



California Capital Aquatics

2023 Spring/Summer Meet Schedule

March 31-April 2	AquaSol IMX/IMR (All Non SNS Champs/Non HS)	Cameron Park, CA
April 14-16	SMST Spring Splash LCM	Folsom, CA
April 20	Age Group Distance Challenge	Bear River HS
May 13	CCA LCM Time Trial (SENIOR RECOGNITION POST MEET!)	CCA
May 19-21	Woodland Spring Classic LCM	Woodland, CA
June 9-11	CCA Summer Sanders Meet CCA SHIFT REQUIREMENT EVENT	CCA

CCA PRACTICE SCHEDULE SWITCHES TO SUMMER AM STARTING TUESDAY, JUNE 13!

June 23-25	RENO Age Group Orinda Sr Open (Sr/PS/Gold)	Reno, NV Moraga, CA
July 7-9	Summer Last Chance Meet!	Woodland, CA
July 13-16	USA Swim Speedo Sectionals (Qual) CCA SHIFT REQUIREMENT EVENT	CCA
July 20-23	SNS Champs- Bill Rose Classic Qualifiers	Elk Grove, CA
July 26-29	USA Swimming Futures Champs (Qual)	Natomas, CA
July 29-30	AquaSol Prospectors Plunge SCY (All non SNS Champs)	Cameron Park, CA

CCA SUMMER BREAK JULY 31- AUG 14, 2023
Welcome Back Event Week of Aug 21!

