

Potomac Valley Swimming
January Open
January 22-23, 2022
PWCS Aquatics Center
Supplemental Document/Information

In applying for this sanction, the Host, Potomac Marlins, on behalf of Potomac Valley Swimming, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Potomac Valley Swimming, the Commonwealth of Virginia, Prince William County, and the PWCS Aquatics Center.

Local Protocols and Requirements

All local and state protocols will be followed per [Virginia Executive Order Number Seventy Nine](#) and [USA Swimming COVID-19 Guidance](#). This guidance includes:

- Face coverings must be worn by all attendees and support staff of the meet.
- Athletes should arrive and depart in their suits. Locker room use should be minimized (i.e., emergencies only and no showering will be allowed).
- Conduct daily screening of coaches, officials, staff, and players for COVID-19 symptoms prior to admission to the venue/facility. Anyone experiencing symptoms should not be permitted in the venue/establishment.

Attendee Ingress and Egress

- All participants (coaches, officials, volunteers, swimmers, etc.) will arrive at the PWCS Aquatics Center through the main entrance at Door #25 where they will submit to a health screening before they are permitted in the facility.
- Swimmers will enter the pool thru the left side lobby doors and will immediately proceed to their assigned team area. Swimmers assigned to the mezzanine will proceed up the stairs in the lobby; swimmers assigned to the pool deck will proceed down the main hallway and onto the pool deck.
- Coaches, officials, and volunteers will enter the pool deck via the right-side lobby doors.
- Parents will not be permitted into the stands or allowed on the pool deck to watch the meet.
- Only meet volunteers will be permitted into the stands or on the pool deck.

Planned Number of Individuals

WARMUPS	
Pool	175
Pool Deck	
Swimmers	90
Coaches	30
Officials	20
Marshals	6
Volunteers	8
Facility Staff	3
Spectator Area	85
TOTAL	417

COMPETITION	
Pool	8
Pool Deck	
Swimmers	100
Coaches	30
Officials	20
Timers	18
Marshals	6
Volunteers	8
Facility Staff	3
Spectator Area	242
TOTAL	435

Safe Sport Considerations

- In compliance with Safe Sport, parents will have access to and the opportunity to observe their child. The meet will be live-streamed on the PWCS Aquatics Center YouTube channel (https://www.youtube.com/channel/UCs_04_ZanQHx0k76_ehNcnw).

Meet Specific COVID-19 Protocols

- Athletes should arrive and depart in their suits. Locker room use is minimized to emergency use only.

- Before entering the facility, participants are required assess their own health for symptoms and exposure to COVID-19. Attendees will only be permitted entrance if answering “no” to the following questions:
 - Do you feel any of the symptoms that fall under the symptoms of COVID-19 (fever over 100.4, cough, shortness of breath, etc.)?
 - Has anyone in your family been sick or diagnosed with COVID-19 in the past 14 days?
 - Has someone you’ve been in contact with been diagnosed with COVID-19 or been in contact with someone who has within the past 14 days?
- All attendees (athletes, coaches, officials, and volunteers) must wear a mask to enter the facility and throughout the facility, with the exception of athletes when competing or warming up/cooling down. Masks must be affixed to the face without hands and must cover the nose and mouth.
- All attendees should bring a filled, reusable (non-glass) water bottle to the meet.
- Athletes should bring a minimum of two masks and a container or waterproof type bag to place their mask in while swimming.
- Spectators will not be permitted into the facility. Competition will be live streamed.
- Only swimmers, coaches, meet volunteers, and officials will be permitted on the pool deck.
- During warm-ups, swimmers will wear their masks until they reach their assigned warm up lane and entry end and just before they enter the pool. They will place their mask in their waterproof holder to store their mask while they swim. They will put their mask back on as soon as they exit the pool.
- During competition, swimmers will wear their masks until they reach the starting blocks. They will place their mask in their waterproof holder to store their mask while they swim. They will put their mask back on before leaving the starting area.
- All swimmers must remain in their designated area until they are called for their events, and they must return to their area immediately following their event.
- Counters for the 500 Freestyle will be athletes, coaches, or volunteers already present during the session.
- Limited hospitality may be offered for coaches and officials.
- Any attendee (swimmer, coach, official, volunteer) not following the meet protocols will be subject to immediate removal from the meet.
- We request that all attendees notify the appropriate meet director as soon as possible if they have tested positive for COVID-19 or shown symptoms after attending the meet.

PWCS Aquatics Center Specific COVID-19 Protocols

- All participants (coaches, officials, volunteers, swimmers, etc.) will arrive at the PWCS Aquatics Center through the main entrance at Door #25 where they will submit to a health screening before they are permitted in the facility.
- The meet will be limited to a maximum of 350 swimmers per session.
- Coaches, officials, volunteers, and swimmers assigned to seating areas on the pool deck will proceed through the glass doors directly to the pool deck. Swimmers assigned to seating areas in the bleachers will proceed up the stairs next to the check-in desk to the bleachers.
- To access the pool deck from the bleachers, swimmers will go down the stairs on the opposite side of the stands from where they came up and then enter the pool deck through the door on the deep end (turning end) of the pool, underneath the bleachers.
- To return to the bleachers from the pool deck, swimmers will exit the starting area to their right (clockwise flow). Swimmers will exit the pool deck on the other side of the guard office, below the bleachers, from where they came in, turn left to go to the lobby and then go up the lobby stairs. This ensures one-way traffic flow (see attached facility map). There will also be traffic flow signs posted.
- No spectators will be permitted. Competition will be live-streamed on the PWCS Aquatics Center YouTube channel (https://www.youtube.com/channel/UCs_04_ZanQHx0k76_ehNcnw).