

NATIONAL TOP 200 – GIRLS ELEVEN YEARS – 2011/2012

50 Y FREESTYLE (27.02)

PP	TIME	NAME	TEAM	DATE
853	25.52	Dang, Gabby	WAVE	3/30/2012
816	25.97	Campbell, Lia	UN	11/5/2011
808	26.07	Tudor, Carly	BC	12/9/2011
791	26.27	Daigneault, Louise	CSC	11/5/2011
779	26.42	Zacharias, Emily	WWA	3/30/2012
774	26.49	Pedersen, Bindi	MMSC	4/21/2012
731	27.02	Hughes, Courtney	KING	3/18/2012

100 Y FREESTYLE (58.75)

PP	TIME	NAME	TEAM	DATE
826	56.09	Dang, Gabby	WAVE	2/24/2012
777	57.26	Pedersen, Bindi	MMSC	4/21/2012
774	57.32	Zacharias, Emily	WWA	3/30/2012
773	57.35	Daigneault, Louise	CSC	11/5/2011
749	57.93	Williams, Naomi	WWA	2/5/2012
722	58.60	Hughes, Courtney	KING	3/30/2012
717	58.72	Barker, Hannah	ESC	3/30/2012

200 Y FREESTYLE (2:08.01)

PP	TIME	NAME	TEAM	DATE
870	2:00.06	Dang, Gabby	WAVE	12/9/2011
789	2:03.75	Pedersen, Bindi	MMSC	2/4/2012
738	2:06.13	Zacharias, Emily	WWA	3/30/2012
736	2:06.24	Daigneault, Louise	CSC	11/5/2011
728	2:06.64	Barker, Hannah	ESC	3/30/2012
720	2:07.00	Hughes, Courtney	KING	3/30/2012

500 Y FREESTYLE (5:41.67)

PP	TIME	NAME	TEAM	DATE
761	5:32.34	Dang, Gabby	WAVE	2/24/2012
755	5:33.08	Pedersen, Bindi	MMSC	2/24/2012
707	5:39.11	Hughes, Courtney	KING	3/30/2012
687	5:41.66	Barker, Hannah	ESC	3/30/2012

1000 Y FREESTYLE (12:25.70)

PP	TIME	NAME	TEAM	DATE
762	11:40.75	Dang, Gabby	WAVE	2/12/2012
743	11:46.07	Pedersen, Bindi	MMSC	2/19/2012
657	12:10.90	Young, Stephanie	IST	2/19/2012

1650 Y FREESTYLE (21:14.81)

PP	TIME	NAME	TEAM	DATE
851	19:17.57	Dang, Gabby	WAVE	2/12/2012
813	19:35.72	Pedersen, Bindi	MMSC	2/19/2012
798	19:42.90	McFall, Milli	CSC	2/11/2012
780	19:51.31	Zacharias, Emily	WWA	11/6/2011
775	19:53.83	Tungate, Olivia-kisaki	NWAC	12/9/2011
769	19:56.68	Young, Stephanie	IST	2/19/2012
689	20:36.63	Tonsmann, Hannah	BISC	6/8/2012
683	20:39.57	Williams, Naomi	WWA	2/12/2012
627	21:08.80	Schardein, Shea	BISC	6/8/2012

50 Y BACKSTROKE (31.12)

PP	TIME	NAME	TEAM	DATE
939	28.26	Dang, Gabby	WAVE	3/30/2012
812	29.82	Tudor, Carly	BC	12/9/2011
751	30.61	Pedersen, Bindi	MMSC	4/21/2012
730	30.88	Moran, Katryn	PPST	3/30/2012
726	30.93	Tungate, Olivia-kisaki	NWAC	3/30/2012
712	31.12	Young, Stephanie	IST	3/30/2012

100 Y BACKSTROKE (1:06.88)

PP	TIME	NAME	TEAM	DATE
909	1:01.47	Dang, Gabby	WAVE	3/30/2012

766	1:05.46	Barker, Hannah	ESC	3/30/2012
757	1:05.72	Pedersen, Bindi	MMSC	2/24/2012
728	1:06.57	Moran, Katryn	PPST	3/30/2012

200 Y BACKSTROKE (2:25.87)

PP	TIME	NAME	TEAM	DATE
853	2:16.42	Dang, Gabby	WAVE	2/24/2012
770	2:21.93	Barker, Hannah	ESC	2/24/2012
769	2:21.97	Young, Stephanie	IST	12/9/2011
726	2:24.88	Hughes, Courtney	KING	2/24/2012
722	2:25.18	Daigneault, Louise	CSC	11/5/2011
715	2:25.65	So, Tya	KING	2/24/2012

50 Y BREASTSTROKE (35.04)

PP	TIME	NAME	TEAM	DATE
868	32.30	Pedersen, Bindi	MMSC	3/30/2012
710	34.89	Chong, Crystal	PDST	7/16/2012

100 Y BREASTSTROKE (1:16.43)

PP	TIME	NAME	TEAM	DATE
874	1:09.87	Pedersen, Bindi	MMSC	3/30/2012
719	1:15.44	Hughes, Courtney	KING	3/30/2012
704	1:15.99	Chong, Crystal	PDST	3/30/2012

200 Y BREASTSTROKE (2:46.83)

PP	TIME	NAME	TEAM	DATE
903	2:29.89	Pedersen, Bindi	MMSC	3/30/2012
697	2:46.59	Liu, Alicia	PDST	12/9/2011
695	2:46.80	Hughes, Courtney	KING	2/24/2012

50 Y BUTTERFLY (29.60)

PP	TIME	NAME	TEAM	DATE
884	27.23	Dang, Gabby	WAVE	3/30/2012
795	28.50	Pedersen, Bindi	MMSC	12/9/2011
784	28.65	Tudor, Carly	BC	12/9/2011
740	29.30	Daigneault, Louise	CSC	10/15/2011
727	29.49	Gibson, Kellen	BC	3/30/2012

100 Y BUTTERFLY (1:06.54)

PP	TIME	NAME	TEAM	DATE
915	59.72	Pedersen, Bindi	MMSC	3/30/2012
911	59.84	Dang, Gabby	WAVE	3/30/2012
757	1:04.86	Tungate, Olivia-kisaki	NWAC	3/30/2012

200 Y BUTTERFLY (2:34.94)

PP	TIME	NAME	TEAM	DATE
958	2:11.98	Pedersen, Bindi	MMSC	3/30/2012
800	2:24.25	Dang, Gabby	WAVE	1/14/2012
793	2:24.81	Tungate, Olivia-kisaki	NWAC	3/30/2012
762	2:27.34	Fleeman, Kailyn	KING	3/30/2012
735	2:29.54	Kosykh, Paulina	IST	2/24/2012
672	2:34.70	Young, Stephanie	IST	2/4/2012

100 Y INDIVIDUAL MEDLEY (1:07.69)

PP	TIME	NAME	TEAM	DATE
806	1:05.13	Dang, Gabby	WAVE	2/4/2012
788	1:05.61	Pedersen, Bindi	MMSC	4/21/2012
752	1:06.62	Zacharias, Emily	WWA	3/30/2012
721	1:07.52	Hughes, Courtney	KING	3/30/2012

200 M INDIVIDUAL MEDLEY (2:25.00)

PP	TIME	NAME	TEAM	DATE
866	2:15.93	Pedersen, Bindi	MMSC	3/30/2012
782	2:21.03	Dang, Gabby	WAVE	2/4/2012
778	2:21.28	Hughes, Courtney	KING	3/30/2012
749	2:23.07	Tungate, Olivia-kisaki	NWAC	3/30/2012
744	2:23.37	Campbell, Lia	UN	10/15/2011
737	2:23.82	Zacharias, Emily	WWA	3/30/2012



400 M INDIVIDUAL MEDLEY (5:16.14)

PP	TIME	NAME	TEAM	DATE
846	4:54.87	Pedersen, Bindi	MMSC	2/4/2012
785	5:03.19	Dang, Gabby	WAVE	1/14/2012
769	5:05.48	Tungate, Olivia-kisaki	NWAC	3/30/2012
740	5:09.51	Barker, Hannah	ESC	2/24/2012
723	5:12.01	Young, Stephanie	IST	12/9/2011
697	5:15.70	Hughes, Courtney	KING	12/9/2011
694	5:16.11	Kosykh, Paulina	IST	12/9/2011

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2011/2012	11	74	56848	768.12	764.17

NATIONAL TOP 200 – GIRLS TWELVE YEARS – 2011/2012

50 Y FREESTYLE (25.81)				
PP	TIME	NAME	TEAM	DATE
893	24.05	Campbell, Lia	PASC	3/30/2012
762	25.59	Daigneault, Louise	CSC	3/30/2012
746	25.78	Chong, Amber	PDST	3/30/2012
744	25.81	Pressler, Maddie	WEST	12/15/2011
100 Y FREESTYLE (55.96)				
PP	TIME	NAME	TEAM	DATE
839	53.63	Pressler, Maddie	WEST	12/9/2011
821	54.04	Campbell, Lia	PASC	3/30/2012
761	55.40	Matsuda, Jeni	BEST	12/9/2011
753	55.60	Daigneault, Louise	CSC	3/30/2012
200 Y FREESTYLE (2:01.40)				
PP	TIME	NAME	TEAM	DATE
822	1:57.06	Campbell, Lia	PASC	3/30/2012
819	1:57.16	Pressler, Maddie	WEST	12/9/2011
741	2:00.68	Matsuda, Jeni	BEST	12/9/2011
728	2:01.26	Daigneault, Louise	CSC	3/30/2012
500 Y FREESTYLE (5:24.99)				
PP	TIME	NAME	TEAM	DATE
743	5:20.43	Pressler, Maddie	WEST	2/4/2012
724	5:22.74	Campbell, Lia	PASC	2/4/2012
1000 Y FREESTYLE (11:30.30)				
PP	TIME	NAME	TEAM	DATE
685	11:29.60	Raines, Chase	KING	12/15/2011
1650 Y FREESTYLE (19:20.09)				
PP	TIME	NAME	TEAM	DATE
766	18:37.65	Huffer, Kelly	NWAC	3/30/2012
699	19:08.90	Raines, Chase	KING	3/30/2012
50 Y BACKSTROKE (29.51)				
PP	TIME	NAME	TEAM	DATE
823	28.42	Matthews, Annika	WEST	3/30/2012
758	29.21	Pressler, Maddie	WEST	12/17/2011
749	29.32	Chong, Amber	PDST	3/30/2012
100 Y BACKSTROKE (1:03.04)				
PP	TIME	NAME	TEAM	DATE
808	1:00.67	Pressler, Maddie	WEST	12/9/2011
726	1:02.90	Raines, Chase	KING	3/30/2012
200 Y BACKSTROKE (2:17.19)				
PP	TIME	NAME	TEAM	DATE
864	2:07.25	Pressler, Maddie	WEST	2/24/2012
772	2:12.95	Huffer, Kelly	NWAC	3/30/2012
727	2:15.83	Raines, Chase	KING	3/30/2012
50 Y BREASTSTROKE (33.20)				
PP	TIME	NAME	TEAM	DATE
817	31.70	Hill, Meg	CAAT	3/30/2012
806	31.87	Limberg, Nicole	WEST	3/30/2012
781	32.26	Andren, Ursula	TSC	3/30/2012
100 Y BREASTSTROKE (1:11.80)				
PP	TIME	NAME	TEAM	DATE
820	1:08.00	Andren, Ursula	TSC	3/30/2012
738	1:10.84	Limberg, Nicole	WEST	3/30/2012
713	1:11.68	Hill, Meg	CAAT	3/30/2012
200 Y BREASTSTROKE (2:36.94)				
PP	TIME	NAME	TEAM	DATE
800	2:28.60	Andren, Ursula	TSC	3/30/2012
730	2:34.01	Limberg, Nicole	WEST	3/30/2012
50 Y BUTTERFLY (28.16)				
PP	TIME	NAME	TEAM	DATE
833	26.93	Campbell, Lia	PASC	3/30/2012

782	27.63	Chong, Amber	PDST	3/30/2012
752	28.06	Daigneault, Louise	CSC	3/30/2012
100 Y BUTTERFLY (1:02.34)				
PP	TIME	NAME	TEAM	DATE
777	1:00.97	Chong, Amber	PDST	3/30/2012
752	1:01.78	Huffer, Kelly	NWAC	12/9/2011
746	1:01.97	Domanowski, Christina	MMSC	10/1/2011
739	1:02.19	Campbell, Lia	PASC	4/21/2012
200 Y BUTTERFLY (2:21.93)				
PP	TIME	NAME	TEAM	DATE
834	2:11.98	Huffer, Kelly	NWAC	3/30/2012
769	2:16.79	Chien, Sophia	KING	12/9/2011
747	2:18.44	Magee, Abby	MMSC	3/30/2012
738	2:19.17	Pressler, Maddie	WEST	2/4/2012
730	2:19.74	Daigneault, Louise	CSC	3/30/2012
100 Y INDIVIDUAL MEDLEY (1:04.33)				
PP	TIME	NAME	TEAM	DATE
763	1:03.49	Campbell, Lia	PASC	2/24/2012
732	1:04.33	Matsuda, Jeni	BEST	3/2/2012
200 Y INDIVIDUAL MEDLEY (2:17.44)				
PP	TIME	NAME	TEAM	DATE
774	2:14.22	Campbell, Lia	PASC	2/24/2012
769	2:14.52	Pressler, Maddie	WEST	12/9/2011
735	2:16.51	Domanowski, Christina	MMSC	10/1/2011
400 Y INDIVIDUAL MEDLEY (4:55.95)				
PP	TIME	NAME	TEAM	DATE
815	4:41.98	Pressler, Maddie	WEST	12/9/2011
810	4:42.54	Campbell, Lia	PASC	3/30/2012
774	4:47.28	Huffer, Kelly	NWAC	3/30/2012

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2011/2012	12	42	32253	767.92	768.47
2010/2011	11	49	36319	741.20	758.29

NATIONAL TOP 200 – GIRLS THIRTEEN YEARS – 2011/2012

50 Y FREESTYLE (25.17)

PP	TIME	NAME	TEAM	DATE
838	24.35	Fang, Elisa	BC	3/30/2012
832	24.41	Cross, Marley	BC	3/30/2012
797	24.78	Shabb, Hannah	CSC	12/11/2011
790	24.85	Teegan, Helen	KING	3/30/2012
779	24.97	Zacharias, Reva	WWA	12/2/2011

100 Y FREESTYLE (54.51)

PP	TIME	NAME	TEAM	DATE
805	53.10	Cross, Marley	BC	12/9/2011
777	53.67	Shabb, Hannah	CSC	12/9/2011
751	54.20	Fang, Elisa	BC	3/30/2012
742	54.39	Domanowski, Christina	MMSC	12/15/2011
737	54.50	Zacharias, Reva	WWA	12/9/2011

200 Y FREESTYLE (1:57.96)

PP	TIME	NAME	TEAM	DATE
793	1:54.70	Domanowski, Christina	MMSC	12/9/2011
765	1:55.80	Smith, Cameron	CSC	3/30/2012
745	1:56.60	Shabb, Hannah	CSC	12/9/2011
739	1:56.84	Zacharias, Reva	WWA	12/9/2011
733	1:57.09	Cross, Marley	BC	12/9/2011

500 Y FREESTYLE (5:16.02)

PP	TIME	NAME	TEAM	DATE
789	5:04.80	Smith, Cameron	CSC	3/30/2012
756	5:08.18	Shabb, Hannah	CSC	12/9/2011
749	5:08.84	Domanowski, Christina	MMSC	3/30/2012

1000 Y FREESTYLE (10:59.62)

PP	TIME	NAME	TEAM	DATE
697	10:52.84	Domanowski, Christina	MMSC	11/13/2011

1650 Y FREESTYLE (18:26.13)

PP	TIME	NAME	TEAM	DATE
717	18:07.27	Haugen, Gianna	KING	3/30/2012
714	18:08.51	Seidner, Lindsey	OCA	12/15/2011
711	18:09.40	Domanowski, Christina	MMSC	2/19/2012
685	18:20.04	Morris, Marissa	NWAC	11/5/2011

100 Y BACKSTROKE (1:00.77)

PP	TIME	NAME	TEAM	DATE
809	59.18	Fang, Elisa	BC	3/30/2012
803	59.32	Zacharias, Reva	WWA	12/9/2011
791	59.61	Pressler, Maddie	WEST	3/30/2012
777	59.95	Haugen, Gianna	KING	3/30/2012
756	1:00.44	Blomso, Britt	CSC	3/30/2012

200 Y BACKSTROKE (2:11.38)

PP	TIME	NAME	TEAM	DATE
811	2:07.24	Pressler, Maddie	WEST	3/30/2012
793	2:08.24	Haugen, Gianna	KING	12/9/2011
765	2:09.80	Zacharias, Reva	WWA	2/4/2012
758	2:10.24	Domanowski, Christina	MMSC	3/30/2012

100 Y BREASTSTROKE (1:09.83)

PP	TIME	NAME	TEAM	DATE
814	1:06.47	Crawford, Jocelyn	CAAT	3/30/2012
758	1:08.17	Teegan, Helen	KING	3/30/2012
734	1:08.88	Fang, Elisa	BC	3/30/2012

200 Y BREASTSTROKE (2:31.51)

PP	TIME	NAME	TEAM	DATE
779	2:25.32	Crawford, Jocelyn	CAAT	3/30/2012
712	2:29.90	Rosen, Candice	BISC	12/9/2011
693	2:31.19	Seidner, Lindsey	OCA	3/30/2012

100 Y BUTTERFLY (1:00.37)

PP	TIME	NAME	TEAM	DATE
818	58.17	Shabb, Hannah	CSC	12/9/2011
781	59.13	Kwan, Sabrina	OCA	12/9/2011
756	59.80	Teegan, Helen	KING	3/30/2012
753	59.86	Lin, Kathy	BC	3/30/2012
745	1:00.09	Domanowski, Christina	MMSC	12/15/2011

200 Y BUTTERFLY (2:15.30)

PP	TIME	NAME	TEAM	DATE
858	2:05.75	Domanowski, Christina	MMSC	3/30/2012
834	2:07.18	Kwan, Sabrina	OCA	3/30/2012
831	2:07.39	Smith, Cameron	CSC	3/30/2012
813	2:08.47	Shabb, Hannah	CSC	12/9/2011
785	2:10.15	Seidner, Lindsey	OCA	3/30/2012
732	2:13.43	Jenkins, Hazel	GAC	3/30/2012
703	2:15.29	Simpson, Kaycee	KING	12/9/2011

200 Y INDIVIDUAL MEDLEY (2:13.66)

PP	TIME	NAME	TEAM	DATE
778	2:11.04	Domanowski, Christina	MMSC	3/30/2012
772	2:11.36	Pressler, Maddie	WEST	3/30/2012

400 Y INDIVIDUAL MEDLEY (4:43.20)

PP	TIME	NAME	TEAM	DATE
782	4:35.85	Shabb, Hannah	CSC	12/9/2011
772	4:37.01	Domanowski, Christina	MMSC	3/30/2012
731	4:41.70	Haugen, Gianna	KING	3/30/2012

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2011/2012	13	55	42238	767.96	772.26
2010/2011	12	71	53982	760.30	763.70
2009/2010	11	85	64654	760.63	755.13

NATIONAL TOP 200 – GIRLS FOURTEEN YEARS – 2011/2012

50 Y FREESTYLE (24.63)

PP	TIME	NAME	TEAM	DATE
820	23.95	Sutherland, Ashley	KING	12/16/2011
800	24.15	Pries, Alana	KING	3/30/2012
778	24.38	Briggs, Mackenna	IST	3/30/2012
756	24.61	Stein, Alex	KING	3/30/2012

100 Y FREESTYLE (53.29)

PP	TIME	NAME	TEAM	DATE
848	51.48	Sutherland, Ashley	KING	12/15/2011
828	51.86	Williams, Kim	BC	3/30/2012
784	52.75	Pries, Alana	KING	3/30/2012
772	52.98	Shabb, Hannah	CSC	3/30/2012

200 Y FREESTYLE (1:54.79)

PP	TIME	NAME	TEAM	DATE
807	1:52.59	Sutherland, Ashley	KING	12/17/2011
788	1:53.34	Cook, Alyssa	KING	12/15/2011
759	1:54.46	Shabb, Hannah	CSC	3/30/2012

500 Y FREESTYLE (5:08.91)

PP	TIME	NAME	TEAM	DATE
785	5:00.65	Shabb, Hannah	CSC	3/30/2012
765	5:02.67	Chambers, Addie	KING	12/9/2011
743	5:04.91	Cook, Alyssa	KING	12/15/2011
738	5:05.43	Lucien, Bri	WEST	12/9/2011
714	5:07.96	Briggs, Mackenna	IST	12/15/2011

1000 Y FREESTYLE (10:46.24)

PP	TIME	NAME	TEAM	DATE
846	10:10.91	Williams, Kim	BC	12/15/2011
794	10:22.45	Chambers, Addie	KING	12/15/2011
786	10:24.32	Lucien, Bri	WEST	12/15/2011
729	10:37.24	Cook, Alyssa	KING	12/15/2011

1650 Y FREESTYLE (18:05.10)

PP	TIME	NAME	TEAM	DATE
775	17:27.17	Chambers, Addie	KING	12/9/2011
720	17:48.74	Lucien, Bri	WEST	12/9/2011
698	17:57.74	Laurent, Demetra	BC	3/30/2012

100 Y BACKSTROKE (59.37)

PP	TIME	NAME	TEAM	DATE
780	58.44	Williams, Kim	BC	2/24/2012
772	58.62	Briggs, Mackenna	UN	11/11/2011
744	59.28	Sutherland, Ashley	KING	12/9/2011

200 Y BACKSTROKE (2:08.25)

PP	TIME	NAME	TEAM	DATE
826	2:03.93	Cook, Alyssa	KING	12/15/2011
781	2:06.37	Briggs, Mackenna	IST	3/30/2012
770	2:06.98	Sutherland, Ashley	KING	12/15/2011

100 Y BREASTSTROKE (1:08.49)

PP	TIME	NAME	TEAM	DATE
909	1:02.67	Williams, Kim	BC	3/30/2012
757	1:07.12	Fisk, Leah	KING	3/30/2012
747	1:07.43	Delzer, Savannah	KING	3/30/2012
745	1:07.47	Booth, Danielle	SSC	3/30/2012

200 Y BREASTSTROKE (2:28.80)

PP	TIME	NAME	TEAM	DATE
873	2:17.09	Williams, Kim	BC	12/15/2011
843	2:18.98	Cook, Alyssa	KING	12/15/2011
756	2:24.79	Fisk, Leah	KING	3/30/2012
712	2:27.73	Delzer, Savannah	KING	12/9/2011
711	2:27.82	Shewchuk, Taylor	BBST	10/15/2011

100 Y BUTTERFLY (58.84)

PP	TIME	NAME	TEAM	DATE
797	57.46	Briggs, Mackenna	IST	3/30/2012
783	57.83	Williams, Kim	BC	2/24/2012
752	58.63	Norman, Sarah	TOSC	3/30/2012

200 Y BUTTERFLY (2:11.86)

PP	TIME	NAME	TEAM	DATE
877	2:01.62	Williams, Kim	BC	3/30/2012
827	2:04.59	Briggs, Mackenna	IST	3/30/2012
817	2:05.17	Shabb, Hannah	CSC	3/30/2012
757	2:08.76	Chambers, Addie	KING	12/9/2011

200 Y INDIVIDUAL MEDLEY (2:10.73)

PP	TIME	NAME	TEAM	DATE
895	2:02.49	Williams, Kim	BC	3/30/2012
871	2:03.67	Cook, Alyssa	KING	12/8/2011
821	2:06.13	Briggs, Mackenna	IST	3/30/2012
765	2:08.96	Sutherland, Ashley	KING	12/9/2011
756	2:09.40	Lucien, Bri	WEST	12/15/2011

400 Y INDIVIDUAL MEDLEY (4:38.52)

PP	TIME	NAME	TEAM	DATE
919	4:15.30	Williams, Kim	BC	12/15/2011
838	4:24.10	Cook, Alyssa	KING	12/8/2011
795	4:28.86	Lucien, Bri	WEST	12/15/2011
794	4:28.98	Briggs, Mackenna	IST	3/30/2012
778	4:30.73	Shabb, Hannah	CSC	3/30/2012
733	4:35.88	Chambers, Addie	KING	3/30/2012

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2011/2012	14	56	44134	788.10	779.86
2010/2011	13	64	49279	769.98	765.19
2009/2010	12	80	61068	763.35	753.23
2008/2009	11	81	61495	759.19	739.84

NATIONAL TOP 200 – GIRLS FIFTEEN YEARS – 2011/2012

50 Y FREESTYLE (24.43)

PP	TIME	NAME	TEAM	DATE
833	23.50	Keane, Anna	UN	11/11/2011
827	23.56	Vanderwel, Heidi	KING	12/8/2011
821	23.62	Ramey, Kenna	UN	11/11/2011
806	23.77	Ginnis, Morgan	WEST	12/15/2011
756	24.29	Gwo, Lorea	UN	11/11/2011

100 Y FREESTYLE (52.91)

PP	TIME	NAME	TEAM	DATE
850	50.62	Keane, Anna	UN	11/11/2011
825	51.11	Vanderwel, Heidi	KING	12/10/2011
788	51.82	Ginnis, Morgan	WEST	12/15/2011
755	52.48	Kawaguchi, Megan	WWA	12/15/2011

200 Y FREESTYLE (1:54.40)

PP	TIME	NAME	TEAM	DATE
773	1:52.33	Vanderwel, Heidi	KING	12/15/2011
766	1:52.60	Ginnis, Morgan	WEST	12/15/2011
742	1:53.54	Kawaguchi, Megan	WWA	12/15/2011

500 Y FREESTYLE (5:06.19)

PP	TIME	NAME	TEAM	DATE
711	5:05.69	Levy, Geneva	UN	11/11/2011

1000 Y FREESTYLE (10:45.13)

PP	TIME	NAME	TEAM	DATE
733	10:31.40	Maider, Maddie	CSC	12/15/2011

1650 Y FREESTYLE (18:03.19)

PP	TIME	NAME	TEAM	DATE
724	17:36.46	Vanderwel, Heidi	KING	12/15/2011
724	17:36.60	Maider, Maddie	CSC	12/15/2011
673	17:56.95	Rosen, Laura	NWAC	11/5/2011

100 Y BACKSTROKE (58.86)

PP	TIME	NAME	TEAM	DATE
920	54.66	Vanderwel, Heidi	KING	12/8/2011
875	55.65	Kawaguchi, Megan	UN	11/11/2011
753	58.43	Armstrong, Cathryn	UN	11/11/2011
750	58.49	Ginnis, Morgan	WEST	12/15/2011
749	58.53	Phillips, Kyndal	KING	12/15/2011

200 Y BACKSTROKE (2:07.62)

PP	TIME	NAME	TEAM	DATE
930	1:57.25	Vanderwel, Heidi	KING	12/8/2011
778	2:05.31	Ginnis, Morgan	WEST	12/15/2011
763	2:06.09	Phillips, Kyndal	KING	12/15/2011
742	2:07.25	Armstrong, Cathryn	SSC	12/15/2011
742	2:07.27	Kawaguchi, Megan	WWA	10/15/2011

100 Y BREASTSTROKE (1:07.71)

PP	TIME	NAME	TEAM	DATE
778	1:06.31	Roberson, Kayla	BC	12/15/2011
741	1:07.42	Mackie, Katie	KING	12/15/2011
734	1:07.64	Harris, Taylor	KING	12/15/2011

200 Y BREASTSTROKE (2:27.88)

PP	TIME	NAME	TEAM	DATE
758	2:24.71	Roberson, Kayla	BC	12/15/2011
749	2:25.32	Mackie, Katie	KING	12/15/2011
736	2:26.17	McCann, Carolyn	TSC	11/5/2011
731	2:26.50	Woodworth, Karen	WSY	4/2/2012
723	2:27.03	Tallman, Cassie	OCA	12/15/2011
714	2:27.64	Shewchuk, Taylor	BBST	2/24/2012

100 Y BUTTERFLY (58.39)

PP	TIME	NAME	TEAM	DATE
846	55.58	Vanderwel, Heidi	KING	12/8/2011

767	57.56	Phillips, Kyndal	KING	12/2/2011
756	57.86	Gwo, Lorea	UN	11/11/2011

200 Y BUTTERFLY (2:10.51)

PP	TIME	NAME	TEAM	DATE
740	2:08.34	Rosen, Laura	NWAC	10/15/2011

200 Y INDIVIDUAL MEDLEY (2:09.12)

PP	TIME	NAME	TEAM	DATE
818	2:04.91	Kawaguchi, Megan	WWA	12/15/2011
737	2:09.00	Phillips, Kyndal	KING	12/15/2011

400 Y INDIVIDUAL MEDLEY (4:37.08)

PP	TIME	NAME	TEAM	DATE
800	4:26.78	Vanderwel, Heidi	KING	12/15/2011
730	4:34.64	Kawaguchi, Megan	WWA	12/15/2011

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2011/2012	15	44	33967	771.97	772.69
2010/2011	14	52	39672	762.92	768.60
2009/2010	13	68	51007	750.10	753.01
2008/2009	12	76	56315	740.98	746.11
2007/2008	11	87	65480	752.64	730.79

NATIONAL TOP 200 – GIRLS SIXTEEN YEARS – 2011/2012

50 Y FREESTYLE (24.35)

PP	TIME	NAME	TEAM	DATE
830	23.50	Kinnear, Katie	UN	11/12/2010
823	23.57	Cratsenberg, Amber	UN	11/12/2010
800	23.81	Wu, Joanna	KING	3/9/2011
770	24.11	Mohr, Emily	UN	11/12/2010
755	24.27	Hendricks, Sami	UN	11/11/2010
750	24.32	Kaestner, Katie	BBST	3/9/2011
749	24.33	Harpur, Tess	UN	11/12/2010

100 Y FREESTYLE (52.50)

PP	TIME	NAME	TEAM	DATE
827	50.96	Cratsenberg, Amber	UN	11/12/2010
809	51.31	Kinnear, Katie	IST	3/9/2011
797	51.54	Wu, Joanna	KING	3/9/2011

200 Y FREESTYLE (1:53.23)

PP	TIME	NAME	TEAM	DATE
792	1:51.13	Cratsenberg, Amber	VAST	12/16/2010
790	1:51.21	Wu, Joanna	UN	11/12/2010
756	1:52.48	Kinnear, Katie	IST	3/11/2011

500 Y FREESTYLE (5:04.60)

PP	TIME	NAME	TEAM	DATE
765	4:58.04	Wu, Joanna	KING	12/3/2010
727	5:01.83	Davis, Aly	KING	12/3/2010

1000 Y FREESTYLE (10:43.86)

PP	TIME	NAME	TEAM	DATE
764	10:17.81	Cratsenberg, Amber	VAST	3/9/2011
750	10:21.11	Penrose, Casey	KING	3/9/2011
714	10:29.17	Grundman, Sarah	BISC	3/9/2011
698	10:32.93	Wu, Joanna	KING	1/15/2011
675	10:38.21	Schneider, Rachel	C	12/16/2010

1650 Y FREESTYLE (18:01.89)

PP	TIME	NAME	TEAM	DATE
775	17:13.32	Davis, Aly	KING	12/16/2010
754	17:21.57	Wu, Joanna	KING	11/15/2010
715	17:36.57	Grundman, Sarah	BISC	3/9/2011
710	17:38.41	Penrose, Casey	KING	1/20/2011
689	17:46.78	Domanowski, Jenni	MMSC	2/13/2011

100 Y BACKSTROKE (58.26)

PP	TIME	NAME	TEAM	DATE
886	55.17	Kinnear, Katie	IST	3/9/2011
872	55.49	Wu, Joanna	KING	3/13/2011
821	56.62	Kim, Rachel	UN	11/12/2010
801	57.08	Ainsworth, Kristin	KING	3/9/2011

200 Y BACKSTROKE (2:06.48)

PP	TIME	NAME	TEAM	DATE
869	2:00.18	Kinnear, Katie	IST	3/9/2011
851	2:01.12	Wu, Joanna	KING	3/9/2011
787	2:04.57	Ainsworth, Kristin	KING	3/9/2011
747	2:06.73	Penrose, Casey	KING	3/9/2011

100 Y BREASTSTROKE (1:06.87)

PP	TIME	NAME	TEAM	DATE
819	1:04.43	Kaestner, Katie	UN	11/11/2010
810	1:04.68	Sullenberger, Shanell	TOSC	3/9/2011
769	1:05.90	Sullenberger, Kiana	UN	11/11/2010
767	1:05.94	King, Camorah	BBST	3/9/2011
764	1:06.04	Harpur, Tess	UN	11/12/2010
738	1:06.82	Deiparine, Danielle	BC	3/9/2011

200 Y BREASTSTROKE (2:26.25)

PP	TIME	NAME	TEAM	DATE
759	2:22.59	Davis, Aly	KING	3/9/2011
755	2:22.81	Sullenberger, Shanell	TOSC	3/9/2011
728	2:24.63	Kaestner, Katie	BBST	3/15/2011
718	2:25.27	Sullenberger, Kiana	TOSC	3/9/2011
717	2:25.34	Tinseth, Elise	IST	12/16/2010
715	2:25.47	Lindblad, Gabby	KING	3/9/2011
710	2:25.86	Flaten, Kayla	IST	3/9/2011
708	2:25.97	Deiparine, Danielle	BC	3/9/2011
708	2:25.97	King, Camorah	BBST	3/9/2011

100 Y BUTTERFLY (57.76)

PP	TIME	NAME	TEAM	DATE
895	53.95	Kinnear, Katie	UN	11/12/2010
794	56.45	Domanowski, Jenni	MMSC	1/20/2011
785	56.68	Penrose, Casey	KING	3/9/2011
779	56.83	Davis, Aly	KING	12/16/2010
775	56.92	Laurent, Kalena	UN	11/12/2010
766	57.16	Harpur, Tess	UN	11/12/2010

200 Y BUTTERFLY (2:09.05)

PP	TIME	NAME	TEAM	DATE
851	2:01.39	Domanowski, Jenni	MMSC	12/16/2010
843	2:01.87	Kinnear, Katie	IST	3/15/2011
794	2:04.74	Hu, Ciara	NWAC	3/9/2011
785	2:05.25	Laurent, Kalena	UN	3/9/2011
734	2:08.28	Penrose, Casey	KING	3/9/2011

200 Y INDIVIDUAL MEDLEY (2:08.20)

PP	TIME	NAME	TEAM	DATE
817	2:04.31	Kim, Rachel	UN	11/12/2010
810	2:04.63	Kinnear, Katie	IST	12/9/2010
770	2:06.65	Davis, Aly	KING	12/3/2010

400 Y INDIVIDUAL MEDLEY (4:34.47)

PP	TIME	NAME	TEAM	DATE
795	4:25.23	Davis, Aly	KING	12/16/2010
793	4:25.41	Kinnear, Katie	IST	3/15/2011
772	4:27.75	Domanowski, Jenni	MMSC	1/20/2011
729	4:32.63	Penrose, Casey	KING	12/16/2010
728	4:32.80	Grundman, Sarah	BISC	3/9/2011
720	4:33.67	Hu, Ciara	NWAC	3/9/2011

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2011/2012	16	57	44717	784.50	777.78
2010/2011	15	68	52812	776.64	775.58
2009/2010	14	86	65749	764.52	764.35
2008/2009	13	89	67043	753.29	749.37
2007/2008	12	103	75349	731.54	738.24
2006/2007	11	95	68454	720.56	730.40

NATIONAL TOP 200 – GIRLS SEVENTEEN YEARS – 2011/2012

50 Y FREESTYLE (24.24)				
PP	TIME	NAME	TEAM	DATE
836	23.29	Kinnear, Katie	IST	12/15/2011
809	23.56	Wu, Joanna	KING	12/15/2011
798	23.68	Cratsenberg, Amber	VAST	12/15/2011
766	24.00	Mohr, Emily	UN	11/11/2011
759	24.07	Harpur, Tess	UN	11/11/2011
100 Y FREESTYLE (52.45)				
PP	TIME	NAME	TEAM	DATE
822	50.76	Wu, Joanna	KING	12/15/2011
801	51.18	Cratsenberg, Amber	VAST	12/15/2011
796	51.26	Kinnear, Katie	IST	12/15/2011
740	52.37	Kaestner, Katie	UN	11/11/2011
200 Y FREESTYLE (1:53.09)				
PP	TIME	NAME	TEAM	DATE
821	1:50.01	Cratsenberg, Amber	UN	11/11/2011
795	1:51.01	Wu, Joanna	KING	12/8/2011
746	1:52.88	Laurent, Kalena	UN	11/11/2011
500 Y FREESTYLE (5:03.74)				
PP	TIME	NAME	TEAM	DATE
777	4:56.85	Cratsenberg, Amber	VAST	12/15/2011
743	5:00.25	Penrose, Casey	KING	12/2/2011
738	5:00.77	Wu, Joanna	UN	11/11/2011
1000 Y FREESTYLE (10:44.02)				
PP	TIME	NAME	TEAM	DATE
755	10:19.98	Cratsenberg, Amber	VAST	12/15/2011
749	10:21.32	Penrose, Casey	KING	12/15/2011
735	10:24.48	Grundman, Sarah	BISC	3/1/2012
1650 Y FREESTYLE (18:04.42)				
PP	TIME	NAME	TEAM	DATE
757	17:20.23	Penrose, Casey	KING	12/15/2011
742	17:26.04	Grundman, Sarah	BISC	3/1/2012
686	17:48.03	Schneider, Rachel	C	12/15/2011
653	18:01.41	Kinnear, Katie	IST	2/19/2012
100 Y BACKSTROKE (58.02)				
PP	TIME	NAME	TEAM	DATE
912	54.60	Kinnear, Katie	UN	11/11/2011
842	56.16	Wu, Joanna	KING	12/8/2011
762	57.98	Davis, Aly	KING	12/2/2011
200 Y BACKSTROKE (2:06.30)				
PP	TIME	NAME	TEAM	DATE
857	2:00.34	Kinnear, Katie	IST	12/15/2011
805	2:03.07	Wu, Joanna	KING	12/8/2011
770	2:04.95	Penrose, Casey	KING	12/15/2011
100 Y BREASTSTROKE (1:06.65)				
PP	TIME	NAME	TEAM	DATE
803	1:04.28	Kaestner, Katie	UN	11/11/2011
795	1:04.51	Sullenberger, Shanell	TOSC	12/15/2011
791	1:04.63	Sullenberger, Kiana	UN	11/11/2011
764	1:05.40	King, Camorah	UN	11/11/2011
740	1:06.10	Harpur, Tess	BISC	12/15/2011
740	1:06.11	Davis, Aly	KING	12/15/2011
200 Y BREASTSTROKE (2:26.26)				
PP	TIME	NAME	TEAM	DATE
752	2:22.09	Sullenberger, Shanell	TOSC	12/15/2011
749	2:22.27	Kaestner, Katie	BBST	3/20/2012
744	2:22.63	Davis, Aly	KING	12/15/2011
722	2:24.09	King, Camorah	BBST	3/20/2012
706	2:25.13	Flaten, Kayla	IST	12/15/2011

702	2:25.41	Tinseth, Elise	IST	12/15/2011
700	2:25.53	Deiparine, Danielle	BC	12/15/2011
698	2:25.72	Sullenberger, Kiana	TOSC	12/15/2011
100 Y BUTTERFLY (57.38)				
PP	TIME	NAME	TEAM	DATE
901	53.46	Kinnear, Katie	UN	11/11/2011
782	56.39	Harpur, Tess	UN	11/11/2011
774	56.60	Wu, Joanna	KING	12/15/2011
773	56.61	Cratsenberg, Amber	VAST	12/15/2011
769	56.72	Domanowski, Jenni	MMSC	12/15/2011
765	56.81	Laurent, Kalena	UN	11/2/2011
746	57.31	Davis, Aly	UN	11/11/2011
200 Y BUTTERFLY (2:08.37)				
PP	TIME	NAME	TEAM	DATE
899	1:58.29	Kinnear, Katie	IST	12/15/2011
831	2:02.23	Domanowski, Jenni	MMSC	12/15/2011
826	2:02.52	Laurent, Kalena	BC	12/15/2011
780	2:05.23	Penrose, Casey	KING	12/15/2011
761	2:06.34	Hu, Ciara	NWAC	12/15/2011
756	2:06.62	Harpur, Tess	BISC	12/15/2011
200 Y INDIVIDUAL MEDLEY (2:07.94)				
PP	TIME	NAME	TEAM	DATE
861	2:02.01	Kinnear, Katie	IST	12/15/2011
767	2:06.62	Wu, Joanna	KING	12/15/2011
765	2:06.72	Penrose, Casey	UN	11/11/2011
764	2:06.80	Davis, Aly	KING	12/2/2011
400 Y INDIVIDUAL MEDLEY (4:33.94)				
PP	TIME	NAME	TEAM	DATE
812	4:23.33	Penrose, Casey	KING	12/2/2011
773	4:27.71	Davis, Aly	KING	12/15/2011
759	4:29.22	Domanowski, Jenni	MMSC	12/15/2011
729	4:32.62	Hu, Ciara	NWAC	12/15/2011

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2011/2012	17	63	48771	774.14	779.83
2010/2011	16	68	52538	772.61	784.57
2009/2010	15	66	51331	777.74	771.08
2008/2009	14	66	50600	766.66	763.39
2007/2008	13	53	39663	748.35	738.24
2006/2007	12	51	38020	745.49	734.89
2005/2006	11	69	49921	723.49	719.01

NATIONAL TOP 200 – GIRLS EIGHTEEN YEARS – 2011/2012

50 Y FREESTYLE (24.30)				
PP	TIME	NAME	TEAM	DATE
762	24.04	Morris, Lily	BC	12/15/2011
100 Y FREESTYLE (52.66)				
PP	TIME	NAME	TEAM	DATE
746	52.26	Morris, Lily	BC	12/18/2011
200 Y FREESTYLE (1:53.74)				
PP	TIME	NAME	TEAM	DATE
826	1:49.47	Majeau, Fiona	UN	12/1/2011
500 Y FREESTYLE (5:05.98)				
PP	TIME	NAME	TEAM	DATE
837	4:49.89	Majeau, Fiona	UN	12/1/2011
685	5:05.05	Williamson, Mariah	UN	11/11/2011
1000 Y FREESTYLE (11:30.59)				
PP	TIME	NAME	TEAM	DATE
730	10:25.52	Majeau, Fiona	UN	10/20/2011
628	10:49.41	Beauchamp, Kara	IST	12/15/2011
1650 Y FREESTYLE (18:17.23)				
PP	TIME	NAME	TEAM	DATE
846	16:46.92	Majeau, Fiona	UN	12/1/2011
686	17:48.14	Antilla, Josette	UN	12/2/2011
682	17:49.93	Williamson, Mariah	WEST	12/15/2011
668	17:55.57	Beauchamp, Kara	IST	12/15/2011
640	18:06.92	Gehrke, Bethany	UN	11/4/2011
100 Y BACKSTROKE (58.62)				
PP	TIME	NAME	TEAM	DATE
789	57.35	Peseau, Hannah	WEST	12/15/2011
774	57.71	Morris, Lily	BC	12/16/2011
200 Y BACKSTROKE (2:08.20)				
PP	TIME	NAME	TEAM	DATE
815	2:02.40	Peseau, Hannah	WEST	12/15/2011
100 Y BREASTSTROKE (1:07.57)				
PP	TIME	NAME	TEAM	DATE
856	1:02.75	Harper, Heather	UN	2/22/2012
200 Y BREASTSTROKE (2:27.38)				
PP	TIME	NAME	TEAM	DATE
839	2:16.48	Harper, Heather	UN	2/22/2012
673	2:27.35	Beauchamp, Kara	IST	12/15/2011
100 Y BUTTERFLY (57.78)				
PP	TIME	NAME	TEAM	DATE
776	56.53	Morris, Lily	BC	12/15/2011
764	56.85	Zook, Nina	UN	2/15/2012
762	56.90	Peseau, Hannah	WEST	12/15/2011
733	57.63	O'Keefe, Meghan	UN	11/11/2011
200 Y BUTTERFLY (2:09.80)				
PP	TIME	NAME	TEAM	DATE
794	2:04.38	Zook, Nina	UN	2/15/2012
778	2:05.31	O'Keefe, Meghan	BC	12/15/2011
767	2:05.99	Peseau, Hannah	WEST	12/15/2011
200 Y INDIVIDUAL MEDLEY (2:08.59)				
PP	TIME	NAME	TEAM	DATE
735	2:08.26	Harper, Heather	UN	2/22/2012
400 Y INDIVIDUAL MEDLEY (4:38.33)				
PP	TIME	NAME	TEAM	DATE
732	4:32.25	Beauchamp, Kara	IST	12/15/2011
724	4:33.26	Williamson, Mariah	WEST	12/15/2011
697	4:36.32	Gehrke, Bethany	BC	12/2/2011

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2011/2012	18	29	21744	749.79	771.46
2010/2011	17	47	37188	791.23	785.28
2009/2010	16	56	42838	764.96	773.56
2008/2009	15	52	40552	779.84	769.55
2007/2008	14	64	47665	744.76	744.94
2006/2007	13	63	46418	736.97	736.82
2005/2006	12	56	41614	743.10	732.73
2004/2005	11	72	52534	729.63	712.27

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2010/2011	18	47	35111	747.04	769.15
2009/2010	17	69	54826	794.57	779.75
2008/2009	16	47	38027	809.08	781.37
2007/2008	15	44	32753	744.38	749.91
2006/2007	14	61	45498	745.86	748.43
2005/2006	13	59	43589	738.96	736.86
2004/2005	12	44	31913	725.29	731.72
2003/2004	11	47	32749	696.78	716.29

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2009/2010	18	56	42959	767.12	758.49
2008/2009	17	62	49337	795.75	783.22
2007/2008	16	64	48789	762.32	754.05
2006/2007	15	78	58848	754.46	750.69
2005/2006	14	63	47122	747.96	744.37
2004/2005	13	52	38623	742.75	733.01
2003/2004	12	52	36762	706.26	728.35

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2008-2009	18	83	64254	774.14	754.82
2007-2008	17	61	45745	749.91	752.15
2006-2007	16	87	65555	753.50	751.46
2005-2006	15	72	53986	749.80	748.88
2004-2005	14	67	49190	734.19	745.98
2003-2004	13	77	55035	714.74	731.33

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2007-2008	18	67	50417	752.49	716.08
2006-2007	17	86	65545	762.15	741.81
2005-2006	16	93	70209	754.93	742.71
2004-2005	15	100	75121	751.21	735.62
2003-2004	14	99	73314	740.54	725.80

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2006-2007	18	33	22774	690.12	720.25
2005-2006	17	33	24579	744.81	744.62
2004-2005	16	34	25335	745.14	744.47
2003-2004	15	30	21973	732.43	729.50

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2005-2006	18	43	30056	698.97	706.17
2004-2005	17	54	40419	748.50	738.47
2003-2004	16	70	51822	740.31	726.41

Year	Age	# SWIMS	Power Points	PNS Average	National Average
2004-2005	18	59	39412	668.00	688.02
2003-2004	17	58	41206	710.44	715.57

NATIONAL TOP 200 – GIRLS EIGHTEEN UNDER – 2011/2012

50 Y FREESTYLE (23.64)				
RNK	TIME	NAME	TEAM	DATE
71	23.29	Kinnear, Katie	IST	12/15/2011
141	23.49	Keane, Anna	BC	12/15/2011
172	23.56	Vanderwel, Heidi	KING	12/8/2011
172	23.56	Wu, Joanna	KING	12/15/2011
188	23.62	Ramey, Kenna	UN	11/11/2011
100 Y FREESTYLE (51.17)				
RNK	TIME	NAME	TEAM	DATE
96	50.62	Keane, Anna	UN	11/11/2011
120	50.76	Wu, Joanna	KING	12/15/2011
185	51.11	Vanderwel, Heidi	KING	12/10/2011
200 Y FREESTYLE (1:50.35)				
RNK	TIME	NAME	TEAM	DATE
118	1:49.47	Majeau, Fiona	UN	12/1/2011
157	1:49.99	Cann, Felicity	KING	12/15/2011
158	1:50.01	Cratsenberg, Amber	UN	11/11/2011
500 Y FREESTYLE (4:55.19)				
RNK	TIME	NAME	TEAM	DATE
61	4:49.89	Majeau, Fiona	UN	12/1/2011
1000 Y FREESTYLE (10:18.67)				
RNK	TIME	NAME	TEAM	DATE
98	10:10.91	Williams, Kim	BC	12/15/2011
1650 Y FREESTYLE (17:10.70)				
RNK	TIME	NAME	TEAM	DATE
74	16:46.92	Majeau, Fiona	UN	12/1/2011
100 Y BACKSTROKE (56.16)				
RNK	TIME	NAME	TEAM	DATE
29	54.27	Weiss, Hannah	KING	12/8/2011
42	54.60	Kinnear, Katie	UN	11/11/2011
45	54.66	Vanderwel, Heidi	KING	12/8/2011
126	55.65	Kawaguchi, Megan	UN	11/11/2011
200	56.16	Wu, Joanna	KING	12/8/2011
200 Y BACKSTROKE (2:01.83)				
RNK	TIME	NAME	TEAM	DATE
31	1:57.25	Vanderwel, Heidi	KING	12/8/2011
56	1:58.64	Weiss, Hannah	KING	12/8/2011
113	2:00.34	Kinnear, Katie	IST	12/15/2011
127	2:00.56	Wold, Grace	KING	12/8/2011
100 Y BREASTSTROKE (1:04.47)				
RNK	TIME	NAME	TEAM	DATE
47	1:02.67	Williams, Kim	BC	3/30/2012
55	1:02.75	Harper, Heather	UN	2/22/2012
149	1:04.07	McCann, Carolyn	TSC	12/2/2011
175	1:04.28	Kaestner, Katie	UN	11/11/2011
180	1:04.31	Speak, Sage	UN	11/11/2011
200 Y BREASTSTROKE (2:20.56)				
RNK	TIME	NAME	TEAM	DATE
51	2:16.48	Harper, Heather	UN	2/22/2012
71	2:17.09	Williams, Kim	BC	12/15/2011
135	2:18.98	Cook, Alyssa	KING	12/15/2011
100 Y BUTTERFLY (55.76)				
RNK	TIME	NAME	TEAM	DATE
9	53.46	Kinnear, Katie	UN	11/11/2011
77	54.89	Weiss, Hannah	KING	12/15/2011
99	55.06	Wold, Grace	KING	12/8/2011
166	55.58	Vanderwel, Heidi	KING	12/8/2011

200 Y BUTTERFLY (2:03.63)				
RNK	TIME	NAME	TEAM	DATE
18	1:58.29	Kinnear, Katie	IST	12/15/2011
88	2:01.51	Wold, Grace	KING	12/15/2011
92	2:01.62	Williams, Kim	BC	3/30/2012
114	2:02.23	Domanowski, Jenni	MMSC	12/15/2011
132	2:02.52	Laurent, Kalena	BC	12/15/2011
200 Y INDIVIDUAL MEDLEY (2:04.03)				
RNK	TIME	NAME	TEAM	DATE
85	2:02.01	Kinnear, Katie	IST	12/15/2011
98	2:02.49	Williams, Kim	BC	3/30/2012
99	2:02.50	Wold, Grace	UN	11/11/2011
163	2:03.67	Cook, Alyssa	KING	12/8/2011
200	2:04.03	Taylor, Hannah	TSC	12/8/2011
400 Y INDIVIDUAL MEDLEY (4:25.37)				
RNK	TIME	NAME	TEAM	DATE
26	4:15.30	Williams, Kim	BC	12/15/2011
98	4:21.87	Wold, Grace	KING	12/15/2011
135	4:23.33	Penrose, Casey	KING	12/2/2011
154	4:24.10	Cook, Alyssa	KING	12/8/2011

YEAR	# SWIMS	AVG PLACE
2012	49	108.08
2011	44	110.38
2010	76	94.64
2009	92	83.35
2008	82	100.59
2007	89	99.44
2006	76	97.19
2005	81	102.90
2004	91	84.05

EVENT	2008	2009	2010	2011	2012
50 free	23.87	23.72	23.74	23.67	23.64
100 free	51.77	51.18	51.41	51.26	51.17
200 free	1:51.29	1:50.33	1:50.70	1:50.28	1:50.35
400 free	4:57.60	4:54.95	4:55.69	4:54.47	4:55.19
1000 free	10:21.73	10:16.30	10:14.21	10:14.12	10:18.67
1650 free	17:19.23	17:10.01	17:09.97	17:09.95	17:10.70
100 back	57.39	56.48	56.62	56.25	56.16
200 back	2:04.17	2:01.93	2:02.33	2:01.67	2:01.83
100 breast	1:05.36	1:04.59	1:04.64	1:04.56	1:04.47
200 breast	2:22.17	2:20.24	2:20.44	2:20.10	2:20.56
100 fly	56.56	55.82	56.00	55.91	55.76
200 fly	2:05.16	2:03.25	2:03.78	2:03.45	2:03.63
200 i.m.	2:05.70	2:04.54	2:04.63	2:04.51	2:04.03
400 i.m.	4:27.65	4:24.84	4:25.15	4:24.57	4:25.37

NATIONAL TOP 200 – WOMEN 2011/2012

50 Y FREESTYLE (23.23)				
RNK	TIME	NAME	TEAM	DATE
100 Y FREESTYLE (50.42)				
RNK	TIME	NAME	TEAM	DATE
200 Y FREESTYLE (1:48.82)				
RNK	TIME	NAME	TEAM	DATE
500 Y FREESTYLE (4:51.05)				
RNK	TIME	NAME	TEAM	DATE
146	4:49.48	Thayer, Annemarie	UN	12/1/2011
161	4:49.89	Majeau, Fiona	UN	12/1/2011
1000 Y FREESTYLE (10:15.94)				
RNK	TIME	NAME	TEAM	DATE
125	10:10.91	Williams, Kim	BC	12/15/2011
1650 Y FREESTYLE (16:52.17)				
RNK	TIME	NAME	TEAM	DATE
161	16:46.92	Majeau, Fiona	UN	12/1/2011
100 Y BACKSTROKE (55.23)				
RNK	TIME	NAME	TEAM	DATE
80	54.09	Thayer, Annemarie	UN	12/1/2011
90	54.27	Weiss, Hannah	KING	12/8/2011
118	54.60	Kinnear, Katie	UN	11/11/2011
123	54.66	Vanderwel, Heidi	KING	12/8/2011
200 Y BACKSTROKE (1:59.47)				
RNK	TIME	NAME	TEAM	DATE
58	1:56.40	Thayer, Annemarie	UN	12/1/2011
81	1:57.25	Vanderwel, Heidi	KING	12/8/2011
140	1:58.64	Weiss, Hannah	KING	12/8/2011
100 Y BREASTSTROKE (1:03.13)				
RNK	TIME	NAME	TEAM	DATE
146	1:02.67	Williams, Kim	BC	3/30/2012
156	1:02.75	Harper, Heather	UN	2/22/2012
200 Y BREASTSTROKE (2:16.95)				
RNK	TIME	NAME	TEAM	DATE
129	2:15.23	Averill, Trish	UN	12/2/2011
174	2:16.48	Harper, Heather	UN	2/22/2012
100 Y BUTTERFLY (54.86)				
RNK	TIME	NAME	TEAM	DATE
59	53.46	Kinnear, Katie	UN	11/11/2011
200 Y BUTTERFLY (2:01.46)				
RNK	TIME	NAME	TEAM	DATE
58	1:58.29	Kinnear, Katie	IST	12/15/2011
200 Y INDIVIDUAL MEDLEY (2:01.84)				
RNK	TIME	NAME	TEAM	DATE
400 Y INDIVIDUAL MEDLEY (4:20.94)				
RNK	TIME	NAME	TEAM	DATE
71	4:15.30	Williams, Kim	BC	12/15/2011
82	4:15.85	Thayer, Annemarie	UN	12/1/2011

YEAR	# SWIMS	AVG PLACE
2012	19	113.57
2011	25	85.88
2010	54	96.70
2009	116	92.57
2008	67	90.83
2007	73	95.16
2006	76	106.25
2005	66	110.03
2004	80	106.03

EVENT	2008	2009	2010	2011	2012
50 free	23.48	23.32	23.40	23.31	23.23
100 free	50.91	50.45	50.73	50.45	50.42
200 free	1:49.63	1:48.87	1:49.31	1:48.92	1:48.82
400 free	4:53.50	4:51.52	4:51.88	4:51.54	4:51.05
1000 free	10:19.78	10:14.63	10:11.49	10:11.02	10:15.94
1650 free	17:05.98	16:56.94	16:56.02	16:51.83	16:52.17
100 back	56.52	55.65	55.78	55.47	55.23
200 back	2:02.31	2:00.24	2:00.91	1:59.87	1:59.47
100 breast	1:04.43	1:03.69	1:03.76	1:03.43	1:03.13
200 breast	2:19.67	2:18.46	2:18.27	2:17.54	2:16.95
100 fly	55.67	55.08	55.30	55.09	54.86
200 fly	2:03.33	2:01.62	2:02.02	2:01.48	2:01.46
200 i.m.	2:03.74	2:02.71	2:02.99	2:02.34	2:01.84
400 i.m.	4:24.79	4:22.39	4:21.82	4:20.66	4:20.94