

The FISH Class of 2017 Questionnaire



Name: Alexa Coe

Nick Name: n/a

FISH Group: Incredible Fish Prep

Home Town: Reston, VA

High School: Langley High School

Future College: The University of Virginia – wahoowa!

Parents & Siblings: Roger and Gabby Coe

When did you join the FISH, and what has been your most memorable experience while being on the team? I joined FISH two years ago; one time during summer practice the sun had hadn't risen when we got in the water so we kind of swam in the dark for a couple of minutes – it was really weird but also fun.

What was your most rewarding and exciting meet during your FISH career? 2016 November Open because it was my first meet back from my shoulder injury and it went really well

What is your favorite set?

2x:

6 x 25 11/9 kick

6 x 25 11/9 kick w fins

4 x 100 11/9 kick

What are your favorite events? 100, 200 back

What is the biggest challenge for you in swimming? Overcoming a nagging shoulder injury

What motivates you most? Wanting to improve every day

Which aspects of swimming do you apply in everyday life? Pushing myself as far as I can go and not giving up when things get stressful/frustrating

You are beginning a new chapter in your life, college. What are you most looking forward to? How has FISH prepared you? I am most looking forward to meeting new people and all the incredible academic opportunities UVA has to offer. FISH has taught me the value of work ethic and time management.

What advice can you give your teammates in your group and especially your younger teammates who are just starting out? Believe in yourself, work hard, and enjoy it because it's easier to stay focused on your goals and improve when you're having fun.

Tell us a little bit about you; what do you like to do when you are not swimming or busy with schoolwork? Playing the piano, teaching swim lessons at Life Time Fitness, taking naps, eating Ben & Jerry's "Half Baked" ice cream.