIRLS SIXTEEN YEARS – 2008/2009

50 Y FREESTYLE (24.38)				
PP	TIME	NAME	TEAM	DATE
893	22.87	Bailey, Chelsea	KING	3/11/2009
772	24.09	Morgan, Maddy	WSY	4/6/2009
770	24.11	Poli, Lauren	UN	11/13/2008
762	24.19	Murphy, Eryn	UN	11/13/2008
753	24.29	Moores, Lou	WEST	3/11/2009
751	24.31	Kaufman, Lauren	UN	11/13/2008
100 Y FREESTYLE (52.55)				
PP	TIME	NAME	TEAM	DATE
901	49.54	Bailey, Chelsea	KING	3/11/2009
200 Y FREESTYLE (1:53.49)				
PP	TIME	NAME	TEAM	DATE
913	1:46.68	McDermott, Amber	SBAY	3/11/2009
755	1:52.52	Tannhauser, Kelly	UN	11/13/2008
500 Y FREESTYLE (5:04.70)				
PP	TIME	NAME	TEAM	DATE
953	4:40.23	McDermott, Amber	SBAY	3/11/2009
836	4:51.08	Thayer, Annemarie	SBAY	3/11/2009
793	4:55.25	Tannhauser, Kelly	UN	11/13/2008
780	4:56.52	Williams, Laurin	UN	11/13/2008
756	4:58.87	Burkland, Kj	UN	3/11/2009
1000 Y FREESTYLE (10:39.83)				
PP	TIME	NAME	TEAM	DATE
809	10:08.03	Thayer, Annemarie	UN	1/22/2009
800	10:09.90	Williams, Laurin	CSC	3/11/2009
794	10:11.14	Burkland, Kj	UN	3/11/2009
687	10:35.47	Heffernan, Clara	ESC	3/11/2009
672	10:39.00	Fenster, Emily	KING	3/11/2009
1650 Y FREESTYLE (18:01.21)				
PP	TIME	NAME	TEAM	DATE
961	16:05.56	McDermott, Amber	SBAY	3/11/2009
830	16:52.60	Burkland, Kj	UN	3/11/2009
825	16:54.74	Williams, Laurin	CSC	3/11/2009
697	17:43.72	McDermott, Courtney	SBAY	12/20/2008
692	17:45.74	Heffernan, Clara	ESC	3/11/2009
100 Y BACKSTROKE (58.66)				
PP	TIME	NAME	TEAM	DATE
942	53.95	Thayer, Annemarie	UN	11/13/2008
934	54.13	Bailey, Chelsea	KING	3/11/2009
734	58.64	Fenster, Emily	KING	3/15/2009
200 Y BACKSTROKE (2:07.34)				
PP	TIME	NAME	TEAM	DATE
940	1:56.54	Thayer, Annemarie	SBAY	12/11/2008
859	2:00.74	Bailey, Chelsea	KING	3/11/2009
786	2:04.62	Fenster, Emily	KING	1/22/2009
748	2:06.67	Tannhauser, Kelly	SBAY	12/20/2008
100 Y BREASTSTROKE (1:07.10)				
PP	TIME	NAME	TEAM	DATE
830	1:04.11	Morgan, Maddy	WSY	4/6/2009
805	1:04.82	Poli, Lauren	KING	3/11/2009
200 Y BREASTSTROKE (2:26.73)				
PP	TIME	NAME	TEAM	DATE
836	2:17.53	Morgan, Maddy	WSY	4/6/2009
702	2:26.39	Indahl, Taylor	TSC	3/11/2009
100 Y BUTTERFLY (57.75)				
PP	TIME	NAME	TEAM	DATE
856	54.91	Bailey, Chelsea	KING	3/11/2009
837	55.37	Thayer, Annemarie	SBAY	12/11/2008

747	57.63	Randolf, Melissa	UN	11/13/2008
200 Y BUTTERFLY (2:09.28)				
PP	TIME	NAME	TEAM	DATE
819	2:03.25	Thayer, Annemarie	UN	3/5/2009
200 Y INDIVIDUAL MEDLEY (2:08.52)				
PP	TIME	NAME	TEAM	DATE
901	2:00.23	Thayer, Annemarie	SBAY	12/11/2008
794	2:05.44	Tannhauser, Kelly	SBAY	12/20/2008
743	2:08.00	Bailey, Chelsea	KING	12/20/2008
400 Y INDIVIDUAL MEDLEY (4:34.82)				
PP	TIME	NAME	TEAM	DATE
943	4:09.33	McDermott, Amber	SBAY	3/11/2009
860	4:18.11	Thayer, Annemarie	SBAY	12/20/2008
809	4:23.71	Morgan, Maddy	WSY	4/6/2009
727	4:32.89	Williams, Laurin	CSC	3/11/2009
720	4:33.68	Burkland, Kj	UN	3/11/2009

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2008-2009	16	47	38027	809.08	781.37
2007-2008	15	44	32753	744.38	749.91
2006-2007	14	61	45498	745.86	748.43
2005-2006	13	59	43589	738.96	736.86
2004-2005	12	44	31913	725.29	731.72
2003-2004	11	47	32749	696.78	716.29

NATIONAL TOP 200 – GIRLS SEVENTEEN YEARS – 2008/2009

50 Y FREESTYLE (24.33)				
PP	TIME	NAME	TEAM	DATE
810	23.55	Pazevic, Alana	UN	11/13/2008
764	24.02	Kaufman, Emilie	WAVE	3/17/2009
755	24.11	Brennan, Dannica	KING	3/11/2009
100 Y FREESTYLE (52.37)				
PP	TIME	NAME	TEAM	DATE
864	49.97	Taylor, Andie	UN	11/13/2008
825	50.71	Pazevic, Alana	UN	12/11/2008
782	51.54	Kaufman, Emilie	WAVE	3/19/2009
200 Y FREESTYLE (1:52.85)				
PP	TIME	NAME	TEAM	DATE
900	1:47.12	Taylor, Andie	KING	3/11/2009
811	1:50.39	Kukors, Mattie	KING	1/22/2009
775	1:51.76	Cann, Scarlet	UN	11/13/2008
757	1:52.46	Tannhauser, Kelly	SBAY	3/11/2009
500 Y FREESTYLE (5:03.56)				
PP	TIME	NAME	TEAM	DATE
888	4:46.19	Taylor, Andie	KING	2/14/2009
817	4:52.91	Meyer, Briana	SBAY	12/11/2008
813	4:53.27	Kukors, Mattie	KING	3/11/2009
758	4:58.76	Brunner, Haley	UN	11/13/2008
1000 Y FREESTYLE (10:40.01)				
PP	TIME	NAME	TEAM	DATE
925	9:43.38	Taylor, Andie	KING	3/11/2009
724	10:26.97	Tannhauser, Kelly	SBAY	1/22/2009
705	10:31.32	Meyer, Briana	SBAY	12/20/2008
687	10:35.35	Pettitt, Kaela	VAST	3/11/2009
1650 Y FREESTYLE (17:59.30)				
PP	TIME	NAME	TEAM	DATE
841	16:48.76	Taylor, Andie	KING	1/22/2009
812	16:59.30	Meyer, Briana	SBAY	12/11/2008
809	17:00.36	Kukors, Mattie	KING	1/22/2009
730	17:30.92	McDermott, Courtney	SBAY	3/11/2009
687	17:47.57	Pettitt, Kaela	VAST	1/22/2009
661	17:58.06	Holstein, Danielle	WEST	3/11/2009
100 Y BACKSTROKE (58.54)				
PP	TIME	NAME	TEAM	DATE
884	55.23	Kukors, Mattie	KING	1/23/2009
832	56.38	Pazevic, Alana	SSC	3/17/2009
791	57.32	Brennan, Dannica	KING	3/11/2009
777	57.64	Taylor, Andie	KING	1/22/2009
773	57.74	Vetterlein, Nikki	UN	11/13/2008
766	57.90	Cate, Beth	UN	11/13/2008
200 Y BACKSTROKE (2:07.12)				
PP	TIME	NAME	TEAM	DATE
890	1:58.60	Kukors, Mattie	KING	3/11/2009
886	1:58.78	Taylor, Andie	KING	1/22/2009
824	2:02.04	Tannhauser, Kelly	SBAY	3/11/2009
813	2:02.62	Brennan, Dannica	KING	3/11/2009
749	2:06.11	Pazevic, Alana	SSC	1/22/2009
100 Y BREASTSTROKE (1:06.86)				
PP	TIME	NAME	TEAM	DATE
853	1:02.84	Kaufman, Emilie	WAVE	3/17/2009
794	1:04.54	Ferreira, Emily	SSC	12/11/2008
774	1:05.11	Averill, Trish	UN	11/13/2008
723	1:06.61	Chan, Nakayla	TSC	1/22/2009

200 Y BREASTSTROKE (2:26.15)				
PP	TIME	NAME	TEAM	DATE
858	2:15.25	Kaufman, Emilie	WAVE	3/17/2009
756	2:21.82	Averill, Trish	KING	11/22/2008
713	2:24.72	Weitz, Elizabeth	CSC	1/17/2009
704	2:25.31	Taylor, Andie	KING	11/22/2008
694	2:25.95	Chan, Nakayla	TSC	1/22/2009
100 Y BUTTERFLY (57.44)				
PP	TIME	NAME	TEAM	DATE
800	55.94	Vetterlein, Nikki	UN	11/13/2008
786	56.30	Pazevic, Alana	UN	11/22/2008
747	57.27	Cate, Beth	KING	3/11/2009
200 Y BUTTERFLY (2:08.28)				
PP	TIME	NAME	TEAM	DATE
934	1:56.29	Taylor, Andie	KING	3/11/2009
805	2:03.73	Meyer, Briana	SBAY	12/20/2008
200 Y INDIVIDUAL MEDLEY (2:08.28)				
PP	TIME	NAME	TEAM	DATE
941	1:58.23	Taylor, Andie	UN	11/13/2008
866	2:01.80	Kukors, Mattie	KING	3/11/2009
813	2:04.35	Kaufman, Emilie	WAVE	3/11/2009
802	2:04.90	Tannhauser, Kelly	SBAY	3/11/2009
781	2:05.93	Brennan, Dannica	KING	3/11/2009
760	2:07.00	Chan, Nakayla	TSC	1/22/2009
747	2:07.65	Vetterlein, Allie	UN	11/13/2008
400 Y INDIVIDUAL MEDLEY (4:34.46)				
PP	TIME	NAME	TEAM	DATE
883	4:15.67	Taylor, Andie	KING	3/11/2009
863	4:17.83	Kukors, Mattie	KING	1/22/2009
805	4:24.14	Tannhauser, Kelly	SBAY	3/11/2009
776	4:27.34	Brennan, Dannica	KING	3/11/2009
745	4:30.79	Meyer, Briana	SBAY	12/11/2008
729	4:32.65	Weitz, Elizabeth	CSC	12/20/2008

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2008-2009	17	62	49337	795.75	783.22
2007-2008	16	64	48789	762.32	754.05
2006-2007	15	78	58848	754.46	750.69
2005-2006	14	63	47122	747.96	744.37
2004-2005	13	52	38623	742.75	733.01
2003-2004	12	52	36762	706.26	728.35

NATIONAL TOP 200 – GIRLS EIGHTEEN YEARS – 2008/2009

50 Y FREESTYLE (24.50)

PP	TIME	NAME	TEAM	DATE
874	22.92	Jennings, Leona	UN	11/13/2008
862	23.03	Marchand, Lindsey	KING	12/4/2008
857	23.08	Flynn, Kelly	UN	2/25/2009
813	23.52	Messegee, Amelia	PAC	12/4/2008
738	24.29	Cann, Scarlet	KING	3/11/2009

100 Y FREESTYLE (52.97)

PP	TIME	NAME	TEAM	DATE
885	49.57	Flynn, Kelly	UN	2/25/2009
863	49.98	Marchand, Lindsey	KING	12/4/2008
829	50.62	Messegee, Amelia	PAC	12/4/2008
819	50.83	Cann, Scarlet	KING	3/11/2009
778	51.62	Jennings, Leona	KING	12/4/2008

200 Y FREESTYLE (1:54.26)

PP	TIME	NAME	TEAM	DATE
892	1:47.08	Flynn, Kelly	UN	2/25/2009
854	1:48.46	Messegee, Amelia	UN	2/25/2009
813	1:49.96	Cann, Scarlet	KING	3/11/2009
712	1:53.87	Swalin, Jayme	UN	11/20/2008
707	1:54.04	Gansneder, Haley	KING	3/13/2009

500 Y FREESTYLE (5:07.33)

PP	TIME	NAME	TEAM	DATE
821	4:51.39	Flynn, Kelly	UN	2/25/2009
782	4:55.19	Godfred, Rachel	UN	11/13/2008
751	4:58.36	Meyer, Briana	UN	3/11/2009
738	4:59.58	Swalin, Jayme	UN	11/20/2008
669	5:06.73	Weitz, Elizabeth	CSC	3/11/2009

1000 Y FREESTYLE (11:55.77)

PP	TIME	NAME	TEAM	DATE
790	10:12.07	Meyer, Briana	UN	3/11/2009
676	10:37.92	Gansneder, Haley	KING	3/11/2009
529	11:14.31	Pomar-Enders, Marina	SSC	3/11/2009
457	11:33.75	Luckey, Veronica	WEST	11/16/2008
446	11:36.83	Anderson, Ashley	C	2/22/2009

1650 Y FREESTYLE (19:01.01)

PP	TIME	NAME	TEAM	DATE
765	17:17.12	Meyer, Briana	UN	3/11/2009
762	17:18.42	Swalin, Jayme	UN	11/20/2008
740	17:26.85	Sreibers, Lara	UN	11/20/2008
664	17:56.93	Gansneder, Haley	KING	3/11/2009
597	18:24.95	Pomar-Enders, Marina	SSC	3/11/2009
537	18:50.90	Freeborn, Jenelle	VAST	3/27/2009

100 Y BACKSTROKE (59.42)

PP	TIME	NAME	TEAM	DATE
956	53.66	Jennings, Leona	UN	11/13/2008
927	54.28	Marchand, Lindsey	KING	3/11/2009
863	55.68	Gong, Danielle	UN	2/27/2009
782	57.53	Caylor, Megan	UN	1/16/2009
734	58.64	Godfred, Rachel	KING	12/20/2008
720	58.97	Wyant, Becca	WAVE	3/17/2009

200 Y BACKSTROKE (2:10.02)

PP	TIME	NAME	TEAM	DATE
878	1:59.12	Jennings, Leona	KING	1/22/2009
875	1:59.27	Gong, Danielle	UN	2/25/2009
848	2:00.69	Caylor, Megan	UN	2/18/2009
758	2:05.50	Godfred, Rachel	KING	3/11/2009
702	2:08.59	Clinton, Margo	KING	3/11/2009
693	2:09.09	Weitz, Elizabeth	CSC	3/11/2009

100 Y BREASTSTROKE (1:08.35)

PP	TIME	NAME	TEAM	DATE
932	1:00.63	Marchand, Lindsey	KING	12/4/2008
808	1:04.11	Averill, Trish	KING	3/11/2009
778	1:04.99	Chan, Nakayla	TSC	3/11/2009
753	1:05.73	McCann, Christina	KING	3/11/2009
751	1:05.80	Oishi, Melissa	UN	11/13/2008
678	1:07.97	Klein, Nathalie	UN	11/13/2008

200 Y BREASTSTROKE (2:29.77)

PP	TIME	NAME	TEAM	DATE
904	2:12.34	Marchand, Lindsey	KING	12/4/2008
848	2:15.87	Averill, Trish	KING	1/22/2009
788	2:19.75	Prothero, Marley	UN	2/25/2009
751	2:22.18	McCann, Christina	KING	3/11/2009
738	2:23.01	Chan, Nakayla	TSC	3/11/2009
731	2:23.48	Oishi, Melissa	WSY	3/11/2009
700	2:25.57	Swalin, Jayme	UN	11/20/2008

100 Y BUTTERFLY (58.24)

PP	TIME	NAME	TEAM	DATE
949	52.30	Marchand, Lindsey	KING	12/4/2008
823	55.36	Jennings, Leona	KING	12/20/2008
757	57.02	Boggs, Briley	UN	11/13/2008
743	57.38	Godfred, Rachel	KING	12/20/2008
736	57.56	Matulic, Katie	UN	11/20/2008
709	58.24	Cardwell, Maureen	UN	11/13/2008

200 Y BUTTERFLY (2:10.90)

PP	TIME	NAME	TEAM	DATE
923	1:56.92	Marchand, Lindsey	KING	3/11/2009
815	2:03.16	Godfred, Rachel	KING	3/11/2009
772	2:05.68	Meyer, Briana	UN	3/11/2009
770	2:05.82	Matulic, Katie	UN	11/20/2008
745	2:07.27	Pendleton, Julie	BISC	3/11/2009
727	2:08.38	Wyant, Becca	WAVE	3/17/2009
726	2:08.44	Wheeler, Anna	UN	12/4/2008

200 Y INDIVIDUAL MEDLEY (2:09.59)

PP	TIME	NAME	TEAM	DATE
941	1:58.21	Marchand, Lindsey	KING	12/4/2008
895	2:00.39	Gong, Danielle	UN	3/19/2009
818	2:04.12	Jennings, Leona	KING	12/4/2008
808	2:04.59	Godfred, Rachel	UN	11/13/2008
769	2:06.54	Averill, Trish	KING	3/11/2009
743	2:07.83	Weitz, Elizabeth	CSC	3/11/2009
726	2:08.74	Prothero, Marley	UN	11/20/2008

400 Y INDIVIDUAL MEDLEY (4:38.70)

PP	TIME	NAME	TEAM	DATE
906	4:13.26	Gong, Danielle	UN	2/25/2009
813	4:23.28	Prothero, Marley	UN	2/25/2009
800	4:24.73	Averill, Trish	KING	3/11/2009
784	4:26.48	Godfred, Rachel	KING	3/11/2009
777	4:27.29	Weitz, Elizabeth	CSC	3/11/2009
685	4:37.65	McCann, Christina	KING	3/11/2009
678	4:38.52	Cann, Scarlet	KING	1/22/2009

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2008-2009	18	83	64254	774.14	754.82
2007-2008	17	61	45745	749.91	752.15
2006-2007	16	87	65555	753.50	751.46
2005-2006	15	72	53986	749.80	748.88
2004-2005	14	67	49190	734.19	745.98
2003-2004	13	77	55035	714.74	731.33



Year	Age	# SWIMS	Power Points	PNS Average	National Average
2007-2008	18	67	50417	752.49	716.08
2006-2007	17	86	65545	762.15	741.81
2005-2006	16	93	70209	754.93	742.71
2004-2005	15	100	75121	751.21	735.62
2003-2004	14	99	73314	740.54	725.80

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2006-2007	18	33	22774	690.12	720.25
2005-2006	17	33	24579	744.81	744.62
2004-2005	16	34	25335	745.14	744.47
2003-2004	15	30	21973	732.43	729.50

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2005-2006	18	43	30056	698.97	706.17
2004-2005	17	54	40419	748.50	738.47
2003-2004	16	70	51822	740.31	726.41

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2004-2005	18	59	39412	668.00	688.02
2003-2004	17	58	41206	710.44	715.57

NATIONAL TOP 200 – GIRLS EIGHTEEN UNDER – 2008/2009

50 Y FREESTYLE (23.72)				
RNK	TIME	NAME	TEAM	DATE
25	22.87	Bailey, Chelsea	KING	3/11/2009
28	22.92	Jennings, Leona	UN	11/13/2008
41	23.03	Marchand, Lindsey	KING	12/4/2008
45	23.08	Flynn, Kelly	UN	2/25/2009
132	23.52	Messegee, Amelia	PAC	12/4/2008
145	23.55	Pazevic, Alana	UN	11/13/2008
100 Y FREESTYLE (51.18)				
RNK	TIME	NAME	TEAM	DATE
24	49.54	Bailey, Chelsea	KING	3/11/2009
27	49.57	Flynn, Kelly	UN	2/25/2009
48	49.97	Taylor, Andie	UN	11/13/2008
50	49.98	Marchand, Lindsey	KING	12/4/2008
113	50.62	Messegee, Amelia	PAC	12/4/2008
126	50.71	Pazevic, Alana	UN	12/11/2008
135	50.78	Cratsenberg, Amber	VAST	3/11/2009
148	50.83	Cann, Scarlet	KING	3/11/2009
200 Y FREESTYLE (1:50.33)				
RNK	TIME	NAME	TEAM	DATE
22	1:46.68	McDermott, Amber	SBAY	3/11/2009
29	1:47.08	Flynn, Kelly	UN	2/25/2009
32	1:47.12	Taylor, Andie	KING	3/11/2009
80	1:48.46	Messegee, Amelia	UN	2/25/2009
159	1:49.96	Cann, Scarlet	KING	3/11/2009
500 Y FREESTYLE (4:54.95)				
RNK	TIME	NAME	TEAM	DATE
4	4:38.89	McDermott, Amber	SBAY	12/11/2008
35	4:46.19	Taylor, Andie	KING	2/14/2009
97	4:51.08	Thayer, Annemarie	SBAY	3/11/2009
105	4:51.39	Flynn, Kelly	UN	2/25/2009
135	4:52.91	Meyer, Briana	SBAY	12/11/2008
151	4:53.27	Kukors, Mattie	KING	3/11/2009
1000 Y FREESTYLE (10:16.30)				
RNK	TIME	NAME	TEAM	DATE
7	9:43.38	Taylor, Andie	KING	3/11/2009
12	9:48.17	McDermott, Amber	SBAY	12/20/2008
100	10:08.03	Thayer, Annemarie	UN	1/22/2009
119	10:09.90	Williams, Laurin	CSC	3/11/2009
134	10:11.14	Burkland, Kj	UN	3/11/2009
143	10:12.07	Meyer, Briana	UN	3/11/2009
146	10:12.33	Michaels, Dana	WEST	3/11/2009
1650 Y FREESTYLE (17:10.01)				
RNK	TIME	NAME	TEAM	DATE
2	16:02.79	McDermott, Amber	SBAY	12/11/2008
82	16:48.76	Taylor, Andie	KING	1/22/2009
105	16:52.60	Burkland, Kj	UN	3/11/2009
113	16:54.74	Williams, Laurin	CSC	3/11/2009
135	16:59.30	Meyer, Briana	SBAY	12/11/2008
140	17:00.36	Kukors, Mattie	KING	1/22/2009
100 Y BACKSTROKE (56.48)				
RNK	TIME	NAME	TEAM	DATE
18	53.66	Jennings, Leona	UN	11/13/2008
23	53.95	Thayer, Annemarie	UN	11/13/2008
29	54.13	Bailey, Chelsea	KING	3/11/2009
33	54.28	Marchand, Lindsey	KING	3/11/2009
66	55.23	Kukors, Mattie	KING	1/23/2009
101	55.68	Gong, Danielle	UN	2/27/2009
127	55.94	Kinnear, Katie	IST	3/27/2009

184	56.38	Pazevic, Alana	SSC	3/17/2009
200 Y BACKSTROKE (2:01.93)				
RNK	TIME	NAME	TEAM	DATE
18	1:56.33	McDermott, Amber	SBAY	12/11/2008
20	1:56.54	Thayer, Annemarie	SBAY	12/11/2008
56	1:58.60	Kukors, Mattie	KING	3/11/2009
61	1:58.78	Taylor, Andie	KING	1/22/2009
69	1:59.12	Jennings, Leona	KING	1/22/2009
74	1:59.27	Gong, Danielle	UN	2/25/2009
126	2:00.69	Caylor, Megan	UN	2/18/2009
129	2:00.74	Bailey, Chelsea	KING	3/11/2009
100 Y BREASTSTROKE (1:04.59)				
RNK	TIME	NAME	TEAM	DATE
8	1:00.63	Marchand, Lindsey	KING	12/4/2008
57	1:02.84	Kaufman, Emilie	WAVE	3/17/2009
144	1:04.11	Averill, Trish	KING	3/11/2009
144	1:04.11	Morgan, Maddy	WSY	4/6/2009
195	1:04.54	Ferreira, Emily	SSC	12/11/2008
200 Y BREASTSTROKE (2:20.24)				
RNK	TIME	NAME	TEAM	DATE
14	2:12.34	Marchand, Lindsey	KING	12/4/2008
33	2:15.25	Kaufman, Emilie	WAVE	3/17/2009
40	2:15.87	Averill, Trish	KING	1/22/2009
89	2:17.53	Morgan, Maddy	WSY	4/6/2009
178	2:19.75	Prothero, Marley	UN	2/25/2009
100 Y BUTTERFLY (55.82)				
RNK	TIME	NAME	TEAM	DATE
3	52.30	Marchand, Lindsey	KING	12/4/2008
64	54.73	Kinnear, Katie	UN	11/13/2008
75	54.91	Bailey, Chelsea	KING	3/11/2009
130	55.36	Jennings, Leona	KING	12/20/2008
132	55.37	Thayer, Annemarie	SBAY	12/11/2008
200 Y BUTTERFLY (2:03.25)				
RNK	TIME	NAME	TEAM	DATE
6	1:56.29	Taylor, Andie	KING	3/11/2009
13	1:56.92	Marchand, Lindsey	KING	3/11/2009
114	2:01.59	Kinnear, Katie	IST	3/11/2009
151	2:02.53	Domanowski, Jenni	MMSC	3/27/2009
192	2:03.16	Godfred, Rachel	KING	3/11/2009
199	2:03.25	Thayer, Annemarie	UN	3/5/2009
200 Y INDIVIDUAL MEDLEY (2:04.54)				
RNK	TIME	NAME	TEAM	DATE
13	1:58.21	Marchand, Lindsey	KING	12/4/2008
14	1:58.23	Taylor, Andie	UN	11/13/2008
16	1:58.77	McDermott, Amber	SBAY	12/11/2008
27	2:00.23	Thayer, Annemarie	SBAY	12/11/2008
30	2:00.39	Gong, Danielle	UN	3/19/2009
64	2:01.80	Kukors, Mattie	KING	3/11/2009
172	2:04.12	Jennings, Leona	KING	12/4/2008
183	2:04.35	Kaufman, Emilie	WAVE	3/11/2009
400 Y INDIVIDUAL MEDLEY (4:24.84)				
RNK	TIME	NAME	TEAM	DATE
6	4:09.33	McDermott, Amber	SBAY	3/11/2009
17	4:13.26	Gong, Danielle	UN	2/25/2009
30	4:15.67	Taylor, Andie	KING	3/11/2009
55	4:17.83	Kukors, Mattie	KING	1/22/2009
60	4:18.11	Thayer, Annemarie	SBAY	12/20/2008
149	4:23.28	Prothero, Marley	UN	2/25/2009
165	4:23.71	Morgan, Maddy	WSY	4/6/2009
180	4:24.14	Tannhauser, Kelly	SBAY	3/11/2009
199	4:24.73	Averill, Trish	KING	3/11/2009

YEAR	# SWIMS	AVG PLACE
2009	92	83.35
2008	82	100.59
2007	89	99.44
2006	76	97.19
2005	81	102.90
2004	91	84.05

EVENT	2005	2006	2007	2008	2009
50 free	24.03	23.99	23.99	23.87	23.72
100 free	52.09	51.95	51.83	51.77	51.18
200 free	1:51.98	1:51.67	1:51.73	1:51.29	1:50.33
400 free	4:58.31	4:57.90	4:57.68	4:57.60	4:54.95
1000 free	10:19.51	10:18.93	10:17.72	10:21.73	10:16.30
1650 free	17:17.38	17:17.34	17:15.68	17:19.23	17:10.01
100 back	57.94	57.77	57.75	57.39	56.48
200 back	2:05.28	2:04.90	2:04.43	2:04.17	2:01.93
100 breast	1:05.52	1:05.48	1:05.57	1:05.36	1:04.59
200 breast	2:22.14	2:21.67	2:22.02	2:22.17	2:20.24
100 fly	57.11	57.03	56.90	56.56	55.82
200 fly	2:06.01	2:05.56	2:05.42	2:05.16	2:03.25
200 i.m.	2:06.59	2:06.05	2:06.38	2:05.70	2:04.54
400 i.m.	4:28.36	4:28.52	4:28.36	4:27.65	4:24.84

NATIONAL TOP 200 – WOMEN 2008/2009

50 Y FREESTYLE (23.32)				
RNK	TIME	NAME	TEAM	DATE
91	22.87	Bailey, Chelsea	KING	3/11/2009
97	22.92	Jennings, Leona	UN	11/13/2008
97	22.92	Jennings, Emilee	UN	2/25/2009
105	22.96	Campbell, Erin	WA	12/4/2008
118	23.03	Marchand, Lindsey	KING	12/4/2008
126	23.08	Flynn, Kelly	UN	2/25/2009
167	23.23	Jendrick, Megan	KING	3/11/2009
197	23.32	Sharp, Lindsey	WA	12/4/2008
100 Y FREESTYLE (50.45)				
RNK	TIME	NAME	TEAM	DATE
71	49.36	Kukors, Ariana	KING	12/4/2008
80	49.54	Bailey, Chelsea	KING	3/11/2009
80	49.54	Campbell, Erin	UN	2/25/2009
85	49.57	Flynn, Kelly	UN	2/25/2009
121	49.93	Jasmer, Kim	KING	12/6/2008
126	49.97	Taylor, Andie	UN	11/13/2008
128	49.98	Marchand, Lindsey	KING	12/4/2008
164	50.27	Karpeeva, Svetlana	KING	3/11/2009
185	50.40	Jendrick, Megan	KING	3/14/2009
200 Y FREESTYLE (1:48.87)				
RNK	TIME	NAME	TEAM	DATE
67	1:46.66	Radovic, Petra	UN	3/19/2009
69	1:46.68	McDermott, Amber	SBAY	3/11/2009
73	1:46.80	Campbell, Erin	UN	2/25/2009
83	1:47.08	Flynn, Kelly	UN	2/25/2009
88	1:47.12	Taylor, Andie	KING	3/11/2009
90	1:47.18	Kukors, Ariana	KING	12/4/2008
148	1:48.20	Hoelzer, Margaret	KING	3/13/2009
164	1:48.39	Jasmer, Kim	KING	12/4/2008
170	1:48.46	Messegee, Amelia	UN	2/25/2009
500 Y FREESTYLE (4:51.52)				
RNK	TIME	NAME	TEAM	DATE
11	4:38.89	McDermott, Amber	SBAY	12/11/2008
52	4:44.05	Radovic, Petra	UN	2/25/2009
84	4:46.19	Taylor, Andie	KING	2/14/2009
121	4:48.35	Daly, Ashley	UN	2/25/2009
176	4:50.76	Johnson, Liz	WA	12/4/2008
182	4:50.95	Swalin, Jayme	UN	2/25/2009
187	4:51.08	Thayer, Annemarie	SBAY	3/11/2009
196	4:51.39	Flynn, Kelly	UN	2/25/2009
1000 Y FREESTYLE (10:14.63)				
RNK	TIME	NAME	TEAM	DATE
10	9:43.38	Taylor, Andie	KING	3/11/2009
19	9:48.17	McDermott, Amber	SBAY	12/20/2008
66	9:58.52	Swalin, Jayme	UN	2/25/2009
119	10:08.03	Thayer, Annemarie	UN	1/22/2009
139	10:09.90	Williams, Laurin	CSC	3/11/2009
154	10:11.14	Burkland, Kj	UN	3/11/2009
163	10:12.07	Meyer, Briana	UN	3/11/2009
166	10:12.33	Michaels, Dana	WEST	3/11/2009
1650 Y FREESTYLE (16:56.94)				
RNK	TIME	NAME	TEAM	DATE
11	16:02.79	McDermott, Amber	SBAY	12/11/2008
35	16:14.67	Radovic, Petra	UN	2/25/2009
49	16:24.07	Daly, Ashley	UN	2/25/2009
145	16:47.60	Swalin, Jayme	UN	2/25/2009
152	16:48.76	Taylor, Andie	KING	1/22/2009

181	16:52.60	Burkland, Kj	UN	3/11/2009
190	16:54.74	Williams, Laurin	CSC	3/11/2009
100 Y BACKSTROKE (55.65)				
RNK	TIME	NAME	TEAM	DATE
11	52.47	Campbell, Erin	UN	3/19/2009
14	52.61	Kukors, Ariana	KING	3/11/2009
20	52.73	Hoelzer, Margaret	KING	3/11/2009
32	53.21	Ross, Hannah	UN	2/25/2009
52	53.66	Jennings, Leona	UN	11/13/2008
62	53.95	Thayer, Annemarie	UN	11/13/2008
69	54.13	Bailey, Chelsea	KING	3/11/2009
77	54.28	Marchand, Lindsey	KING	3/11/2009
123	55.03	Karpeeva, Svetlana	KING	3/11/2009
147	55.23	Kukors, Mattie	KING	1/23/2009
169	55.41	Karpeeva, Elena	UN	2/25/2009
178	55.46	Lindblad, Brianne	UN	2/18/2009
200 Y BACKSTROKE (2:00.24)				
RNK	TIME	NAME	TEAM	DATE
2	1:51.27	Campbell, Erin	UN	2/25/2009
8	1:52.23	Hoelzer, Margaret	KING	3/11/2009
15	1:53.36	Ross, Hannah	UN	3/19/2009
55	1:56.33	McDermott, Amber	SBAY	12/11/2008
58	1:56.54	Thayer, Annemarie	SBAY	12/11/2008
84	1:57.36	Kukors, Ariana	KING	1/22/2009
93	1:57.76	Karpeeva, Elena	UN	2/25/2009
122	1:58.60	Kukors, Mattie	KING	3/11/2009
129	1:58.78	Taylor, Andie	KING	1/22/2009
138	1:59.12	Jennings, Leona	KING	1/22/2009
144	1:59.27	Gong, Danielle	UN	2/25/2009
100 Y BREASTSTROKE (1:03.69)				
RNK	TIME	NAME	TEAM	DATE
1	58.62	Kukors, Ariana	KING	3/11/2009
3	58.78	Jendrick, Megan	KING	3/11/2009
27	1:00.56	Patterson, Genevieve	WA	12/4/2008
29	1:00.63	Marchand, Lindsey	KING	12/4/2008
114	1:02.71	Jennings, Emilee	UN	2/25/2009
117	1:02.84	Kaufman, Emilie	WAVE	3/17/2009
200 Y BREASTSTROKE (2:18.46)				
RNK	TIME	NAME	TEAM	DATE
3	2:07.91	Jendrick, Megan	KING	3/11/2009
4	2:08.33	Kukors, Ariana	KING	12/4/2008
39	2:12.34	Marchand, Lindsey	KING	12/4/2008
84	2:15.25	Kaufman, Emilie	WAVE	3/17/2009
85	2:15.26	Karpeeva, Svetlana	KING	1/22/2009
96	2:15.87	Averill, Trish	KING	1/22/2009
156	2:17.43	Gong, Jennifer	UN	2/25/2009
159	2:17.53	Morgan, Maddy	WSY	4/6/2009
100 Y BUTTERFLY (55.08)				
RNK	TIME	NAME	TEAM	DATE
13	52.28	Campbell, Erin	UN	3/19/2009
15	52.30	Marchand, Lindsey	KING	12/4/2008
23	52.52	Kukors, Ariana	KING	3/11/2009
149	54.73	Kinnear, Katie	UN	11/13/2008
169	54.91	Bailey, Chelsea	KING	3/11/2009
178	54.96	Chang, Marisa	BC	12/4/2008
200 Y BUTTERFLY (2:01.62)				
RNK	TIME	NAME	TEAM	DATE
19	1:56.29	Taylor, Andie	KING	3/11/2009
34	1:56.92	Marchand, Lindsey	KING	3/11/2009
148	2:00.52	Hall, Lauren	UN	12/4/2008
197	2:01.59	Kinnear, Katie	IST	3/11/2009

200 Y INDIVIDUAL MEDLEY (2:02.71)

RNK	TIME	NAME	TEAM	DATE
3	1:53.45	Kukors, Ariana	KING	3/11/2009
34	1:58.21	Marchand, Lindsey	KING	12/4/2008
36	1:58.23	Taylor, Andie	UN	11/13/2008
55	1:58.77	McDermott, Amber	SBAY	12/11/2008
81	2:00.23	Thayer, Annemarie	SBAY	12/11/2008
86	2:00.31	Gong, Jennifer	UN	2/25/2009
88	2:00.36	Campbell, Erin	WA	12/4/2008
90	2:00.39	Gong, Danielle	UN	3/19/2009
100	2:00.71	Patterson, Genevieve	WA	12/4/2008
135	2:01.49	Karpeeva, Elena	UN	2/25/2009
140	2:01.61	Karpeeva, Svetlana	KING	3/11/2009
146	2:01.80	Kukors, Mattie	KING	3/11/2009

400 Y INDIVIDUAL MEDLEY (4:22.39)

RNK	TIME	NAME	TEAM	DATE
17	4:09.33	McDermott, Amber	SBAY	3/11/2009
40	4:13.25	Kukors, Ariana	KING	1/22/2009
41	4:13.26	Gong, Danielle	UN	2/25/2009
46	4:13.55	Karpeeva, Svetlana	KING	3/11/2009
55	4:14.08	Gong, Jennifer	UN	2/25/2009
72	4:15.67	Taylor, Andie	KING	3/11/2009
102	4:17.83	Kukors, Mattie	KING	1/22/2009
110	4:18.11	Thayer, Annemarie	SBAY	12/20/2008

YEAR	# SWIMS	AVG PLACE
2009	116	92.57
2008	67	90.83
2007	73	95.16
2006	76	106.25
2005	66	110.03
2004	80	106.03

EVENT	2005	2006	2007	2008	2009
50 free	23.76	23.73	23.67	23.48	23.32
100 free	51.54	51.41	51.27	50.91	50.45
200 free	1:51.09	1:50.68	1:50.56	1:49.63	1:48.87
400 free	4:55.69	4:55.59	4:55.11	4:53.50	4:51.52
1000 free	10:17.81	10:17.22	10:16.09	10:19.78	10:14.63
1650 free	17:07.12	17:06.40	17:03.56	17:05.98	16:56.94
100 back	57.35	57.13	57.02	56.52	55.65
200 back	2:03.88	2:03.44	2:03.11	2:02.31	2:00.24
100 breast	1:04.98	1:04.80	1:04.92	1:04.43	1:03.69
200 breast	2:20.70	2:19.97	2:20.09	2:19.67	2:18.46
100 fly	56.60	56.40	56.16	55.67	55.08
200 fly	2:04.75	2:04.43	2:04.00	2:03.33	2:01.62
200 i.m.	2:05.43	2:05.00	2:04.76	2:03.74	2:02.71
400 i.m.	4:26.31	4:25.95	4:25.71	4:24.79	4:22.39