

NATIONAL TOP 200 – BOYS ELEVEN YEARS – 2009/2010

50 Y FREESTYLE (27.08)

PP	TIME	NAME	TEAM	DATE
773	26.36	Anderson, Thomas	VAST	3/19/2010
756	26.59	Leahy, Jacob	IST	3/19/2010

100 Y FREESTYLE (59.28)

PP	TIME	NAME	TEAM	DATE
720	58.63	Gore, Ben	OCA	12/11/2009
698	59.23	Anderson, Thomas	VAST	2/26/2010

200 Y FREESTYLE (2:09.29)

PP	TIME	NAME	TEAM	DATE
700	2:08.04	Gore, Ben	OCA	2/13/2010
696	2:08.25	Tzekov, Chris	BEST	3/19/2010
680	2:09.10	Dang, Kevin	KING	11/21/2009

500 Y FREESTYLE (5:45.22)

PP	TIME	NAME	TEAM	DATE
757	5:33.49	Gore, Ben	OCA	3/19/2010

1000 Y FREESTYLE (13:07.37)

PP	TIME	NAME	TEAM	DATE

1650 Y FREESTYLE (22:15.36)

PP	TIME	NAME	TEAM	DATE
746	20:06.68	Dang, Kevin	KING	12/11/2009
695	20:35.43	Fritz, Matthew	PAC	10/30/2009
682	20:42.60	Jin, Albert	KING	11/11/2009
677	20:45.34	Lozensky, Jeffrey	MMSC	2/21/2010
651	21:00.61	Lin, Isaac	KING	11/11/2009
592	21:34.88	Wright, Andrew	ESC	10/30/2009
592	21:34.94	Kralj, Tim	GAC	11/15/2009
575	21:45.41	Stober, Kyle	SA	2/21/2010
556	21:56.66	Meyer, Ziven	OAC	6/4/2010

50 Y BACKSTROKE (31.55)

PP	TIME	NAME	TEAM	DATE
828	29.69	Anderson, Thomas	VAST	3/19/2010
777	30.41	Leahy, Jacob	IST	3/19/2010
762	30.61	Tzekov, Chris	BEST	3/19/2010
736	30.98	Kralj, Tim	GAC	12/11/2009
714	31.30	Dang, Kevin	KING	12/11/2009

100 Y BACKSTROKE (1:07.76)

PP	TIME	NAME	TEAM	DATE
798	1:04.62	Gore, Ben	OCA	3/19/2010
793	1:04.79	Anderson, Thomas	VAST	3/19/2010
770	1:05.47	Leahy, Jacob	IST	3/19/2010
725	1:06.85	Dang, Kevin	KING	12/11/2009
722	1:06.94	Tzekov, Chris	BEST	2/6/2010
716	1:07.11	Wright, Andrew	ESC	3/19/2010

200 Y BACKSTROKE (2:28.78)

PP	TIME	NAME	TEAM	DATE
834	2:18.36	Gore, Ben	OCA	12/11/2009
763	2:22.81	Dang, Kevin	KING	12/11/2009
754	2:23.40	Tzekov, Chris	BEST	11/21/2009
732	2:24.85	Wright, Andrew	ESC	2/26/2010

50 Y BREASTSTROKE (35.70)

PP	TIME	NAME	TEAM	DATE
804	33.65	Whitty, Ben	BC	3/19/2010
726	34.89	Jin, Albert	KING	3/19/2010
700	35.32	Wright, Andrew	ESC	3/19/2010

100 Y BREASTSTROKE (1:17.73)

PP	TIME	NAME	TEAM	DATE
860	1:10.99	Whitty, Ben	BC	3/19/2010

725	1:15.81	Wright, Andrew	ESC	3/19/2010
707	1:16.44	Jin, Albert	KING	3/19/2010
678	1:17.52	Johnson, Zach	TSC	12/11/2009

200 Y BREASTSTROKE (2:51.72)

PP	TIME	NAME	TEAM	DATE
807	2:42.04	Whitty, Ben	BC	3/19/2010
772	2:44.98	Wright, Andrew	ESC	3/19/2010
759	2:46.16	Jin, Albert	KING	12/11/2009
724	2:49.13	Johnson, Zach	TSC	11/21/2009
714	2:50.00	Hughes, Robert	KING	12/11/2009

50 Y BUTTERFLY (29.95)

PP	TIME	NAME	TEAM	DATE
817	28.12	Leahy, Jacob	IST	3/19/2010
742	29.14	Kralj, Tim	GAC	12/11/2009
706	29.63	Knutson, Dillon	C	3/19/2010
706	29.64	Kinnear, Ryan	IST	3/19/2010
687	29.91	Lin, Isaac	KING	3/19/2010

100 Y BUTTERFLY (1:07.54)

PP	TIME	NAME	TEAM	DATE
798	1:03.67	Gore, Ben	OCA	3/19/2010
786	1:04.03	Leahy, Jacob	IST	3/19/2010
759	1:04.89	Lin, Isaac	KING	3/19/2010
707	1:06.56	Kralj, Tim	GAC	12/11/2009
685	1:07.27	Kinnear, Ryan	IST	3/19/2010
682	1:07.35	Jin, Albert	KING	2/26/2010

200 Y BUTTERFLY (2:39.94)

PP	TIME	NAME	TEAM	DATE
848	2:20.35	Lin, Isaac	KING	3/19/2010
771	2:25.82	Gore, Ben	OCA	2/26/2010
710	2:30.36	Jin, Albert	KING	12/11/2009
689	2:31.90	Kralj, Tim	GAC	12/11/2009
614	2:37.73	Lozensky, Jeffrey	MMSC	12/11/2009
607	2:38.26	Knutson, Dillon	C	3/6/2010

100 Y INDIVIDUAL MEDLEY (1:08.80)

PP	TIME	NAME	TEAM	DATE
761	1:06.63	Gore, Ben	OCA	3/19/2010
752	1:06.89	Leahy, Jacob	IST	3/19/2010
723	1:07.67	Whitty, Ben	BC	3/19/2010

200 M INDIVIDUAL MEDLEY (2:26.69)

PP	TIME	NAME	TEAM	DATE
789	2:19.89	Gore, Ben	OCA	3/19/2010
685	2:26.09	Whitty, Ben	BC	3/19/2010
676	2:26.64	Jin, Albert	KING	11/21/2009

400 M INDIVIDUAL MEDLEY (4:22.85)

PP	TIME	NAME	TEAM	DATE
716	5:13.92	Jin, Albert	KING	2/13/2010
712	5:14.37	Dang, Kevin	KING	1/16/2010

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2009/2010	11	53	38133	719.49	746.91

NATIONAL TOP 200 – BOYS TWELVE YEARS – 2009/2010

50 Y FREESTYLE (25.11)				
PP	TIME	NAME	TEAM	DATE
791	24.50	Ervin, Tommy	UN	12/11/2009
100 Y FREESTYLE (54.74)				
PP	TIME	NAME	TEAM	DATE
812	52.64	Ervin, Tommy	UN	12/11/2009
757	53.99	Klatt, Nick	IST	12/11/2009
746	54.25	Avery, Cole	BBST	3/19/2010
200 Y FREESTYLE (1:59.84)				
PP	TIME	NAME	TEAM	DATE
813	1:54.29	Klatt, Nick	IST	2/26/2010
500 Y FREESTYLE (5:22.07)				
PP	TIME	NAME	TEAM	DATE
722	5:18.29	Klatt, Nick	IST	1/9/2010
1000 Y FREESTYLE (11:30.09)				
PP	TIME	NAME	TEAM	DATE
655	11:26.76	Kolyvek, Koppi	CSC	2/13/2010
1650 Y FREESTYLE (19:27.28)				
PP	TIME	NAME	TEAM	DATE
748	18:30.83	Klatt, Nick	IST	12/11/2009
722	18:44.24	Emerick, Max	GAC	11/15/2009
717	18:46.98	Sandler, Daniel	BC	3/19/2010
715	18:47.87	Vanderwel, Cole	WEST	3/19/2010
662	19:15.52	Broughton, Connor	IST	3/19/2010
654	19:19.94	Dang, Kevin	KING	3/19/2010
646	19:24.22	Williams, Nathaniel	WWA	1/21/2010
641	19:26.66	Johnson, Naveed	TOSC	12/11/2009
50 Y BACKSTROKE (29.25)				
PP	TIME	NAME	TEAM	DATE
767	28.49	Avery, Cole	BBST	4/17/2010
713	29.20	Klatt, Nick	IST	1/16/2010
100 Y BACKSTROKE (1:02.72)				
PP	TIME	NAME	TEAM	DATE
808	59.49	Avery, Cole	BBST	3/19/2010
701	1:02.51	Klatt, Nick	IST	2/26/2010
200 Y BACKSTROKE (2:17.02)				
PP	TIME	NAME	TEAM	DATE
748	2:11.70	Klatt, Nick	IST	2/26/2010
713	2:13.79	Hoover, Nolan	IST	12/11/2009
671	2:16.39	Kralj, Tim	GAC	3/19/2010
665	2:16.76	Pana, Andrew	BEST	3/19/2010
50 Y BREASTSTROKE (32.58)				
PP	TIME	NAME	TEAM	DATE
814	30.90	Ervin, Tommy	UN	12/11/2009
703	32.54	Avery, Cole	BBST	4/17/2010
100 Y BREASTSTROKE (1:11.28)				
PP	TIME	NAME	TEAM	DATE
786	1:08.17	Ervin, Tommy	UN	12/11/2009
711	1:10.66	Waite, Cj	BISC	3/19/2010
697	1:11.14	Broden, Spencer	KING	3/19/2010
200 Y BREASTSTROKE (2:37.34)				
PP	TIME	NAME	TEAM	DATE
730	2:33.41	Broden, Spencer	KING	3/19/2010
712	2:34.81	Waite, Cj	BISC	3/19/2010
689	2:36.66	Yang, Eric	PDST	3/19/2010
50 Y BUTTERFLY (27.73)				
PP	TIME	NAME	TEAM	DATE
802	26.70	Ervin, Tommy	UN	12/11/2009
776	27.03	Avery, Cole	BBST	3/19/2010

737	27.53	Emerick, Max	GAC	10/17/2009
727	27.66	Hoover, Nolan	IST	12/11/2009
100 Y BUTTERFLY (1:01.88)				
PP	TIME	NAME	TEAM	DATE
790	59.15	Ervin, Tommy	UN	12/11/2009
776	59.56	Avery, Cole	BBST	3/19/2010
776	59.56	Emerick, Max	GAC	11/7/2009
200 Y BUTTERFLY (2:22.33)				
PP	TIME	NAME	TEAM	DATE
702	2:19.00	Avery, Cole	BBST	2/6/2010
678	2:20.66	Klatt, Nick	IST	1/21/2010
100 Y INDIVIDUAL MEDLEY (1:03.44)				
PP	TIME	NAME	TEAM	DATE
765	1:01.44	Avery, Cole	BBST	3/19/2010
200 Y INDIVIDUAL MEDLEY (2:15.94)				
PP	TIME	NAME	TEAM	DATE
757	2:12.08	Klatt, Nick	IST	2/26/2010
717	2:14.36	Avery, Cole	BBST	12/11/2009
400 Y INDIVIDUAL MEDLEY (4:57.27)				
PP	TIME	NAME	TEAM	DATE
763	4:43.78	Avery, Cole	BBST	3/19/2010
737	4:47.13	Klatt, Nick	IST	1/21/2010
662	4:56.85	Vanderwel, Cole	WEST	3/19/2010

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2009/2010	12	37	26790	724.05	755.76
2008/2009	11	40	28715	717.87	742.31

NATIONAL TOP 200 – BOYS THIRTEEN YEARS – 2009/2010

50 Y FREESTYLE (24.03)

PP	TIME	NAME	TEAM	DATE
886	22.27	Kim, Ed	BC	12/11/2009
789	23.35	Thach, Tommy	WSY	12/11/2009
762	23.65	Rosellini, Tristan	KING	3/19/2010
747	23.83	McGinnis, Conner	WEST	1/21/2010
732	24.00	Woodbury, Brian	MET	3/6/2010

100 Y FREESTYLE (52.19)

PP	TIME	NAME	TEAM	DATE
914	48.17	Kim, Ed	BC	1/9/2010
823	50.03	Thach, Tommy	WSY	2/13/2010
795	50.60	Rosellini, Tristan	KING	3/19/2010
730	51.98	Curtis, Alex	BBST	1/21/2010
729	52.00	Emerick, Max	GAC	3/19/2010
724	52.12	Woodbury, Brian	MET	3/19/2010

200 Y FREESTYLE (1:53.92)

PP	TIME	NAME	TEAM	DATE
894	1:46.00	Kim, Ed	BC	12/11/2009
875	1:46.76	Thach, Tommy	WSY	4/7/2010
782	1:50.52	Rosellini, Tristan	KING	3/19/2010
734	1:52.50	Klatt, Nick	IST	3/19/2010
729	1:52.73	Stanchi, Michael	BC	3/19/2010
720	1:53.10	Scott, Ben	TSC	3/19/2010
715	1:53.33	McCarthy, Todd	BISC	1/16/2010

500 Y FREESTYLE (5:06.41)

PP	TIME	NAME	TEAM	DATE
771	4:57.46	Stanchi, Michael	BC	3/19/2010
768	4:57.85	Thach, Tommy	WSY	2/13/2010
761	4:58.69	Petrini, Sam	OCA	3/19/2010
721	5:03.18	DeVine, Abraham	CSC	12/11/2009
708	5:04.66	McCarthy, Todd	BISC	1/16/2010
696	5:06.16	Scott, Ben	TSC	2/6/2010
696	5:06.16	Klatt, Nick	IST	3/19/2010

1000 Y FREESTYLE (10:45.37)

PP	TIME	NAME	TEAM	DATE
725	10:32.69	Scott, Ben	TSC	12/17/2009
675	10:44.59	Stanchi, Michael	BC	1/31/2010

1650 Y FREESTYLE (17:56.57)

PP	TIME	NAME	TEAM	DATE
810	17:02.35	Thach, Tommy	WSY	1/21/2010
765	17:21.76	Petrini, Sam	OCA	3/19/2010
760	17:23.85	DeVine, Abraham	CSC	12/17/2009
748	17:28.82	Klatt, Nick	IST	3/19/2010
720	17:41.39	Scott, Ben	TSC	1/21/2010
701	17:49.62	Raines, Alec	KING	3/19/2010
697	17:51.72	Stanchi, Michael	BC	1/31/2010

100 Y BACKSTROKE (59.15)

PP	TIME	NAME	TEAM	DATE
908	53.89	Kim, Ed	BC	12/11/2009
885	54.42	Thach, Tommy	WSY	4/7/2010
778	56.91	McCarthy, Todd	BISC	1/21/2010
739	57.86	Woodbury, Brian	MET	3/6/2010
716	58.40	McGinnis, Conner	WEST	2/26/2010
704	58.70	DeVine, Abraham	CSC	3/19/2010
695	58.92	Scott, Ben	TSC	3/20/2010

200 Y BACKSTROKE (2:08.00)

PP	TIME	NAME	TEAM	DATE
894	1:57.81	Thach, Tommy	WSY	4/7/2010
874	1:58.75	Kim, Ed	BC	12/11/2009

788	2:03.01	McCarthy, Todd	BISC	1/16/2010
765	2:04.16	DeVine, Abraham	CSC	3/19/2010
734	2:05.75	Woodbury, Brian	MET	3/19/2010
730	2:05.95	Scott, Ben	TSC	3/19/2010
691	2:08.00	Hoover, Nolan	IST	3/19/2010

100 Y BREASTSTROKE (1:07.10)

PP	TIME	NAME	TEAM	DATE
808	1:03.71	Petrini, Sam	OCA	3/19/2010
712	1:06.45	Clark, Josaiiah	CSC	3/19/2010

200 Y BREASTSTROKE (2:25.90)

PP	TIME	NAME	TEAM	DATE
809	2:17.77	Petrini, Sam	OCA	3/19/2010
731	2:22.98	Clark, Josaiiah	CSC	3/19/2010

100 Y BUTTERFLY (58.19)

PP	TIME	NAME	TEAM	DATE
851	54.66	Kim, Ed	BC	12/11/2009
809	55.61	Thach, Tommy	WSY	1/21/2010
796	55.93	Emerick, Max	GAC	3/19/2010
764	56.67	Petrini, Sam	OCA	3/19/2010

200 Y BUTTERFLY (2:11.21)

PP	TIME	NAME	TEAM	DATE
881	1:59.44	Thach, Tommy	WSY	4/7/2010
802	2:03.54	Petrini, Sam	OCA	3/19/2010
735	2:07.14	Scott, Ben	TSC	3/19/2010

200 Y INDIVIDUAL MEDLEY (2:09.17)

PP	TIME	NAME	TEAM	DATE
854	2:01.36	Thach, Tommy	WSY	3/19/2010
782	2:04.74	Kim, Ed	BC	11/21/2009
749	2:06.31	DeVine, Abraham	CSC	12/11/2009
695	2:08.93	McCarthy, Todd	BISC	1/16/2010
691	2:09.12	Koontz, Duncan	OCA	12/11/2009

400 Y INDIVIDUAL MEDLEY (4:35.11)

PP	TIME	NAME	TEAM	DATE
887	4:15.64	Thach, Tommy	WSY	4/7/2010
797	4:25.03	DeVine, Abraham	CSC	12/17/2009
749	4:30.25	Petrini, Sam	OCA	2/13/2010
735	4:31.85	Scott, Ben	TSC	3/19/2010
731	4:32.29	McCarthy, Todd	BISC	1/21/2010
721	4:33.39	Raines, Alec	KING	2/13/2010
718	4:33.69	Koontz, Duncan	OCA	12/11/2009

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2009/2010	13	71	54510	767.74	762.38
2008/2009	12	74	55439	749.17	746.23
2007/2008	11	68	49200	723.52	724.88

NATIONAL TOP 200 – BOYS FOURTEEN YEARS – 2009/2010

50 Y FREESTYLE (22.92)

PP	TIME	NAME	TEAM	DATE
912	21.15	Kim, Ed	BC	3/19/2010
821	22.12	Maudslien, Thane	KING	1/9/2010
803	22.31	Weiss, Andrew	OCA	1/21/2010

100 Y FREESTYLE (49.96)

PP	TIME	NAME	TEAM	DATE
899	46.60	Kim, Ed	BC	3/19/2010
861	47.33	Maudslien, Thane	KING	1/10/2010
804	48.47	Weiss, Andrew	OCA	1/21/2010
735	49.88	Fulmer, Erik	KING	3/19/2010

200 Y FREESTYLE (1:48.73)

PP	TIME	NAME	TEAM	DATE
889	1:42.53	Maudslien, Thane	KING	12/11/2009
879	1:42.92	Kim, Ed	BC	3/19/2010
750	1:47.94	Weiss, Andrew	OCA	1/21/2010

500 Y FREESTYLE (4:53.06)

PP	TIME	NAME	TEAM	DATE
810	4:43.38	Maudslien, Thane	KING	12/17/2009
756	4:49.25	Alpaugh, Spencer	BISC	3/19/2010

1000 Y FREESTYLE (10:15.22)

PP	TIME	NAME	TEAM	DATE
817	9:49.85	Alpaugh, Spencer	BISC	3/10/2010
749	10:04.96	Rysemus, Logan	KING	12/17/2009

1650 Y FREESTYLE (17:15.26)

PP	TIME	NAME	TEAM	DATE
828	16:21.92	Alpaugh, Spencer	BISC	3/19/2010

100 Y BACKSTROKE (56.23)

PP	TIME	NAME	TEAM	DATE
898	52.03	Kim, Ed	BC	3/19/2010
836	53.41	Maudslien, Thane	KING	1/9/2010

200 Y BACKSTROKE (2:01.59)

PP	TIME	NAME	TEAM	DATE
885	1:52.90	Maudslien, Thane	KING	12/17/2009
780	1:57.85	Kim, Ed	BC	2/26/2010
745	1:59.56	Fulmer, Erik	KING	3/19/2010
713	2:01.13	McCarthy, Todd	BISC	3/19/2010

100 Y BREASTSTROKE (1:03.74)

PP	TIME	NAME	TEAM	DATE
890	59.12	Sosinsky, Liam	SSC	3/19/2010
816	1:01.08	Evans, Gus	UN	2/18/2010
759	1:02.62	Feigert, Jade	KING	12/11/2009
749	1:02.89	Melody, Austin	IST	3/19/2010
747	1:02.96	Chong, Sam	BC	3/19/2010
722	1:03.66	Schendel, Keith	CSC	3/19/2010

200 Y BREASTSTROKE (2:19.34)

PP	TIME	NAME	TEAM	DATE
842	2:11.69	Sosinsky, Liam	SSC	3/19/2010
768	2:16.41	Schendel, Keith	CSC	3/19/2010
766	2:16.55	Evans, Gus	BBST	3/19/2010
755	2:17.23	Melody, Austin	IST	3/19/2010
729	2:18.93	Jepsen, Josh	NWAC	3/19/2010

100 Y BUTTERFLY (55.42)

PP	TIME	NAME	TEAM	DATE
854	52.19	Maudslien, Thane	KING	12/11/2009
837	52.58	Kim, Ed	BC	3/19/2010
722	55.16	Weiss, Andrew	OCA	1/21/2010

200 Y BUTTERFLY (2:03.99)

PP	TIME	NAME	TEAM	DATE
801	1:58.15	Maudslien, Thane	KING	12/17/2009
741	2:01.20	Weiss, Andrew	OCA	3/19/2010
707	2:02.98	Rysemus, Logan	KING	12/11/2009
703	2:03.20	Fang, Shiwei	KING	12/11/2009
702	2:03.26	Alpaugh, Spencer	BISC	3/19/2010

200 Y INDIVIDUAL MEDLEY (2:02.98)

PP	TIME	NAME	TEAM	DATE
835	1:57.55	Kim, Ed	BC	3/19/2010
835	1:57.55	Maudslien, Thane	KING	12/17/2009
723	2:02.66	Weiss, Andrew	OCA	1/21/2010

400 Y INDIVIDUAL MEDLEY (4:22.61)

PP	TIME	NAME	TEAM	DATE
753	4:18.68	Fang, Shiwei	KING	12/11/2009
748	4:19.26	Alpaugh, Spencer	BISC	3/19/2010
737	4:20.45	Rysemus, Logan	KING	12/11/2009

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2009/2010	14	46	36411	791.54	777.52
2008/2009	13	37	28176	761.51	757.31
2007/2008	12	53	37539	708.28	731.71
2006/2007	11	68	46363	681.80	721.51

NATIONAL TOP 200 – BOYS FIFTEEN YEARS – 2009/2010

50 Y FREESTYLE (22.44)

PP	TIME	NAME	TEAM	DATE
794	21.96	Maudslien, Thane	KING	3/10/2010
775	22.16	Wagner, Zach	OCA	12/17/2009
750	22.43	Gregory, Patrick	UN	2/18/2010

100 Y FREESTYLE (48.78)

PP	TIME	NAME	TEAM	DATE
812	47.47	Maudslien, Thane	KING	3/10/2010
806	47.60	Wagner, Zach	OCA	3/13/2010

200 Y FREESTYLE (1:46.39)

PP	TIME	NAME	TEAM	DATE
861	1:41.78	Maudslien, Thane	KING	3/10/2010
829	1:42.97	Wagner, Zach	OCA	3/4/2010
781	1:44.82	McCarthy, Andrew	UN	2/18/2010
770	1:45.28	Weiner, Brendan	UN	2/18/2010
747	1:46.19	Barnard, Alec	UN	2/18/2010

500 Y FREESTYLE (4:47.20)

PP	TIME	NAME	TEAM	DATE
802	4:38.71	McCarthy, Andrew	UN	2/18/2010
776	4:41.46	Wagner, Zach	OCA	3/4/2010
771	4:42.06	Sholdra, Steve	UN	2/18/2010
730	4:46.41	Maudslien, Thane	KING	1/15/2010

1000 Y FREESTYLE (10:04.55)

PP	TIME	NAME	TEAM	DATE
800	9:41.65	McCarthy, Andrew	BISC	12/17/2009
744	9:53.93	Schell, Chase	TSC	12/17/2009
741	9:54.64	Shabb, Conrad	CSC	3/10/2010
724	9:58.32	Wagner, Zach	OCA	3/10/2010
722	9:58.72	Indahl, Evan	TSC	3/10/2010
718	9:59.75	Sholdra, Steve	BC	12/17/2009

1650 Y FREESTYLE (16:56.38)

PP	TIME	NAME	TEAM	DATE
796	16:14.17	McCarthy, Andrew	BISC	12/17/2009
763	16:27.47	Sholdra, Steve	BC	12/17/2009
756	16:30.27	Shabb, Conrad	CSC	3/10/2010
716	16:46.91	Schell, Chase	TSC	1/21/2010

100 Y BACKSTROKE (54.66)

PP	TIME	NAME	TEAM	DATE
823	52.49	Maudslien, Thane	KING	3/10/2010

200 Y BACKSTROKE (1:58.61)

PP	TIME	NAME	TEAM	DATE
838	1:53.22	Maudslien, Thane	KING	1/15/2010
766	1:56.57	Duschl, Luke	BC	3/10/2010

100 Y BREASTSTROKE (1:01.75)

PP	TIME	NAME	TEAM	DATE
785	1:00.08	Alleva, Zach	WAVE	3/10/2010
733	1:01.46	Adler, Robbie	UN	2/18/2010

200 Y BREASTSTROKE (2:16.47)

PP	TIME	NAME	TEAM	DATE
736	2:14.04	Alleva, Zach	WAVE	3/10/2010
714	2:15.39	Keeling-Garcia, Tanner	KING	12/17/2009

100 Y BUTTERFLY (53.67)

PP	TIME	NAME	TEAM	DATE
857	50.81	Maudslien, Thane	UN	2/18/2010
755	53.02	Weiner, Brendan	UN	2/18/2010
735	53.46	Barnard, Alec	WEST	3/10/2010

200 Y BUTTERFLY (2:00.27)

PP	TIME	NAME	TEAM	DATE
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742	1:58.02	Rysemus, Logan	KING	3/6/2010
733	1:58.48	Sholdra, Steve	BC	1/15/2010
730	1:58.59	Schell, Chase	TSC	1/21/2010

200 Y INDIVIDUAL MEDLEY (1:59.56)

PP	TIME	NAME	TEAM	DATE
780	1:57.02	Maudslien, Thane	KING	3/10/2010
730	1:59.28	Wagner, Zach	OCA	3/4/2010

400 Y INDIVIDUAL MEDLEY (4:17.10)

PP	TIME	NAME	TEAM	DATE
738	4:14.80	Wagner, Zach	OCA	12/17/2009

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2009/2010	15	40	30679	766.97	780.70
2008/2009	14	30	22323	744.10	776.34
2007/2008	13	51	37322	731.80	746.80
2006/2007	12	48	35696	743.66	731.10
2005/2006	11	43	29543	687.04	722.99

NATIONAL TOP 200 – BOYS SIXTEEN YEARS – 2009/2010

50 Y FREESTYLE (21.95)				
PP	TIME	NAME	TEAM	DATE
826	21.08	Wanot, Bart	KING	12/17/2009
791	21.44	Hopen, Mackey	UN	2/18/2010
100 Y FREESTYLE (47.75)				
PP	TIME	NAME	TEAM	DATE
837	45.96	Wanot, Bart	KING	3/10/2010
753	47.59	Harvey, Bryan	UN	2/18/2010
200 Y FREESTYLE (1:43.79)				
PP	TIME	NAME	TEAM	DATE
791	1:41.58	Wanot, Bart	KING	12/17/2009
500 Y FREESTYLE (4:42.33)				
PP	TIME	NAME	TEAM	DATE
782	4:36.82	Wanot, Bart	KING	12/17/2009
743	4:40.89	Briggs, Logan	IST	3/10/2010
1000 Y FREESTYLE (9:55.22)				
PP	TIME	NAME	TEAM	DATE
766	9:39.27	Sholdra, Steve	BC	3/10/2010
1650 Y FREESTYLE (16:43.66)				
PP	TIME	NAME	TEAM	DATE
750	16:18.59	Sholdra, Steve	BC	3/10/2010
100 Y BACKSTROKE (53.44)				
PP	TIME	NAME	TEAM	DATE
848	50.78	Wanot, Bart	KING	12/3/2009
801	51.80	Harvey, Bryan	UN	2/18/2010
741	53.11	Fish, Austin	BBST	3/10/2010
200 Y BACKSTROKE (1:56.75)				
PP	TIME	NAME	TEAM	DATE
863	1:49.56	Wanot, Bart	KING	3/10/2010
785	1:53.12	Briggs, Logan	IST	3/10/2010
768	1:53.88	Stanchi, Paolo	BC	3/10/2010
732	1:55.57	Fish, Austin	BBST	3/16/2010
709	1:56.66	Win, Nic	WAVE	3/10/2010
100 Y BREASTSTROKE (1:00.59)				
PP	TIME	NAME	TEAM	DATE
831	58.11	Hopen, Mackey	UN	2/18/2010
806	58.74	Nemeth, Andrew	UN	2/18/2010
788	59.21	Fish, Austin	UN	2/18/2010
768	59.74	Enbody, Joey	PAC	3/10/2010
751	1:00.18	Stokes, Geoffrey	BC	12/17/2009
750	1:00.21	Wingerson, Andy	BC	3/10/2010
749	1:00.25	Deiparine, Jimmy	BC	12/17/2009
746	1:00.31	Yotty, Bramon	UN	2/18/2010
200 Y BREASTSTROKE (2:13.78)				
PP	TIME	NAME	TEAM	DATE
773	2:10.70	Keeling-Garcia, Tanner	KING	3/10/2010
761	2:11.46	Stanchi, Paolo	BC	3/10/2010
757	2:11.70	Nemeth, Andrew	KING	3/10/2010
755	2:11.83	Enbody, Joey	PAC	3/10/2010
751	2:12.10	Win, Nic	WAVE	3/10/2010
743	2:12.59	Deiparine, Jimmy	BC	12/17/2009
735	2:13.07	Stokes, Geoffrey	BC	12/17/2009
727	2:13.57	Wingerson, Andy	BC	3/10/2010
100 Y BUTTERFLY (52.57)				
PP	TIME	NAME	TEAM	DATE
869	49.29	Harvey, Bryan	UN	2/18/2010
200 Y BUTTERFLY (1:57.97)				
PP	TIME	NAME	TEAM	DATE

723	1:57.42	Harvey, Bryan	SSC	1/21/2010
714	1:57.90	Sholdra, Steve	BC	3/10/2010
200 Y INDIVIDUAL MEDLEY (1:57.36)				
PP	TIME	NAME	TEAM	DATE
790	1:54.56	Fish, Austin	UN	2/18/2010
759	1:55.91	Wingerson, Andy	UN	2/18/2010
753	1:56.21	Stanchi, Paolo	BC	12/17/2009
740	1:56.76	Nemeth, Andrew	UN	2/18/2010
733	1:57.09	Young, Knox	OCA	12/17/2009
400 Y INDIVIDUAL MEDLEY (4:13.07)				
PP	TIME	NAME	TEAM	DATE
771	4:06.37	Stanchi, Paolo	BC	12/17/2009
744	4:09.11	Briggs, Logan	IST	3/10/2010
740	4:09.43	Fish, Austin	BBST	3/10/2010

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2009/2010	16	44	33813	768.47	780.14
2008/2009	15	32	24456	764.25	779.69
2007/2008	14	47	34286	729.48	749.57
2006/2007	13	45	33409	742.42	732.23
2005/2006	12	22	14984	681.09	718.39
2004/2005	11	25	15888	635.52	695.02

NATIONAL TOP 200 – BOYS SEVENTEEN YEARS – 2009/2010

50 Y FREESTYLE (21.54)

PP	TIME	NAME	TEAM	DATE
819	20.88	Hallowell, Ethan	BC	12/17/2009
781	21.27	Cann, D'voreaux	KING	3/10/2010
772	21.36	McFarlane, Stephen	UN	2/18/2010

100 Y FREESTYLE (47.04)

PP	TIME	NAME	TEAM	DATE
847	45.20	Hallowell, Ethan	BC	3/10/2010
804	46.01	Cann, D'voreaux	UN	2/18/2010

200 Y FREESTYLE (1:42.84)

PP	TIME	NAME	TEAM	DATE
822	1:39.66	Hallowell, Ethan	BC	3/10/2010
785	1:41.05	Cann, D'voreaux	KING	3/12/2010
740	1:42.74	Walker, Reid	UN	2/18/2010

500 Y FREESTYLE (4:40.89)

PP	TIME	NAME	TEAM	DATE
794	4:33.03	Walker, Reid	UN	2/18/2010
761	4:36.40	Roe, Matt	UN	2/18/2010
726	4:40.08	Cann, D'voreaux	KING	1/15/2010
724	4:40.36	Stenfjord, Thor	CSC	3/10/2010

1000 Y FREESTYLE (9:54.11)

PP	TIME	NAME	TEAM	DATE
788	9:30.92	Roe, Matt	CSC	3/10/2010
754	9:38.22	Walker, Reid	CSC	3/10/2010
717	9:46.35	Stenfjord, Thor	CSC	3/10/2010
688	9:52.87	Tento, Sean	WSY	12/17/2009
683	9:53.95	Johnson, Cameron	CSC	12/17/2009

1650 Y FREESTYLE (16:44.55)

PP	TIME	NAME	TEAM	DATE
794	15:58.99	Roe, Matt	CSC	3/10/2010
770	16:08.65	Wheeler, Ian	TSC	12/17/2009
715	16:31.17	Palumbo, Alex	BC	3/10/2010
703	16:36.28	Benvenuto, Marco	CSC	3/10/2010
690	16:41.63	Wiens, Matthew	BC	12/17/2009

100 Y BACKSTROKE (52.67)

PP	TIME	NAME	TEAM	DATE
808	50.93	Hallowell, Ethan	BC	3/10/2010
751	52.16	Rochford, Michael	UN	2/18/2010
749	52.20	McFarlane, Stephen	UN	2/18/2010
729	52.64	Marshall, Michael	UN	2/18/2010

200 Y BACKSTROKE (1:55.50)

PP	TIME	NAME	TEAM	DATE
755	1:53.65	McFarlane, Stephen	KING	3/10/2010
732	1:54.71	Seidel, Taylor	BC	12/17/2009

100 Y BREASTSTROKE (59.84)

PP	TIME	NAME	TEAM	DATE
747	59.37	Girard, Spencer	UN	2/18/2010

200 Y BREASTSTROKE (2:12.48)

PP	TIME	NAME	TEAM	DATE
730	2:11.78	Deiparine, Jimmy	BC	3/10/2010

100 Y BUTTERFLY (51.71)

PP	TIME	NAME	TEAM	DATE
808	49.97	Cann, D'voreaux	KING	3/10/2010
784	50.47	Hallowell, Ethan	BC	3/10/2010

200 Y BUTTERFLY (1:56.82)

PP	TIME	NAME	TEAM	DATE
765	1:54.03	Hu, Price	NWAC	3/10/2010

200 Y INDIVIDUAL MEDLEY (1:55.54)

PP	TIME	NAME	TEAM	DATE
400 Y INDIVIDUAL MEDLEY (4:10.31)				
PP	TIME	NAME	TEAM	DATE
765	4:05.92	Walker, Reid	CSC	3/10/2010

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2009/2010	17	34	25800	758.82	780.66
2008/2009	16	36	27805	772.36	779.60
2007/2008	15	43	32416	753.86	750.17
2006/2007	14	50	37018	740.36	746.24
2005/2006	13	45	32850	730.00	723.61
2004/2005	12	59	40877	692.83	707.24
2003/2004	11	68	45168	664.23	684.26

NATIONAL TOP 200 – BOYS EIGHTEEN YEARS – 2009/2010

50 Y FREESTYLE (21.55)

PP	TIME	NAME	TEAM	DATE
800	20.91	Riechel, Garren	UN	2/18/2010
746	21.47	Jude, Matt	UN	2/18/2010
740	21.53	Fisk, Ian	UN	2/18/2010

100 Y FREESTYLE (47.04)

PP	TIME	NAME	TEAM	DATE
744	46.75	Fisk, Ian	UN	2/18/2010

200 Y FREESTYLE (1:42.89)

PP	TIME	NAME	TEAM	DATE
798	1:40.14	Wheeler, Ian	UN	2/18/2010
781	1:40.77	Longbotham, Murray	SEAT	12/3/2009
768	1:41.24	Fisk, Ian	UN	2/18/2010
732	1:42.63	Michaels, Bryan	UN	11/19/2009
728	1:42.79	Neff, Spencer	UN	2/18/2010

500 Y FREESTYLE (4:42.50)

PP	TIME	NAME	TEAM	DATE
789	4:32.11	Wheeler, Ian	TSC	3/10/2010
755	4:35.63	Michaels, Bryan	UN	11/19/2009
733	4:37.90	Neff, Spencer	UN	2/18/2010

1000 Y FREESTYLE (10:33.23)

PP	TIME	NAME	TEAM	DATE
809	9:26.44	Wheeler, Ian	TSC	3/10/2010
748	9:39.51	Neff, Spencer	TSC	3/10/2010
699	9:50.30	Goulart, Chase	IST	3/10/2010
677	9:55.37	Wiens, Matthew	BC	3/10/2010

1650 Y FREESTYLE (17:24.77)

PP	TIME	NAME	TEAM	DATE
800	15:53.12	Michaels, Bryan	UN	11/19/2009
759	16:09.53	Neff, Spencer	TSC	3/10/2010
695	16:35.71	Goulart, Chase	IST	3/10/2010
668	16:46.92	Wiens, Matthew	BC	1/21/2010
617	17:08.52	Sines, Walker	UN	11/11/2009

100 Y BACKSTROKE (53.04)

PP	TIME	NAME	TEAM	DATE

200 Y BACKSTROKE (1:56.61)

PP	TIME	NAME	TEAM	DATE
711	1:55.39	Marshall, Michael	ESC	3/10/2010

100 Y BREASTSTROKE (59.98)

PP	TIME	NAME	TEAM	DATE
870	55.63	Riechel, Garren	UN	2/18/2010
846	56.22	Wurzbacher, Owen	UN	3/4/2010

200 Y BREASTSTROKE (2:13.82)

PP	TIME	NAME	TEAM	DATE
831	2:03.38	Wurzbacher, Owen	UN	3/4/2010
695	2:11.55	Ryan, Logan	KING	3/10/2010

100 Y BUTTERFLY (51.83)

PP	TIME	NAME	TEAM	DATE
808	49.86	Longbotham, Murray	SEAT	12/3/2009
756	50.96	Jeremikj, Aleksandar	TSC	3/10/2010
732	51.46	Endres, Kyle	UN	12/11/2009

200 Y BUTTERFLY (1:57.27)

PP	TIME	NAME	TEAM	DATE
819	1:50.73	Hu, John	UN	3/17/2010
743	1:54.40	Abadi, Ali	SSC	3/16/2010
743	1:54.41	Jeremikj, Aleksandar	TSC	3/10/2010
742	1:54.43	Endres, Kyle	UN	12/11/2009

200 Y INDIVIDUAL MEDLEY (1:56.33)

PP	TIME	NAME	TEAM	DATE
798	1:52.14	Hu, John	UN	3/17/2010
788	1:52.59	Wurzbacher, Owen	UN	3/4/2010
720	1:55.54	Clare, Shane	UN	2/18/2010

400 Y INDIVIDUAL MEDLEY (4:12.57)

PP	TIME	NAME	TEAM	DATE
816	3:59.27	Hu, John	UN	3/17/2010
767	4:03.98	Wurzbacher, Owen	UN	12/4/2009
699	4:10.80	Abadi, Ali	SSC	3/16/2010
687	4:12.01	Clare, Shane	KING	3/10/2010

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2009/2010	18	40	30157	753.92	757.15
2008/2009	17	46	36684	797.47	791.86
2007/2008	16	53	39886	752.56	752.39
2006/2007	15	79	60274	762.96	749.73
2005/2006	14	73	54037	740.23	741.51
2004/2005	13	73	53848	737.64	721.56
2003/2004	12	75	54310	724.13	707.13

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2008-2009	18	43	32081	746.06	764.20
2007-2008	17	37	27804	751.45	757.62
2006-2007	16	41	30938	754.58	747.13
2005-2006	15	48	35924	748.41	739.61
2004-2005	14	59	44057	746.72	730.22
2003-2004	13	76	55690	732.63	711.06

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2007-2008	18	34	25664	754.82	734.84
2006-2007	17	45	34072	757.15	755.48
2005-2006	16	39	28642	734.41	744.92
2004-2005	15	43	32119	746.95	738.13
2003-2004	14	52	37100	713.46	728.94

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2006-2007	18	44	31251	710.25	726.51
2005-2006	17	74	55717	752.93	746.74
2004-2005	16	80	60095	751.18	738.64
2003-2004	15	68	49307	725.10	722.53

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2005-2006	18	56	39529	705.87	709.47
2004-2005	17	71	53489	753.36	741.58
2003-2004	16	61	44532	730.03	723.95

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2004-2005	18	99	71582	723.05	706.68
2003-2004	17	77	57114	741.74	724.63

NATIONAL TOP 200 – BOYS EIGHTEEN UNDER – 2009/2010

50 Y FREESTYLE (21.18)				
RNK	TIME	NAME	TEAM	DATE
77	20.88	Hallowell, Ethan	BC	12/17/2009
86	20.91	Riechel, Garren	UN	2/18/2010
149	21.08	Wanot, Bart	KING	12/17/2009
180	21.15	Kim, Ed	BC	3/19/2010

100 Y FREESTYLE (46.25)				
RNK	TIME	NAME	TEAM	DATE
38	45.20	Hallowell, Ethan	BC	3/10/2010
132	45.96	Wanot, Bart	KING	3/10/2010
137	46.01	Cann, D'voreaux	UN	2/18/2010

200 Y FREESTYLE (1:40.86)				
RNK	TIME	NAME	TEAM	DATE
84	1:39.66	Hallowell, Ethan	BC	3/10/2010
119	1:40.14	Wheeler, Ian	UN	2/18/2010
183	1:40.77	Longbotham, Murray	SEAT	12/3/2009

500 Y FREESTYLE (4:34.11)				
RNK	TIME	NAME	TEAM	DATE
116	4:32.11	Wheeler, Ian	TSC	3/10/2010
155	4:33.03	Walker, Reid	UN	2/18/2010

1000 Y FREESTYLE (9:34.33)				
RNK	TIME	NAME	TEAM	DATE
106	9:26.44	Wheeler, Ian	TSC	3/10/2010
148	9:30.92	Roe, Matt	CSC	3/10/2010

1650 Y FREESTYLE (16:03.17)				
RNK	TIME	NAME	TEAM	DATE
132	15:53.12	Michaels, Bryan	UN	11/19/2009
168	15:58.99	Roe, Matt	CSC	3/10/2010

100 Y BACKSTROKE (51.35)				
RNK	TIME	NAME	TEAM	DATE
123	50.78	Wanot, Bart	KING	12/3/2009
146	50.93	Hallowell, Ethan	BC	3/10/2010

200 Y BACKSTROKE (1:51.97)				
RNK	TIME	NAME	TEAM	DATE
77	1:49.56	Wanot, Bart	KING	3/10/2010

100 Y BREASTSTROKE (58.17)				
RNK	TIME	NAME	TEAM	DATE
15	55.63	Riechel, Garren	UN	2/18/2010
34	56.22	Wurzbacher, Owen	UN	3/4/2010
189	58.11	Hopen, Mackey	UN	2/18/2010

200 Y BREASTSTROKE (2:07.55)				
RNK	TIME	NAME	TEAM	DATE
36	2:03.38	Wurzbacher, Owen	UN	3/4/2010

100 Y BUTTERFLY (50.53)				
RNK	TIME	NAME	TEAM	DATE
47	49.29	Harvey, Bryan	UN	2/18/2010
97	49.86	Longbotham, Murray	SEAT	12/3/2009
112	49.97	Cann, D'voreaux	KING	3/10/2010
186	50.47	Hallowell, Ethan	BC	3/10/2010

200 Y BUTTERFLY (1:53.10)				
RNK	TIME	NAME	TEAM	DATE
81	1:50.73	Hu, John	UN	3/17/2010

200 Y INDIVIDUAL MEDLEY (1:53.18)				
RNK	TIME	NAME	TEAM	DATE
119	1:52.14	Hu, John	UN	3/17/2010
157	1:52.59	Wurzbacher, Owen	UN	3/4/2010

400 Y INDIVIDUAL MEDLEY (4:02.97)				
RNK	TIME	NAME	TEAM	DATE
102	3:59.27	Hu, John	UN	3/17/2010

YEAR	# SWIMS	AVG PLACE
2009/2010	31	113.90
2008/2009	42	105.02
2007/2008	44	117.22
2006/2007	44	105.11
2005/2006	64	99.67
2004/2005	101	86.91
2003/2004	76	97.27

EVENT	2006	2007	2008	2009	2010
50 free	21.47	21.44	21.34	21.05	21.18
100 free	46.83	46.80	46.55	45.90	46.25
200 free	1:42.17	1:42.04	1:41.65	1:40.45	1:40.86
500 free	4:37.19	4:37.22	4:35.43	4:33.26	4:34.11
1000 free	9:41.37	9:38.11	9:39.85	9:33.47	9:34.33
1650 free	16:11.18	16:11.34	16:12.57	16:04.11	16:03.17
100 back	52.48	52.34	52.04	51.25	51.35
200 back	1:53.78	1:53.70	1:53.31	1:51.78	1:51.97
100 breast	59.28	59.00	58.84	58.12	58.17
200 breast	2:10.00	2:09.54	2:09.45	2:07.22	2:07.55
100 fly	51.40	51.12	50.84	50.30	50.53
200 fly	1:54.70	1:54.16	1:53.86	1:52.48	1:53.10
200 i.m.	1:55.08	1:54.75	1:54.49	1:53.05	1:53.18
400 i.m.	4:06.74	4:06.28	4:05.56	4:02.79	4:02.97

NATIONAL TOP 200 – MEN – 2009/2010

50 Y FREESTYLE (20.62)				
AGE	TIME	NAME	TEAM	DATE
100 Y FREESTYLE (45.20)				
AGE	TIME	NAME	TEAM	DATE
196	45.20	Hallowell, Ethan	BC	3/10/2010
200 Y FREESTYLE (1:39.30)				
AGE	TIME	NAME	TEAM	DATE
197	1:39.29	Longbotham, Murray	UN	2/10/2010
500 Y FREESTYLE (4:29.98)				
AGE	TIME	NAME	TEAM	DATE
1000 Y FREESTYLE (9:31.42)				
AGE	TIME	NAME	TEAM	DATE
144	9:26.44	Wheeler, Ian	TSC	3/10/2010
192	9:30.92	Roe, Matt	CSC	3/10/2010
1650 Y FREESTYLE (15:47.74)				
AGE	TIME	NAME	TEAM	DATE
100 Y BACKSTROKE (50.06)				
AGE	TIME	NAME	TEAM	DATE
200 Y BACKSTROKE (1:49.73)				
AGE	TIME	NAME	TEAM	DATE
186	1:49.56	Wanot, Bart	KING	3/10/2010
100 Y BREASTSTROKE (56.63)				
PP	TIME	NAME	TEAM	DATE
115	55.63	Riechel, Garren	UN	2/18/2010
121	55.73	Sharify, Perry	UN	11/19/2009
162	56.22	Wurzbacher, Owen	UN	3/4/2010
200 Y BREASTSTROKE (2:04.42)				
PP	TIME	NAME	TEAM	DATE
112	2:01.88	Sharify, Perry	UN	11/19/2009
116	2:01.97	Chiu, Bryson	UN	2/10/2010
153	2:03.38	Wurzbacher, Owen	UN	3/4/2010
100 Y BUTTERFLY (49.37)				
PP	TIME	NAME	TEAM	DATE
110	48.59	Blyth, Andre	KING	3/4/2010
189	49.29	Harvey, Bryan	UN	2/18/2010
200 Y BUTTERFLY (1:50.53)				
PP	TIME	NAME	TEAM	DATE
125	1:49.21	Gregory, Jeremy	UN	12/3/2009
200 Y INDIVIDUAL MEDLEY (1:50.83)				
PP	TIME	NAME	TEAM	DATE
176	1:50.55	Chiu, Bryson	UN	2/10/2010
400 Y INDIVIDUAL MEDLEY (3:58.95)				
PP	TIME	NAME	TEAM	DATE

EVENT	2006	2007	2008	2009	2010
50 free	20.95	20.88	20.65	20.43	20.62
100 free	45.98	45.73	45.25	44.79	45.20
200 free	1:40.56	1:40.35	1:39.41	1:38.33	1:39.30
500 free	4:33.40	4:32.63	4:30.97	4:28.55	4:29.98
1000 free	9:38.12	9:34.97	9:35.74	9:31.30	9:31.42
1650 free	15:58.40	15:56.76	15:54.82	15:47.27	15:47.74
100 back	51.51	51.09	50.64	49.99	50.06
200 back	1:52.19	1:51.34	1:50.32	1:49.31	1:49.73
100 breast	57.98	57.53	57.14	56.68	56.63
200 breast	2:06.90	2:05.90	2:05.51	2:04.01	2:04.42
100 fly	50.21	49.87	49.54	49.01	49.37
200 fly	1:52.22	1:51.50	1:50.66	1:49.88	1:50.53
200 i.m.	1:53.09	1:52.30	1:51.59	1:50.50	1:50.83
400 i.m.	4:03.16	4:01.64	4:00.43	3:58.64	3:58.95

YEAR	# SWIMS	AVG PLACE
2009/2010	15	152.93
2008/2009	60	113.60
2007/2008	29	120.27
2006/2007	35	118.37
2005/2006	56	99.46
2004/2005	86	117.87
2003/2004	58	125.72