



Providence Fitness and Summer Prep 2020-2021

Swimmer Age Range: 9 –18 year old swimmers

Swimmers will be assessed for all programs to place them into an appropriate group based on skill level and age.

Online Registration Options: 2 day or 3 day Providence Fitness

Coaches can be a resource for guidance on how day/s a week of training is appropriate for a swimmer.

Please note the THIRD practice will be at Lee District with Coach's guidance

Practices - Mid September through week before Memorial Day 2021

AM Practices

Tuesday and Thursday 6:30-7:30am

PM practices

Fall and Spring Practices - Tuesday & Thursday 4:00 – 5:30 pm
Friday – 4:00-5:30 pm at Providence Rec

Payment and Fees

	Full Payment	<u>OR</u>	8 Payments (Includes 7% fee)
2 day option	\$2,095		\$214.00
3 day option	\$2,645		\$287.56

A valid credit card on file will be required for timed payment plans and all Fees must be paid in full by March 1, 2021.

Registration deposit \$495 to reserve your place

Sibling discount - \$150 reduction for each additional member participating in our USA swim team programs.

Meets Fees Notice – all families will be responsible for their own meet fees and billed on the 1st of each month with the normal billing cycle.

Description: Swimmers in our Age Group Fitness groups are swimming because they love to swim and enjoy being in the water and are looking for a way to improve their strokes in an encouraging environment. The focus of this program will be to provide a level of instruction and teaching that is at a level that is appropriate for swimmers that are looking for a supportive low key environment. They will work on the same skills as Age Group 2 and 3 swimmers, but at a pace that works for the dynamics of the group. They are USA Swimming registered athletes and may swim meets and events that are coach selected. Meet fees are the responsibility of the families - they are billed the first of the month after the meet you have registered for - billings are based on meet registrations regardless of if you attend the meet or not.

contacts:

Coach Jeff King

iking961@gmail.com

or

Coach Paul Makin

Paul.j.Makin@gmail.com