

PNS DISABILITY TIME STANDARDS - Women Short Course Meters

	S1 SB1 SM1	S2 SB3 SM2	S3 SB3 SM3	S4 SB4 SM4	S5 SB5 SM5	S6 SB6 SM6	S7 SB7 SM7	S8 SB8 SM8	S9 SB9 SM9	S10 SM10	S11	S12	S13
50 Free	03:42.36	02:24.84	02:03.42	01:29.76	01:17.00	01:00.50	00:48.51	00:44.20	00:38.81	00:37.73	00:48.51	00:47.54	00:38.81
ELITE	03:53.48	02:32.08	02:09.59	01:34.25	01:20.85	01:03.53	00:50.94	00:46.41	00:40.75	00:39.62	00:50.94	00:49.92	00:40.75
GOLD	04:04.60	02:39.32	02:15.76	01:38.74	01:24.70	01:06.55	00:53.36	00:48.62	00:42.69	00:41.50	00:53.36	00:52.29	00:42.69
SILVER	04:15.71	02:46.57	02:21.93	01:43.22	01:28.55	01:09.57	00:55.79	00:50.83	00:44.63	00:43.39	00:55.79	00:54.67	00:44.63
100 Free	06:43.92	04:51.72	04:06.84	03:10.74	02:45.00	02:01.00	01:42.41	01:37.02	01:26.24	01:20.85	01:47.80	01:45.64	01:31.63
ELITE	07:04.12	05:06.31	04:19.18	03:20.28	02:53.25	02:07.05	01:47.53	01:41.87	01:30.55	01:24.89	01:53.19	01:50.92	01:36.21
GOLD	07:24.31	05:20.89	04:31.52	03:29.81	03:01.50	02:13.10	01:52.65	01:46.72	01:34.86	01:28.94	01:58.58	01:56.20	01:40.79
SILVER	07:44.51	05:35.48	04:43.87	03:39.35	03:09.75	02:19.15	01:57.77	01:51.57	01:39.18	01:32.98	02:03.97	02:01.49	01:45.37
200 Free	13:07.44	08:45.30	07:49.20	06:46.98	05:30.00	04:12.00	03:24.82	03:23.84	03:02.28	02:51.50	03:45.40	03:40.89	03:08.16
ELITE	13:46.81	09:11.57	08:12.66	07:07.33	05:46.50	04:24.60	03:35.06	03:34.03	03:11.39	03:00.07	03:56.67	03:51.93	03:17.57
GOLD	14:26.18	09:37.83	08:36.12	07:27.68	06:03.00	04:37.20	03:45.30	03:44.22	03:20.51	03:08.65	04:07.94	04:02.98	03:26.98
SILVER	15:05.56	10:04.10	08:59.58	07:48.03	06:19.50	04:49.80	03:55.54	03:54.42	03:29.62	03:17.22	04:19.21	04:14.02	03:36.38
400 Free	26:14.88	17:51.00	15:58.80	13:54.36	11:20.00	08:46.00	08:05.10	07:54.32	07:00.42	06:38.86	08:05.10	07:55.40	07:11.20
ELITE	27:33.62	18:44.55	16:46.74	14:36.08	11:54.00	09:12.30	08:29.36	08:18.04	07:21.44	06:58.80	08:29.36	08:19.17	07:32.76
GOLD	28:52.37	19:38.10	17:34.68	15:17.80	12:28.00	09:38.60	08:53.61	08:41.75	07:42.46	07:18.75	08:53.61	08:42.94	07:54.32
SILVER	30:11.11	20:31.65	18:22.62	15:59.51	13:02.00	10:04.90	09:17.86	09:05.47	08:03.48	07:38.69	09:17.86	09:06.71	08:15.88
800 Free						17:12.00	16:10.20	15:48.64	14:00.84	12:58.12	16:10.20	15:50.80	14:22.40
ELITE						18:03.60	16:58.71	16:36.07	14:42.88	13:37.03	16:58.71	16:38.34	15:05.52
GOLD						18:55.20	17:47.22	17:23.50	15:24.92	14:15.93	17:47.22	17:25.88	15:48.64
SILVER						19:46.80	18:35.73	18:10.94	16:06.97	14:54.84	18:35.73	18:13.42	16:31.76
1500 Free						33:24.00	31:21.60	30:38.48	27:02.88	24:57.44	31:21.60	30:43.97	27:46.00
ELITE						35:04.20	32:55.68	32:10.40	28:24.02	26:12.31	32:55.68	32:16.17	29:09.30
GOLD						36:44.40	34:29.76	33:42.33	29:45.17	27:27.18	34:29.76	33:48.37	30:32.60
SILVER						38:24.60	36:03.84	35:14.25	31:06.31	28:42.06	36:03.84	35:20.57	31:55.90
50 Back	03:21.96	02:25.86	02:14.64	01:40.98	01:28.00	01:06.50	00:59.78	00:55.37	00:49.00	00:43.61	00:59.78	00:58.58	00:49.00
ELITE	03:32.06	02:33.15	02:21.37	01:46.03	01:32.40	01:09.83	01:02.77	00:58.14	00:51.45	00:45.79	01:02.77	01:01.51	00:51.45
GOLD	03:42.16	02:40.45	02:28.10	01:51.08	01:36.80	01:13.15	01:05.76	01:00.91	00:53.90	00:47.97	01:05.76	01:04.44	00:53.90
SILVER	03:52.25	02:47.74	02:34.84	01:56.13	01:41.20	01:16.48	01:08.75	01:03.68	00:56.35	00:50.15	01:08.75	01:07.37	00:56.35
100 Back	06:54.12	05:01.92	04:39.48	03:32.16	03:06.00	02:23.00	02:09.36	01:58.58	01:47.80	01:37.02	02:09.36	02:06.77	01:47.80
ELITE	07:14.83	05:17.02	04:53.45	03:42.77	03:15.30	02:30.15	02:15.83	02:04.51	01:53.19	01:41.87	02:15.83	02:13.11	01:53.19
GOLD	07:35.53	05:32.11	05:07.43	03:53.38	03:24.60	02:37.30	02:22.30	02:10.44	01:58.58	01:46.72	02:22.30	02:19.45	01:58.58
SILVER	07:56.24	05:47.21	05:21.40	04:03.98	03:33.90	02:44.45	02:28.76	02:16.37	02:03.97	01:51.57	02:28.76	02:25.79	02:03.97
200 Back	13:58.44	10:14.04	09:29.16	07:14.52	06:22.00	04:54.00	04:18.72	04:08.43	03:24.82	03:23.35	04:06.96	04:02.02	03:25.80
ELITE	14:40.36	10:44.74	09:57.62	07:36.25	06:41.10	05:08.70	04:31.66	04:20.85	03:35.06	03:33.52	04:19.31	04:14.12	03:36.09
GOLD	15:22.28	11:15.44	10:26.08	07:57.97	07:00.20	05:23.40	04:44.59	04:33.27	03:45.30	03:43.68	04:31.66	04:26.22	03:46.38
SILVER	16:04.21	11:46.15	10:54.53	08:19.70	07:19.30	05:38.10	04:57.53	04:45.69	03:55.54	03:53.85	04:44.00	04:38.32	03:56.67
50 Breast	03:55.62	02:59.52	02:14.64	01:35.88	01:28.50	01:23.00	01:10.56	00:59.78	00:54.39		01:10.56	01:09.15	00:54.39
ELITE	04:07.40	03:08.50	02:21.37	01:40.67	01:32.93	01:27.15	01:14.09	01:02.77	00:57.11		01:14.09	01:12.61	00:57.11
GOLD	04:19.18	03:17.47	02:28.10	01:45.47	01:37.35	01:31.30	01:17.62	01:05.76	00:59.83		01:17.62	01:16.07	00:59.83
SILVER	04:30.96	03:26.45	02:34.84	01:50.26	01:41.78	01:35.45	01:21.14	01:08.75	01:02.55		01:21.14	01:19.52	01:02.55
100 Breast	08:01.44	06:09.24	04:39.48	03:21.96	03:07.00	02:56.00	02:30.92	02:09.36	01:58.58		02:30.92	02:27.90	01:58.58
ELITE	08:25.51	06:27.70	04:53.45	03:32.06	03:16.35	03:04.80	02:38.47	02:15.83	02:04.51		02:38.47	02:35.30	02:04.51
GOLD	08:49.58	06:46.16	05:07.43	03:42.16	03:25.70	03:13.60	02:46.01	02:22.30	02:10.44		02:46.01	02:42.69	02:10.44
SILVER	09:13.66	07:04.63	05:21.40	03:52.25	03:35.05	03:22.40	02:53.56	02:28.76	02:16.37		02:53.56	02:50.09	02:16.37
200 Breast	16:02.88	12:18.48	09:18.96	07:23.70	06:05.00	05:34.00	38:24.00	03:58.63	03:58.14		04:22.64	04:17.39	03:58.14
ELITE	16:51.02	12:55.40	09:46.91	07:45.89	06:23.25	05:50.70	40:19.20	04:10.56	04:10.05		04:35.77	04:30.26	04:10.05
GOLD	17:39.17	13:32.33	10:14.86	08:08.07	06:41.50	06:07.40	42:14.40	04:22.49	04:21.95		04:48.90	04:43.13	04:21.95
SILVER	18:27.31	14:09.25	10:42.80	08:30.26	06:59.75	06:24.10	44:09.60	04:34.42	04:33.86		05:02.04	04:56.00	04:33.86

PNS DISABILITY TIME STANDARDS - Women Short Course Meters

50 Fly	02:48.30	02:37.08	02:14.64	02:03.42	01:50.00	01:22.50	01:04.68	00:59.78	00:54.39	00:49.00	00:59.78	00:58.58	00:49.00
ELITE	02:56.71	02:44.93	02:21.37	02:09.59	01:55.50	01:26.62	01:07.91	01:02.77	00:57.11	00:51.45	01:02.77	01:01.51	00:51.45
GOLD	03:05.13	02:52.79	02:28.10	02:15.76	02:01.00	01:30.75	01:11.15	01:05.76	00:59.83	00:53.90	01:05.76	01:04.44	00:53.90
SILVER	03:13.54	03:00.64	02:34.84	02:21.93	02:06.50	01:34.87	01:14.38	01:08.75	01:02.55	00:56.35	01:08.75	01:07.37	00:56.35
100 Fly	05:46.80	05:19.26	04:34.38	04:10.92	03:45.00	02:55.00	02:14.26	02:09.36	01:58.58	01:47.80	02:09.36	02:06.77	01:47.80
ELITE	06:04.14	05:35.22	04:48.10	04:23.47	03:56.25	03:03.75	02:20.97	02:15.83	02:04.51	01:53.19	02:15.83	02:13.11	01:53.19
GOLD	06:21.48	05:51.19	05:01.82	04:36.01	04:07.50	03:12.50	02:27.69	02:22.30	02:10.44	01:58.58	02:22.30	02:19.45	01:58.58
SILVER	06:38.82	06:07.15	05:15.54	04:48.56	04:18.75	03:21.25	02:34.40	02:28.76	02:16.37	02:03.97	02:28.76	02:25.79	02:03.97
200 Fly	11:33.60	10:38.52	09:08.76	08:21.84	07:30.00	05:50.00	04:28.52	03:55.20	03:30.70	03:29.72	04:08.43	04:03.46	04:01.08
ELITE	12:08.28	11:10.45	09:36.20	08:46.93	07:52.50	06:07.50	04:41.95	04:06.96	03:41.23	03:40.21	04:20.85	04:15.63	04:13.13
GOLD	12:42.96	11:42.37	10:03.64	09:12.02	08:15.00	06:25.00	04:55.37	04:18.72	03:51.77	03:50.69	04:33.27	04:27.81	04:25.19
SILVER	13:17.64	12:14.30	10:31.07	09:37.12	08:37.50	06:42.50	05:08.80	04:30.48	04:02.30	04:01.18	04:45.69	04:39.98	04:37.24
150 IM	07:17.58	07:00.75	06:43.92	05:36.60									
ELITE	07:39.46	07:21.79	07:04.12	05:53.43									
GOLD	08:01.34	07:42.83	07:24.31	06:10.26									
SILVER	08:23.22	08:03.86	07:44.51	06:27.09									
200 IM	10:10.98	08:41.73	09:03.66	07:45.12	06:36.00	05:30.00	04:40.28	04:18.72	03:35.60	03:24.82	04:18.72	04:13.55	03:46.38
ELITE	10:41.53	09:07.82	09:30.84	08:08.38	06:55.80	05:46.50	04:54.29	04:31.66	03:46.38	03:35.06	04:31.66	04:26.23	03:57.70
GOLD	11:12.08	09:33.90	09:58.03	08:31.63	07:15.60	06:03.00	05:08.31	04:44.59	03:57.16	03:45.30	04:44.59	04:38.90	04:09.02
SILVER	11:42.63	09:59.99	10:25.21	08:54.89	07:35.40	06:19.50	05:22.32	04:57.53	04:07.94	03:55.54	04:57.53	04:51.58	04:20.34
400 IM	20:21.96	17:23.46	18:07.32	15:30.24	13:22.00	11:10.00	09:30.36	07:57.26	06:56.50	06:39.84	07:27.86	07:18.90	06:22.20
ELITE	21:23.06	18:15.63	19:01.69	16:16.75	14:02.10	11:43.50	09:58.88	08:21.12	07:17.33	06:59.83	07:50.25	07:40.85	06:41.31
GOLD	22:24.16	19:07.81	19:56.05	17:03.26	14:42.20	12:17.00	10:27.40	08:44.99	07:38.15	07:19.82	08:12.65	08:02.79	07:00.42
SILVER	23:25.25	19:59.98	20:50.42	17:49.78	15:22.30	12:50.50	10:55.91	09:08.85	07:58.98	07:39.82	08:35.04	08:24.74	07:19.53

Blue Highlighted Times are PNS Championship Times

PNS DISABILITY TIME STANDARDS - Men Short Course Meters

	S1 SB1 SM1	S2 SB3 SM2	S3 SB3 SM3	S4 SB4 SM4	S5 SB5 SM5	S6 SB6 SM6	S7 SB7 SM7	S8 SB8 SM8	S9 SB9 SM9	S10 SM10	S11	S12	S13
50 Free	02:59.52	01:52.20	01:29.76	01:18.54	01:00.50	00:49.50	00:38.81	00:37.73	00:34.50	00:33.42	00:43.12	00:37.73	00:34.50
ELITE	03:08.50	01:57.81	01:34.25	01:22.47	01:03.53	00:51.98	00:40.75	00:39.62	00:36.22	00:35.09	00:45.28	00:39.62	00:36.22
GOLD	03:17.47	02:03.42	01:38.74	01:26.39	01:06.55	00:54.45	00:42.69	00:41.50	00:37.95	00:36.76	00:47.43	00:41.50	00:37.95
SILVER	03:26.45	02:09.03	01:43.22	01:30.32	01:09.57	00:56.93	00:44.63	00:43.39	00:39.68	00:38.43	00:49.59	00:43.39	00:39.68
100 Free	05:30.00	03:55.62	03:21.96	02:48.30	02:12.00	01:44.50	01:35.37	01:29.76	01:18.54	01:14.05	01:26.24	01:20.85	01:15.46
ELITE	05:46.50	04:07.40	03:32.06	02:56.71	02:18.60	01:49.72	01:40.14	01:34.25	01:22.47	01:17.75	01:30.55	01:24.89	01:19.23
GOLD	06:03.00	04:19.18	03:42.16	03:05.13	02:25.20	01:54.95	01:44.91	01:38.74	01:26.39	01:21.45	01:34.86	01:28.94	01:23.01
SILVER	06:19.50	04:30.96	03:52.25	03:13.54	02:31.80	02:00.18	01:49.68	01:43.22	01:30.32	01:25.16	01:39.18	01:32.98	01:26.78
200 Free	11:00.00	07:49.20	06:01.08	05:36.60	05:08.00	03:38.00	03:20.94	03:09.72	02:47.28	02:37.08	03:02.28	02:51.50	02:40.72
ELITE	11:33.00	08:12.66	06:19.13	05:53.43	05:23.40	03:48.90	03:30.99	03:19.21	02:55.64	02:44.93	03:11.39	03:00.07	02:48.76
GOLD	12:06.00	08:36.12	06:37.19	06:10.26	05:38.80	03:59.80	03:41.03	03:28.69	03:04.01	02:52.79	03:20.51	03:08.65	02:56.79
SILVER	12:39.00	08:59.58	06:55.24	06:27.09	05:54.20	04:10.70	03:51.08	03:38.18	03:12.37	03:00.64	03:29.62	03:17.22	03:04.83
400 Free	22:20.00	15:28.20	12:02.16	11:33.60	10:36.00	07:42.00	07:28.80	07:17.58	06:43.92	06:32.70	07:32.76	06:49.64	06:31.02
ELITE	23:27.00	16:14.61	12:38.27	12:08.28	11:07.80	08:05.10	07:51.24	07:39.46	07:04.12	06:52.34	07:55.40	07:10.12	06:50.57
GOLD	24:34.00	17:01.02	13:14.38	12:42.96	11:39.60	08:28.20	08:13.68	08:01.34	07:24.31	07:11.97	08:18.04	07:30.60	07:10.12
SILVER	25:41.00	17:47.43	13:50.48	13:17.64	12:11.40	08:51.30	08:36.12	08:23.22	07:44.51	07:31.61	08:40.67	07:51.09	07:29.67
800 Free						15:24.00	14:57.60	14:35.16	13:27.84	13:05.40	15:05.52	13:39.28	13:02.04
ELITE						16:10.20	15:42.48	15:18.92	14:08.23	13:44.67	15:50.80	14:20.24	13:41.14
GOLD						16:56.40	16:27.36	16:02.68	14:48.62	14:23.94	16:36.07	15:01.21	14:20.24
SILVER						17:42.60	17:12.24	16:46.43	15:29.02	15:03.21	17:21.35	15:42.17	14:59.35
1500 Free						30:48.00	26:28.14	25:07.05	22:26.91	21:18.06	28:09.03	24:20.20	22:00.55
ELITE						32:20.40	27:47.55	26:22.40	23:34.26	22:21.96	29:33.48	25:33.21	23:06.58
GOLD						33:52.80	29:06.95	27:37.75	24:41.60	23:25.87	30:57.93	26:46.22	24:12.61
SILVER						35:25.20	30:26.36	28:53.11	25:48.95	24:29.77	32:22.38	27:59.23	25:18.63
50 Back	02:56.00	02:14.64	01:52.20	01:29.76	01:06.00	00:55.50	00:51.00	00:48.19	00:39.78	00:38.66	00:54.39	00:49.00	00:43.61
ELITE	03:04.80	02:21.37	01:57.81	01:34.25	01:09.30	00:58.28	00:53.55	00:50.60	00:41.77	00:40.59	00:57.11	00:51.45	00:45.79
GOLD	03:13.60	02:28.10	02:03.42	01:38.74	01:12.60	01:01.05	00:56.10	00:53.01	00:43.76	00:42.53	00:59.83	00:53.90	00:47.97
SILVER	03:22.40	02:34.84	02:09.03	01:43.22	01:15.90	01:03.83	00:58.65	00:55.42	00:45.75	00:44.46	01:02.55	00:56.35	00:50.15
100 Back	05:57.00	04:34.38	03:49.50	03:04.62	02:17.00	02:01.00	01:52.20	01:46.59	01:29.76	01:26.70	01:58.58	01:47.80	01:37.02
ELITE	06:14.85	04:48.10	04:00.98	03:13.85	02:23.85	02:07.05	01:57.81	01:51.92	01:34.25	01:31.03	02:04.51	01:53.19	01:41.87
GOLD	06:32.70	05:01.82	04:12.45	03:23.08	02:30.70	02:13.10	02:03.42	01:57.25	01:38.74	01:35.37	02:10.44	01:58.58	01:46.72
SILVER	06:50.55	05:15.54	04:23.92	03:32.31	02:37.55	02:19.15	02:09.03	02:02.58	01:43.22	01:39.70	02:16.37	02:03.97	01:51.57
200 Back	12:04.00	09:18.96	07:49.20	06:19.44	05:44.00	04:00.00	03:54.60	03:33.18	03:09.72	03:03.60	04:05.98	03:45.40	03:23.84
ELITE	12:40.20	09:46.91	08:12.66	06:38.41	06:01.20	04:12.00	04:06.33	03:43.84	03:19.21	03:12.78	04:18.28	03:56.67	03:34.03
GOLD	13:16.40	10:14.86	08:36.12	06:57.38	06:18.40	04:24.00	04:18.06	03:54.50	03:28.69	03:21.96	04:30.58	04:07.94	03:44.22
SILVER	13:52.60	10:42.80	08:59.58	07:16.36	06:35.60	04:36.00	04:29.79	04:05.16	03:38.18	03:31.14	04:42.88	04:19.21	03:54.42
50 Breast	03:38.00	02:14.64	01:52.20	01:13.44	01:09.25	01:06.50	01:02.22	00:51.00	00:43.15		00:59.78	00:49.00	00:43.61
ELITE	03:48.90	02:21.37	01:57.81	01:17.11	01:12.71	01:09.83	01:05.33	00:53.55	00:45.31		01:02.77	00:51.45	00:45.79
GOLD	03:59.80	02:28.10	02:03.42	01:20.78	01:16.18	01:13.15	01:08.44	00:56.10	00:47.46		01:05.76	00:53.90	00:47.97
SILVER	04:10.70	02:34.84	02:09.03	01:24.46	01:19.64	01:16.48	01:11.55	00:58.65	00:49.62		01:08.75	00:56.35	00:50.15
100 Breast	07:26.00	04:39.48	03:54.60	02:37.08	02:28.50	02:23.00	02:14.64	01:52.20	01:36.49		02:09.36	01:47.80	01:37.02
ELITE	07:48.30	04:53.45	04:06.33	02:44.93	02:35.93	02:30.15	02:21.37	01:57.81	01:41.31		02:15.83	01:53.19	01:41.87
GOLD	08:10.60	05:07.43	04:18.06	02:52.79	02:43.35	02:37.30	02:28.10	02:03.42	01:46.14		02:22.30	01:58.58	01:46.72
SILVER	08:32.90	05:21.40	04:29.79	03:00.64	02:50.78	02:44.45	02:34.84	02:09.03	01:50.96		02:28.76	02:03.97	01:51.57
200 Breast	15:08.00	09:29.16	07:59.40	05:21.30	04:52.00	04:50.00	04:27.24	04:03.27	03:56.64		04:28.52	03:45.40	03:33.64
ELITE	15:53.40	09:57.62	08:23.37	05:37.37	05:06.60	05:04.50	04:40.60	04:15.43	04:08.47		04:41.95	03:56.67	03:44.32
GOLD	16:38.80	10:26.08	08:47.34	05:53.43	05:21.20	05:19.00	04:53.96	04:27.60	04:20.30		04:55.37	04:07.94	03:55.00
SILVER	17:24.20	10:54.53	09:11.31	06:09.49	05:35.80	05:33.50	05:07.33	04:39.76	04:32.14		05:08.80	04:19.21	04:05.69

PNS DISABILITY TIME STANDARDS - Men Short Course Meters

50 Fly	02:12.00	02:03.42	01:40.98	01:29.76	01:17.00	01:00.50	00:50.49	00:48.19	00:39.78	00:36.72	00:49.00	00:40.92	00:38.22
ELITE	02:18.60	02:09.59	01:46.03	01:34.25	01:20.85	01:03.53	00:53.01	00:50.60	00:41.77	00:38.56	00:51.45	00:42.97	00:40.13
GOLD	02:25.20	02:15.76	01:51.08	01:38.74	01:24.70	01:06.55	00:55.54	00:53.01	00:43.76	00:40.39	00:53.90	00:45.01	00:42.04
SILVER	02:31.80	02:21.93	01:56.13	01:43.22	01:28.55	01:09.57	00:58.06	00:55.42	00:45.75	00:42.23	00:56.35	00:47.06	00:43.95
100 Fly	04:34.00	04:17.04	03:32.16	03:09.72	02:44.00	02:11.00	01:51.18	01:46.59	01:29.76	01:23.64	01:47.80	01:31.63	01:26.24
ELITE	04:47.70	04:29.89	03:42.77	03:19.21	02:52.20	02:17.55	01:56.74	01:51.92	01:34.25	01:27.82	01:53.19	01:36.21	01:30.55
GOLD	05:01.40	04:42.74	03:53.38	03:28.69	03:00.40	02:24.10	02:02.30	01:57.25	01:38.74	01:32.00	01:58.58	01:40.79	01:34.86
SILVER	05:15.10	04:55.60	04:03.98	03:38.18	03:08.60	02:30.65	02:07.86	02:02.58	01:43.22	01:36.19	02:03.97	01:45.37	01:39.18
200 Fly	09:18.00	08:44.28	07:14.52	06:29.64	05:43.00	04:32.00	03:52.56	03:39.30	03:27.06	03:13.80	03:35.60	03:32.66	03:11.10
ELITE	09:45.90	09:10.49	07:36.25	06:49.12	06:00.15	04:45.60	04:04.19	03:50.26	03:37.41	03:23.49	03:46.38	03:43.29	03:20.66
GOLD	10:13.80	09:36.71	07:57.97	07:08.60	06:17.30	04:59.20	04:15.82	04:01.23	03:47.77	03:33.18	03:57.16	03:53.93	03:30.21
SILVER	10:41.70	10:02.92	08:19.70	07:28.09	06:34.45	05:12.80	04:27.44	04:12.19	03:58.12	03:42.87	04:07.94	04:04.56	03:39.77
150 IM	06:36.00	06:10.26	05:36.60	04:29.28									
ELITE	06:55.80	06:28.77	05:53.43	04:42.74									
GOLD	07:15.60	06:47.29	06:10.26	04:56.21									
SILVER	07:35.40	07:05.80	06:27.09	05:09.67									
200 IM	08:53.00	08:18.78	07:22.68	06:04.14	05:30.00	04:24.00	03:55.62	03:44.40	03:21.96	03:10.74	03:57.16	03:35.60	03:14.04
ELITE	09:19.65	08:43.72	07:44.81	06:22.35	05:46.50	04:37.20	04:07.40	03:55.62	03:32.06	03:20.28	04:09.02	03:46.38	03:23.74
GOLD	09:46.30	09:08.66	08:06.95	06:40.55	06:03.00	04:50.40	04:19.18	04:06.84	03:42.16	03:29.81	04:20.88	03:57.16	03:33.44
SILVER	10:12.95	09:33.60	08:29.08	06:58.76	06:19.50	05:03.60	04:30.96	04:18.06	03:52.25	03:39.35	04:32.73	04:07.94	03:43.15
400 IM	17:54.00	16:42.66	14:50.46	12:13.38	11:05.00	08:53.00	08:01.44	07:39.00	06:54.12	06:31.68	08:04.12	07:21.00	06:37.88
ELITE	18:47.70	17:32.79	15:34.98	12:50.05	11:38.25	09:19.65	08:25.51	08:01.95	07:14.83	06:51.26	08:28.33	07:43.05	06:57.77
GOLD	19:41.40	18:22.93	16:19.51	13:26.72	12:11.50	09:46.30	08:49.58	08:24.90	07:35.53	07:10.85	08:52.53	08:05.10	07:17.67
SILVER	20:35.10	19:13.06	17:04.03	14:03.39	12:44.75	10:12.95	09:13.66	08:47.85	07:56.24	07:30.43	09:16.74	08:27.15	07:37.56

Blue Highlighted Times are PNS Championship Times