



Central California Swimming Junior Olympic Swimming Championships
February 16-19, 2018
Hosted by Clovis Swim Club
Clovis North Aquatics Complex / Clovis North High School
Held under the Sanction of USA Swimming / Central California Swimming #S0617TL

See the Central California Swimming website for upcoming events and results.

www.centralcalswim.org

- Host:** Clovis Swim Club
- Location:** Clovis North High School. 2770 East International Ave., Fresno, CA 93730
- Facility:** Two 50 M x 25 yard pools. The main competition pool is all deep at 7 feet. The adjacent multipurpose pool will provide at least 10 x 25y lanes for continuous warm up and warm down. The competition pool has been certified according to articles 104.2.2 C (4) USAS rules and regulations. The copy of such certification is on file with USA Swimming.
- Times:** Thursday, February 15: The facility will be open 5:00-8:00 p.m. for those who wish to set up canopies. There will also be at least 10 lanes of warm-up space for athletes entered into the meet, with the supervision of a USA Swimming coach member.
Friday, February 16: Preliminaries warm-up at 7:30 a.m. Meet begins at 9:00 a.m. Friday evening finals will begin no earlier than 5:00pm.
Saturday, February 17 – Monday, February 19: Preliminaries warm-up at 7:30 a.m. Meet begins at 9:00 a.m. Finals time will be established by the meet referee each day (no sooner than 2 hours after the completion of the preliminary session).
- Membership & Eligibility:** Open to all 2018 USA Swimming registered swimmers. **On-deck USAS membership registration will be allowed with a \$20 fee payable by the swimmer's club of record.** All coaches and officials must be able to show proof that USA Swimming membership requirements are met as of the dates of competition. Deck Pass is acceptable proof of USA Swimming membership.
- Rules:** Current USA Swimming and CCS Rules will govern the meet. Swimmers must compete in their age group. Age on the first day of the meet determines age throughout the competition. Submitted entry times must be equal to or faster than the listed time standards. This is a proof of time meet. Verification of entered times should be available upon request from the Meet Referee. The Central California Swimming missed event policy is as follows: swimmers who check in for an individual event in preliminaries and are charged with a "no show" will be scratched from that event and their next preliminary or timed final individual event in the meet. Swimmers who are seeded into finals in an individual event and are charged with a "no show" will be scratched from that event, any other individual finals events they are in that day, plus their first individual event on the next day. A swimmer who qualifies for finals and wishes to scratch their event must scratch or declare their intention to scratch within 30 minutes of the official announcement of the results for that event. No deck entries will be allowed for individual events. **Use of audio or visual recording devices, including all cell phones, is not permitted in changing areas, restrooms, locker rooms. For athlete protection, Central California Swimming prohibits the use of photography and audio visual devices including cell phones, behind the blocks during the start sequence throughout the meet. Deck changes are prohibited.** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. The use of any propane heater(s) is strictly prohibited anywhere at this venue site.
- Meet Format:** Preliminaries and finals will be contested in all individual events except for the following which will be timed finals: 11-14 & 15-18 1000 and 1650 freestyles and all 8 and under events. 8 & under events, including relays, will be timed finals conducted during preliminaries on Saturday and Sunday. The fastest 3 heats of all non-timed final events will be championship (circle) seeded heats. There will be a championship and consolation final (A & B final) swum in that order for all other individual events except for the 15-18 age group. The 15-18 age division will have one championship final (A final) only. **15-18 athletes are subject to a de-qualifying time and may not swim events and/or relay legs in which they have achieved the faster of the 15-16 or 17-18 USA Swimming AA Motivational Time Standard.**
- Check-In:** The meet will be deck seeded. All events will be seeded according to submitted times. Events will be championship seeded except for timed final events. A master check-in system will be used. Swimmers in the first

4 events, in each of the two courses being swam (the first eight events), must be checked in by 8:30 a.m. each day. Check-in for later events must be completed by 10:30 or at least 1 hour prior to the estimated start time of the event, whichever is sooner **No deck entries will be accepted.**

Distance

Events:

The 11-14 & 15-18 1650 free will be swum *fastest to slowest alternating girls and boys* at the end of preliminaries on Friday. The 13-14 & 15-18 1000 free will be swum *fastest to slowest alternating girls and boys* at the end of preliminaries on Monday. Swimmers in the 1000 & 1650 yard freestyle events must provide a person to time, a lap counting device and a lap counter. Swimmers in the 12&Un, 13-14, and 15-18 500 yard freestyle events must provide a lap counting device and lap counter.

Warm-Up:

All warm-ups must be supervised by a USA Swimming registered coach. If you do not have a USA Swimming registered coach present, report to the deck referee for coach and lane assignment. Warm-up procedures will be posted on deck and printed in the meet program.

GENERAL WARM-UP PERIOD - The first 30 minutes of warm-up will be for general warm-up in all lanes. There will be no diving allowed during general warm-up. A 3 point entry shall be used during warm up.

SPECIFIC WARM-UP PERIOD - The last 45 minutes of warm-up in each competition course will be allocated for specific warm-up in designated lanes. During the specific warm-up period, lanes 1 and 8 will be used for push pace work, lanes 2 and 7 for one-way dive sprints, and lanes 3, 4, 5 and 6 for general warm-up. 6 lanes in the warm-up course will be for general warm-up and swim down. No starting practice in that course. All warm-ups must be supervised by a USA Swimming registered coach. If you do not have a USA Swimming registered coach present, report to the deck referee for coach and lane assignment. Warm-up procedures will be posted on deck and printed in the meet program.

Entries:

Swimmers may enter all of the events in which they qualify for but may compete in a maximum of eight (8) individual events for the meet, plus relays. Swimmers are limited to three (3) individual events per day. All entries (individual and team) must be submitted electronically through the CCS online meet entry system, including Hy-Tek or Team Unify team entries (or Hy-Tek compatible equivalent).

CCS OME: Enter at <http://www.centralcalswim.org>. Once on the CCS website, select the "Enter a Meet" option on the "Swim Meets" drop-down menu and then log in. Non-CCS teams contact Jim Patterson (559-431-9049, jasdpatterson@comcast.net) to obtain a team account. Hy-Tek and Team Unify entries (.sd3) are uploaded along with a printable copy of entries in a Word (.doc) or Adobe (.pdf) file including electronic signature of coach. Entries will be dated as official at that time. Individual online entry requires payment by credit card. Team entries may be paid by credit card or by check. Credit card payments are made using our secure site at no additional cost and are paid to Central California Swimming. Team checks should be made payable to **Clovis Swim Club** and mailed to **1690 David E Cook Way, Clovis, CA 93611**. The CCS Outreach Splash Fee Waiver will be applied automatically as CCS individual and CCS team entries are submitted through the CCS website.

EMAIL ENTRIES: Email team entry in SD3 format to coachmark76@gmail.com Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review.

ENTRY DEADLINES: The entry limit for this meet is 900 swimmers. CCS team and individual online entries must be received by January 31, 2018 to guarantee that the entries will be accepted. The entry period for non-CCS teams begins on February 1, and teams will be notified within 24 hours of submission regarding acceptance into the meet. Entries close on February 9, 11:59 p.m. Entries received once the entry limit is reached will be rejected. If part of a team's entries exceeds the entry limit, all of that team's entries will be accepted. Newly achieved CCS JO qualifying times, (not improved times that already qualified) not subject to the entry limit may be advanced by the Meet Referee from the CCS B/C Championships or other USAS sanctioned "Last Chance" competitions held on February 10-11, 2018. Such newly achieved qualifying times must be submitted to the CCS JO Admin Referee by February 11, 11:59 p.m. **All other late entries will be rejected.**

Relay Entries:

All relays will be deck-entered by the entry deadline established by the meet referee each day. All relays, except 8 & unders, will be timed finals swum in the finals session. 8 & unders may swim in an 8 & under relay event **or** a 10 & under relay event on Saturday and Sunday, but they may not swim both. Relay only swimmers must be entered in the meet and pay the \$10.00 per swimmer facility surcharge by the meet entry deadline. There are relay time standards in this meet. Each team will be allowed to enter one relay per relay event that does not meet the listed time standard. You may enter as many relays as you like that make the time standard. All relays must be paid by the beginning of finals on Monday.

Entry Fees:

\$7.00 for each individual event, \$8.00 per relay and \$10.00 per swimmer facility surcharge. Checks for deck entered relays should be made payable to **Clovis Swim Club**. **Entry Fees are non-refundable.** Team checks should be made payable to **Clovis Swim Club** and mailed to **1690 David E Cook Way, Clovis, CA 93611**.

**Unattached/
Unaccompanied**

Athletes:

All USAS athlete members must be under the supervision of a USAS member coach during warm up, competition and warm-down. Swimmers who do not have a USAS registered coach at the swim meet should report to the

Meet Director or Meet Referee for assistance obtaining a lane and coach assignment. It is the swimmer's responsibility to make such arrangements prior to the start of the meet. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Awards: Custom medals for 1st through 8th in individual events and 1st through 3rd in relay events. Team awards for 1st through 5th places. High point awarded for each age group and gender. Only 8 & under events will count toward the 8 & under high point award. 8 & under swimmers competing in 10 & under events will score points in the 10 & under division in those events. Points earned in the 12&Un and 11-14 events will apply to the respective 10&Un, 11-12 and 13-14 age groups for high point as earned in the combined event, "the age groups will NOT be scored separately". For example: A 12 year old finishing 3rd overall in an 11-14 event will have 16 points applied to their 11-12 age group score even if they finish as the fastest 11-12 year old in the combined event.

Scoring: Individual events (15-18 age group only scores the top 8 places): 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
Relay events: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

Director: Doug Lambert, Andy Hill, and Bree Wilber

Information: Mark Bennett coachmark76@gmail.com (559) 327-9247

Meet Referee: Mike Carpenter mikeadelia@comcast.net (209) 769-2007

Admin Referee: Jennifer McDougal jenmcdougal@sbcglobal.net (559) 779-3095

Officials: All available USA Swimming member certified officials are welcomed and encouraged to work at this meet. There will be a briefing for all officials one hour prior to each session. As the number of certified officials allows, interested parents/trainees are also welcome to shadow working officials for education and/or mentoring. Participating CCS clubs are **asked** to provide at least the following minimum number of certified and carded officials for each session:

Club swimmers entered in session:	Trained and carded officials requested
1-10	0
11-21	1
21-37	2
38-58	3
59-74	4
75 or more	5

Hotels: Check this link for hotels for all Clovis Swim Club hosted meets:
<https://www.teamunify.com/TabGeneric.jsp?tabid=92671&team=clov>

All 15-18 athletes are subject to a de-qualifying time and may not swim events and or relay legs in which they have achieved the faster of the 15-16 or 17-18 USA Swimming AA Motivational Time Standards as listed below:

		Girls			15-18 JO "de-qual"	Boys				
		SCY	SCM	LCM		SCY	SCM	LCM		
		25.89	28.59	29.69	50 free	22.99	25.39	26.69		
		55.99	1:01.89	1:04.59	100 free	50.39	55.69	58.39		
		2:02.09	2:14.89	2:19.29	200 free	1:50.59	2:02.19	2:08.19		
		5:27.89	4:46.89	4:54.49	500 free	5:00.39	4:22.89	4:32.59		
		11:18.69	9:53.89	10:06.29	1000 free	10:30.39	9:11.69	9:23.59		
		18:52.19	18:45.59	19:25.19	1650 free	17:25.89	17:19.79	18:01.19		
		1:01.19	1:07.59	1:11.89	100 back	54.39	1:00.09	1:04.89		
		2:12.49	2:26.39	2:34.49	200 back	2:00.09	2:12.69	2:20.49		
		1:10.59	1:17.99	1:21.79	100 breast	1:02.39	1:08.89	1:12.69		
		2:31.89	2:47.89	2:55.09	200 breast	2:15.99	2:30.29	2:38.89		
		1:00.89	1:07.29	1:09.49	100 fly	54.09	59.79	1:02.49		
		2:14.99	2:29.19	2:34.29	200 fly	2:02.09	2:14.89	2:19.29		
		2:16.09	2:30.39	2:36.59	200 IM	2:03.29	2:16.29	2:22.99		
		4:49.89	5:20.29	5:32.89	400 IM	4:23.69	4:51.29	5:04.09		
Friday, February 16, 2018										
Women	SCY	SCM	LCM	Event	SCY	SCM	LCM	Men		
1	2:53.29	3:12.39	3:15.59	10-Under 200 Free	2:47.99	3:05.49	3:09.49	2		
3	2:25.89	2:41.99	2:45.19	11-12 200 Free	2:24.59	2:39.79	2:45.19	4		
5	2:16.29	2:31.29	2:34.49	13-14 200 Free	2:12.79	2:26.69	2:32.29	6		
7	2:17.79	2:33.29	2:35.89	15-18 200 Free***	2:06.29	2:19.99	2:24.39	8		

9	1:39.09	1:49.49	1:52.99	10-Under 100 Fly	1:37.99	1:48.29	1:51.39	10
11	1:18.29	1:26.59	1:28.49	11-12 100 Fly	1:16.49	1:24.49	1:26.29	12
13	1:11.39	1:18.89	1:19.49	13-14 100 Fly	1:06.39	1:13.29	1:15.49	14
15	1:09.99	1:17.29	1:19.49	15-18 100 Fly***	1:03.39	1:10.09	1:11.79	16
17	41.19	45.39	46.99	10-Under 50 Back	41.79	45.99	48.39	18
19	35.59	39.29	41.69	11-12 50 Back	35.29	38.99	40.89	20
21	2:58.29	3:16.99	3:25.59	11-14 200 Breast****	2:45.59	3:02.99	3:11.59	22
23	2:54.69	3:13.09	3:20.79	15-18 200 Breast***	2:36.59	2:53.09	3:02.49	24
10 Minute Break in Preliminaries								
25	21:43.19	21:35.69	22:23.09	11-14 1650 Free	20:43.19	20:35.99	21:27.39	26
27	21:26.19	21:18.69	22:02.19	15-18 1650 Free***	20:02.89	19:55.89	20:33.99	28
29	5:06.79	5:37.69	5:57.39	11-12 400 Medley Relay**	5:05.59	5:39.59	5:54.69	30
31	9:19.99	10:15.99	10:37.99	13-14 800 Free Relay**	8:33.59	9:25.19	9:51.59	32
33	9:18.79	10:21.19	10:35.59	15-18 800 Free Relay**	8:56.79	9:50.79	10:15.19	34

Saturday, February 17, 2018								
Women	SCY	SCM	LCM	Event	SCY	SCM	LCM	Men
35	2:15.99	2:29.59	2:37.99	10-Under 200 Free Relay**	2:18.79	2:32.79	2:39.99	36
37	50.09	55.09	56.09	8-Under 50 Fly	50.09	55.09	56.09	38
41	1:16.99	1:25.49	NA	11-12 100 I.M.	1:14.99	1:22.89	NA	42
39	1:29.09	1:41.29	NA	10-Under 100 I.M.	1:29.39	1:38.79	NA	40
43	5:39.69	6:15.39	6:27.59	11-14 400 I.M.****	5:17.39	5:50.69	6:04.69	44
45	5:31.99	6:06.19	6:18.79	15-18 400 I.M.***	5:05.59	5:37.69	5:47.29	46
47	49.29	54.29	55.29	8-Under 50 Back	49.29	54.29	55.29	48
49	1:30.69	1:40.19	1:42.09	10-Under 100 Back	1:29.69	1:39.09	1:43.59	50
51	1:18.19	1:26.69	1:29.59	11-12 100 Back	1:15.79	1:23.69	1:29.09	52
53	1:11.69	1:19.19	1:23.59	13-14 100 Back	1:06.89	1:13.89	1:18.29	54
55	1:10.09	1:17.39	1:21.99	15-18 100 Back***	1:03.49	1:10.19	1:14.69	56
57	1:32.89	1:42.19	1:44.19	8-Under 100 Free	1:32.89	1:42.19	1:44.19	58
59	6:38.39	5:48.69	5:56.49	12&Un 500 Free	6:27.49	5:39.09	5:48.69	60
61	28.79	31.99	32.79	13-14 50 Free	27.69	30.69	31.59	62
63	28.99	32.39	32.99	15-18 50 Free***	26.29	29.49	30.19	64
10 Minute Break in Preliminaries								
65	No Time Standard			8&Under 100 Free Relay*	No Time Standard			66
67	4:29.99	4:56.79	4:57.19	11-12 400 Free Relay**	4:27.99	4:54.79	5:05.19	68
69	4:14.79	4:39.59	4:40.39	13-14 400 Free Relay**	4:06.39	4:31.19	4:43.19	70
71	4:03.59	4:16.79	4:27.99	15-18 400 Free Relay**	3:54.79	4:18.39	4:29.59	72

*All relays for 8 & Under are Timed Final and will be swum in the preliminary session.

**All relays 10 & Under, 11-12, 13-14, and 15-18 relays are timed finals and will be swum in the finals session.

*****15-18 athletes are subject to a de-qualifying time and may not swim events (or a relay leg of that stroke and distance) in which they have achieved the faster of the 15-16 or 17-18 USA Swimming AA Motivational Time Standard as listed on page 3.**

******11-14 Events will NOT be scored separately. See scoring example under Awards.**

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.



Sunday, February 18, 2018								
Women	SCY	SCM	LCM	Event	SCY	SCM	LCM	Men
73	2:45.09	3:01.69	3:08.39	10-Under 200 Medley Relay**	2:45.39	3:02.09	3:09.89	74
75	1:45.69	1:56.29	NA	8-Under 100 I.M.	1:45.69	1:56.29	NA	76
77	30.19	33.59	34.39	11-12 50 Free	30.29	34.29	34.69	78
79	33.99	37.39	39.49	10-Under 50 Free	34.49	38.09	39.49	80
81	41.49	45.69	46.69	8-Under 50 Free	41.49	45.69	46.69	82
83	2:32.39	2:48.29	2:55.59	15-18 200 Back***	2:19.19	2:33.79	2:41.39	84
85	2:35.39	2:51.69	2:59.39	11-14 200 Back****	2:25.89	2:41.19	2:49.69	86

87	34.09	37.59	38.29	11-12 50 Fly	34.19	37.79	38.69	88
89	41.69	46.19	46.99	10-Under 50 Fly	40.49	44.79	45.99	90
91	55.09	1:00.59	1:02.89	8-Under 50 Breast	55.09	1:00.59	1:02.89	92
93	1:20.69	1:29.19	1:32.49	15-18 100 Breast***	1:12.09	1:19.59	1:23.49	94
95	1:22.39	1:30.09	1:34.99	13-14 100 Breast	1:15.59	1:23.49	1:28.09	96
97	1:27.39	1:36.59	1:41.39	11-12 100 Breast	1:25.49	1:34.39	1:38.49	98
99	1:44.19	1:55.99	1:57.69	10-Under 100 Breast	1:41.89	1:52.19	1:57.69	100
101	No Time Standard			8&Under 100 Medley Relay*	No Time Standard			102
103	6:12.09	5:25.59	5:34.69	15-18 500 Free	5:45.99	5:02.79	5:09.89	104
105	6:13.49	5:25.69	5:40.69	13-14 500 Free	5:49.89	5:05.89	5:12.29	106
107	2:22.29	2:36.59	2:41.29	11-12 200 Medley Relay**	2:21.49	2:35.79	2:41.99	108
109	4:44.09	5:12.89	5:25.09	15-18 400 Medley Relay**	4:20.89	4:47.09	5:01.09	110
111	4:51.59	5:21.39	5:33.09	13-14 400 Medley Relay**	4:33.69	5:01.19	5:14.19	112

Monday, February 19, 2018								
Women	SCY	SCM	LCM	Event	SCY	SCM	LCM	Men
113	2:03.99	2:16.39	2:20.79	11-12 200 Free Relay**	2:02.79	2:15.19	2:20.39	114
115	1:57.59	2:08.39	2:13.59	13-14 200 Free Relay**	1:51.59	2:02.79	2:08.39	116
117	1:57.59	2:08.39	2:13.59	15-18 200 Free Relay**	1:45.19	1:57.99	2:01.19	118
119	47.49	52.49	54.39	10-Under 50 Breast	46.59	51.39	53.29	120
121	39.99	44.19	45.49	11-12 50 Breast	39.59	43.69	45.39	122
123	2:37.89	2:54.49	2:59.49	11-14 200 Fly****	2:26.99	2:42.49	2:49.19	124
125	2:34.89	2:50.39	2:54.79	15-18 200 Fly***	2:20.59	2:35.39	2:40.39	126
127	3:15.59	3:36.19	3:43.19	10-Under 200 IM	3:13.19	3:33.49	3:40.79	128
129	2:47.79	3:05.39	3:11.49	11-12 200 IM	2:44.19	3:01.49	3:09.29	130
131	2:37.89	2:55.89	2:58.49	13-14 200 IM	2:28.59	2:44.19	2:51.99	132
133	2:36.19	2:52.49	2:59.69	15-18 200 IM***	2:21.79	2:36.69	2:43.99	134
135	1:17.89	1:25.69	1:27.69	10-Under 100 Free	1:18.79	1:26.99	1:30.29	136
137	1:06.79	1:14.19	1:15.79	11-12 100 Free	1:05.89	1:12.89	1:15.69	138
139	1:02.69	1:09.59	1:11.19	13-14 100 Free	1:00.89	1:07.29	1:09.49	140
141	1:00.89	1:06.99	1:08.89	15-18 100 Free***	57.59	1:03.99	1:05.99	142
10 Minute Break in Preliminaries								
143	13:01.79	11:24.19	11:41.99	11-14 1000 Free****	12:23.89	10:51.09	11:13.99	144
145	12:49.99	11:13.89	11:28.39	15-18 1000 Free	11:57.79	10:28.19	10:50.39	146
147	Must Meet 400 Medley QT			13-14 200 Medley Relay**	Must Meet 400 Medley QT			148
149	Must Meet 400 Medley QT			15-18 200 Medley Relay**	Must Meet 400 Medley QT			150

*All relays for 8 & Under are Timed Final and will be swum in the preliminary session.

**All relays 10 & Under, 11-12, 13-14, and 15-18 relays are timed finals and will be swum in the finals session.

*****15-18 athletes are subject to a de-qualifying time and may not swim events (or a relay leg of that stroke and distance) in which they have achieved the faster of the 15-16 or 17-18 USA Swimming AA Motivational Time Standard as listed on page 3.**

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