

# BURLINGAME AQUATIC CLUB

## Masters Swim FAQ



### IS IT SAFE TO SWIM?

CDC, WHO, and County Health have found that swimming pools are an area of recreation that can be safe during the pandemic.

Our guidelines and rules are in place for your safety. We are confident that with all of our patrons following the guidelines, we can offer a safe place to swim.

### CAN I SWIM IF I AM SICK?

Patrons who have experienced symptoms of COVID-19 should not enter the facility until 14 days have passed since the last symptom. If patrons are tested and found negative for COVID-19, this 14 day period can be shortened until symptoms have passed.

### DO I NEED TO WEAR A MASK?

Patrons will be required to wear a mask while entering the facility and exiting the facility. Masks may be taken off upon entering the water and can remain off for the duration of being in the pool. We recommend bringing a bag to hold your mask in during your swim.

### CAN I ARRIVE EARLY OR LATE?

Due to the short timeline for the program, Masters specifically can line up up to 15 minutes before the beginning of practice. Please maintain proper social distancing protocol and remain 6 feet apart at all times. Markers will be placed to assist.

### CAN I BORROW EQUIPMENT?

There will be no equipment provided by BAC. Patrons may bring their own pre-sanitized equipment, but will be limited to 3 pieces of equipment. i.e Snorkel, Kickboard, and Paddles

### CHANGING & LOCKER ROOM ACCESS

*Can I use the locker room?*

No, locker room use will be strictly forbidden to ensure we follow all safety guidelines. We cannot have our facility open otherwise.

*Can I take a shower?*

Outdoor showers will be available to rinse off before entering the water.

*Can I change in the locker rooms after practice?*

No, the locker rooms will not be available for use.

*Can I change on the pool deck?*

Patrons may put clothes on over their suits, but changing out of suits on the pool deck is strictly prohibited.

*What if I need to use the restroom?*

The locker room bathrooms will be locked during all hours of operation. In the case of an emergency, patrons can notify staff on duty, and will be permitted to use the bathroom one at a time. Immediately following the use of the restroom, the area will be disinfected by a staff member. We ask that everyone do their best to avoid the need during their time at the facility.

### BEFORE YOUR SWIM

Make sure to do your own symptom check at home, or you risk being turned away at the door. Wear your mask! Please ensure to stand on the markers outside to maintain social distancing standards. Keep your mask on until you enter the water.

### AFTER YOUR SWIM

Put your mask back on immediately after leaving the water. You may exit the facility through the back gate. Please make sure to maintain social distancing standards.