

HAC Locker Room Policy

PURPOSE: The following guidelines are designed to maintain personal privacy as well as to reduce the risk of misconduct in locker rooms and changing areas.

FACILITIES: We practice at the Herndon Community Center, 814 Ferndale Ave, Herndon VA. 20170 The facility has a locker room that is shared with the general public. As such, there are likely to be people who are not associated with Herndon Aquatic Club in the locker rooms during the times that the team practices.

MONITORING: Coaches and staff make every effort to recognize when an athlete goes to the locker room or changing area during practice and competition. If they do not return in a timely fashion, checks are made.

We discourage parents from entering locker rooms and changing areas unless it is truly necessary. In those instances, it must only be a same-sex parent. If an athlete needs assistance with his or her uniform or gear (for example, a child under the age of eight), or an athlete's disability warrants assistance, then we ask that parents let the coach or an administrator know beforehand that he or she will be helping the athlete.

HAC has many daily practices with different groups arriving and departing throughout the day. As such, it is not practical to constantly monitor locker rooms and changing areas over this extended course of time. While we do not post [staff, coach, parent, other adult] inside or at the doors of the locker rooms and changing areas, we do make occasional sweeps of these areas. [Staff, coach, parent, other adult] conduct these sweeps, with women checking on female locker rooms, and men checking on male locker rooms.

USE OF CELL PHONES AND OTHER MOBILE RECORDING DEVICES WITHIN LOCKER ROOM AREAS:

Cell phones and other mobile devices with recording capabilities, including voice recording, still cameras and video cameras increase the risk of different forms of misconduct in locker rooms and changing areas. USA Swimming and the Herndon Community Center prohibit the use of such devices in the locker room or other changing areas.

LOCKER ROOM PROPERTY and ETIQUETTE:

HAC expects that team members respect the physical space of the locker room, the property of any other member of HAC, and of members of the Community Center in general. Horseplay between swimmers in the locker room is prohibited. The taking of photos or videos of any other swimmer or member of the Community Center is strictly prohibited.

PROHIBITED CONDUCT AND REPORTING

HAC prohibits all types of physical abuse, sexual abuse, emotional abuse, bullying, threats, harassment and hazing, all as described by USA Swimming Safe Sport policies. Participants,

employees or volunteers of HAC may be subject to disciplinary action for violation of these locker room policies or for engaging in any misconduct or abuse or that violates the USA Swimming SafeSport Policies. To report actual or suspected violations, you may notify either Head Coach Richard Romero at Richard.romero@herndon-va.org, or Michelle Siraj, HAC Booster President at hacboosters@gmail.com.

Also, you can make reports to: Potomac Valley Swimming - PVS SafeSport Chair, Michael O'Shaughnessy: PVSSafeSport@gmail.com or 202-253-8584; Eastern Zone SafeSport; EZ Swimming Director Greg York: gregjork@gmail.com ; USA Swimming SafeSport: Liz Hahn ehahn@usaswimming.org.