**Lee District**

**Senior Group**- Head Coach Jeff King [jking961@gmail.com](mailto:jking961@gmail.com) 571-437-0947

**Senior Prep**- **AM** Head Age Group Coach Paul Makin [paul.j.makin@gmail.com](mailto:paul.j.makin@gmail.com) 703-973-4513

**PM** Coach Trish Buswell [trishbuswell@gmail.com](mailto:trishbuswell@gmail.com) 703-822-3479

**Age Group Performance- PM** Coach Ken DiCesare [kdicesare0@gmail.com](mailto:kdicesare0@gmail.com) 703-475-1573

**AM** Coach Connor McLaren mclaren7@vt.edu 703-328-5887

Coach Paul Martinez [pmart15@yahoo.com](mailto:pmart15@yahoo.com)202-306-424

**Age Group 3**- **M/W** Coach Katie McWilliams [klm3y@ameritech.net](mailto:klm3y@ameritech.net) 630-991-0761

**T/Th** Coach Tim Taylor [habu1809@gmail.com](mailto:habu1809@gmail.com) 843-801-5565

**Age Group 2-** Coach Ken DiCesare [kdicesare0@gmail.com](mailto:kdicesare0@gmail.com) 703-475-1573

**Age Group 1- T/Th** Coach Marye Carter [coachmarye@gmail.com](mailto:coachmarye@gmail.com) 703-969-9732

Coach Shannon Welch [snswimming@gmail.com](mailto:snswimming@gmail.com) 703-362-8889

**M/W** Coach Hadley Rowland [CoachHadley@gmail.com](mailto:CoachHadley@gmail.com) 703-217-0614

Coach Trish Buswell [trishbuswell@gmail.com](mailto:trishbuswell@gmail.com) 703-822-3479

**High School Fitness-** Coach Meredith Harris [mbharris@gmail.com](mailto:mbharris@gmail.com) 571-215-9803

**Mount Vernon Rec Center**

**Mornings-** Coach David Askin [david.askin1@gmail.com](mailto:david.askin1@gmail.com)

**Age Group 1, 2,3 PM**- Coach Megan Faherty [megfaherty@gmail.com](mailto:megfaherty@gmail.com) 571-235-2053

Coach Kaitlyn McNutt [mcnuttkait@gmail.com](mailto:mcnuttkait@gmail.com) 703-859-2420

**Providence Rec Center**

**All Programs**- Coach Jill King [jillmking14@gmail.com](mailto:jillmking14@gmail.com) 703-622-9280

Coach Patrick Morris pdmorris92@hotmail.com 703-980-1461

**George Washington Rec Center**

**All programs**- Coach Marye Carter [coachmarye@gmail.com](mailto:coachmarye@gmail.com) 703-969-9732

Coach Dylan Louison [dlouison2@gmail.com](mailto:dlouison2@gmail.com) 703-915-7927

**Administration and General Business**

Matt Murray- General Manager [jmattswim@verizon.net](mailto:jmattswim@verizon.net) 703-244-4607

Kerri Andrews- Registration [kerriandrews@gmail.com](mailto:kerriandrews@gmail.com) 703-342-9702

Paul Makin- Billing [paul.j.makin@gmail.com](mailto:paul.j.makin@gmail.com) 703-973-4513