

NCAP Practice Schedule September-June

Burke Facility



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
National	5:30-7:00am 3:30-5:30pm	3:30-5:30pm	3:30-5:30pm	3:30-5:30pm	5:30-7:00am 3:30-5:30pm	6:00-8:30am	
National Prep	5:00-6:30pm	5:00-6:30pm	5:00-6:30pm	5:00-6:30pm	5:00-6:30pm		5:00-7:00am
Senior I	3:30-5:00pm	3:30-5:00pm	3:30-5:00pm	3:30-5:00pm	3:30-5:00pm		7:00-9:00am
Senior II	6:30-8:00pm	6:30-8:00pm	6:30-8:00pm	6:30-8:00pm	6:30-8:00pm		7:00-9:00am
Prep	5:00-6:30am or 6:30-8:00pm	5:00-6:30am or 6:30-8:00pm	5:00-6:30am or 6:30-8:00pm	5:00-6:30am or 6:30-8:00pm	5:00-6:30am or 6:30-8:00pm		
Age Group II	6:30-7:30am or 5:30-6:30pm		6:30-7:30am or 5:30-6:30pm		6:30-7:30am or 5:30-6:30pm		
Age Group I		6:30-7:30am or 5:30-6:30pm		6:30-7:30am or 5:30-6:30pm			